T210 The Inner Teachings 29th May 1951 St Mary Abbot's Place, London

Invocation:

Brethren, let us seek the blessing of the Great White Spirit. O Thou who art all love, all wisdom and power, we seek a deeper knowledge of the spiritual life and of worlds behind the veil of the physical. O Great Spirit, we pray that in our communion this night each heart here will respond to the music of Thy love.

Amen.

Brethren, we would tell you about the illumined souls who work behind the veil to bring back to man* the light that he has lost. In the words of the ancient school of Freemasonry man seeks the Lost Secret. While man lives he is continually seeking that which once was his but is now lost. This is because the soul has descended from a world of infinite love, light and beauty down into physical matter; because the soul still retains within it the vibrations of that life which it knew aeons ago. So man is ever seeking. Sometimes he catches glimpses of his ethereal world of light and truth, knowing within himself that that is his true home. He ever longs to return thither. In the parable of the Prodigal Son, the son left his father's house and wandered in the wilderness seeking enjoyment or tasting the fleshpots of Egypt—Egypt here symbolising the land of the flesh or the earthly state.

[*For editorial policy on gender issues, see the Introduction.]

Even as the Prodigal Son remembered his true home and returned thither, so man brings with him this memory of a land far off, a promised land, and he is ever seeking communion with that land which is his true home. All of you here are seeking knowledge of this far land over the bridge of a finer ether than the one in which you are now living. Truth is within you and truth tells you of the existence of this far land. When one of your company lays aside the flesh, you believe, you hope that your loved one has passed into the beauty of the finer ether, into the world of spirit. Against this come moments when you doubt and wonder if that dear one is truly living. We would say to you that you surely will find the pearl of great price, the truth that you seek in your innermost consciousness. It is God's law that as you seek so shall you find, but every child of God has to work for the prize—a fact which is demonstrated for you even on the physical plane. Many desire to shirk work, but the law of God is immutable. Sooner or later the soul finds that it must labour. For this reason we have told you many times that if you would enter into the higher consciousness of life you must earn your prize by labour not only with your hands or mind but by governing your emotions, by disciplining your soul and by constant aspiration. Man must work spiritually, not only to serve with his hands but also on the inner plane of communion, for without this inner communion and the breaking of bread with the Christ presence man cannot enter into the kingdom of heaven.

So we come back: not to preach, brethren, but to help you to find your way. Friends from the spirit world return carrying a lantern, which shines upon the path for you at the commencement of your spiritual journey. When you take this lantern into your own hand you become yourselves illumined so that a light floods your own pathway. As you proceed along that pathway you become able to see a still greater light shining in the distance which, in turn, illumines with a greater glory than your own small light. Then will you know truth—know

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without doubt that this flesh is only a veil hiding the world glorious from your present vision. So, my children, you have to walk earth's path in faith, in trust and in confidence. As you proceed, you will become ever more certain that there is no death and that those you love are truly by your side. They live indeed in a world of beauty according to their own love of beauty and love of God—which of course includes all life, because God *is* all life.

We lay special emphasis on the time when you are all most close to that life behind the veil, which is just before sleep at night or at any time when you quieten all outer noise and mental activity—when you become subdued. You can do this by centring your heart upon the gentle spirit of Christ and God the Father. Great activity and development can take place for you during the sleeping of the physical body. The ancients well knew the activity which took place at the time of the setting sun and all through those quiet hours until the rising sun.

So also at the time of the full moon, the silver moon which the ancients regarded as the symbol of the higher mind or the intellect, there came a hush of quiet waiting. Then in the long ago we perambulated the great mountain places in prayer and silence except for the rhythmic tread of human feet. Under the silver moon we waited expectantly. Then came the breaking of the golden dawn. Then the golden rays impregnated the silver.

This is a great mystical truth concerned with the development of man's being for which every man must work in himself. The intellect has to become stilled and ready to assimilate truth—to rise to a certain level. At that level it is ready to receive the impregnation of the golden rays of the sun or of the spirit, so the soul and the spirit meet thus and are wedded. This is yet another symbol of the mystical marriage between soul and spirit.

The ancient rite or ritual has come down right through the ages from a distant past and is still held in Britain at that holy place called Stonehenge. Once you and all other men have reached a certain stage of development, the curtain of the mists will be swept aside. Then will you see the glory of that rising sun and the company of the great beings, the angels—of ageless beings waiting to welcome man into this new-born spiritual day. Do not think that you are far removed from such a grand spiritual experience, such ecstasy of being. You are not, my brethren. Day by day you are approaching this illumination for which you must prepare in mind and in heart.

Understand this—that before you rest each night you should prepare yourselves to go forth from your body into that higher ether. For there you will undergo spiritual experiences which will so impress the mind that you will waken in the morning with a gentle memory of something wonderful having happened. In this preparation for sleep and the way you sleep, you are training yourselves to receive divine illumination and freedom from the chains and bondage of earthly life. When you fall asleep let your mind be calm and still. Think of the hush over the earth. All nature sleeps. Put yourself into rhythm with nature. In like manner all nature awaits the coming, the baptism of the sun. Then will you be released harmoniously and your guardian angel at your side will take your hand and lead you forth to one of the many temples that exist on the etheric plane. And there you will receive instruction and your

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soul will be impressed so vividly that some of the experiences will remain in your waking moments.

Recently, a little over a week ago, a great ceremony on the higher ether, the higher plane, took place, known by the name of the 'Wesak' festival.* We would try to convey something of the glory, the beauty of that ceremony, since souls from all over the earth, both incarnate and discarnate, were drawn to this glad festival of reunion and communion in the Great White Brotherhood. For there in the dawn beneath the great silver moon-—indicating the preparation of the soul and the intellect of man—there appeared on the horizon a tableau or representation of the Lord Buddha, who might be described as the Golden One, the great teacher who came to this earth to teach man wisdom and love, to teach the significance of silence, patience and stillness of life. For there enthroned appeared this benign figure clothed in gold with a radiant aura which extended for miles and indeed over the whole earth; because at that time under special direction this aura went forth as a blessing over all humanity. In the glory of that aura could be seen the world teachers of all ages.

[*The Buddhist festival of Wesak honours Buddha's birthday and is normally celebrated at the full moon in May. White Eagle normally links it not so much to the calendar month of May as to the period of the Sun-sign Taurus.]

Close to the Lord Buddha was the form of the gentle Jesus, who came in deep humility as a carpenter's son with the object of teaching earthly-minded people how through the true craftsmanship of life he attained the glory of the Christ initiation. Try to picture the scene—picture angelic beings singing and praising God for the glory of the fuller life, the beauty of the worlds invisible. Maybe in your sleep state, through your aspirations, will you someday be taken to that Wesak Festival, where you can absorb the rays of the great ones. You would find that this power will work out in your life in various ways so that ultimately you will feel raised in consciousness and blessed by this outpouring. This is the way, my children. Through stillness and quietude surrender yourselves. Relax in sleep and you, your true self, will go forth free to take your place in a world of light, and there to learn and to reach and to instruct those people on the earth to whom you are attached and who need the help which you can give.

We have purposely given time so that questions can be asked.

Q. In the New Testament one finds very little direct evidence of an afterlife apart from the resurrection of Jesus. Have you any comments to offer?

A. Jesus himself referred to the afterlife in hidden language. 'In my Father's house are many mansions. If it were not so, I would have told you.' By his teaching, parables, and also his miracles—the calling back of the spirit, the raising of the dead to life, by the parable of the Prodigal Son for instance—he implied that this afterlife was real and true. The whole teachings of Jesus implied a life to which every man was going. He said, 'I am the way,' but added that 'where I am going you cannot follow me yet.' He thereby implied an afterlife. He

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continually spoke of a life eternal. He gave no descriptions of this afterlife but all was implicit in his teaching.

Follow the path. Then of course you get finally the culmination of it all in the crucifixion, the death of the body, of the lower self, and then his resurrection in perfected form. Notice that he came first to the women—symbol again of the soul and intellect ready to receive the sun—the same lesson that we have been trying imperfectly to get across tonight. For in the dawn, in the words of your scriptures, the woman (symbol of the moon) went to the garden. The sun was there to greet her—the interpenetration again of the gold and the silver rays—another instance of the mystical marriage if you like. The intellect was prepared and ready. Until prepared and ready it cannot comprehend truth, or the spiritual life. Do you follow? Here is such a perfect illustration—the arisen Christ meeting the woman, the higher mind, the intellect. Here is a wonderful symbolism. This in itself is a teaching concerning an afterlife, is it not?

Q. Can you tell us the difference in the purpose and effect of the outpouring of the full moon in May and of that in June?

A very interesting question. The festival in May is a preparation, being the festival of A. the Lord Buddha-of wisdom, of the preparation of the mind. The mind reaches a certain point in readiness for the coming of something else. After that the souls which can participate in this great festival are taken to pay homage and to adore. They wait at a certain level, tuned up, as it were. Some of you here may respond to this sense of attunement. You may feel it in a sensitive nervous system or you may feel irritable, feel the world is rather harsh and trying, or on the other hand you may feel a great singing in your heart because of the coming of spring. You may be glorying in the beauty of nature and so you are poised at a certain level, a higher level of consciousness, waiting for the next outpouring, the manifestation of the risen sun, for in the next full moon in June the great Christ Festival is held. There on that higher plane comes another great outpouring of the Christ essence. You remember that the Christ life is the spiritual Sun, the essence of the Sun. But it also takes the human form because God sent to man His Son in His own image. You all inherit that image of the Father, and you partake of the same image as the Son. See then the arisen Christ in the midst of a vast company of angels and archangels and planetary beings, right down to the very humblest, the simple human souls—one of which may be you.

So the Wesak Festival is in a sense a preparation, a period of stillness before the coming of the dawn with the golden light of the Eternal Sun, the truth, the spirit, the life.

We suggest that at the time of the full moon next month you remember what has been said tonight and train yourselves to be quiet before resting. Fill your mind with thoughts of God and these inner truths of life. Relax and seek the way to that vast festival of the arisen Christ on earth.

Q. Can you tell us something about sun worship?

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We can only speak of our own experiences in days gone by (as you call it) but they A. have never gone by because what takes place yesterday is today and will be tomorrow. The mortal mind can hardly comprehend that time is always here. All is the eternal now, but when speaking in your time we look back to those ancient days. We especially think of the summer solstice when all work was laid aside and all were called to the temple on a vast plateau. There all our people met to worship the Source of all life, the great spiritual being, the spiritual Sun of which the physical form was the vehicle, the emblem. We worshipped this Source of life. We knew that without that indestructible force we should cease to be. We knew that we were held in the embrace of this life force, this vibration. We became so attuned in this love of the Sun that we were absorbed into it, absorbed into one another. We were worked up into a great ecstasy of joy which is quite indescribable. After certain ritual and dancing, happiness and glorification of the Sun, we were held in this divine fire and we worshipped. Then came the moment of the rising of the physical sun on the horizon and we all stood waiting. Then every soul bowed down in adoration of the Giver of Life. There was a stillness, a hush and the pulsation through our bodies of the warm rays of the Sun. Then after the ceremony there was great happiness again, great feasts, laughter and joy, dancing and merrymaking, and marriage ceremonies.

In those days the souls of men had not descended into the depths of bondage and matter as they have today, and so they were more receptive. When man has finished with his dust and ashes and what we call his 'mud pies,' and has risen to a higher level of spiritual attainment, then he will again be able to receive through this sun worship. Yes, the golden age will come again on man's return up the cycle to his Father-Mother God.

There are many places in your mystic isle where gatherings met to worship the sun, and some of your ceremonies today, such as the May Day festival and so forth—ancient festivals of which only a fragment is left today—came originally from those Elder Brethren. Do you realise, children, that if it were not for these great beings who are continually ministering to you and caring for the earth, life would become extinct on your earth? You only live by the power of the sun, not only the physical sun but the spiritual life force.

We come back to what we said in the beginning—if you seek you will find. If you make a study of these things, if you ask for food, you will not be given stones. You will be given the bread of life.

In other words if you ask, you will be shown the way, but you must be prepared to overcome temptation of the body and all those things which would bind you to the earth. You must enjoy your life, be happy in it, but always look upward and seek contact with the spiritual Source of your being.

Benediction:

We stand in silence worshipping our Lord God, the Source of all life, all blessing. O God, Thy children worship Thee, and in the hush of worship we pray for the incoming of Thy life

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and Thy love, Thy beauty, Thy truth. We pray that we may live on every plane of being to serve Thee, to do Thy will so that all humanity may be blessed and comforted and helped.

Amen. Amen. Amen.

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Illumination, Bible, allegory, rays, sensitivity, ancient rites

