

The Simple Teaching of All Time

A402 Sunday Address 5th May 1968 St Mary Abbots Place, London Sunday service

Text: MB typescript, a good black carbon. The opening is unusually abrupt, and there might be a sentence missing, but MB is normally accurate and it is best to assume that there was a silence before White Eagle spoke. Maybe that is what he wanted, for people to find their own silence before he began. In the checking copy, though not the typist's copy, page 9 is missing, which means that from the end of the paragraph '...in privacy, in brotherhood' through to the words '...are giving out. And this is the law.' have not been checked since typed for inclusion here. Other typed versions have been consulted and a few of the typist's uncertainties silently clarified.

Context: a first-Sunday-of-the-month service in the period between Easter and Whitsun, with an unusually lengthy address. We learn from the typescript that Brother Faithful announced hymn no. 701, 'Ye holy angels bright' and then Minesta gave an invocation, recorded elsewhere. The reading was then Aquarian Gospel 95 : 1-32. This is the Aquarian Gospel's record of the first part of the Sermon on the Mount, including the Beatitudes – with, unlike Matthew's Gospel, a matching set of 'Woes'. The next hymn was 'Gracious Spirit, Holy Ghost' (no. 507) and it was followed by the prayers. Next came an anthem, 'God is a Spirit', by William Sterndale Bennett, taking its words from John 4 : 24. At the end, after Brother Faithful's word, came hymn no. 186, 'Father most holy, merciful and tender', which was followed by Minesta's benediction (recorded elsewhere) and, as a vesper, what appears to be the familiar 'Hail, gladdening light' although if so MB has slightly muddled its opening line. As so often, it was 'beautifully rendered', says MB.

General notes: White Eagle opens with a very strong affirmation of the possibility human beings are offered to make a contact with, even to explore, the world of spirit while still on the physical plane. Then there are references to the Sermon on the Mount, with a sudden shift of focus to 'the mount of spiritual vision'. This is not a *non sequitur*; White Eagle wishes to explain the significance of the word 'mount', or at least to explain how the Gospels refer symbolically to a raising of consciousness. He has interesting comments to make on injunctions such as 'to turn the other cheek', which he insists is absolutely the only way forward when we are hurt by others. He speaks of this as the teaching of the brotherhood throughout time, and in mentioning the Rosicrucians, the Essenes and the Albigenses he seems to be implying that their traditions are timeless. There is then teaching on tolerance, and on how to recognise truth, followed by a very interesting section about the need to be well on the road to mastery if we are going to recognised one who is a Master. We then return to the Beatitudes. Finally, as the address nears conclusion, White Eagle speaks of our desire to contact loved ones in spirit and how much a loving heart is preferable to an active mind in achieving this. Our feeling nature is a better tool than our intellect. He speaks of a spirit form of the chapel being present within the physical form, and of the brotherhood who meet there, and how real this all is. As a digression he mentions regret that heart transplants have begun to take place on earth. After a communion, he refers to making the brotherhood sign – that is, the cross within the circle – which he regularly created by drawing in the air with his fingers joined in the brotherhood salute.

References: the reference to 'the Temple of the Most High' is presumably to Solomon's Temple, for what see especially 1 Kings 8 : 1-9 and 2 Chronicles 5 : 2-10. For 'Narrow is the way', see Matthew 7 : 13-14. Most unusually, in a reference to the Beatitudes, White Eagle comments on what he refers to as 'the Authorised Revised Version' (i.e. the Revised Standard Version) and the difference between it and the Aquarian Gospel. His third Beatitude is his own words entirely. For 'Turn the other cheek' see Matthew 5 : 39. When White Eagle speaks of having stated something 'on a record which has gone out into the world' he might mean published teaching in books, but it's likely he means on one of the gramophone records issued with his voice. The later set of these were Sunday addresses like the present one, but there was an original one called 'From the Land of Light' (CS1001) which was recorded specially. There's a reference to stories of holy men mistaken for beggars, but, as White Eagle says, such stories are legion. He then cites Matthew 5 : 5 and 5 : 4, the Beatitudes about the meek and those who mourn, in that order. The reference to Mary Magdalene seeking the body of

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Jesus after the Crucifixion is to John 20 : 13-16. For 'loving thy neighbour' and 'Love one another' see Mark 12 : 31 and John 13 : 34 respectively. White Eagle speaks of seeing 'the symbol of love' waiting on the altar at the start of the service. Does he mean a rose? It is not entirely clear.

Historical note: the first known heart transplant was performed by Christiaan Barnard at the Groote Schuur Hospital in Cape Town, South Africa, on 3 December 1967.

White Eagle's Address:

In the silence you will become aware of spirit, as you go inward you will become aware of the gentle spirit, the spirit which is your life, *your life*, man's life; and the Source of all man's wisdom and love, and holiness and healthfulness.

Now, we open our talk in this way, and with these words tonight, because we want to take you away from the physical world. We want to take you to the place of refreshment. This is the aspiration of all true brethren and all the ancient brethren. And there are those of later centuries who built with precision the temple to the Most High – you would call these builders Master Masons. But, we want to take you, my brethren, right into the very heart of spirit life.

You are all weary of the physical plane, and you may sometimes feel that you want to escape from the physical plane, and you can only do this through the change you call death. But we come back to you from the world of spirit to help you to understand how you can rise above the earth plane, and all the confusions and sorrows and sickness and war, all the conflict of earth, away to a spiritual home, the home from which you have come, and to which you will surely return in due course. And your journey from this world into the world of spirit may be easy, harmonious and happy, or it can be very hard, with conflict in your mind, conflict in your body, weariness of the soul and great sorrow.

Now, these are the two paths of life. Now, we are not the only one to tell you this. You have only to read the simple words of our great Brother and the Master, Jesus. Now, you will read in his gospel, 'Narrow is the Way which leads to that spirit life, that spiritual glory and happiness. Broad is the way which leads to destruction'.

Now in your modern Age it is sometimes the way of the ignorant to laugh at those wise sayings of the Master Jesus. Nevertheless, He came to the earth plane to bring to his brethren the wisdom and truth from His Heavenly Father–Mother God.

Now, we have been listening to the words interpreted in a slightly different way from the usual reading. In the authorised revised version of your Christian Bible the words used there are, 'Blessed are the meek; blessed are they who mourn'. 'Blessed are they who seek the ways of the spirit', and so on it goes all through the Sermon on the Mount. When Jesus rose in consciousness and raised with Him all His disciples they sat upon the mount of spiritual vision and illumination.

Now, this can take place today with you, dear brethren. You can be raised in spiritual consciousness, and you can listen to the wisdom of the great Master Jesus, through whom came the words of wisdom and love. It seems to be rather out of place in your world today to

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follow the teachings of the Master of Love, we think. We have noticed expressions being used in print on your earth (because remember that in spirit we are able to read what is printed on the physical level of life), and in the Master's ashram are all the records of what is printed and circulated on your earth. So you must not think that we are entirely ignorant of what is going on, because in our Councils we are very well informed of the state of the human mind and human progress. And we know that there are people who say that it was all very well for Jesus and other Teachers to say, 'turn the other cheek' when you are hurt, 'but it is ridiculous in the world today, because if you don't stand up for yourself you will never get anywhere'. No, we will tell you exactly where you will get if you pursue the policy, dear ones, of retaliation. There is only one end and for the man or woman who retaliates, and this end is more sorrow, more suffering, and a harder journey back to the level of the heavenly life.

Now, this is true, and we are not – we are giving you the truth as it was given out centuries ago, many, many ages past by those in the early Brotherhood, early Brethren, the early Brotherhood. Now, people will ask you, as they ask me, 'What is the Brotherhood?' 'What do we mean by the White Brotherhood?' 'Who were the Rosicrucians?' 'Who were the Essenes?' 'Who were the Albigenses?' 'They are merely words to us, and we don't understand who they were. And when you refer to them it means nothing to us.' From the beginning of man's intelligent life in the physical body there has always been the Brotherhood of the Great White Light – those holy, wise men, who came from afar to this earth planet to establish in the mind of humanity the truth about the way of life. And what we can tell you from the spirit level of life is but the Ancient Wisdom, which comes from the one true source of life and intelligence. It comes from Divine Intelligence.

Man on earth follows the way of his own attraction, his own liking. And there are so many, many different sects of religious belief. We cannot possibly enumerate them. There are hundreds in your own country, different groups of people who think that they have the whole truth, and no-one who does not follow their way can ever find truth. So, the very first thing for man to learn, for all of you, is to learn tolerance, remembering that according to a man's evolution, or his karma, he is directed by his guardian angel or spirit guide to a certain group or school of thought. We have no quarrel with this – we do not – there is no question of our dissenting from this truth. We know, and you must all know, the truth; for it comes from God into your own heart. But how can you be sure that what you believe is the truth for you? It does not come through your intellect or your mind. It comes through your spirit, and your spirit works through your intuition. It works through your feeling.

Now, in order to be sure that you are feeling truth you must become true yourself. Now, this sounds very simple, but this is the way to find truth. We have already told you this on a record which has gone out into the world. This is the very core and centre of all wisdom; truth in man's own heart, but you must be sure that it is not the arrogant mind which has claimed to know truth. Now, truth can only come to man when he has absorbed the teachings of the ancient brotherhood, the teaching which was established in the beginning in every group of the White Brotherhood on earth.

Now, there are many White Brothers on earth. And there have been these pure souls through centuries of time. But a man in the physical body must be prepared to recognise a White

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Brother. Many, many dear people do so much want to contact the One they call a Master. They will go to any lengths, any journey anywhere if they think they are going to see a master. You will never see a master, my friends, until you have achieved a certain degree of love. Love for God, for man, for the animal kingdom, for nature, for life.

Now, when man achieves that state of consciousness where he spontaneously gives love – in life, to life everywhere, to all contacts – when he can think love and act love and be love himself, then he will have his vision opened and he will recognise the Master: the Master Mason, if you like, or the Master of Love, the Master of Wisdom. He will recognise him anywhere, maybe in a crowd, maybe in a humble simple soul working hard for its living. Now, don't make any mistake, my children, and think that a master must necessarily be physically or materially a very exalted personality. A master, as we have already said, may be very humble, and very kind and good and helpful to his comrades and his companions, remember this. How many stories have been written about the disguise of the holy man who has been mistaken for a beggar? Well, that is just a symbol, just an illustration of the truth we are endeavouring to uncover for you now.

'Blessed are the meek, for they shall inherit the Kingdom of Heaven. Blessed are they who mourn, for they shall be comforted.' What does this mean? A man who mourns is sorrowful, maybe regretful; this is what happens, regretful possibly of his own inadequacy and his own failure. When man recognises this he is comforted when he mourns. He becomes very humble. He kneels before his Creator, his God, because his heart is sorrowful. And God blesses him and fills his heart with light and happiness and comfort. This is why Jesus blessed those who mourned. Remember the illustration of this very precept when the woman sought her master at the sepulchre. The Master came to her and said: 'Whom seekest thou?', and she said: 'They have taken away my Lord, and I know not where he is.' Now, this is what happens to you and to all the people who appear to be robbed of their loved one by death. And they stand at the grave of the loved one and they say, 'Oh where, oh where is my dear one?' And the Master appeared to the sorrowing woman and he said, 'Do you not recognise me, Mary?' And when she saw Him she was filled with light and joy. Oh, she was so happy! She mourned, and she was comforted by the presence of her blessed Master. Now, this is for you, for everyone who mourns. And truly the one who mourns is blessed, when there is love in the heart, and the one is ready to listen to the voice of the Master, of the Son of God, to the truth. We are not speaking of the Master Jesus when we speak of the Son, we are speaking of the Third Aspect of the Trinity, the Love Aspect that comes into the heart to comfort those who mourn. It comes into the heart to comfort those who are persecuted and who suffer injustice.

Now, as soon as man is prepared to accept the law of God, which is love; as soon as man is prepared to accept that God is justice and mercy and love, He will put right all those things which have gone wrong on the earth plane. But first man must love God, and love his fellow man, never retaliate – although the lower self wants to hit back so hard. And this is where the whole world goes wrong, because it wants to fight for its rights. If only man could understand that by becoming right in himself he is bringing into operation a Divine Law; and all things will gradually come right.

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Now, it has never been practised in your world in what we may call modern days. And as time goes on it seems so difficult for man to put into practice this precept of love – loving the neighbour – *love one another*. But you see this my friends was the wisdom and the knowledge which all the Brotherhood of all time received, because they had love in their hearts. And they met together in brotherhood, not in privacy, in brotherhood.

Now, this does not mean that man remains static and makes no progress. It means that man receives the power and the wisdom and knowledge which is in all the universe – it is there. Man has to attune himself to this true Source, [and then] God feeds him. God – Mother God – feeds all the creatures on earth. Man does not grow his food alone. He can do all things that are necessary in preparing the soil, but even so there is an added power which is needed. The seeds could die, shrivel up, without the blessing of the activity of this Almighty Presence, this Power.

Now the ancients, you see, were simple people, but they knew; because they were simple people, they knew in their hearts that there in the Cosmos was the *light* which was *love*. And it manifested in their hearts as love. And the whole earth blossomed because the light of love was poured upon it. And, of course, it still blossoms in spite of man's error.

Now we are not going to keep you too long, or weary you tonight. But when we came into the physical environment to speak to you we were so happy to see the very symbol of love upon the table of communion – the communion table, or the altar, as you call it – the symbol of love. This, my dear friends, is what the brotherhood in spirit brings to you now; and will continually bring to you if you will attune yourself to it. Like attracts like. If you love, if you are striving to love your fellow beings and to be tolerant and quiet and gentle, you attracting exactly the same vibrations as you are giving out. And this is the law. This is what all brothers understand.

Now, if you want to get into contact with a loved one, now you will find that there are some people who receive what your Spiritualist friends call remarkable evidence. And this evidence, I do assure you, comes only on the vibration of pure love – not from the analysis which the mind is seeing – that evidence comes so easily on that vibration of love. This is why it is difficult for earthly people to receive as they think they should receive absolute evidence if there is a spirit life. They must understand that all these manifestations are subject to law. Divine law rules the whole of life; and the Divine Spirit says, 'Love one another'. Do not be suspicious, do not suspect the one who is keen to help you, the one who may be a telephone between the earth plane and the spirit spheres. That one is most often true and loving and compassionate wanting to comfort and help the mourner. And if the attitude of mind of the one who was seeking conviction was one of tolerance and kindness and love there would be manifold evidence of the world of spirit. My dear, dear ones, it is all round you now. When we say that the spirit world interpenetrates the physical world, it is so difficult for you to understand, because your physical mind is limited by time and the idea of space. But if – we doubt if you can realise it – but you see, sitting here you think you are in a physical building, but within this building there is a finer form of life, a finer ether, which is taking form, and those in the spirit world are clothed in a higher matter, ether – shall we call it ether? – a finer ether. They are here by your side. And the temple of the Brotherhood is here. You are in it. If you close your eyes and believe what we tell you from the spirit world

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and try to imagine the group, the company, the people who are here with you, you would see them. You would see them in shining garments with happiness on their faces. We are talking about those dear ones who have passed through, perhaps, the second death into that higher world, but also there are those who have recently passed from the physical plane, and they are very very close to you.

Now, the main thing is for man – for you – to attune your heart, your soul to them by the purity of your thoughts, the simplicity of your thoughts, together with the wisdom, the heavenly wisdom, which will make it very clear to you that you are contacting the true life of the spirit.

And let us start now to contact that life by feeling, *feeling*. Feeling: you must use the heart centre to feel. It is one reason why we think it is sad and a pity that hearts are being transplanted from one body to another. In time it will be learnt the confusion that is being corrupted in the spirit life, in the spirit of man, in man's happiness, harmony and beauty. But doctors have yet to have that proved to them. And it will be proved, my friends, in due time. When man has had sufficient suffering to open his heart and his spirit to truth he will know that that is not the way to prolong a man's life. The way to prolong a man's life is the way the ancient brotherhood taught. It is the way of purity of life, goodness of life, living harmoniously. Rejecting those forms of life which are unhealthy, unholy, ungodly, following a life of pure living, pure simple food, the grains and the fruits of the earth, the beautiful fresh air. Welcome the water, the rain falling, the blessing which the rain brings, although it may from earthly point of view be inconvenient. Ignore that! Oh, thank God for water, pure water. Thank God for the winds and the sun and the air. Breathe in that glorious pure air, fill your lungs and your whole being and rest wisely and relax, and live according to the ancient brotherhood law. Then there would be no need for organs of the body to be transplanted. That is against natural and divine law, a man or woman being held in a body which is diseased is not God's way.

You see, my dear friends, God knows when the physical life is finished. To prolong it by artificial means can bring – indeed we will go so far as to say will bring undue and unnecessary suffering in some form, emotionally, mentally or physically. No, my children, the ways of God are the ways of love, harmony, beauty, and so our brothers of ancient days always learnt. The initiates of those days received from heaven the true law of life for man on earth.

He who is the embodiment of love, the Cosmic Christ, the Great White Light, the *light* and the *love* takes embodiment when He comes close to his younger brethren on earth. Let us now attune ourselves, brethren, to His Presence, His Power. And so His blessing flows from His Heart to you. It is flowing – a great stream of pure sunlight into your being, your soul, for He is Love. Love is the Master and the Lord.

Now this service is filled with power, spiritual power. And the companions of your spirit embrace you. They are at one with your spirit. Pray that you may have courage to meet what has to be met, and faith in the divine love and wisdom to guide your footsteps out of the darkness and trouble of materiality into the Elysian Fields and the eternal garden of spirit, where all is peace and joy, all is happiness.

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Now leave all confusion, all fear. Raise, my friends, your heart into the world of spirit, and immediately all is well. And as you rise above the earth so you will receive into your earthly life a spiritual life. Nothing will bother you, you will know that God is good. And to the man who loves God, everything works together for his good.

We love you, brethren. We love you all, whoever you are friend or stranger within the gate, and our own dear brothers, we love you all. We bless you with love. We encourage you. Go forth on your path and all will be well. We seal you with the Brotherhood sign.

We thank our Heavenly Father.

Amen.

Brother Faithful:

I think the keynote of White Eagle's address tonight was given to us in the Invocation, and perhaps in our second hymn. And the keynote was love, tender, enduring, forgiving and merciful. Love, not some pretty something up in the skies, the very keynote of life itself, the one thing which makes life endurable, liveable, bearable: tender, gentle, forgiving love. And that is the keynote of each of our lives if we realised it.

And therefore White Eagle was speaking to each of us with such great tenderness, earnestness and love. Let us not forget.

So, we come to our last hymn, no. 186.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

spiritual unfoldment, spiritual development, light within, spiritual contact, psychic studies, inner truth, inner light, spiritual path, enlightenment, initiation, cause and effect, health, eternal life, ancient brotherhoods, ancient faiths, holy men, gurus, sages, guides