

The Spirit Watchers

A248 Sunday Address 4th January 1953 St Mary Abbots Place, London New Year Service

Text: one of MB's distinctive scripts; a blue carbon marked 'draft'. No markings. The title, 'The Spirit Watchers' has been added for the current project. The address was printed in the February/March 1953 *Stella Polaris* with the title 'A New Year Address' but this text follows the original typing while adopting the more distinctive title.

Context: two readings are indicated on the script: Matthew 25 : 14-29 (the parable of the talents), and an 'extract from White Eagle's Inner Teaching bearing significant reference to the parable of the Talents'. A reading and a hymn, both about the Sun, are mentioned. Since the specific Inner Teaching read is unknown, the reference to the Sun might be therein, or there may have been another reading (except that MB would surely have noted it). The hymn is not known: 'Awake my soul, and with the sun' is a possibility, since it would fit with the new year/new day connection made by White Eagle.

General Notes: there is useful teaching about sleep in this address. A crucial phrase is 'You are responsible for your own happiness'. There is a very beautiful description of the soul's awakening on 'the other side', also words about the purpose of life and how we are constantly watched over by the spirit world. White Eagle teases his listeners by speaking of the 'fairy tale' of the King of the sun world, but the point is serious. With all this communicated, he is now able to communicate in the right context the parable of the talents. White Eagle makes a little joke, saying that 'if everything goes wrong, well just have a sense of humour and laugh at it because it cannot go any wronger'. He ends by speaking of the Coronation, which was due to take place six months after. He mentions the very special nature, or spiritual training, of Queen Elizabeth, and he refers to the dawn of a new era. This undoubtedly came, and the Elizabethan era continues at least to the uploading of this address, very nearly seventy years.

References: 'Ask and you shall receive' is a rendering of Matthew 7 : 7. 'He that hath ears to hear, let him hear' is Matthew 11 : 15. There is an oblique reference to the Parable of the Talents (Matthew 25 : 14-30, Luke 19 : 11-27): 'you have within you the talents'.

White Eagle's Address:

Beloved, beloved children, we come to you with a message which we hope will cause you to feel the rays of power and healing and joy pouring into your soul and your body.

At this time on your earth plane it is customary to wish each other a very happy New Year. And as you stand at the beginning of the New Year you have hope in your heart. You hope for happier things, a better year than the one which has just passed. You stand at a fresh beginning. Of course the same thing occurs every morning when you return to your physical body after sleep. After the body has been sleeping you come back and you bring with you wisdom. You bring with you joy from a world of spirit in which you have been living during the sleep of your physical body.

Now, may we just remind you in passing that so much depends upon the way you have lived the day before your sleep. The way you have treated your body and your mind will depend on what you will bring back with you after sleep.

If you have cared for your body as God wishes you to care for it, treating it kindly and wisely, you will be attuned to the harmonies of the spirit world and you will absorb those harmonies.

The Spirit Watchers

A248 Sunday Address 4th January 1953 St Mary Abbots Place, London New Year Service

And when you come back to your physical body your brain and every cell of your body will respond to the light and to the wisdom which you, as a spirit, will bring back to it.

Now, let us apply this to the New Year. For every day as you live in this New Year you will create for yourself the condition that will be expressed later. It may be tomorrow. It may be in a few weeks' time, but you are responsible for your own happiness. You will not agree with what we say, nevertheless it is a spiritual law. We do not say that it is not a very difficult thing for you to practise this harmony, this truth, in daily living. We recognise the difficulties in your earthly life but, my children, you know, all of you, or you would not be sitting here in this service. You know the spiritual law which governs life, and you know – if you will endeavour to control yourself, your mind, your emotions and your daily habits so that they will respond to your spirit and not to the lower nature – [that] then your life will become harmonious, and you will indeed have a happy New Year, because nothing of a material or physical nature will be able to disturb that inner happiness and that quiet spiritual peace.

Moreover, you know, all of you know, that you are here on this earth plane for a purpose, not just to while away the time, just to fritter it away. You are here with a decided purpose of life – to unfold in your daily life the spiritual qualities inherent in you. This is the sole purpose of your life. Therefore you rearrange your house. You set it in order at the beginning of the day, at the beginning of the New Year, and instead of running away from problems and difficulties you face them with confidence and with trust in the Almighty Spirit. If you do not know what to do in certain circumstances, pray to God, having done all that you know you ought to do. Look upward, pray to God for guidance and *wait*. And undoubtedly the curtain will be thrown aside and into your heart will come a vision and you will know what to do. Live, children, live with your hand in God's and, in closer contact, in closer companionship with spirit friends, your own spirit friends, your own guides and beyond them with the teachers, the Ancient Ones.

O my dear earthly people, how we long to bring to you a realisation of the companionship of the immortals! Oh, how we long to take from you the fear and the gruesomeness of physical death – and to help you to see the soul that is called dead, leaving the physical body like an outworn garment, going forward to meet the company of friends who are coming towards him or her with outstretched hands!

Oh, if you could see the joy on the faces of those who leave the physical body and come over to our side of life when they see the beautiful landscapes, the lovely countryside, the lakes, the mountains, the seas, the flower-filled gardens, the Halls of Wisdom and Art, the great buildings of science, the laboratories, the observatories, every possible building equipped for the needs of the man or the woman who longs to gain knowledge on a certain subject! And this life is more real than your squalid life on the physical plane, which is so dark with selfishness and greed and fear. This is the spiritual life that we describe to you to which you and all souls will pass. But until a soul has been cleansed and purified of the lower qualities, of the lower senses, that soul is kept in prison – and that prison you call suffering and pain and disease. It is no use, my children, you must face truth!

The Spirit Watchers

A248 Sunday Address 4th January 1953 St Mary Abbots Place, London New Year Service

But we have one beautiful thing to tell you. It is this, that suffering humanity is being watched very lovingly and understandingly by the Great Ones, by the King of kings and the spiritual princes, by those in high places in the spirit world. And also remember this, that there are places on your earth plane unknown to man, places to which the ordinary man without spiritual qualifications cannot reach, cannot emigrate. The wise ones, those who have passed the way that you are now passing and who have freed themselves from all the limitations of the earth, the dark earth and the flesh, they are there. These wise ones watch your progress, watch over destinies of nations. Do not think for one moment – if you do, then you are wrong if you think [thus] – that the world can create chaos, unlimited chaos, without interference taking place from high places, spiritual places.

Remember that there are centres of light very closely attached to your earth plane. No man will believe this except the spiritual man and the man or woman who has had a certain degree of experience in leaving the physical body and going forth on a journey to those centres of holiness. There are travellers who will come back to your so-called civilised world with stories about those they call the Masters, who are said to live in the Himalayas or in the Andes or any other great mountains – but no ordinary person can see these advanced men and women, and so they say they do not believe these tales. But the time is fast approaching when these Great Ones will come forth from their secret fastnesses. They will come to humanity in a chosen form. Remember what we tell you, that these noble great souls can take upon themselves, created by the God-power within them, a suitable body which can contact you, ordinary humanity. This has been proved. It has been proved: if you take the trouble to search for this proof you will find it. These truths which we are telling you can be proved, but not to any man or woman. You have to attain a certain degree. You have to have qualifications before you can either see or hear or comprehend the glories of a higher world which is unknown to humanity grovelling in the darkness of the lower nature.

You have been singing in your hymn about the Sun, the spiritual Sun from which the soul has come. You have been listening to a reading of words about this Sun, and it is a real place. Remember that these things are not imaginary, they are real. This higher world is a world of perfect life; a world which is in the sunlight and in the warmth and the light of the sun.

And we would also like to tell you this New Year's eventide that in this sun world there is a King. It sounds like a fairy tale, but fairy tales are true – but only children believe them. Only the simple and the pure and the trusting children believe them. We are telling you a fairy tale which is true, in that the Sun is the King. And remember this, that the King or the Ruler of this earth planet has a body like your own, only infinitely purer, finer. But that One is very close to physical matter but just above it, and from that One radiates a blazing light. His eyes are ever watching. He watches the progress of the whole of humanity. And in His service are countless numbers – kind, illumined souls, advanced souls who have great powers, spiritual powers, psychic powers. And at His command they move about unseen and unknown to earth's humanity – helping them, inspiring, guiding, opening their understanding to these divine things. We would have you live always in the consciousness of these companions of

The Spirit Watchers

A248 Sunday Address 4th January 1953 St Mary Abbots Place, London New Year Service

your soul. Ask and ye shall receive. Only a thought, a prayer in earnestness, a prayer from the heart that is pure and selfless, and that prayer is instantly answered. There are those who have specially *you* in their charge, but because you are so chained to the earth your vision is turned downwards instead of upwards. You wrap yourself up in a very small parcel and feel so anxious and fearful you do not see the shining Angel just above your shoulder.

Now, this is our message for you to carry through the New Year – that you have within you the talents. You have inherent qualities of the spirit within you which you must patiently develop; and these are developed by everyday experience, by accepting willingly those conditions which you have created for yourself. Whether you will believe it or not, it is true – if you will willingly and humbly accept and say, ‘God, I will do better next time. I will work through this with faith and courage and know that Thou wilt help. I know that Thou sendest these things for my good, for me to gain spiritual power and knowledge and understanding.’

We tell you truth, children. We tell you truth, but we do not make it too hard, for we tell you of the help which is given to you in your striving and the help which is given to you in your courage.

And if everything goes wrong, well, just have a sense of humour and laugh at it because it cannot go any wronger. Just let it have its fling! Let it go, but you keep your vision upon God and His hosts and know that all will come right. All will come right.

Now, the Year upon which you have entered is a year of opportunity for every one of you, every one of you. Do not mind what your environment [is], who you are, what your work is; but [it is an opportunity for] everyone present, indeed the whole earth – and perhaps you a little more than other people, because you have been given the knowledge how to help the rest of the world.

In your country, as we have said on former occasions, in your country this year is to take place a great event; the coronation of a very special Queen – understand that: young in years but not in soul. Now then remember, all of you, that the coronation is not merely a pageant. It is not merely a ceremony where a piece of jewelled gold is placed upon the head of a Queen. It is something much more than that. This is the only country in the world where such a coronation is known. It is very special. In this mystic Isle of Britain the rays of the Sun will shine and crown not only that gracious young woman the Queen, but ALL humanity.

This is a year of great power, great spirit power. And a new era is commencing this year. You will see rapid advance in science, in art, in spiritual unfoldment. In every department of life there will be advancement, and in some cases it will be a little too rapid – there will have to be readjustment and a steadying down. But we would have you children in this small Lodge realise the significance of this coronation in the mystic isle of Britain. You will see the power over the whole earth. There will be a change of heart. There will be an awakening of many millions who are now sleeping. You will see not only your little mystic isle of Britain rise in spiritual power but you will see the whole of humanity rise and look towards the West. You

The Spirit Watchers

A248 Sunday Address 4th January 1953 St Mary Abbots Place, London New Year Service

will see the coming together of the West and East. You will see the great rejoicing. The people will receive the blessing of the King of kings; He who is enthroned in the heart of the Golden Sun.

Open your hearts to a happy glorious year of the golden coronation of the earth. Let him that hath ears to hear, let him hear.

Our love to you *all*, and the love of the Brotherhood who are all gathered round with us. Love to all of you, our dear brethren, a group working for the enlightenment and the happiness of your fellows. God blesses you. God brings you happiness; a happiness beyond all worldly dreams.

So mote it be.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

renewal, spiritual contact, inner calm, mindfulness, spiritual service, sacred places, life after death, enlightenment, intuition, royalty, Queen Elizabeth, crowning, heaven world, world of light, spirit world