

# The Invisible Worlds

T112 The Inner Teachings 27th November 1940 Edinburgh

## Invocation:

Infinite Spirit, our Father-Mother God, and the Son of life, Lord Christ of this earth, to Thee we pray that Thy blessing may rest upon this gathering, so that through Thy Love and Power the heavenly hosts may draw very close to bless and inspire and teach the brethren of earth. Amen.

We are going to speak on the invisible worlds. You are accustomed to think in a general way of the spirit world, and are comforted and inspired to know that you have guides and companions in spirit who help you through the difficulties of your mortal life. You do not, perhaps, realize that man\* lives within invisible worlds which, when explored, are of intense interest. Of these invisible worlds in which you now live and will live throughout eternity, we wish to speak. For a brief time, endeavour to become aware of a large company of spirit people. This little upper room is a focal point and you are met in order to hear this teaching, but there are many, many spirits here present and you may visualise this centre as a temple, a white temple filled with light and with the radiance of spirit, filled with the colours of truth.

*[\*For editorial policy around gender, see the introduction.]*

We would have you get this thought now, because your thoughts are of the utmost consequence, not only to your own spiritual unfoldment but to the evolution of all life. Many times you have heard of the importance of thought power. How necessary it is for spiritual development that you should learn to concentrate your thought. You will do well to cultivate the power of meditation and concentration, and even the projection of positive constructive thought. In your daily life thought plays an important part, not only in your physical well-being but in your work, whether of a material or of a spiritual nature. The mind which is all at sea, unable to concentrate and retain thought and to project constructive thought, is a poor mind.

One of the first steps on the path of spiritual unfoldment is the power to think rightly. Of a certainty as a man thinks so he becomes; so he becomes physically, so his character is developed, so his surroundings are created. These things are seen because they manifest on the physical plane of life, but it is not often recognised that there is another plane upon which man lives, to which his thoughts are continually contributing and are creating the conditions of an invisible yet individual world. This world is sometimes referred to as the soul-world. [It] is thought that the soul is that body which the spirit inhabits or works through or uses in order to contact the physical life through the physical body. A truer conception is to regard the soul as a temple being built in the heavens, or in the invisible world; the soul is the cumulative result of thoughts and actions enduring over many lives, the sum total of the thoughts and the experiences of many lives. Not only has the individual a soul, but a world has a soul. We will speak of the soul of this world later. At the moment we deal with the soul of the individual. The soul-body, then, results from the creations of the mind and the actions of the life spent on earth—of each life thus spent. When the physical body is finished, the

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soul lives apart from the physical plane, in varying states and conditions, sometimes sleeping, sometimes active. At all events the soul retains the memory of the past in every detail.

Have you thought how wonderful is the memory of the body and the brain, which brings forth into the mind living and vivid pictures of past episodes in your life? Notice that the memories most easily retained are of things which have had a profound effect upon your soul—they are more easily re-lived. When death takes place, sometimes just before, sometimes immediately after, mental pictures of the life which has passed flash up, as it were, as if the consciousness were a cinematograph screen. It is part of soul development for a man to review all the events of his past and consciously to register their effects upon his spirit. Such a registration creates an enduring memory, which Rosicrucian brethren call the seed atom, a memory carried over from life to life in the soul; thus there dwells within you (and within every man) this seed pocket, or purse of memory. Is it not useful to think of this pocket, or purse, full of the wealth of the past, tucked away inside you? True, in the average life it is not discovered, examined or opened, but it remains, carried over from life to life and added to by each life-episode. Sometimes in dreams that little purse is examined—and what is the result? You have most amazing dreams which are not the result of your conscious state in the present, but are visions which strike a chord of memory. If you have been interested in your past incarnations you will say, 'I wonder if I lived as that dream depicted.'

This is one of the invisible worlds in which the soul can live. The past, the present and the future are all one, although we can never expect any one of you mortals to understand, because you are limited by time, but when you function on the spiritual plane there is no time and no space limitation, and these invisible worlds are open.

This is a vast subject, because all impressions and the thoughts which have ever passed through the mental body are registered in the soul, in this wonderful 'temple' which you are constructing in the heavens. Biblical symbolism refers to this as 'Solomon's Temple' and it is also the 'temple' of the masons\*, the 'temple' of all esoteric brotherhoods. When it is realised by the individual that all his thoughts and experiences go to create this temple, then the material which is yours should be so moulded to create something worthy and not shameful. Do not think that even your thoughts are secret, for that which is thought (and prayed) in secret shall be shouted from the housetops. Because people cannot read your thoughts, do not think that they pass and are forgotten and buried. That is foolish; the time will come when you yourself will see your thoughts as living pictures; as scenes and as life itself. You have seen films which have inspired you and made you thankful to be a man, and inspired you to go forth into the world and accomplish something noble and great. Remember then that this is what the soul experiences at some time, somewhere, for you will see yourself and it will be like looking upon a picture.

*[\*White Eagle generally refers to masonry as a form of universal truth or teaching, with no specific reference to the freemasonry of today.]*

These experiences are impressed upon the etheric world which will be revealed, as well as upon our etheric or soul body. Thus each person creates his own invisible world, but more

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than this he contributes to the soul of the world, makes his particular impression upon the soul body of this earth planet. Every event in history from a vast dim past to this present day, is impressed upon the ether. These records are known as the akashic records—the etheric records of the life of man upon this planet. These etheric records are within your reach. Think of it: you have great libraries on earth which are said to contain the material records of all known events and known races of man and their habits of life and their religions—all these records you have—but they are merely earthly records and incomplete indeed compared with the wonders of the etheric or akashic records.

As soon as you function on the spirit plane, whether you are still 'alive' on earth, or live in the spirit world, you can, when you have earned the privilege, when you have grown in understanding, find instantly any record you wish of past lives, past histories of peoples and their religions, all the records of every book written, of every picture painted, of all music, however grand, however simple. Not only the works of the great masters are available, but all works into which the soul of man has been woven. All records of ancient races, their ceremonies, achievements and ritual, of great cataclysms—why, I cannot begin to give you a list of all the wonders of this invisible world, this great akashic record—exist through the ages.

What we say is not fantasy; it can be and has been proved, in this way: records are continually coming to light; material records of lost continents and religions, of lost races, and travellers and archaeologists are unearthing treasure buried in the earth for thousands of years. The relics discovered confirm the reading of these akashic records by occultists. The world is full of amazing and interesting things, but the invisible worlds beyond the earth plane contact treasures of great price. You can so control your mental body, your thoughts, that your mind becomes pure, untrammelled, not choked with a lot of useless rubbish; when the mind can function thus on this pure plane of thought it is like looking into a looking glass, and will reflect the akashic records. Perhaps you have read that at a certain point in the ceremonies of initiation the candidate is taken before a shining mirror, as in the Mayan civilisation in initiations into the sun worship, and again in the Temples of Egypt, as also found in India and in Tibet and China. In all of these one of the inner mysteries was the preparedness of the candidate to come before this mirror of life and see truth. This was symbolical of the cleansing of the mental body, so that the mind became as a clear mirror, and could reflect truth and reality.

Beloved, we would guide and inspire you to make what effort you can here and now to form a habit of right thinking, of constructive, of kindly thinking, of helpful thinking, of God-thinking. We give you this thought today, as indicative of the way you must travel to enjoy the gifts of the soul and spirit which are within you.

Q.Many have brought through messages supposed to be culled from the akashic records, and some seem to be strong and pure and powerful, and others lose power. I suppose the purity of the message is dependent upon the seer.

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A. There can be faulty reception, much as a wireless receiver can transmit distorted sounds, but it is well to be wise and kindly in listening to, or reading, the records of another individual. Do not be hasty in your criticism, because I assure you that the master-mind sees good in everything and is able to distinguish truth, even if it is a little blurred and distorted.

*[A question was then asked about dreams. In the course of the reply, White Eagle said:]*

I beg you to endeavour to think constructive thoughts, even about the world conditions. When you find yourself thinking and saying, 'O, this is going on for a long, long time, and things will get worse and worse!', pull yourself up sharply and say instead, 'The end is near; this will soon be past and will fade away, except for the lessons impressed upon the souls of men'. By doing this constantly and with strength of will, you can help humanity to an extent you do not dream of. Remember that actions are preceded by thoughts, and if thoughts were right actions would soon be right. If thoughts had been right for a long time past this present chaotic state would not exist. If you will at this very moment and henceforth, hold constructive thoughts and say, 'The light is all round this island, the light is pouring over the whole earth; the second coming of the Master is at hand, over humanity is a great cross of light'; if you can see and know this with all the strength of your will, then you will be working with the Lord to bring about those very conditions; you will be helping them to manifest on earth. And not only will you help these things to manifest through your own effort, but you will inspire the right thought in all the people that you meet as you go along the busy streets. Instead of sending out gloom and depression and materialism, send out light, and spiritual-ism [*sic*]. For I tell you that the aura of man is very ready to absorb the thoughts which are discouraged and depressed, and it is just as accessible to thoughts which are constructive and good. Do you work? You do not wear khaki or blue perhaps, but you can wear the white uniform of a soldier in the white\* army, working to bring about the brotherhood of light. God bless you, every one.

*[\*Refers to spiritual light, not colour.]*

## Benediction

Father-Mother God, our hearts are drawn towards Thee. We would feel the peace of eternity in Thy Life; and unto Thee be all glory and praise and thanksgiving for our creation; our preservation, and all the joys of life.  
Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Afterlife, far memory, akasha*