

The Spiritual and Physical Evolution of Man

T009 The Inner Teachings 13th May 1936 Pembroke Hall, London

Invocation:

Eternal spirit of love, wisdom and power, may Thy rays fall upon each soul, and may we yield ourselves to the influence of the messengers of the Light; may each mind be still, so that the spirit may speak and reveal to man the wisdom of eternity.

Amen.

You have heard much about the evolution of man* and seen pictured the great future which awaits the soul, but heard little concerning the journey which man has already taken through the dark ages. Therefore we take as our subject the spiritual and the physical evolution of man.

*[*For information around gender issues, see the Introduction.]*

When you consider the evolution of the physical body, you base your concepts upon theories evolved by great men of scientific attainment. Against their statements there is the story in the Bible of creation. Somehow your mind wanders back to the Garden of Eden and you think of the creation of Adam by God. Even with the greater spiritual light which has come to you, there still remains a deadlock. One would rather dwell upon man as having been created in God's image, an inhabitant, as portrayed in the Bible, of the Garden of Eden.

But your scientist disturbs this pleasant picture, and declares 'No, it is just a fairy tale; only a myth—impossible! We can prove to you that man has evolved physically and that he was not created as you see him in the present form.'

Well, this is all rather upsetting and disturbing. Then you learn from the spirit world what they can teach or place before you concerning evolution. You then hear that man was once a far more spiritual being than man of today; you hear it said also that in far off days—how long you dare not count!—in a far off age there were God-men * on the earth. Now if God-men dwelt on earth long ago, what has been happening that man is still in so low a state of spiritual consciousness?

[Beings beyond gender.]

Man contains within his soul God, the divine essence; man has always within him the seed of the divine, of God. It has taken long ages for that seed of God-life to be brought through into physical consciousness. Man has passed through a process of developing, of creating vehicles or invisible bodies through which he could bring into full and complete manifestation the God essence. In such far off days man was not as today, but rather a being who, dwelling in a different sphere of physical matter from today, was more or less nebulous. That is to say, he did not know himself, but lived in a kind of dream state. You can imagine such a condition by your own dreaming, in which you know, you are aware of yourself, but seem to have no powers of direction—you are aware of something taking place, but all is vague.

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We must also remember the condition of the earth's surface in those days that the planets of the solar system were born from the sun; thus the solar system was created, and the birth of man is related to the birth of the solar system. As the planet earth passed through the planetary or solar development, the earth's crust gradually began to cool and form physical substance. During this process of cooling and formation, the earth was in a very gaseous condition.

People will protest 'Impossible for man to have lived on earth; life could not have existed whilst the earth was in that condition'. Well—how do they know? For as many have proved to your own satisfaction that the spirit of man lives on in the invisible world after passing away from the physical body, so also early man possessed a body, a vehicle, adapted to the conditions of the earth planet at that time.

There has been a grand and wonderful process of involution as well as evolution. Stage by stage has the body of man evolved—not only the body, but also the mind or the brain. You can trace through history the growth of the mind and the soul—and how the spirit unfolds. Thus the divine spark, the essence, journeyed long, developing not only suitable physical vehicles through which it could manifest eventually to the very fullest and highest consciousness on this earth plane, but also those other bodies through which it could contact those invisible and spiritual spheres, so that at last came a channel through which the divine light might descend until in the perfect man the full consciousness of the divine life could manifest perfectly.

Man must become master of himself and all the spheres because man is on the road, the journey towards Godhead. He himself in aeons of time will become a god. Other solar systems will be formed; the whole process of involution and evolution which has created him and brought him into the fullness of his god-power will take place again.

You cannot conceive eternity—no indeed, you cannot conceive of there being neither beginning nor end, but you may catch an idea or glimpse of the great plan of creation of the solar systems and life, and you are on the track of eternity.

As to the God-men, other planets were born before the earth came into being. On them life had evolved to a certain degree, but not life as you understand it. When the being called man was in the process of developing the self—because we must remember that in the beginning man was but nebulous, living, shall we say, in a more vaporous condition than the crystallised matter of today—at that time beings came to the earth from another planet. You want to know which? Some say, from the planet Venus. These beings brought love to the world. They came to help man to live in harmony. Some may have learned of a continent before Atlantis—some call it Lemuria, but shall we dispense with a name?—a continent no longer in existence whereon man dwelt in harmony and love, not having developed themselves the consciousness of the self.

They were helped to grow in love by the Wiser Ones, but another element was required to bring into birth wisdom in man, and so there came, as says the Bible, those whom we will

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call Beings of Light, even one 'Lucifer'. Lucifer opened the eyes of man to knowledge. He brought to man the will to create for himself. Whereas before, man existed in a state of love and harmony, unaware of his creative will or power, now he was tempted (so the Bible story says)—a necessary process, albeit, [and one] referred to as 'The Fall of Man'. We prefer to call it the *descent* of man, because before, man was not conscious of the God powers within—until he was shown the way to procreation through the functions of sex.

This is a controversial subject—many people do not care to accept nor believe that there could ever be a fall of man. If we look at it aright, we witness, not a depraved being falling because of this knowledge of procreation through the sex function, but rather see the process of awakening in man of his *self-consciousness*. After the process, or the descent, man developed; look at it rightly and see that he was growing, evolving through the will within, evolving into a being now becoming God-conscious, an epitome of the whole purpose of life and evolution, which is growth towards God-consciousness.

Man has spent ages developing his physical body, and even today that body is still evolving. We see that when such bodies reach a point at which the spirit of man can no longer gain in spiritual consciousness, the vehicle commences to degenerate and fall away, as illustrated in the dying out of various races. We must remember that with their passing they go but to make room for even finer bodies which are coming, bodies more sensitive, more attuned and so conscious of the invisible places of being, bodies destined to develop the spiritual attributes and senses.

This process is today taking place—much felt by some of you at the present time. There is an opening up of the psychic senses so that man will consciously be aware of the glories of the God-life.

Q.Is our planet ever visited now by beings from another planet?

A.Yes, even so. For there are those messengers of the gods who visit the earth and have much to do with the evolution of earth humanity. Probably you may be aware that there are beings from the planet Mercury who are at the present time much interested.

Q.Is Venus the oldest of the planets?

A.No, but Venus is older than the earth and more advanced than the earth—both Venus and Mercury. The Moon is the planet of disintegration at the present time. And of course, the Sun is the parent of them all.

Q.Does the Aquarian Age herald a new race?

A.A new race is most surely being born. You are living in wonderful times, great times. Oh my beloved, if you could only respond to the God forces, indeed life would be a paradise.

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Q. Why did man lose all consciousness of his higher creation and descend to the level of animals and reptiles?

A. I do not think he went through the reptile stage. Man was born unconscious; only through descending into matter and passing through the creative states of life he became conscious of his high origin. He has always been godlike, but as a seed in the ground is unconscious that it can become a beautiful flower, so the seed within man had to grow in the darkness of earth to its full stature. The only way that man can get consciousness of God is through the experiences of physical life. This is the reason for the creation of the earth and physical matter.

Q. Then man had to pass through the animal kingdom?

A. You want to know if you were once monkeys! Not quite, but on another path of evolution. Actually the spirit of man did not inhabit animal bodies, but the physical may have been prepared before the higher spirit entered it. Do you understand?

Q. Jesus said in the Aquarian Gospel* that we never have been animal, but always spirit. You say the animal line is a different line of evolution?

*[*The Aquarian Gospel of Jesus the Christ by Levi (Levi H. Dowling), the popular mediumistic gospel first published in 1908]*

A. Beloved, you can never be less than you are. God has always been in man. You have always had God within you, but this has awaited a development into full consciousness, full power.

Q. To what is man coming?

A. With the fuller consciousness there will be a change in the physical body. Even now you are beginning to feel it, an etherealisation, a development of the body of light. Some are trying to purify the texture of the physical body by abstaining from coarse indulgences, and in this purifying process, begin to feel 'lighter'. Thus there comes a closer permeation of the body of light—the vital body. In time the physical body will become so light and refined that it will have gained regeneration and no longer know death.

Q. Is each atom separately vitalised and spiritualised?

A. Yes. A demonstration was given by the Master Jesus. The body of Jesus was so spiritualised that it became a body of light and did not die.

Q. Is that body still in existence?

A. The body of Jesus can be used when desired. When one gets to a certain plane there is the power to reassemble the body at will—mastery, complete mastery.

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Q.Can we take it that each of the great civilisations has developed certain qualities and that later on, because nothing is lost, we shall finally develop a civilisation that will have all the qualities of those others?

A.Yes. I had tried to make that point clear. If you trace back, you will be able to see what characteristics and accomplishments man has drawn from each one of these in the building of body, soul and spirit.

Benediction

Let us feel and know the God within. Our hearts leap with joy and gratitude for our creation and our preservation and all the gifts of eternal life. Peace be unto you.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Spiritual unfoldment, ancient races, ancient civilisations, astronomy, astrology, spiritual development

