

## And he showed me that Great City....

A399 Sunday Address 21st January 1968 St Mary Abbots Place, London New Year service

*Text:* MB typescript, a blue carbon, no markings except that at the word 'nebulae' in the middle of the address, YGH has suggested the word 'amoeba'. This might be with the privilege of memory; it may also be the only time White Eagle used the word 'nebulae', whereas we are fairly sure the word 'amoeba' was familiar to him. We have however left 'nebulae'. A little later, MB puts a marginal note against the word 'crucible' in the text, 'Regret surely mis-heard'. We cannot see anything wrong with 'crucible', nor does it seem a particularly rare word in White Eagle's teaching.

The address was printed in *Stella Polaris* for December-January 1969 with the title used here.

*Context:* MB tells us that 'the altar looked very beautiful with yellow Spring flowers'. Presumably they were daffodils, but surely imported if so. The first hymn was *Songs of Praise* no. 626, 'Praise to the Lord, the Almighty, the King of Creation', probably to its traditional tune, 'Lobe den Herren'. The words are by Joachim Neander (1650-80), translated by Catherine Winkworth. Minesta's Invocation was separately recorded and Brother Faithful then read Revelation 21 : 1-23, possibly with a few omissions, and with its familiar beginning, 'And I saw a new heaven and a new earth'. The second hymn was 'O life that maketh all things new' (no. 602, words by Samuel Longfellow) and after the familiar prayers the Choir 'beautifully rendered' the anthem, 'Show me Thy ways, O Lord'. The words are from Psalm 25 (from verse 4) and it may have actually been the hymn setting, perhaps with the tune 'Old 25<sup>th</sup>'. Brother Faithful's closing words are included here and the final hymn was the 'All-Day Hymn' 'Lord of all hopefulness, Lord of all joy', the words by Jan Struther and the tune, 'Slane' (no. 565). Minesta gave a benediction (recorded elsewhere) and the service closed with the Lodge Vesper.

*General notes:* there is a good definitive statement near the beginning about the use and abuse of the mind. Referring back to the reading, White Eagle has quite a lot to say both about St John and about the eternal relevance of the 'new heaven and new earth' words. The reminder that the reason for turmoil on earth is the search of people for happiness, sometimes for themselves and sometimes for others, is comforting. This is an optimistic teaching, which might usefully be called 'ever-evolving life'; there is a sense of White Eagle needing to remind people that however much they may worry about the state of the world, human beings really are changing. When White Eagle picks up thoughts from some of those present about education, it is difficult not to feel that one of them was Joan Hodgson, Minesta's daughter, who had been a teacher in the 1930s and found UK educational policies in the 1960s very harsh – she was an unsuccessful campaigner, for instance, for her daughters' school in Petersfield to remain open. One of the more controversial sections of the address then occurs, with White Eagle commenting on organ transplants, and very specifically heart transplants, the first of which had happened in South Africa on 3 December 1967. White Eagle's words reached the Sunday newspapers and there was a snide comment in one of them; his remarks need to be read in full, however, and it is clear he is speaking within the context of human development. His remarks are much more nuanced than the newspapers gave him credit for. Despite the optimism commented upon earlier, White Eagle feels he needs to acknowledge a degree of over-seriousness in his talk and returns to happier things. His final remarks are about the state of Britain, at the time suffering a crisis of confidence. He speaks of the ancient power within the isle, and of its future in the service of humanity.

At one point White Eagle speaks of his readers being 'used to buttons'. He means, of course, not the buttons on clothing but buttons such as those on a keyboard or an entryphone.

*References:* the saying, 'God helps those who help themselves' is proverbial, although it seems to go back to ancient Greece. 'As it was in the beginning is now and ever shall be' is the opening of the very common doxology from prayer books across Christendom. 'The heavenly Father and I are one' is a rendering of John 10 : 30. 'All these things will have passed away' looks to Revelation 21 : 4.

*Historical note:* White Eagle promises some 'startling' changes in 1968. It was a reasonable prophecy. On a negative note, the year saw the assassination of Martin Luther King in April and Robert Kennedy in June. On the positive side, unforgettable pictures of the earth appearing to rise over the

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edge of the moon were sent back on Christmas Eve by the astronauts of Apollo 8. At the summer Olympics, black athletes staged a remarkable and very memorable protest from the podium.

### White Eagle's New Year Message:

Beloved, beloved friends, brethren, of the earth plane of life, we come amongst you once again with thanksgiving and joy, for surely you with us recognise the blessing which our Creator has given so freely to his children on earth.

We thank you, dear choristers, for the beautiful music which everyone in this Lodge must have listened to with much happiness and upliftment of spirit. And this prepares the way for the message that we give you tonight.

We welcome every friend and every member and every brother to this reunion and this reopening of the session of service and worship and thanksgiving. It is a wonderful thing, friends, that we meet together like this, and that through your service you are gradually raising yourselves above the darkness and turmoil and confusion of the earthly mind and physical life.

Now, this is the most certain way for mankind to progress. Mental culture is important and it has its place in the happiness and wellbeing of humanity. But before this comes there must be a true humility in the mind and the soul of man. This is a most valuable lesson, particularly for the young – as well as the old – because by contact with our Creator, the Eternal Spirit, the Great White Spirit, which men through all the ages have learnt to worship through contact, conscious contact, with the Great White Spirit, man can receive unutterable joy, inspiration, guidance, protection and healing. We know perfectly well that there is a saying, which we will quote now, 'God helps those who help themselves', and of course this means effort. Every man and woman and child living must make an effort. And the effort to help yourself should be accompanied by your reunion, your conscious reunion with the Source of Life, with your Creator.

Now, dear ones, if you have made a study of ancient peoples and their customs you will have found that all over the earth men have in ages past sought God, their Creator. We want to make this point very clear, because at the present time it is most necessary for all peoples to rise above material things, and what you call politics, and seek the Source of goodness, love, happiness and well-being.

Now, the mind, the intellect alone, cannot give you these precious jewels of the spirit. We who have lived in a physical body for many, many lives, we can speak from knowledge and experience.

You have listened to the reading which we inspired our Brother Faithful to read. And in your modern days it is a pity that so many people dismiss the truth and the beauty which is to be found like a jewel buried deep within the language of the scriptures. For in that reading you will discover ancient, *ancient* truth, the truth which all men are seeking consciously or unconsciously. And they are seeking it with the mind. And although the mind has its place,

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and it is an instrument, it is only an instrument of God and of the Spirit. And in that reading you heard the description of one who you call Saint John, an elder Brother, and one of the Great Masters. And He said – He is reputed to have said, according to the language of your Scriptures – ‘I was caught up into Heaven. I was caught up into the glory of the heavenly state.’ Now, other brethren would say, ‘I was uplifted and caught up by the *power* of the Almighty Creative Spirit and I found myself in the eternal and infinite garden of life, or in the spiritual home of life.’ There he saw with clear vision the glories of the heavenly state of life.

Now, many people interpret this chapter of Revelations [*sic*] to mean that at some future time after the body dies the soul may go to that glorious heaven. But those who know – shall we say the Great Masters, the Elder Brethren, the Initiates – will tell you that this state of life described in the Revelations of John exists always. It is there for every man to discover, every man, woman and child to see and to find. And he describes the glory of the New Jerusalem. Jerusalem is a state of consciousness, a state to which the initiates into the spiritual life arrive whether they leave their body in a trance on earth, whether they leave it in sleep and move out of the physical body guided by their angel, teacher or guide, or whether they leave the body by death of the physical body. Now, all these three experiences are initiations. Oh yes they are, the physical body is like a great initiation. After the soul has disentangled itself from all the confusions and entanglements of the physical life, it rises into a state of awareness, of vision of the spirit garden, the spirit life, the spirit world. And those who aspire to reach that state of consciousness while still imprisoned or tied to a physical body, in time and with patience and steadfast pursuit of the Great White Spirit, they find in the quiet moments when they too have freed themselves from the bondage of an earthly mind, a bondage of a physical body, they find themselves free and full of joy in that heavenly garden, that spirit world, or spiritual state of life.

There may be here one or two people – friends, brethren – of ours who are not interested in reaching such a state of awareness. They want to know what is going to happen to this earth. And what is going to happen, particularly at this time of confusion. ‘What does it all mean? Why is it that humanity is so restless and all peoples are struggling to find their way?’ Because this is what it means – all the discontent on your earth plane, all the strain and strife after something for self. Not necessarily for self; it may be that they are wanting to give things to help other people; they may be striving, fighting for truth and justice in the life of humanity on earth.

But many people are misguided in what humanity really means. There is only one source of wisdom and truth, and this is the Creator: the Creator, God, who has always been. ‘As it was in the Beginning, is now and ever shall be.’ And in that Spirit, in that Creator, in that Life Force, we have always lived. We have come forth. We continue in that life. We look out into the night sky [as] you do – we see it rather differently from your sight. And we see there in the heavens the myriads of galaxies and planets, we see ever-evolving life. We see the manifestation of many, many countless children of God. We see the manifestation of countless lives that are living, that have always lived, but have commenced from the same Source. And ever that life evolves and expands just as the cell life, just as life commenced in the cell, and in the nebulae; the breaking away, and then the formation of fresh life, and so on

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and so on right out into the vast. And in this life man lives and evolves – and ever and always more glorious life. And this is before us all.

And if you can meditate on these things, you will find great power, *great power* entering your soul. You will find the slow but sure purification of the physical body. A rightness will enter into your thoughts and your consciousness. You will find that you are touching a button. You are all used to buttons in these days, and will be increasingly used to them. But the one main spring for you to touch is the source of your life, the God-Spirit. ‘The heavenly Father and I are One’, said Jesus. He had the Truth, and He knew. And this was his message to the very simple, the uneducated maybe, but those simple men and women were touched not so much by the words but by the power of the spirit, which radiated from Him and called into life and activity the spirit within themselves.

This is the utmost joy when you realize it and know what is there. Why do you have worries and cares, sorrows and problems which you cannot solve? Now, we know that there are many of you here that are troubled in mind, and our words may not mean very much to you. But we trust and pray that the power of the Spirit will enfold you, and stimulate your spirit, so that you will feel quite calm and still, and ready to take up your life in this coming year with confidence. You may not see your way. You may be anxious about material things. As soon as you disentangle yourself from these material problems and concentrate your mind upon your Creator, your Heavenly Father, you will find a peace will descend upon you, will grow within you; and the peace conveys to you confidence. You know that all is working together for good. No matter what happens on the physical plane, you are held within the power – you are held within the crucible of God’s heart.

We agree with the thoughts that have been going through the minds of some of our brethren about the future of the young people, about their development, their education. Many people are concerned on your earth with the present method of educating the young. Well they might be. The most important lesson which all young people need to learn, almost before anything else, is the lesson of God, of the consciousness of God, of the power of God to create, to order, to direct – the power of God to bring harmony and brotherhood upon the earth. This is the source of all power and all happiness and wisdom; *wisdom*, not merely knowledge as an accumulation of facts, but the development of the spirit; that they may not only feel for their companions. They feel life, but they want to express that life that they feel, they want to make their contribution to the world. They don’t know how to do it yet, but they can be educated from tiny children to be simple and humble and obedient to that inner voice – call it what you will – the inner voice, the director of all good things into the world.

And there is one other thing that we in spirit would like to speak of, and this is the physical body. We believe there is a certain amount of anxiety, and also triumph in some people, at the achievement recently of transplanting organs of the body from one to another. We can see – we know the questions of the mind, and mortal people are pulled one way and then another. Sometimes they think it is good. Sometimes they think it is not so good. We would like to put it to you from a spiritual angle. The body is a sacred vehicle, a channel for the spirit, and that body is a sacred, *sacred* thing, the creation of the Great Mother.



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The body was worshipped in the ancient days because it was a channel of the spirit. The Great Mother, the Earthly Mother, or the Great Mother or the Divine Mother, whichever you like, was worshipped because she was the symbol of life. She was the one who produced a body, and the body was the channel of God, of the Spirit.

Now, the heart particularly is – we are going to say – a holy centre. The heart centre in the etheric body is the centre where the spirit sojourns. The spirit is in the heart, or it functions through the heart centre. The heart centre is a particularly sacred part of the body. Moreover, the radiations from the heart go all over the body even in the circulation of the blood. The heart is the receptacle, the crucible of the Divine Spirit.

Now, when man is attuned spiritually – and he is endeavouring to meditate upon the heavenly things; you know this, many of you – the holy power and life force seems to you to well up in your heart. It is from the heart centre that you love. It is from that heart centre that you are urged to serve your fellow beings, to serve your fellow creatures, even the animals. It is the emotion of love which is felt in the heart. Therefore it is indeed not good to change the heart from one individual to another.

Now, we are not able to give you proof of this at this service. And the proof can only come to you in the course of time. And it will come to you without physical proof as well as with physical proof. Do you understand what we mean by this? We mean that the results occurring will prove that it is not good, and you yourselves realizing the power and the holiness of the heart centre, will know that it is a violation of spiritual law, although it may be a triumph of physical law, which is transient.

And another thought we will leave with you: God is Omnipotent. God is all Wisdom and Love. And the plan of life is – we were going to say – individual as well as universal. Before the soul incarnates it has a certain plan shown to it; it knows that although it may be unpleasant, it has to take a certain journey, and that journey ends at a certain time. And the prolongation of that time, whatever takes place after, if the life is extended, it is not very happy.

We will leave it at that, and trust all understand that you are within the wisdom and power and love of your Creator. And that by accepting this ancient wisdom and working in harmony with the spiritual law, or the Great Law as the brethren of the inner world call it – by working in harmony with that Great Law, you are working for good, for health, for perfection of life. And it is only in this way that humanity will eventually find that perfect life of health and wellbeing, harmony and happiness that it is seeking.

Furthermore, we would say that children, young people should learn to be kind to their bodies. All people should learn this, but it is better to learn it in childhood and youth than to wait until you are much, much older. But children especially in their education should learn to treat their bodies with respect and kindness. Do you understand what we mean? Not to pamper their bodies, not to indulge them, and not to injure them or knock them or hurt them carelessly. It is putting too great a strain on the physical body and upon life itself. On their youth. And you look round the world and see many things that need putting right. But we say

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the very first thing to put right is the spirit in man, that man may find his own spirit, his own director, and upon his vision of God and the angels and the companions of his spirit who come to him to minister unto him. You know we are giving you the ancient wisdom over and over again.

Now, to end on a better note – we hope we have not been too serious or too ponderous – but our intention is to bring to you vision and hope, and not despair or despondency. We assure you that all things are slowly, but surely, moving forward towards that happy, happy day when the Kingdom of Heaven will indeed descend upon the earth. As man rises in aspiration to his Creator the Kingdom of Heaven will be with him, all around him. You will find that deep and perfect happiness and love. And there will be no more separation, no more tears, no more darkness, for all these things will have passed away. And the Lord God will be with His people – one grand family in the Heavens.

Our love – bless you, my children – our love is ever with you. We are just the servers and your brethren in spirit. Do not be anxious.

Finally, before we leave, remember that by putting into operation these truths that we are giving you now you will uplift your own beloved nation. We do not suggest that you are better than any other nation in the world. But your brethren in this mystic isle are confused and they need help. And the help cometh from the spirit. And you can help your brethren by sending forth from your heart and your mind light, the light, the Christ Light. Send out the light; crown this mystic isle with the blazing light of the Christ love.

Yes, we have not been able to put it as well as we would like to, but we do leave you with this thought, in you individually is the strength and the power to uplift and uplift and to clear the mists; and to give health and strength to your beloved country and your people that they may in time be similar servers to the whole of humanity which needs that brotherhood of love.

God be with you, and give to you through your own quiet spirit a blessing and a very happy New Year – in which there will be startling changes, but for the good, for good, remember this, for Uranus will be powerful through the years, through this year, and there will be unexpected and sudden bursts of light, bursts of light; remember this.

Unto the Great White Spirit we give reverence, *reverence* and worship.

### Brother Faithful:

We have been learning tonight that the Universe about this earth is not full of darkness or death, but full of life. When we go out at night and see the clear night and the stars we are awed by the immensity of the scene. We feel it is hostile, we feel it is terribly cold and would be death to any one of us. Instead, we learn that it is suffused by light of many worlds, by myriads of worlds and suffused by life. And that this Universe is part of the spiritual heritage of man in which his spirit will live and work; and that it is actually the infinite and eternal

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garden of God, or the Kingdom of which Jesus spoke so many times. So there is a thought to take away with us.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*spiritual unfoldment, spiritual development, light within, inner light, intuition, illumination, enlightenment, initiation, John the Baptist, bible, chakras, body, health, healthy lifestyle, habits, youth, youngsters, teenagers, holy city, purification, golden city*

