

Abounding Blessing

T287 The Inner Teachings 20th June 1968 New Lands, Liss

Invocation:

We pray to our Heavenly Father and Mother God. We bow our heads before Thy throne of light and thank Thee for Thy blessing which we are now receiving. We know that according to Thy law, every one of Thy children is being safely guided along a pathway of light to the heavenly kingdom. We pray this night, O Lord, for truth and for a greater knowledge of Thy kingdom. And we pray that he who is Thy Son, the Christos, the very Light of Life, may bless this communion with his Presence.

Amen.

Beloved friends and brethren, we would like you all to feel this holy presence of the Lord Christ. May everyone present aspire to the heavenly heights, to the apex of the triangle, so that they may receive, according to their capacity, the blessing, the strength, the beauty and the happiness which the Light brings to every soul. We would remind you, dear brethren, that the power which commands the Light, and which enables man's* solar body to be created, is the power of love. Love has many different forms of manifestation. There is one love, one infinite love, but many forms, many degrees of its manifestation in human life. Therefore it is well for us all to recognise love in whatever degree it comes, in whatever form it takes, remembering that love is the foundation upon which man's solar body, or the body of light, is built.

*[*For editorial policy around gender, see the introduction.]*

Every living soul on earth is in a physical body in order to build and create (in due time) that body of light which the ancient brotherhoods called the solar body. When you are blessed with the gift of clear vision or clairvoyance, you will be able to see that solar body in your brother man just above his physical form. Within or above every man, woman (yes and child too) if they have reached a certain level of spiritual development or evolution, is to be seen this beautiful solar body, or body of light created out of the light of the Son, the Christos. We are not speaking of an orthodox individual person. We are speaking of the Son of the Father-Mother God, the pure white light which is in the sun and which descends to the earth from its Creator. Bear our words in mind and think about them, because there is a deeper truth here than the words at first convey. The Son of God is the heavenly Light of the sun and is the Creator and every living thing is permeated with the Son and with the Light.

Now we will leave this theme for a moment because we want to discuss the power of thought. We do this because thought has such a great part to play not only in man's spiritual evolution but in the evolution of what we shall call the etheric life. We think there may be someone here who may be particularly interested in hearing what we can tell you about the etheric or the fairy kingdom. We prefer to call this kingdom the 'soul' of the earth. Now the power of thought which man has been given can mould that ether according to his will. Very often this is an unconscious moulding, but when man develops better understanding and realises that his own thought is moulding ether into form, he will naturally want to discipline his thinking so that he creates beauty, goodness and harmony. Of course the form his thought creates will depend on the degree of love, or the light, in the man himself.

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Sometimes people are troubled by what they call ‘obsessing’ entities, little understanding that frequently those obsessing entities are only creations of their own thought. These self-created thought-forms are very prevalent. The ether all about you is full of thought-forms created by man, and if you think darkly, as an undeveloped man, you will attract these thought-forms to you. Please forgive us if we say things that may be unpleasant, but we must speak truth that we know you need, because we see, dear friends, the value of your being trained, or of training yourselves. Or we may perhaps be allowed to train or help you to find the way of good thought or, as our ancient brethren called it, God-thought.

Now this is the whole purpose of the Brotherhood of the Great White Light—to help mankind to develop and discipline their minds towards good thought, happy thought, kind thought, lovely, beautiful thought. Did not the great initiate St Paul say, ‘Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things?’* He spoke thus because Paul knew the law of brotherhood—that a brother must train himself to use this wonderful gift of thought-power in the right way.

*[*Philippians 4 : 8]*

You are wondering where all this is leading us. Well, we want to speak to you about your meditations, because we know that there is a group present who have been devoting their time this week to the practice of meditation. You know, brethren of all time have been trained in this art, this practice of meditation, and in the projecting or sending forth of God or good thought into the world. Indeed this is what the great masters are continually doing from their ashrams in the mountains far removed from the turmoil of the market-place. They meditate and radiate the power of good thought into the soul world of man, and by so doing are assisting humanity to arise from ‘the beast’ and develop that beautiful solar body through which the pure spirit will eventually function.

You have been told that the great initiate, the Master Jesus, through many incarnations spent not only on earth but also in another more highly evolved planet, prepared and developed this perfect solar body or body of light through which Christ, the Son was able to manifest. When the body of light has been created in man, the whole physical body becomes illumined and thus a purer vehicle for the use of the soul.

We are endeavouring to help you in your meditations and by the power of God-thought to develop this higher-body, this body of light, the body of the sun. This is the purpose of meditation which is the only way in which man can consciously develop that pure body of light. This is why meditation was practised in the mystery schools and the brotherhoods of all time, and why the brethren withdrew from the material life into communities or brotherhoods, dwelling in high places, raised above worldliness.

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Now in your meditation you are told first of all to rise into the heights, because by so doing you are withdrawing from the clamour of the thought-forms and all the mists which gather around you at the material level of life. So in the meditation class first of all our teachers take us right up into the heights, to the golden apex of the mountain, where we become absorbed in a glorious heavenly light. At this moment we are touching the true light, and it is there that we are beginning to grow or create a solar body. So if you do nothing else during your meditations but become enabled for a few moments to bask in that pure and true light, you are still doing very well. Later on you will be told to use your higher-mind, the mind of God, the divine mind, which also has to be developed and which can become a powerful instrument. You are told to create with your higher-mind a picture, to create form. We want you to understand that man can create infinite beauty, because the divine mind in him can manipulate the higher ether (shall we call it the white ether) to create beautiful and perfect form. People who do not understand will think this is all imagination and anything created in this way is not real. We want you to understand that the ether is a very real substance—more real than physical matter, and that the higher or divine mind in you can mould that sensitive ether into living form. Therefore in your meditations if you can enter the Healing Temple and see the healing angels at work, see them approach the golden altar, you are helping in the creation of life itself at that higher level, and what you see is true and real because it is created by the power of God in you and by heavenly beings.

Now the Brotherhood is ever present; it always has been and always will be, and you are in this great brotherhood of life. Now part of the inner teaching of this ancient Brotherhood is that a wonderful world exists in the higher ether—what you would call a fairy world, an angelic kingdom, and all the fairy spirits of the elements, of the wind and the water, and the sunshine and the earth are all created by the power of good, or God-thought, but these creatures of the elements are also very real beings.

These ‘fairy folk’ have a great part to play in the development of man on earth. For instance, the fairy folk, under the direction of the earthly Mother and her angels, are responsible for the production of sustenance for your physical body. When greater co-operation comes between these peoples of the higher ethers and men on earth, when man becomes sufficiently open to these higher influences and is consciously developing his solar body, or the body of the sun, he will no longer have any appetite for the flesh of animals but will have a greater desire to eat the fruits of the earth.

There are other spirits of the earth, the gnomes who are concerned with the very substance of the earth, with its jewels and stones. Then there are the sylphs of the air who carry the air currents and bring you the air you breathe, and the winds which blow good to you as well as taking away darkness and evil. Remember also the spirits of the water and of the fire, the salamanders and those great beings, the sun spirits, who work under the great solar laws. All these so-called fairy and angelic beings are as real as you are and have beautiful bodies built of white ether. These etheric beings are as necessary to man as they are to him in the scheme of creation, and in the evolution of the spirit and the manifestation of spirit through etheric and physical matter.

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Now all this creation at the etheric level of life is dependent on the quality of man's thought, and this is why the Brotherhood is now endeavouring to instil good thought into men's minds. You notice tremendous changes on the earth plane. Most remarkable inventions are coming as the result of great mental activity, but there is always a tendency through man's own weakness and lack of discipline for such mental activity to become destructive. This is what man has to watch at the present time, because this enormous stimulation and growth of the mental body of mankind could so easily be used destructively. For instance, you will notice you have already been alarmed by the invention of many new destructive weapons. Now any such destructive weapons represent the sum total of man's own destructive thought. So every time a destructive thought comes into your mind, dismiss it at once, because it is with this accumulation of destructive thought that the mental body of mankind as a whole is being fed with ideas which create destructive weapons and evil ways of destroying life. We want to show you this clear picture—on the one side the creative power used for good. Let us think of the countless numbers of people who are now urged to do good, all the societies, the efforts of the young people with good and creative impulses who want to abolish all that is holding back human development and [the] well-being of mankind. And on the other hand, there is the array of dark, destructive thought which finds entry into the minds of strong intellects to create methods of destruction, as well as stimulating the destructive passions and emotions of men. What we in the Brotherhood are all working for is to bring about harmony and balance in human life. We tell you this so that in your own way you too may work; so that you will discipline yourself to think and create forms of goodness, beauty and harmony, and that you may at the same time dismiss from your mind all thoughts of darkness, destruction, antagonism, sickness and depression. We want you to see clearly these two great wheels at work which must be balanced.

Now the destructive power of evil is necessary on the earth for there is a great deal to be cleared away of outworn ideas, outworn methods in many different departments of life. To this end the powers are working to clean up—or shall we say destroy—because when a condition has served its purpose it must be absorbed, it must go, and this is the value of the destructive element in life and what is happening in rather crude ways on earth at the present time. We would give you a true perspective of the value of destruction, of the clearing away of old methods and old ideas, and of making ready for the coming of the good, the true and the beautiful. This is what we mean when we say that the balance must be maintained.

The old philosophers used to say, 'As above, so below.' As you see in your meditations, as man learns to meditate wisely, purely and truly, he will bring through into manifestation on earth what he sees shining above in that state of meditation. Remember, my dear, dear brethren and friends, that you are God's instruments on earth. Remember too that you can give a great deal of help to the etheric workers, to those who work with the growing plants for man's sustenance, with the angels of the air who inspire man in the creative arts and in all works of creation, and most of all you can help by your God-thought and by your love.

This is no new philosophy. The brothers of all ages were well instructed by the God-men who came to teach these truths. We have spoken often before of ceremonies with which we were very familiar in our Mayan days, when the people joined in grand ceremonies of planting the

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seeds and bringing down the Great White Light into the earth to stimulate their growth. We called upon the angels of the water to bring the rain, the angels of the sun to give warmth to the seeds which we had planted. We people in those days were all working together with the etheric kingdoms, but now, unfortunately, it is all machinery! Man must get back to the real, the true, the God-way of life, of working together with the angelic and etheric and spirit kingdoms so that his life on earth is perfect and the fear of death is abolished for ever. Then he will see that all is eternal life. Earth herself demonstrates this to you now but you do not recognise it, for are not the seasons, which bring forth the flower and fruit and harvest which provides all you need for your sustenance, the expression of this eternal life? And behind all nature are the beloved etheric brethren of yours who work in the soil to bring forth the food which gives you life and health and, when you have learned to work with them, perfect happiness.

This is the way, and all those who give their hearts to foster this life of universal brotherhood will someday reach a glorious kingdom of happiness, beauty and love. We thank you for quietly and patiently listening to our words.

Benediction:

God be with you all! God is with you and the angels smile upon you. There is a wonderful love here, and he who is the beloved and the blessed Lord of all is pouring on this little gathering rays of golden light. See with your higher-mind the waving golden cornfields. See God's food and the food from the earthly Mother providing for her children. This is the blessing...O Lord, we thank Thee for Thy blessing.

Amen.

Footnote:

In the course of this Inner Teaching, White Eagle said the following (which is included as a footnote in order not to disturb the continuity of the teaching). 'I must tell you that a new type of food is coming on the earth plane—I suppose we should call it a new corn, but we like to call it grass. A new form of grass is going to be evolved, and food is going to be very much more attractive than you know it today. There will be more delicious fruits and plants and grains. These will come when man is ready, and when we have the right men who are open to the influence of the divine light and who will be prepared to pioneer this new food. Knowledge will come through these men and they will experiment. It will not be easy; it will mean sacrifice and great faith, but they will do it, and they will be the greatest benefactors to mankind, helping to speed up the development of man's physical life. His physical body will become purer as a result, and his soul and spirit more radiant, and the spirit will shine more strongly and more powerfully through that purer physical body.'

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Nature, nature spirits, farming, vegetarianism, earth healing, oneness, Gaia

