

Cosmic Rays – II, Rays of Colour and Healing

T082 The Inner Teachings 28th September 1938 Pembroke Hall, London

Invocation:

Dear Father of all, we call upon Thee from our hearts, praying that we may be Thy children. We who are men* pray for strength of spirit, for poise, for deep understanding, and those of us who are discarnate pray for Thy power to enable us to minister, to be the messengers of light. O Father God, we pray that humanity may behold the vision of Thy Son, the World Teacher, and hear his voice commanding the sea of emotional strife to be stilled; that the true man, the Christ man, may rise up in his frail craft, and be commander of the storms. Into Thy great love and wisdom and power, we resign ourselves and the issue.

Amen.

*[*See the introduction for an explanation of gender issues in editing these teachings.]*

Dear brothers, we come into your midst praying that each may absorb the light, that the aura of the whole gathering may be purified, so that it can receive the rays of life, of truth, and hear not only the words, but hear in the heart the message. Your heart must know, as you tune into the higher self on the violet ray, that all fear is unnecessary. Fear is disintegrating. It breaks down the power of the light; it causes havoc in your body, in your bloodstream, in your nervous system. It is a waster. To you we say, 'You should know better, you *do* know better, than to fear', but we do recognise the difficulties under which you labour. It is perhaps a good thing that tonight we speak on the colours in the human aura, and the coloured rays used in healing, and which you absorb according to your vibrations created by your thoughts and desires. At the present time we remember that masses of humanity are sending forth, are exuding, fear thoughts. All these go forth as a nasty grey, or brown and black in hue. It is for you to surround yourself by positive thought, projecting light from your heart centre, letting that star in your heart (or in the head) shine forth in full power, which will encompass and protect you. Instead of allowing your aura to be impinged upon by the murky colours, you must send forth colours of beauty and brightness, so as to dispel the dark clouds around the earth.

We have repeatedly told you that this cloud (the recent international crisis*) will pass. But it is no credit to you if you say 'Oh, all is well, because we have been told'. You must send forth the right thoughts and banish fear because, whatever the conditions on the earth plane, it is your duty so to do. This applies not only to the present international crisis but to all human matters—domestic, social, financial, national—to every crisis. If we assure you that all will be well, we take on, to some extent, your karma. Some would tell us we do wrong, but it is our way, and we are prepared to suffer for you if need be, so there it is! If we assume a little of the karma of the earth people, it is to us well worthwhile, if by our words and support we help to enlighten and brighten life for our brothers. We include this as an answer to some thoughts which we have received.

*[*This bracketed note, like the one two paragraphs later, was probably added in the first duplicated copies sent out. The crisis was Germany's annexation of the Sudetenland from Czechoslovakia which led to the Munich peace agreement signed by the British Prime*

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Minister, Neville Chamberlain, at the end of the month. In the prayer at the end White Eagle enlists his hearers to send light to that conference.]

Some teachers would say it is not permissible to rob any soul of its karma; we have not said it is right. No; it is not right to take away any essential lesson, but one may throw a little light, give certain loving service, one towards the other. Otherwise the beloved Master would not have given the parable of the Good Samaritan, which showed that the old law of karma could be transmuted through the Christ love—a very essential point. Therefore we give, as far as we can, our love and help to stimulate and encourage you on the path of life.

Remember this, and hold it in your heart! There is rejoicing in high places, for the pendulum has swung and will swing and will become normal. So do not be oppressed nor distressed by the fear thoughts of those around you who have nothing else, who know nothing else but fear. Hold yourself poised and strong, with the star shining upon your heart; the Christ walks abroad! There will be peace on earth. Do not say you hope so—I distinctly registered ‘Well, we hope so’. We *know* so. The Star of Brotherhood shines above us all.

[On the platform beside White Eagle were certain charts of colour, and a six-pointed star in coloured segments. To this he now turned and said:]

Conceive these colours as very clear, bright, and pure; in the centre, I believe, is a star of white, representing the blending of all the colours into the one ray of white, indicative of the Great Light. The Great White Light is the first ray which you use in your healing groups, since it brings harmony. The White Light dominates all else, it contains all the seven colours, or the rays upon which humanity evolves on the earth plane. I say ‘on the earth plane’ because there are other vibrations which create certain colours which are unknown to the earth people and are therefore outside our purpose.

The first of the seven rays is red, then orange, yellow, green (notice particularly green as the central colour), blue, indigo and violet. A great master or elder brother stands at the head of each ray, and each colour represents a vibration upon which you are developing. We have talked about the rays before, and we suggest that you go back to the old notes about the nature of the rays, and the master at the head of each.

The particular ray or colour upon which you are progressing in this cycle is not necessarily that of the planet under which you were born in this day of life. The soul travels along a certain ray for a certain period or cycles, and during that cycle, according to the development of the higher bodies or vehicles, comes under other influences and vibrations. Am I confusing you? If you were building one of your subtler bodies or vehicles which required some particular vibration, then you would come under a specific ray while in the process of building. If you were building a body which required another vibration, then you would come under another ray. You may have several incarnations under one particular colour, while developing the one vehicle. Then, when you were prepared to develop a higher vehicle, you would come under another vibration or colour.

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Notice the colours are based upon three primary colours, or the triangle. As the base of the triangle we give power; the power ray is the blue ray. If other schools give different colours, do not think there is contradiction, because all colours can work in one with the other, and blend harmoniously. If some teachers attribute this or that colour for a certain ray or planet, and we give another, it is just a question of an understanding, which you will ultimately reach. At a certain level all colours blend.

At the base of the triangle, then, we have the blue, which brings power; and on one side of the triangle we have red, the colour of love. Some will question this, but look at these reds—they range from pale pink to the deep red, and in that deep red is something a little aggressive ... almost uncontrolled. But higher up in the scale comes the refinement, the purification of that red ray, primarily the hue of life and love, until we come to that beautiful, soft rosy pink. The higher, the more refined, the clearer the colours become. They appear pale, but do not think of them as wishy-washy; visualise a colour vibrant with life. These colours look flat compared with the real thing which they symbolise. Experiment with these colours; see how they strike you, and which colour seems to be the most harmonious; which gives you a comforting, harmonious feeling, and which seems inharmonious.

The third colour forming the triangle is the yellow of wisdom—power, love and wisdom! Upon these three primaries are based all the many vibrations of colour which manifest in earth life and on the planes surrounding the earth. They are built up through the aspirations, the feelings and the desires of men.

The first ray, of course, is that of activity and will. The red suggests soldiers—a militant feeling. It is the ray of force, of will.

Then we come to the modifications. There is the interpenetration of the yellow and the red, resulting in the orange, a stimulating and powerful colour wherein we see an interpenetration of the wisdom (yellow) with the love or will (red). There is confusion in the healing groups about these colours. Orange is a beautiful colour, stimulating mentally, with no suggestion of brown but a pure red and yellow. Some have wondered what we meant by a flame colour. You will find a truer approximation in the orange, the flaming colour of the sunset—than in a red.

Does the yellow seem a little cold, a little austere? Perhaps. But let us rather regard it as pure, rather than cold, because it represents the wisdom, the purified intellect. This colour we use in certain cases on the head centre. The orange colour, like sunlight, we use often upon the spleen, because it stimulates, it is the colour of life, for one of its constituents is red of life and love—of a certain degree. The two colours give stimulation to the mental body also. The spleen is the port of entry to the etheric body; the application of colour upon it has not only a stimulating but also a purifying effect, giving life and strength when the etheric body droops, but it must not be used indiscriminately.

The green—a beautiful colour; set between the colours of blue and yellow it seems a central colour. It is harmonising, and is used extensively with blue on the astral plane. Have you not

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heard from the beyond of newly born souls who wake to find themselves lying on some grassy bank? Picture the exact shade; it would be a very clear and bright green, giving a strengthening and yet harmonising effect. This green we attach to Saturn (but it is not the only colour thus attached). We see in the planet Saturn a harmonising and a balancing influence. Some of you think otherwise. Pause a moment; Saturn is usually the great barrier between the lower and the higher. Until a soul has learnt the lessons which Saturn teaches, it cannot enter into the higher worlds. When it can pass through the gateway of Saturn, then it can proceed to those higher realms of consciousness indicated by the pure blue—the spiritual power, and the indigo, indicative of the aspirational or devotional spirit, and then on to the ray of the violet which is a recognition (so White Eagle thinks) of the full spiritual powers of the complete man.

Let us recapitulate: the indigo ray is the ray of the scientist, the idealist; and the violet—a truly beautiful colour ranging from lavender and amethyst down to the rich violet, the combination of the blue (power) and the red (love) —forms the ray of ceremonial; some people would call violet the colour of mystical power, and certainly this ray draws the power and directs it with understanding and wisdom. And this colour is powerful, and therefore has to be used with discrimination; for less urgent cases, when you are healing, we may indicate that a pale amethyst or lavender be used, as a more gentle ray. Violet is usually applied to the heart centre, but occasionally to the pituitary gland, since the head and heart centres are chiefly concerned with the colours of violet, amethyst, *et cetera*.

The indigo ray we associate with Jupiter, but not Jupiter alone. Jupiter is an influence which is religious, and it brings beauty in many forms into the life. We associate indigo with the solar plexus centre; sometimes we say ‘blue to the solar plexus’ because that again is a harmonising colour. Jupiter brings harmony, as well as religious aspiration, so we find in indigo a suggestion of both green and the blue. We also associate indigo with the head.

When the red of Mars and the lower centre, the genitals, and the powerful blue of the kundalini centre (governed by the Moon) are raised up, you will see the transmutation of those colours from the lower to the higher centres, wherein we find the indigo, and the violet, the purest and highest form of the indigo and violet rays being the colours of Uranus and Neptune respectively. Both these colours are associated with the head centre, and so you will see why astrologers tell you that the two planets, Uranus and Neptune, have been discovered by your modern astrologers, because they have a special influence on humanity—and will have much more, as time goes on—because they are bringing the influence which is causing that transmutation from the lower to the higher triangle.

To return to yellow, which suggests Mercury— with yellow associate the colour green. You will wonder why? Because the sun’s rays, the colour from the sun, which appears yellow, is really green. It is rather difficult to say where yellow ends and green begins. The yellow and the green we apply to the throat centre, a beautiful apple or middle green, that has a purifying and harmonising effect upon the etheric, the astral and invisible bodies. The yellow also at the throat again stimulates the higher mind, the pure intellect, and awakens the wisdom, because that yellow at the throat centre is reaching the higher self of the patient. The higher

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self, stimulated by the yellow on the throat centre, says to the weaker self 'Do not be foolish and hold on to all that rubbish; let it go!' The weaker or sick self, in time, reluctantly obeys.

All the deeper colours are what I would describe as heavy. Some patients need a sledgehammer, but there are others who only need a gentle impact. Use your discrimination as to the degree and the colour, and on a sensitive patient, or one much under the influence of, say, Neptune, we suggest a much more delicate tone of the particular ray.

We have not mentioned Venus. Venus is always associated with the colour pink, the colour of love. But I am going to give you a surprise. The mental aspect enters into the vibration of Venus also, and so we include the yellow ray also, nor can we exclude the blue, and so you see with the blending of these three colours, we come again to the violet colour.

It is interesting that the Uranian and Neptunian influences are upon the head centre; and the balancing colour of green at the solar plexus—the halfway house, as it were, between the lower centres and the higher—the gateway through which the colours, or the powers, have to pass, to function in that higher triangle.

Think over this little talk; I do not want to give too much tonight, or I may confuse you. We will continue next time, answering any questions which have arisen in your minds, and then go on to talk of colour and music. On the astral plane all healing is done by colour and music and perfume. You wonder why we burn incense; the perfume in incense creates a vibration, a colour.

Imagine a beautiful temple, set in the midst of exquisite scenery: green meadows, banks of flowers, an open temple with seven pillars supporting the dome-shaped roof, its interior full of light and of the most beautiful soft, almost indistinguishable colours, the roof opened to the white light, which contains within its ray all the seven colours of the rainbow, but so beautifully blended together that they seem just one great white light. Green seems to be the foundation, or harmonising colour: beautiful green grass, banks of flowers, all the various shades of colour. On the dais in the centre of this temple was the Shining One, who was to conduct, not an orchestra as you know it, but one invisible. When this shining figure raised his rod of power, or baton, there was a tuning in of this invisible orchestra. All around, on grassy slopes, or mossy beds, were patients, some not yet released from their physical bodies, still living on earth, but brought during the time they were asleep, very often put to sleep so that they could be released from the physical body. Then the rod of power was raised, and the tuning-in note sounded; the gentle harmony of the orchestra gradually swelled, and colours seemed to flow from the baton, from the rod of power—more beautiful colours than you can ever see. The colours were directed to the patients, and the interesting point is that as the patients listened, the psychic centre which needed the particular ray of power, absorbed it; in many cases all the sacred centres of the body were opened to absorb these beautiful colours, which were yet notes of music and harmony created by the direction, or the will, of the Shining One.

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Some are thus healed, and many of you here can find healing. Call upon White Eagle to help you, and White Eagle comes, as you go to sleep. Then we can do much, once you are away from the prison. In other cases, when the soul is what you call 'dead' or released from the flesh, it is healed in this way before it can go on and do work on the next plane. Be still....

Benediction:

We call every soul here assembled to open the sacred centre of the heart, of the Star of Brotherhood, and from it to send forth love, wisdom and power to those men who meet in conference. We see peace preside at the table; we see the way opened to progress, spiritual emancipation. And unto God the Father, God the Son, and God the Holy Ghost be ascribed all glory, majesty and power for ever.

Amen.

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