

# The Key to the Inner Realms

T127 The Inner Teachings 9th June 1942 St Mary Abbot's Place, London

## Invocation:

Let us open our hearts in love; O Great Spirit, Divine Love, Thou Who art everywhere, we pray for an inflowing of Thy love, Thy peace, Thy goodness, Thy truth. We pray that we may here and now become in tune with the heaven worlds. We pray we may be released from mental and physical bondage to commune with Thee and the great ones of the heavens. We pray for Thy harmony upon this gathering and that light may dawn more and more into our consciousness. Above all, we pray for a quiet and tranquil spirit and an abounding and abiding love.

Amen.

Now, my brethren, we hope in these talks to bring nearer the realization of the one supreme fact, the true purpose of life, the central point from which all life springs. This is love; we desire through God's love for us all to bring to you communion with spirit. We trust you will all strive for this true communion of spirit. This is the primary object of these meetings, so that you may talk with us and we with you, so that we may reveal something of that which we ourselves have learnt on the spiritual plane.

Once someone said after one of the Lodge meetings, 'Oh yes, we enjoyed the address, but we have heard it all before'. True; if you come here you will hear the same truth in many forms, in many guises over and over again. You must remember that all truth comes from the same Source; whoever the speaker, if he or she is touching that same reservoir of truth, the same exposition will come again and again. There is only one truth. Throughout every religion and throughout all ages the truth prevails—that of man's\* divinity, man's creation by the Father-Mother God in order that the little child of God, the spirit, may through incarnation in the flesh grow from unconsciousness to divine consciousness. The key which will eventually unlock the gate of heaven to this child of earth is love. Love is the key to all spiritual growth. It is one thing to talk about love and to say 'Love one another', but it is quite another thing to *become* love within. Yet the whole purpose of life is to bring forth love. There are many degrees of love; to love in any form is good. We look upon the children of earth and see the spontaneous kindness, the little thought, the little actions which are Godlike. You may not realise that such gentleness is a Godlike expression showing that that soul for the moment is expressing love, and God. The purpose is for the life to become accustomed to spontaneously expressing kindness to all—to animal, child, brother, sister, stranger—whatever the race, the caste or religion; let us be kind and recognize the God in our fellow, the spontaneous expression of which is kindness and love: this is the key to all knowledge. Did you know that?

*[\*For editorial policy around gender, see the introduction]*

We were speaking to you at our last talk about the White Brotherhood. We referred to the saints, the sages of all time—they still live and their like are still on your earth plane and often very close to you, but it takes the God in a man to recognise the God in another. Some men now regarded as sages and Christs—because there have been a number of Christs on earth—some of those were not what are called intellectual giants. They have had no access to

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libraries, but could contact at will the akashic\* records or the heavenly libraries. Some obtain much knowledge (because it has been their particular path) on the outer plane, but others have spent their time in communion with the divine. Divine intelligence fills their being, so they are able to touch the reservoir of all earthly knowledge and draw from it the information that they need. They draw their wisdom from the universal source. The secret of their power to read these great libraries of all time lies in love. They spend their lives communing with divine love. The heart centre becomes so large, their aura extends so far—there is no limit—such expansion of their spiritual form or aura is the result of their growth in divine love. Here is the secret. Here is the key to mastership.

*[\*Akashic records are considered by theosophists to be a compendium of all human events, thoughts and emotions, encoded on the etheric plane.]*

Many live in isolation in caves on the mountainside often for many years, their time apparently useless—but on the spiritual plane they are sending forth continual rays of light and love. These great servers of mankind so help humanity that they are able to keep the balance or the equilibrium of life, otherwise there would come catastrophe. Their efforts swell the balance of what is called good. May we add here that we think every individual life, however humble, however simple, is of vast importance in the great plan. Every effort you can make to send forth the God-vibration is a contribution to God's work. Many of you feel that day by day life is drab, monotonous, hard, and nobody knows or cares what goes on in your heart. Nobody sees your effort to be more Godlike or kind, or overcome passion and temper, nobody notices, nobody troubles. But effort which we make in the silence to send forth good, to send forth that vibration which is of God, and the love quality, is a great service to mankind. It does mean effort, but life calls for effort. Life is effort, and we must make efforts. Even the little flower grows through effort; by an effort it reaches the daylight and the sunlight. We make our effort to reach the sunlight.

All this you have heard before, and you will hear many times; when you leave your physical body and pass into the spheres you will hear it again and again. The more you hear it, the more you will love to hear it, the more should it fill you with joy, because it is as sweet incense falling from God upon the human heart.

We advise you to make a habit of daily communion. We have told you this before and we shall tell you again and again. Reach up, not from the brain, no, but from the silent sanctuary. Turn within, and as you turn you will find you enter a world which will expand and grow. You will no longer feel that you are enclosed as in a small chamber. It is rather like the old fairy tales of the little girl who dropped into the well and fell deeper and deeper down the shaft. Instead of being drowned, she found when she got to the bottom of the well that she was in fairyland, a land of great beauty—she was inside her world. This is something like true meditation. If you concentrate on the one quiet place within, you will become lost to the outer world. The outer things fade from your consciousness and after delving deeply into your well of truth, you will find yourself in a beautiful and spiritual world. You will be able to walk and talk with the inhabitants of that world. Released from earthly bondage, you will know the glory and the power and the help from those 'on high', from those guides and

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teachers, do you know how best to receive this help? It is to open the heart in love to God, Divine Love. Then visualize the Star just above you, a radiant Star of Light. Concentrate, and you will find it will increase and it will become brighter as the rays descend from those higher spheres, from the celestial spheres; the light will seem to grow brighter and pass right through you, recharging you with power and light.

Q.Is it coincidence that Whitsun falls at the same time as the Wesak festival?

A.There is no such thing as coincidence; there is a divine purpose behind everything that happens. The Wesak festival is of the East, of course, and [the] Whitsun festival is associated with the Christian church. Both are the same, both are one and the same in their effect. Does it just happen that both those festivals are in the springtime of the year? Is there any special significance in this? The significance may be that it is the time when there is a natural uprushing of life from the earth in the northern hemisphere and as that life rises from the earth, there is a corresponding outpouring from the spiritual spheres so that the coming down and the rising up blend, they fuse, and there is an expansion of this spiritual power.

Q.Will the seeker after the Light receive greater help at Whitsuntide?

A.Yes, I think so. Those who are sensitive to it, those who know of this outpouring of power and who prepare themselves to receive it, would receive special help at such a time. It was not without significance that the disciples of Jesus met at Whitsun to receive an outpouring of light and power. In the normal way, do you not feel the impulse of spring? The divine Force is stirring, in nature, in human nature. The Whitsun festival, although associated in this age with the Christian church, is a much more ancient festival held throughout the ages in different places all over the world.

Q.Is it not interesting that it [the Wesak festival] takes place when the Sun\* is in Taurus, the sign of creation—the Mother?

*[\*In the original, the word 'Moon' is here but we believe this to be a misprint, since White Eagle spoke of the Wesak festival as taking place 'at the full moon when the Sun is in Taurus' (and the Moon therefore being in Scorpio).]*

A.Does this not convey to you the significance of the Mother Spirit, the Divine Mother? In all religions this festival has been held. That is its significance—an outpouring of the life force, the special dispensation of the beloved Mother, giver of life.

Q.What are ray children, and what are their responsibilities? And is there any connection between ray children and the seven rays of progress?

A.There is no particular connection between ray children and the seven rays of progress, although the deeper one probes into the heart of truth, [the more] one realizes that there is no separation. We have dealt with the seven rays of progress in former talks. We have also dealt with the subject of ray children, but we will answer the question briefly. I do want to make

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this quite clear: if you think that you are what is called a ray soul, do not let that make you arrogant. Do not think that you are any more wonderful than anyone else.

What is meant by ray child? A child which has been born during the life of this earth. A ray child is the pure spirit, shall I say, direct from the heart of God—pure spirit, unconscious of its potentialities, but which is born of the Father-Mother direct on to this planet for the purpose of growing into a Christ man. There have been and are souls who have incarnated on this earth planet who were not breathed forth on this planet for the first time but who have come here from other spheres of life to learn and to gain knowledge and wisdom, to grow, but they are not of this same out-breathing as what is called a ray child.

Q.What would planetary children be?

A.Do you not see, they are the ones I have referred to who are not ray children of this earth.

Q.What is the difference between ray children and the sparks of life breathed forth into the animals? Do they evolve through the human?

A.I should say that all life which is breathed forth by God passes through all the kingdoms of life in its growth and evolution. Life rises unconsciously through all the kingdoms to the human and divine, only there are different paths, different journeys which certain groups of souls make. I could not trace all these journeys for you; such groups take their separate paths according to their nature and purpose, but all life coming from God will know all the kingdoms, in the worlds below as well as above. You must traverse all these kingdoms. When you begin to open the spiritual consciousness you will find that all the worlds are now open to you consciously, whereas before you have passed through in the unconscious state. When you receive illumination with the Divine, you re-traverse all these stages at will—through the mineral, the animal and the vegetable. The inner planes are open to you consciously, you enter into them, you become part of them. Christ is in everything, God is in everything. The God life is expressed in every form of matter on your earth. Man likes to pick it out and segregate it and make everything compact. Some people think, 'I am better than you because I have come along this stream of life, or that stream of life', but this is nonsense. Think of life as one great unity. God is in everything, you are in everything but you do not know it yet. The consciousness has to expand until the spirit within becomes conscious not only of God but of all God's life.

Q.Then there is no retrogressive movement?

A.Well, yes; now how can I best express it? Let us get into mind first the path of eternal progress if the soul wills. At first it follows almost an instinctive urge. Then it comes to the point where there is realization of its power of choice. Then by its actions, by its response to either what is called constructive or destructive, good or evil, it makes its choice. It must go on progressing or it may get caught up in the powers of evil or the destructive force. Now that soul, the soul not the spirit of man, can through various causes become so degraded or can absorb evil to such a degree that the soul itself is destroyed and the divine spark then returns

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to God, but the natural process is progress, progress, progress. Certain schools believe in the transmigration of souls and many fairy stories indicate that this is so. Well, in certain cases it may be possible, but the natural tendency is upwards, always.

When you hear of beliefs held by the ancients, do not cast them out as being false. There is always truth there, misrepresented in some instances, but there is truth also. One who has received illumination is able to see all these paths all radiating to the centre, all creatures being drawn to the centre. Therefore we say that everything is truth. I believe in everything, because I know that all things are true, all things lead to the one goal; this is what you must keep in mind, the one goal—divine realization of what you are.

### Benediction:

Beloved ones, shall we turn our thoughts to the Great White Spirit brooding over all life? Once again, O perfect Love, Divine Truth, the source from which we all derive, we bow down before Thy majesty and glory. We see Thy beauty in so many forms and aspects and above all we feel Thy beauty in love and happiness. May this increase in our hearts and may our service to mankind help our brethren to increase in love and happiness and in worship of Thee.

Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Chakra, psychic centres, Buddhist, Buddhist festival, astrology, oneness*