

The Sounding of the Word

T238 The Inner Teachings 15th March 1955 St Mary Abbot's Place, London

Invocation:

Almighty Spirit, Who art all-enfolding love, all wisdom and power, we aspire to the light, to understanding, to love; and we humbly and earnestly pray that in this service we may be receptive to Thy light and Thy blessing. May the angels of the Christ Circle be with us, and may every heart here be receptive to the outpouring of Thy blessing.

Amen.

In the stillness and the silence of the heart-temple may all of you receive understanding and illumination. May your vision open that you may see the company of illumined souls who are with you now.

We speak to you for a little while upon the power of words. It is little understood—that is, by the average person—how important is the effect of words upon the souls of men.* In the past, particularly in the East, the illumined men tried to help their followers by instructing them in this power. Some of you here are fully aware of the power of the word 'God'. Just saying 'God' creates a vibration. 'God bless you' is sometimes spoken lightly, but if with understanding and intent, the word 'God' vibrates beyond space. You cannot realise the effect of the spoken word either for good or ill.

*[*For editorial policy around gender, see the introduction.]*

'In the beginning was the Word, and the Word was with God, and the Word was God.'* From the beginning, then, came the Word. The Word is the centre. The Word of God, the Name of God is the dot within the circle; and from the Word, from God, everything in life proceeds. So soon as man can draw close again to the Word of God and touch that creative centre, he becomes attuned to all life. He enters into a state of at-one-ment, which is the goal, the apex, of life.

*[*John 1 : 1]*

God spoke the Word. God breathed forth the life and it spread over the whole earth. As life spread and got further away from its centre, it became more chaotic; it lost touch with its centre, except on certain occasions—that is to say when the holy, sacred word of power was sounded. But how are you able in your difficult life to get back to attunement? The Word is sounded not by word of mouth, but by the thought, the prayer if you like, by the aspiration to the Godhead. In your meditation you strive to touch that place of stillness, that silence beneath life. You sound in your souls one of the names of God, the great 'Aum,' and as that mantram is chanted with your heart, with your love and aspiration, you create this vibration. Then life releases you from your prison, from the chains which bind you to the heavy material world. For a brief space you arise and are free; you are becoming attuned to the Cosmos. For a fleeting moment you feel in your heart that attunement, that at-one-ment, with the Source of your life. You are at-one with eternal spirit.

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People pronounce the word 'Amen' very indifferently because they do not understand that the vibration of the word 'Amen' is again the Word or the Name of God. When the 'Amen' is sounded right through your being, you are touching the Source of life. You will feel it vibrate through your body and your soul; you will feel the warmth of the Golden Light; the healing power of the Son, the Solar Logos, pours through you because you have sounded the Note or the Word which attracts that Light of life.

This does not only mean the pronouncement of words; it is also in *living* the words that the soul creates a sound or vibration in the higher worlds. The soul pronounces its keynote and thereby calls attention to itself. But not only good sounds or God-sounds call forth this attention. Chaotic sounds, discordant sounds also vibrate in the ether and attract to the soul a similar vibration. Destructive forces can be automatically drawn to a soul who is breaking up harmony. These two forces are at work in life, but do not think that the destructive have not a particular work or object to fulfil. It is important to remember that when the two aspects, the creative and the destructive, are both used in the correct way, then progress is the result. You cannot have all one nor yet all the other; there must be that perfect balance between the two. Those who are seeking the light and the love and the beauty and the wisdom of the creative Power must learn to sound the creative Word, the name of God. Let us think of that word—Yahweh, the ancient word of God. Jehovah is another pronunciation of it. Breathe in Yahweh. Then see what creative power comes from the saying of that word of power, which must ever be balanced with the word of love. You must have this perfect synchronisation, this perfect blending.

When the soul leaves the body and enters the inner world of spirit, for a time it is waiting for understanding; it is occupied in many ways very similar to those it followed when in the physical body, at least for a time, although in fact there is no time in the world of spirit; there is neither time nor space; all life is conscious of the Eternal Now. All life is at-one in the plane of pure spirit. When the soul, after passing through a probationary period after death, arrives at a higher level of consciousness, there is one thing it realises beyond all else. This is the vibration of the Word of God, which creates light in its new world. To describe, to explain to you so that you will understand, we have to say that everything in the world of spirit at that level is vibrating and pulsating with light. God is everywhere, recognised and seen by the soul, in the nature kingdom, in the flowers, in all the beauties of nature—God everywhere. The soul breathes in the breath of God, breathes out the blessing of God. When the soul longs to hear the music of the spheres, instantly that soul is surrounded by the most beautiful music; the orchestras of heaven are playing for a soul attuned to the name of God. This is waiting for every individual who seeks truth and who has learnt the lesson of humility and meekness.

At this point we must come back again to our Elder Brother, the Master Jesus, for he expressed the God life in his joy, in his sorrow, in his meekness, in his humility, in his constant pronouncement of the Word of God, in his teaching his disciples to look towards the power and the light of the Father. 'The Father is in me,' he said, 'and I am in the Father. What I do, ye shall do also.' Constantly he was trying to guide his disciples and his hearers towards that sacred Word of Power, towards the centre, the dot within the circle, the symbol

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of all life and light. He said many, many times, 'If I am in you, you also are in the Father.' This was his beautiful exposition of the brotherhood of life. You cannot be separated from God—and yet you can be separated. This sounds like a paradox. What it means is that you can be closed down; a dark sheet can hang between you and that creative Centre, but ultimately, through pain and strife, through suffering, man will overcome his darkness and return to the Father. Jesus was continually giving this lesson. Indeed, the import of his ministry was to give earthly people this truth of the brotherhood of the spirit, the brotherhood of all life. You cannot really be separated from anyone of God's creation. If you inflict suffering on another, you inflict it on yourself also because you and your brother are one. People choose to isolate themselves from one another because they wish to appear superior, to dominate over their brethren, but Jesus continually expressed the at-one-ment, the oneness of all life.

You are all of the same spirit. You are only separated by the weakness of the flesh and the ignorance of the mind. As soon as the heart opens to the light of God, then there is no longer separation. Where there is love there is no separation. The earthly mind creates separateness, not the heart. As soon as the heart chakra begins to function, the light flows from and to the heart centre and there is at-one-ment, unity, perfectness of life.

Let there be light! Let the light shine! Do you know what happens when these words are pronounced with power and understanding? Clairvoyantly you will see a great burst of light in the etheric world. We want you to realise the importance of understanding both the use of words and their clear pronunciation. Words are music. They sound in the ether. That sound reaches its mark. Souls may be touched by the sound of words. If words are beautifully spoken they can have a profound effect upon the soul of man. They can awaken that soul to a higher consciousness, but if the speech be destructive it can shrivel up, bring darkness into the soul and soul ultimately loses its fine sensitivity and even becomes brutalised.

A few years ago jazz music was introduced. You may have thought it was ugly and bad. True, it was ugly, but understand that sound can break up old conditions where no progress is being made. All is well if the process is kept under control, but of course we must never forget the controlling, directing power of the Divine Intelligence, the Divine Love. 'So far and no farther,' saith the Lord. We in this group are principally concerned not with destructive but with creative sounds, with harmony, with the building of the Temple of Light.

Let us consider the power of the unspoken word—that is to say, the power of telepathy. Man must develop this power and very quickly, because it is going to be of vital importance in the next few years. When once you understand the power of the spoken word it is going to help you to project thought-words, to enable you to communicate with your brethren in distant places. It is going to enable man to overcome space. There are occasions when telepathy could be of very great importance to you. Such a time is coming before very long. For you can sound your words on the etheric plane and the one to whom you are speaking, being sensitive to sound on the etheric, will receive your message. You can only be exact and precise in the reception and the delivery of such messages if you are attuned to your centre. By this we mean the centre of all life, the creative God-centre. As man goes along the

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evolutionary path and he becomes attuned, he becomes en rapport with his brother man. He can communicate very simply when there is attunement and harmony in spirit.

It is necessary for this state of development to come because before very long there will be interplanetary communication. You may think it is all hocus-pocus. A hundred years ago your great-grandparents would have dismissed instantly the idea of radio communication or television, or of flying from one continent to another in a few hours. 'Impossible,' they would have said. Only a few humans will be ready to receive visitors to your earth from outer space and to understand their language. It will be a language of telepathy, of the spirit. When that time arrives, there will be more advanced, more understanding people who will be able to communicate with their friendly visitors by the unspoken word.

Give this a little thought. Think of your own thoughts going out into the ether. We are coming right down to very simple things. Would you be ashamed of some of your thoughts if they could be heard as sounds? Would you care for your own friends, your relatives, to be able to read your thoughts on every occasion? Maybe you would not like it, but you would not mind if you were pure in heart and loving. You would have no need to be shamed nor to fear any visitor knowing your thoughts. So this communion, this communication by telepathy is going to be a very wonderful unifier and peacemaker and beautifier. It is going to bring beauty and harmony and love to the earth planet which is the darkest planet in your solar system. You may think you are advanced here. You would have a great surprise were you in the company of visitors from Saturn, Venus, Mars, and other planets. These are beautiful souls whose only intention is to help the earth people, to speed on their spiritual evolution.

May the peace, the eternal peace of God enfold you and bring to you that deep and perfect understanding of life. Do not wait until you leave your physical bodies. Seek now this knowledge, this understanding of at-one-ment with God. You are a child of God. You are brother, sister of all, and the Elder Brethren are with you at this moment, conveying their greetings, their love and their help. All work which has for its object the brotherhood of man is a good work which receives the continual blessing of God and the help of the brethren in the spirit side of life. If your work is good, it is blessed and the light shines upon it, but you may have to be patient. Keep on keeping on faithfully, trustingly. The help that is necessary to you for carrying on your work will come. One thing is very important for all of you and for all of us in our world. This is to sound our true spiritual note, so that we attract the creative, the constructive powers to help us in the great work of God, God the Father, God the Mother, God the Son-Daughter, on earth. Do you not see the Golden Triangle, with its apex in the heavens, and the double triangle with its point to the earth? The six-pointed star is a symbol of the perfect balance between heaven and earth, between Christ and man. The Word was made flesh and dwelt among men. Look, look and listen for the Word.

Benediction:

O God, Father-Mother God, we Thy children praise Thee and we humbly thank Thee. O God, give Thy children a heart of love, free from harshness and darkness. Give us, Thy children, a heart of love, Thy peace which passeth all worldly understanding.

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Amen. Amen. Amen.

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Sounding, chanting, mantra, affirmation, balance, afterlife

