## A354 Sunday Address 16th December 1962 St Mary Abbots Place, London Festival of Carols Service

Text: MB typescript in blue, a top copy without any markings.

Context: Christmas carol service; the readings are given as (first) Luke 2 : 8-14 and (second) an extract from a Brotherhood Teaching of 1959 (no more precise date). Brother Faithful read the first and Minesta the second. Before White Eagle spoke, Brother Faithful seems to have introduced a congregational carol, 'O little town of Bethlehem'. There are two familiar settings, one a traditional carol tune and the other by Walford Davies. Brother Faithful also tells us that the service finished with 'While shepherds watched their flocks by night' but we are not told of any of the other carols sung. General Notes: White Eagle, conjuring up a picture of all the assembled brethren in spirit, offers a fuller-than-usual thankyou to the Choir and speaks of the element of service in bringing happiness to others. He extends this into the gift of the birth of the tiny child at Christmas, and then describes the process of being born into either world – the earth world or the world of spirit – as being almost identical. He also speaks of a development in human consciousness, in which the intuitive mind will become much stronger, until it can properly understand that coming into earthly form of divine being. White Eagle goes on to stress, with particular force, that the 'Supreme Light' has incarnated many times over the course of history. Lastly, he emphasises that what went on with the incarnation of Jesus is the destiny of every single soul on Earth. There is a particularly beautiful communion. *References*: the reference to 'the Word' takes us to John 1 : 1.

#### Brother Faithful:

I have been studying the words of the little carol. I think it is one of the noblest of our hymns or carols both in beauty of sentiment, in aspiration and in true worship and adoration. I hope you will follow those words as we sing them, because they are so suitable an introduction to White Eagle's Message.

'O, little town of Bethlehem How still we see thee lie!'

#### White Eagle's Address:

Beloved ones of earth, we come to speak words of joy. We bring you all love – all love. We are not alone; those of you with clairvoyance will see the heavenly hosts who are all around us, who are round you, for there is a goodly company of angels and shining human spirits who join now in this festival of carols.

We have been so happy, dear ones, to listen – for we can listen, you know – to the music of the choir. And from everyone in spirit – and you are all spirit too – the grand company who are assembled here, we all thank the singers, the earthly choir, for their beautiful carols; for it surely is a kind of service to all of us to be ministered unto by the choristers. And so, for your devotion, your work in the practising for this carol service, we in spirit, and all present, wish to say, 'thank you'.

And this brings to mind the simple truth that the very act of giving and trying to make others happy creates within your own heart joy, happiness. You cannot serve, nor give, nor help others without feeling that intense happiness in your service. You feel it – you cannot

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describe it to others – but it is within you. And your heart sings, there is truly sunshine in your heart when you serve, and you know that you are giving joy or help to another.

Now, dear ones, this Christmas Season from a spiritual aspect is the most beautiful happening to the people on earth – on the earth plane. They do not understand very much about what is happening in their own spirit, in their own selves. Let alone do they understand what is happening in the heavenly worlds – we call them heavenly worlds because all who dwell in that sunshine, in that Light, dwell in the World of God. And God is glorious, God is *Light*. The Source of all life comes from God. God is the Centre and the Source because God is the Divine Mind; and all things come first from that Glorious Divine Mind, which is all *love*.

Now, Jesus gave this message again and again, and we would impress [it] upon everyone who can hear our words which are spoken from the plane of spirit, and from the heart of spirit. God gave to man a visible symbol of a glorious invisible truth. Now, when this symbol was first given to humanity now nearly two thousand years ago, mankind was only able to understand a simple story – the birth of a little child – the birth of a babe. Now, all humanity loves a tiny new born babe; even the most ignorant being loves a new born babe. In the animal kingdom the mother loves and shows by her care of the babe the love, the intense love, which is with her when she gives birth to the babe. You see the very act of bringing forth – giving birth – is the greatest act of love. Supremely selfless, a holy giving – the Divine Mother's gift to humanity.

May we just here explain to you the mystery of birth? When a soul leaves the physical body it goes through the same process as it went through at the birth of the physical body. Watching, as we sometimes do with the angels around the body of one who is passing into the higher life, we see the gradual assemblance of the tiny atoms, the tiny astral atoms, etheric atoms, which create the human form. And when the form is complete there is the tiny babe gathered above the heart [and] the head of the body which is being vacated; the young soul is being born into another life. We hope you will all remember this beauty we can see – never mind the physical body, because that is deceptive, but the spirit is born beautifully in the tiny body of a babe. And the angel comes and receives that babe in her arms, holds it to her heart, enfolds it with her robes and away she carries it into the world of Light, the heavenly world of spirit.

Now, beloved brethren on earth, when a spirit is to be born again to the earth plane the same or similar conditions are created, and slowly that spirit being drawn to the mother awaits the perfect formation of the human body, and at the time of birth the spirit becomes firmly attached to that form, that physical form.

Now, we want you at this Season of Christmas to remember the little story we have told you. Remember that there are times – there is a time – shall we put it like that? – when the Great Soul of God takes human form. Now, this is a difficult truth to understand, for the intellect to understand, but the time is coming, and very quickly, when man will commence this development of the sixth sense, called the intuition. We call it the mind that operates within the human heart. Now when after effort, study and particularly meditation, the soul of man begins to respond to the influence of spirit truly, when he begins to respond to those heavenly

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influences, then there will be born in him vision and comprehension of the birth of that Holy Child.

Again and again in the ages past the Supreme Light has been incarnated, but mankind does not yet understand. Many follow their chosen religion – and even for Christmas remember that all people, all over your earth, have knowledge of Christmas. It does not – it is not limited to the Christian Church only. All peoples, whatever their race or religion, have a story, a mystical story of this gentle birth of the Supreme Light, the Son of God. All must remember this, because the purpose of the manifestation of this symbol is to help mankind to comprehend the invisible truth which applies to everyone on earth – to all living people – the truth that the Creator, the Great White Spirit, has planted in the heart of every living man, woman and child, the seed of the Holy Child, the seed, the beginning.

And we would just explain to you that in the Beginning was the Word, the Sound – the sound. The vibration was heard in the heart – in the mind, in the heart. The Divine Mind creates form in order to place in it the seed of the Divine Holy Life.

Now, this is the purpose of life on the physical plane, and each one of you, each one of our brethren, human brethren on earth, have the same gift, the Christ babe, waiting to grow in stature in man, till man eventually becomes perfect, the perfect son of God, and as this – as mankind – moves along the evolutionary path, which he is doing very quickly now, he will reach that level, that state of spiritual life where he will live only for the whole of the Universe. Instead of pronouncing that misleading word 'atonement' it will be recognised as supreme 'at-one-ment' with life – with God. In your meditations, remember this; the object of life is to become ever more aware, ever more conscious of the Infinite Universal Life, and to become at one with it – remembering this, that it is not a life only in the glory of a heavenly world, but it is to be realised right down in the earth, because it is in the earth that the roots of the lily, the lotus lily – or, if you like it better, the rose – is planted. And from the dark earth the nutriment is drawn into the plant and the flower until it comes to perfection. And these flowers, remember, have a fragrance that is sweet and beautiful.

And this is the destiny of every soul. No matter how unevolved he may appear to you at present, he will eventually become the glorious – the glorious saint – the son, the son of God. Keep the sunshine in your hearts and, as you do this, remember at the same time that you on earth are very close to your loved ones in spirit; and the time must come when the two states of life will be realised by man as one and the same. Do get away from the idea that the spirit world or heaven is far away from you and you are in the darkness on earth. Open your eyes, open your consciousness, open your hearts, my children – and see for yourselves the glory, the joy, the beauty of the spirit life all around you! For in love there is no separation. And as soon as you think in the mind, the heart mind, as soon as you allow your mind to think in terms of love towards your dear ones wherever they are in spirit, or far away from you on earth, you are instantly connecting up with them. Your loved one in spirit is with you as soon as you think in the language of God – in the language of the spirit – in the language of love. Realise this, believe it, think it and believe it. If only you dear people on earth would understand how close spirit friends are to you! They are with you – with you. And with this knowledge in your hearts you will surely have a happy and thankful Christmas, not for the

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enjoyment of the body alone, but for the joy and the thrill of the spiritual and spirit communion.

And as we leave you, dear beloved friends, He Who is the embodiment of Love – call Him by what name you will, but truly He is the Son of God here, here in your midst – bringing to you, to your mind, to your spirit, to your imagination the symbols of the bread and the wine, indicating that you are part of the Cosmic Body of the Lord of this Earth. And the wine is the fruit of the life, the service, the love of the Son. In the silence for a few seconds take the bread into your mouth and taste; and become at one. And sip from the cup of divine essence, divine love, and be filled and raised into the full consciousness of the heavenly life, the God life. And thus you receive the blessing of Christmas. Joy be with you all. Remember the angels singing to the shepherds who watched their flocks, the shepherds, the guiders, the teachers, the protectors of the sheep, those who need to be protected. And the humble shepherds heard the voice of the angels. And remember the Wise Men who came to worship at the birth of the Lord. They came from the East having followed the Star, a visible symbol of the invisible mystic truth.

All love from our world to you and a happy blessed joyous Christmas in full sunshine. You cannot render a greater service to humanity than by giving it the sunshine of the spirit.

#### Brother Faithful:

'A Happy and Blessed Joyous Christ in full Sunshine': may these be memorable words for each of us. 'A Happy Blessed Joyous Christmas in full Sunshine.' In this spirit we come to our last carol:

'While shepherds watched their flocks by night.'

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

spiritual unfoldment, spiritual development, light within, spiritual path, path of the soul, inner light, communion, rebirth, heaven world, world of light, guardian angels, devas, solstice, yule, christ festival, christ-mass, nativity, inner vision, eternal consciousness, inner voice, spiritual contact, having a baby, mystery of birth