

Lessons to be Learned

T252 The Inner Teachings 29th October 1957 St Mary Abbot's Place, London

Invocation:

May all thoughts be raised above the earthly level into higher spheres of life. We are in the company of a shining gathering of beings from the world of light. With them we raise our aspirations to the Most High, to the Source of all life, and pray that our souls may be purified from all entanglements which confuse and bring sorrow to the human heart. Let us pray for purity, humility and love. May the presence of the Lord Christ fill our souls with joy and peace.

Amen.

We thank God that He has enabled us to speak to you from the spirit—not to your mind only but to your spirit. May there be a true and perfect communion on this level. We come because we love you; we love all humanity. We have no other purpose. We were once asked why we come back to earth and our answer is, because it is our special work; we have been given the mission to communicate spiritual truths to our earthly brethren, whom we love. We come to bring healing, not merely to the body but to the mind and soul. We see so much suffering on earth, and the love which our heavenly Father has given us causes us to long to assuage that suffering. This can only be done by helping our earthly brethren to understand the reason for their suffering, and what suffering can do for them if they accept and use the experience in the right way.

When we come down through the mists of the astral into the greater mists of the earth, we feel and see the suffering caused through fear, and we see that the basis of most suffering is fear. We see the human mind filled with fear of the unknown, fear of the future. Surely you know by now that whatever tangle you find yourselves in, whatever emotional strain is yours, it will not last forever? It is a passing phase which comes to you as a lesson. All of you here have to learn, to gain knowledge, and it is the actual experience of living with your fellow man* which enables you to gain wisdom.

*[*For editorial policy around gender, see the introduction.]*

It is true also that wisdom comes from heaven as the result of your reaching upward to heaven, to higher planes of heavenly understanding, and wisdom says that bitter and painful experiences grow more painful if you allow them to disturb you emotionally and mentally. We all have to learn to lay them on one side, learn to forget everything except the love of the Son of God. This Son of God is pure light and love, who manifested through Jesus Christ. Against this there is always the downward pull of the lower mind and emotions, and all the physical vibrations, not only your own but those of other people in your environment.

It is difficult for us to talk to you thus but this is the only way, my children, to help you. We do not want to gloss over anything and excuse you or ourselves by stressing the difficulties that have to be confronted, the enemies which wait on the subtler planes of life to be overcome. We want to know truth, and we want to aspire and so attain a degree of control over our weaker selves.

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This control has to be applied both upon the lowest and upon the highest plane. A cosmic law which penetrates all planes of conscious life says that all man's nature must be brought into abeyance and controlled. This you are learning very slowly and painfully on the earth plane. Presently there will come a time of release, when you will dwell in a state of supreme bliss and happiness, a quiescent state. On this earthly plane, however, you are in the arena, battling with forces of which at present you have little knowledge. We do not wish to frighten you, and indeed there is nothing to fear, especially when you are attached to the centre, the perfect jewel, the Christ Heart.

We see in this gathering tonight many troubled hearts and confused thoughts, but this confusion will fall away if you make the effort to contact the Divine Heart. How do we do this? By simple prayer, faith, trust, and most of all by humility. He who is sincerely humble, who can prostrate himself before the blazing throne of love, will instantly be raised up into the light, and peace will possess him. He will then have touched the heart of the great Silence, and all is well.

Jesus demonstrated this truth on a number of occasions. Perhaps the most notable was when he commanded the waves to be still. All the emotions of your own troubled self will likewise become quieted when the Master takes possession of your heart. Let all your troubles fall away, because you see, God (through you and others) will handle them if you will only give him the chance. We are speaking of Jesus because it is the human love and understanding which humans need and God manifests in him. God manifests in human beings, and to the highest degree did so in Jesus the Christ. We told you in our last talk that God has already manifested in many Christed ones. Christ is the Solar Logos, or the Sun, and the heavenly light and life manifests through that Sun. Without the Sun even on the physical plane there would be no life.

And so, my children, remember that God will not fail you if you do not fail God. Surrender to his will and love and all fears will leave you and all knotty problems will be dissolved. God uses his children, so let God's will be done in your life. Look for the God manifestation in those who are brought into contact with you through your karma.

Some of you talk too lightly about karma, not understanding how it governs your life on the physical plane, and karma, although it may be a little unpleasant, is a wonderful friend. For it is through your karma, if you accept and use it wisely, that you learn your lessons, and so overcome the barriers which hold up your spiritual evolution and your spiritual freedom. You cannot become free until you have met your karma tranquilly, looking always to the Godhead for the wisdom to deal with the karmic condition. Therefore try and accept your karma, even that of the mental plane.

When we speak of karma on the mental plane, we mean that by your thoughts as well as actions you are creating your mental karma, which comes back to manifest in a very tangible form. A common fault of humanity is to tempt, even to break the spiritual law. Your Bible says: 'Thou shalt not tempt the Lord thy God.' If you put your hand too near a flame, unless you have the occult strength and knowledge to protect your hand, that flame will burn you

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and you will have a painful hand for a long time. Many people take risks like this deliberately, being foolish, so that their bodies presently develop diseases which cause pain and trouble not only to themselves but to others. Do not imagine that we lack sympathy for those who are ill. We immediately come to you with healing power, but it does not alter the fact that it was broken law which first caused the suffering.

Karma works very quickly sometimes. If you break a law or do something which is foolish or wrong, you will suffer for it. Of course, there are grave bodily conditions which are the result of actions in previous incarnations. There is sometimes a piling up of karma. When at last the soul turns to and desires the spiritual life because it has seen the truth and knows that light is all it wants, it is faced with its accumulated karma and all karmic debts have to be cleared away before it can make real progress. In other words, the garden has to be well weeded and cleansed, and prepared for the next planting. Flowers cannot grow in a garden ridden with weeds. But although karma can be unpleasant, it brings in its train both wisdom and joy, because in passing through the pain of karma you come out into the light and feel and experience intense joy at the vision of the light, and the emotion of heavenly love which wisdom brings.

So accept with love all that happens. Look for the lesson that has to be learnt in the experience. Look up to God daily, hourly, and be filled with the divine light and love. It pours like a golden ray into the heart and head centre, cleansing, healing, uplifting, steadying, giving you control. Of course we know that in your world you have to submit to the impingement of other people's vibrations and thoughts. These affect you more than you realise, particularly in a big city. But you are placed where you are because it is there that your karma has brought you, and also brought to you the opportunities of which we have been speaking. When through experience you have gained control of your emotions and your thought world, you are protected from thought forces of a lower level.

Another important lesson which all have to learn is the power of thought. You are living an outer life in a physical world. But side by side with this outer life there is an inner life. This inner life is a world of thought, and thought provokes action. Now, as a man thinks, so he becomes—he is creating his inner world. From that inner world come his speech and action. When you withdraw from your physical body at night and rise, perhaps only a little distance, from your physical body, you enter a world of thought. When the spirit finally leaves the body, it goes into what is described as an inner world which has been created by thought. Thought is the impetus, is the seed of action. So obviously, if you look for a heaven world that is beautiful and peaceful, you must strive to attain that world of beauty and peace within yourself, within your soul, in your thoughts, because this is the world that awaits you when you die.

Do not imagine that this inner world is not real. In certain aspects it is more real than this outward world. It is a very lovely world with wonderful opportunities but you have that sort of world with you now! At this very moment, my children, you have opportunities to purify your thoughts, to live in a world of beauty. Remember that thought creates form. Imagination is a creative power, and if the inner world, your soul world, is beautiful, if you have beautiful

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thoughts of God and God's creation, the creative power which is yours will take and mould the finer ether of the next world into beautiful form.

There was once a woman of high degree who when she died expected to have all her earthly grandeur renewed in the spirit world. When she asked the guide why she lacked the splendour and courtesy to which she had formerly been accustomed, and found herself very poor, he said to her: 'But Madam, you did not give us sufficient material to build you a beautiful home. Such houses can only be created out of the material which you yourself supply!'

Then there was the story of the poor cobbler who devoted much of his time to mending very poor children's boots and shoes. He worked conscientiously with love in his heart and mind, thinking of the little feet that needed protection. He put his very best work into all his boot mending. He was very poor but had a great love for and trust in God, and he came to pass over and he was met by a shining spirit and conducted to his home, which was not grand, but beautiful and simple, with lovely gardens and wonderful scenery. He knew that he had come to heaven. One day when he was sitting quietly in his home, the angel came to him again and said: 'Brother, are you ready for your work?' The old cobbler nodded 'Yes' but was very humble and diffident, but eventually this poor cobbler found that in his heavenly life he was an acknowledged leader. From humility he was exalted.

In the spirit life when the soul passes onward, everything depends on the thought life. If the thoughts are good, the speech and the actions will be good. In this way the soul creates beauty for itself and others to enjoy. Everything begins with thought, so it is essential that thoughts are pure, humble, and harmonious and that such thoughts are sent out to create harmony in life. Even down here, even if you are living in difficult conditions, if you can keep harmonious within yourself, you are creating harmony. These harmonious thoughts will spread and you will be surprised what can and, we believe, will be done on earth by the great Brotherhood of Life, by the infiltration of this spiritual light and brotherhood.

Many of you understand the purpose of the Brotherhood work here—which is the projection of God thought, good thought, harmonious thought. You will see that it will spread all over the world, and there will come a great change. Thoughts of war and destruction will fade away. Atomic power will presently be used constructively—that is, if humanity will cooperate with the invisible powers, think rightly, and so distribute the right thought. In this way the heat and burden and struggle of past ages will disappear and life will become light and harmonious, enabling the soul to develop its heavenly and Christ-like qualities more rapidly. We are only at the beginning of this new age of mental power; right thought is the most important thing of all for humanity to develop: right thought, good thought, God thought towards life itself, towards animals, towards all fellow beings.

Now, my children, let us take you for a brief visit to the Temple of Wisdom in the higher worlds. Close your eyes and be still; come into the Temple of pure white light. There upon the altar is a white lotus, and in the heart of the lotus is a pure white diamond... and in the heart of the diamond is a reflection of the Christ form.

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This is truth. This is your own reflection. Within you, in your own inner world, this Temple is built. The altar is your heart and the lotus flower with the jewel in its centre is pure spirit, you. You are a part of that divine life whom you worship as God. God is your Father-Mother. You are held in his heart. In God you live and move. Can anything harm you?

In your meditations you are working through your higher mind with the substance of your own being. When you repeat your meditations you are describing your own spiritual state. So in your meditations make use of your power of creation, your power of imagery, to create goodness and beauty. Beauty must be brought into human life; however simple it be and however lacking in worldly wealth, beauty can still be created as the outward expression of harmony, of love.

And now, with these words, we withdraw from outward expressions into an inner world that is all love, peace and truth. It can be your world. It will be your world, and we will come to you many times to help you towards it.

Benediction:

Beloved, the Lord Christ comes to you and blesses you and pours into your soul the peace, the love and the beauty of his heaven.

Amen.