T249 The Inner Teachings 12th March 1957 St Mary Abbot's Place, London

### Invocation:

As we seek entrance into the temple of the spirit we close the outer doors and, to the ineffable Love, to the supreme Light, to the Source from which we are derived, we pray: Our Father-Mother God, we would come into Thy presence to absorb from Thee Thy light, Thy love, Thy truth, Thy wisdom. We are Thy children, seeking truth and liberation from the bondage of darkness; we ask that from this little gathering there may go forth into the world an influence lovely and true, a power which will touch the souls of men and heal them in mind and body. We pray that every soul in this assembly may become aware of the presence of Thy ministering angels, and of the saints of all time, of the Illuminati, our beloved White\* Brethren. May the spirit of the Lord Christ manifest here both in spirit form and through the hearts and minds of us all, incarnate and discarnate.

Amen.

## [\*Refers to light, not race or colour]

We bring both personal and collective love to each one of you, for you are all our friends, our brethren. We belong to one another. We would like all to feel this truth. We work in this Lodge towards this end—that there may be at-one-ment among you all, that we may all feel this spiritual union and brotherhood.

We know that sometimes you think that such a union is yet very far away. While you feel that you can be brotherly to some people with whom you are in harmony, or whom you love, you shake your head at the idea of loving all men. You doubt this as an ultimate aim of your life. Most of you are confused about which path to follow. When we say to you that you belong to us, you do not fully understand that this means that you belong to a vast universal brotherhood; you therefore belong to us because we are at-one with you; we are attuned to your souls. You are brought along to the White Eagle Lodge not entirely by your own will, but by a spiritual law which directs you through your karma of the past—that is, through your soul and your spirit. Our love for you also brings us back to the earth to assist you to find you goal. Because we are at-one with you and because we know that divine law has brought you here (karmic law, if you will) we know your aspirations, your thoughts, your difficulties. We know your life on a certain plane of consciousness. We know you, not only here in this physical body and this material lodge, but in the spheres above, where you confess to us your difficulties about your path.

We are speaking, remember, about your spiritual or soul path. Your physical life is intertwined with both and once you have got your vision straight and true, you will have no further anxiety about the first. Nevertheless you welcome our guidance about your earthly life, but the Brethren of the White Lodge, the Illuminati, could give you even better advice as to how to arrange your life if you would first discipline yourselves on the one true path. Your difficulty is, you will say—we can hear you asking!—'But what is that one true path for me?'

There are many teachers in the world even today, and have been in the past. We have in mind the Master Jesus, the Lord Buddha, Krishna as the three with whom you are most conversant.

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There would appear to be many paths which the soul can take, but always there is only the one goal. The way to find the path and afterwards to tread it is extremely simple, but man\*, while immersed in matter, finds it extremely difficult at first even to see the path. The Master Jesus once said that no man can serve two masters. Another occult law is that man must be one-pointed. This means that you have to recognise the two aspects of life described by Jesus as God and Mammon. You either take the path of the spirit or you take the path of matter. The masses of humanity at the present time are following matter, materiality, although they feel the stirrings of the spirit. There is also a little effort here and there to find truth about life, death and the life hereafter.

#### [\*For editorial policy around gender, see the introduction.]

In centuries past your Elder Brethren came to this earth, taking on incarnation, in order to serve mankind. All these souls have shown the way to tread the path, as when Jesus said: 'Seek ye first the Kingdom of Heaven' 'The Kingdom of Heaven is within you.' The Master R\*, in his known past incarnations, also directed his friends, the brethren of his Lodge, to follow the inner light. This is the simple secret. But you have first to find your inner light; you have next to be quite sure that it is the true light and that you are not being beguiled by a false light. The test is whether you become more loving and more selfless in your desires and life. Sometimes, you know, the lower self can be dressed up in the garments of the false light. Jesus gave you the key—love God. If you love God, of necessity you love one another; if you love one another, you must perforce love God. It all sounds so simple; nevertheless it may seem that we are talking platitudes because you have already heard these things. Yet you still get confused as to which path is right, both in your own personal and intimate life and in your public life. You cannot yet discriminate between the false and the true. You cannot understand. You do not see which teacher is the right one.

# [\*Theosophists refer to the Master R as a Master of the Ancient Wisdom, also sometimes identified with the Comte de St Germain.]

You may come to this Lodge and listen to our words. Afterwards, perhaps, doubts creep in. You go to another centre and you hear other things said which seem to you to differ. You go maybe to several different sects and churches and get more confused. Then perhaps you come back and tell us that you feel closer to the spirit here; you feel close to God. But somewhere also you can find love and peace and helpfulness. The truth is this: if you are following the rules—that is, obeying the rules or the laws of God, or spirit—you will eventually find that every path will lead you to the same goal. We would add only this—that if you find love and harmony in this Lodge, if it appeals to your spirit, you will not find anything very different wherever else you go. But if you have come here and associated yourself with the Lodge, and even become a Brother, you are helping to establish a centre of light and spiritual power on this earth. This can be the most important work of your life. All other material demands fall into insignificance in comparison with the work you can do for the spirit in a spiritual centre like this.

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Now we ask you to see with us this vision; to look out upon the earth, to regard it as an uncultivated and barren piece of land. You yourself can work with the Illuminati to nurture this earth planet and bring it to finer culture. We said not long ago in this Lodge that you are now standing on the shore of the new age of brotherhood. If you look out into the world, you smile, you think it is impossible. We assure you that this age of brotherhood is advancing even now and quite rapidly, yet it cannot be brought about by law-making. The right kind of legislation will only be put into operation by the spirit of Christ, working through the brain and the heart of man. This is why we work unceasingly-even with the matter that we have at present-to help you all to discern the difference between spirit and matter; having once seen this truth, you in turn are expected to put it into operation in your life, which means that you must live the qualities of the Cosmic Christ. Jesus gave them. The Buddha gave them. Krishna gave them to you. They are all the same in essentials. Love thy neighbour as thyself; do not inflict pain and suffering on another, whether that creature be insect, animal or human, said Buddha. You must love all, and to cultivate love means to cultivate gentleness and justice, to live in meekness and a true humility, which means standing back and allowing the other man to express himself and not dominating over any soul. This is the path, plain at last. Where does this path lead you?

We will keep to the three religions we have mentioned. In all three the master or the teacher directs his followers in the same way. The Christian seeks salvation. The Buddhist is taught to seek Nirvana, the Hindu to seek union with the Beloved. The man who has attained union with the Beloved becomes a yogi. The Buddhist eventually attains this at-one-ment with all life. The Christian, through salvation, becomes saved through the Christ-love in his heart. In the mystery schools of the past the pupils were helped by the Master of the Lodge to attain freedom or liberation through mastership over themselves and over the conditions prevailing in this physical life.

This is the goal. It is not possible for any soul to attain mastership, salvation, Nirvana or illumination through mental or intellectual advancement only. There is only one way—and we say it most emphatically—to reach your goal, and this is the way of love and by following the true inner light. In our Lodge and in Lodges of the distant past with which our present brethren have formerly been connected, the goal was always divine illumination, not to be attained by passing through initiations or ceremonies on the physical plane. This is a mistake that many make; you do not arrive at illumination this way, although a ceremony can help. Ritual helps to raise the mind and the soul to higher things, which gives the soul greater opportunity. Illumination can also come (and does come) to some people that we and you know without conscious preparation, often in a flash. This is true illumination and the soul is freed from the bondage of the flesh; it finds itself in a world of light without bond, without limitation; it finds itself in the full consciousness of God.

All great teachers have at some time received this divine illumination. Paul, having persecuted the Christians, was overshadowed, was stopped on his journey towards evil; he suddenly reached that level of consciousness where he saw the heavens open, when he heard the voice of God. Every experience of illumination, or, in other words, of cosmic

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consciousness, is always the same; there is always the blinding flash, the freedom, and the realisation that the soul is at-one with all other souls and at-one with God.

We often advise you to meditate. Perhaps this causes a little confusion, for some people think it necessary to sit for long hours in solitude in order to meditate. We suggest that you begin your meditation with thoughts of God, with thoughts of his ineffable love of the spirit. Dwell often on these thoughts until your thoughts govern your actions, so that you find that you cannot harm your brother man because the Christ light within you is getting stronger. You will try to spontaneously react to any condition which arises as Christ would react.

Do not think this impossible; it is the natural manner for your spiritual growth, your spiritual life to express itself. First get it firmly fixed in your mind and do not allow these doubts to creep in. You have a soul and spirit as well as a body. Therefore get it firmly established in your consciousness that you are primarily spirit and not body. Act by the spirit, let goodness and love always be your guide, no matter what your circumstances and conditions. You cannot go wrong if you follow the true inner light which is the voice of God, of Christ.

Those whom you call the Elder Brethren are they who in turn have received this divine illumination. They have earned the name of the 'Illuminati,' one who has attained illumination, realisation of his true self, of the spirit within him. Having attained supremacy over matter, a man is known as a Master. Such a supremacy is only attained by the power of love, not by the intellect. The intellect has its place. Many people make a god of the intellect, not recognising it as merely a tool, or an instrument of the soul and the spirit. We see in the future this development of the spirit in man. You are pioneers. You have your part to play by putting into practice these truths, being leaders, being guides so that others may follow you. We say again that legislation must come through man's spirit operating through the mind and the heart of man. When this comes about, then there will no longer be the slaying of animals for food, no longer be the taking of human and animal life. What you call 'capital punishment' will be un-thought-of. There will no longer be wars and the killing of man by his brother man, nor yet man's inhumanity and cruelty to his fellows, because that light which will develop in him will be so brilliant and so strong that he will only have love in his heart for all life and shrink from inflicting pain or death upon any creature.

This, brethren, is our work together. We are working to bring about this state of divine illumination in man. There is no need to fear future catastrophes and cataclysms if only man will or can be helped, guided, induced to seek that God within, because then the whole vibrations of the earth planet will be raised and purified. There will be no wars. Even nature will obey the command of the Master, as demonstrated by our Brother Jesus long ago. Nature always obeys the voice of love in the master soul.

Look forward! Look forward! Not over your shoulder. Be true; to thine own self be true, and it must follow as night the day, thou canst not then be false to any man or to life itself. No longer will there be need to prove life after death, for the illuminated soul knows only life eternal, taking no account of birth nor death.

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#### Benediction:

O Great Spirit of the universe and all universes, we stand to receive the great outpouring of Thy love. May we learn, O Father-Mother God, how to give out this light—how to give and give and give the light which Thou hast poured upon us tonight. So may Thy peace be our constant companion, bringing all happiness.

Amen.

