

The Perfect Jewel

T190 The Inner Teachings 1st February 1949 St Mary Abbots Place, London

Invocation:

Great White Spirit, Source of our being, Father-Mother God, we worship Thee. We humbly pray for Thy blessing that we may glorify Thee on earth, and we pray that Thy will may be done on earth as it is being done in heaven. In Thy name of Love, Wisdom and Power we call to our brethren in the Great White Temple of light to direct their rays upon this little gathering and to join us in brotherhood.

Amen.

Beloved earth brethren, we desire to bring truth, and to reveal to your waiting hearts the beauty of the spirit and the spirit worlds, and to reveal a path upon which you may journey towards the goal of realisation, manifestation and demonstration of the glory of your Father-Mother God. You will remember that our dear Lord and Master Jesus continually spoke of this fundamental truth when saying, 'I and my Father are one'.* For he had attained conscious union with his Father.

*[*Matthew 10 : 30]*

You are accustomed to the beauty of nature, and so apt to take it for granted. Sometimes your attention may be arrested by a flower or a sunset, landscape or seascape or even by the glory of the sky at night filled with a myriad stars. Then you may say, 'O the beauty is breathtaking!' Afterwards you may stop to ponder on the wonders of nature. You may look at a rose—a perfect specimen—and may think of its form, colouring and perfume. You will say, 'It is indeed heavenly!' little realising the truth of your words; for a flower perfectly developed is indeed heavenly inasmuch as it is manifesting the life of God, the life of heaven. Look anywhere you like in nature, and if you ponder and meditate upon what you see you will call the demonstration a miracle. Plant your bulbs in the earth and each year you will be rewarded by a miracle—the growth of a flower. It is mystery. Because they cannot understand, the earthly-minded come to regard these happenings as commonplace and put them down to the operation of some process of nature, some natural happening, and accept it as very ordinary. Nevertheless it is extraordinary. Thus, in the early stages of spiritual development it is helpful and wise to ponder on the miracle of the growth of a plant, the unfolding of a flower. There is also another miracle in the withdrawal of the life from physical or material form. Both aspects need to be considered and meditated upon.

Now we would speak to you of something even more wondrous than the miracle of the flower, or of any miracle of nature. We would direct your thoughts to the miracle of the spiritual nature, the spiritual unfoldment in man. Would that we could find words with which to describe the glory of the form of the master soul. We can give you perhaps an inkling of that glory by describing the form as appearing like a jewel. Now, think of a jewel casket; then open your casket, and lying upon a soft cushion see a golden jewel flashing like fire, dazzlingly beautiful. Rays from this jewel go in all directions, high and broad and deep. Conceive in your mind's eye this most perfect flashing jewel. From this try to get some idea of the glory of a master soul. Keep this ideal ever before you, remembering that you, in spite of your limitations and failures, are created to become that glorious jewel—some day. For as

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the bulb grows in the dark soil and eventually raises its head to the sunlight—a beautiful flower—so every human soul contains within its being potential qualities of becoming a master soul, a perfect jewel.

This truth has always been taught from the beginning of life. Life does not begin with this earth planet (of course not!), but we have to confine ourselves to life upon earth. From the beginning of time teachers came to teach the incarnated souls of man the way to grow to perfection. The ideal of the Godhead is thus planted within every human soul, every newborn babe. By the latter term we mean the divine spark, which is breathed forth from the heart of God to journey down into the depths of matter to be clothed, to be given the soil in which to grow. Such teachers came from other planets, not of our earth system, but invisible worlds on which dwell the most advanced beings of spiritual life or angels.

These beings came to this earth in the very beginning of human life upon it and taught the people the method of soul-building. Their school was called the Mystery School, or sometimes the School of Freemasonry—which means that the pupils in that school were instructed how to use the building material of the soul which God had implanted within them. Life's experience, the contact with physical matter is important, is necessary for the soul, because through such contact with the difficulties of physical life does the spirit, the divine spark, teach the soul how to build a perfect temple. This is the ancient wisdom, the fundamental teaching, but there are as many different facets as with the perfect jewel. There are many facets of spiritual science into which physical science is welded, but the truth of the interpenetration of spiritual science with physical science waits to be discovered. Nevertheless present-day physicists are on the verge of discovering the insolubility* [*sic*] of matter, on the verge of discovering the value and the reality of light.

*[*Although this is the word used originally, it is thought that he may have meant 'insolidity' or 'insubstantiality' or something with a similar implication.]*

In your youth you are presented with a form of education. You go first to the kindergarten and then pass into the preparatory, from the preparatory into college and into the university where you graduate. That is the normal process. When there are degrees to be taken the student works hard to acquire knowledge and to develop mental powers. When, however, it comes to this greater, this spiritual development, this development of the soul within man until it becomes a flashing, radiant jewel, everything is too much trouble, too nebulous. It is not quite so nebulous as you think, because that which you think to be invisible—that is the soul—is making itself visible. It is shaping matter. Does it not mould physical form? Does it not mould the face? Does it not mould the surroundings in which the soul is living? Yes. So you see the soul is more tangible than it seems. Look around and you will see the manifestation of souls which are either undeveloped or developed. You will see truth, beauty and nobility on the one hand, disease and death on the other. These [states] come about by reason of the manifestation of the soul in matter. Nevertheless because you are accustomed to thinking of the soul as unreal you push it on one side and live an ordinary life. You try to be practical, so as to deal with the affairs of life. What the teachers from the higher spheres want to help you to realise is that when you develop your soul and work to bring through into

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physical manifestation this light, this power which is your true self, you are going to create a beautiful body, beautiful surroundings, to create heaven on earth. God has given you the material. You are master builders. Your work is to build this heaven.

We are always talking to you about light, yet doubt if we have succeeded in making clear what we mean. We have told you that when we speak of light we mean God. God is love. Light is love. Love is an ideal. Understand then that through your mind and emotions of every day you can utilise the substance called light. You are already utilising it, taking it and moulding it in your bodies. How can you become more conscious of your work with the light? We stress again the truth that you are masons, you are builders, and your building material is soul-substance and light. This light can be released in you.

All creation is light. Every form of matter is light; and all life is vibration, and according to the vibration the light goes into or takes form. How are you to commence working as a builder? Many are already doing it unconsciously. That is the trouble. Consciousness of the truth of what you are doing has to be brought through. People think it sufficient to live an ordinary good life. They feel, they suffer, they have disease. It seems almost as though every soul is heir to disease and death. The ordinary life, the good life, the normal clean life is not enough, although it goes a certain way along the path. What must happen is this awakening to the truth that God is light, and that you are light, and that you have been given working tools with which to build your temple. These working tools are your body, your emotions, your thoughts—physical, mental, astral. You must use these tools if you want to build, so that in due course when you have graduated you will appear as perfect as that jewel which we have endeavoured to describe as the master soul.

This is not just some pretty picture. Feel within your heart the truth of what we are telling you. In your meditations conceive this ideal of the flashing golden jewel. Within that jewel is to be seen the perfect form of man. This perfect form is the perfected Son of God. That Son is you. That Son is your ideal.

To work with the light you need to withdraw your consciousness, your thoughts and emotions from the outer world, to turn to the inner world, the home of spirit. In this world of stillness, which is the centre and source of all outward form and life, you will strike the one tremendous Note which we will call the Word of God. In the beginning was the Word and the Word was with God. Light! The Word was God. Turn within. In the silence the Word is heard, and that Word is the First Cause of life. This is what the aspirants seek. They withdraw from the world. They go into the snow-clad peaks to meditate and to hear the Word. The nearest to that Word that man can comprehend is the hum of life, which is interpreted as OM..... Feel that vibration of life stirring within you. Feel that the seed atom of God is within your heart. Then as you say that Word physically, mentally, emotionally you are releasing the life and the light within.

You must make certain preparations before you can proceed as master builders. You must learn to control your thoughts, to purify, to order your thoughts. You must control desires and emotions and create in your higher nature an ideal. You proceed from the physical through

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the astral and the mental into the sphere of ideation—go right through the lower planes to the point of ideation. You receive your ideal, your mission, and you can descend again through the planes back to the earth. Spiritual development through meditation can be likened to a graph—up and down, up and down. You start from the bottom and go to the heights; you start from the heights and go to the bottom. You get the pulsation, the vibration, all the time.

To bring you down again to everyday things, one thing we beseech you not to do, and that is to give up hope because you think you are so futile, so unworthy, or some rubbish of that kind. Do not be cowards! Know yourself as you are. Know your failings and your weaknesses, but have courage, for every effort that you put forth is a spark of light. It does not matter if you think you have failed, because you cannot judge. Failure in your eyes is often achievement from the spiritual standard. Set yourself out to be a good scholar and pupil. If you have what you call failure, do not despair and say, 'I am not there yet'. The very fact that you are trying shows you are there. If not, you would not be trying.

The fact that you can create an ideal and longing shows that you are ready. When you are on this path remember the graph goes up and down. The soul is bound to be carried up to the heights and bound to descend again. At times you will feel full of spiritual ecstasy and do anything. There will be times when you feel hopeless. Never, never mind. Hold on with a loving heart to your ideal and to your Father-Mother God, the Parents who are watching over you, who understand their child because they have given you birth. Keep on persevering with your everyday life and with your set lessons, thereby bringing this light within into conscious operation, so that the very cells of your body become finer. This is what is happening in the world. Spirit, God, is continually moulding, purifying, raising the world vibrations. Physical substance is the densest substance, the raw material that has to be moulded by the master builders. All humanity is being raised. You are being raised by those above you, and in turn are raising those beneath you. Thus we come into the realm of brotherhood, which is the most beautiful gift that God has conceived for His children.

Earth people know nothing of brotherhood as yet. They are striving towards it. Eye hath not seen nor ear heard the glories which God has prepared for His children in heaven. So, my children, keep on. Be confident. Be sympathetic to those who appear to be in darkness. Be neither condescending nor critical but only loving. Think of them as your children and love them.

The Elder Brethren are in our midst. May your inner eyes behold them. Remember they have bodies of pure light vibrating at a very high rate. That is why they are outside the physical sight but they are with you in spirit. They promise you their help as you aspire, and as you have confidence in their help so you will receive it. Never put them from you. They are not remote. They are wholly understanding of you and your needs. They are only too happy to help with your work. Remember, beloved ones, what we have told you of the inner power, of the God within which, if you call upon it and endeavour to stand on one side with your lower mind, will take possession and work through you. Thus you will be building, creating that perfect jewel, the temple of your soul. They wish to give to you all their love, their blessing.

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Benediction:

And now from our Elder Brethren we rise to the highest, to our Lord and Master Christ and the Father-Mother God, the holy and blessed Trinity, the Source of our being. We worship, we worship, we glorify Thee, and Thy blessing is upon Thy children. We thank Thee for the glory of the spiritual life, for the happiness and the beauty which all Thy gifts bring to Thy children in all the worlds in which they are placed. Thy peace broods over us.

Amen. Amen. Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

AUM, soul growth, learning, mantram, mantra, mistakes, mastery

