T228 The Inner Teachings 17th November 1953 St Mary Abbot's Place, London

Invocation:

Almighty Spirit, all enfolding Love, Wisdom and Power, we open our hearts in great love and in aspiration to Thee. O, may we receive the outpouring of Thy Light and Thy blessing. May this earth planet be caught up in the glory of Thy Son, and may all the peoples look into the heart of Thy Son—into the life and the glory. May these brethren of ours here assembled be aware of the sweet presence and the blessing of the Holy Breath.

Amen. Amen. Amen.

Beloved little band, we bring to you life and joy and peace. We would raise your consciousness and help you to be receptive to the presence of the holy ones. Some may think that our words are somewhat extravagant. This is perhaps because man* has—yes, we will say it—degenerated into a state of materiality, which makes life so hard for all material-minded people, because by sinking to this level man closes the door against the infinite truths that could be his and which would give to him happiness beyond his present realisation.

[*For editorial policy around gender issues see the introduction.]

We would help you, band of brethren, to open your vision; to open your hearts and to feel the presence of the Great Watchers, of the truth which they bring. It is very difficult for you to recognise that you are not the little you that you think you are, that you are part of a more beautiful soul than you can conceive. That soul is your ego, your true self. Thus only a small part of you is here functioning through your body, while your inner self is attached at all times to that greater self which is a separate ego it is true, but also part of the Omnipresence. This will be beyond your realisation at present. You will, however, yet attain to the enfolding truth and beauty of that higher self, of that higher life. On earth you are battened down as it were into the hold of a great ship. You cannot glimpse the beauty of the ocean through which that ship is ploughing its way onward, onward, onward into the Light, while above you is a blazing Star linked to your heart.

We give you this message for Christmas. We send this message out into the world. We say that all men and women can be likened to ships sailing over an ocean bathed in the Light of the Star of Christ. Remember, however, that although man's soul seems to be so battened down in darkness he is still watched over by the silent watchers. Even you do not understand how closely you are cared for, how you are guided. Did not the Master Jesus say to his disciples, 'Not a sparrow falls to the ground without your Father in heaven. . .' and '... the very hairs of your head are numbered',* but you forget the words of wisdom when you are held fast by your own particular little anxiety and more, when you become filled with trepidation you let these things control and even obsess you. Remember the promise made to you by the Son that your Father knows your need, that your Father has so planned your life that only good, ultimate good awaits you, not ultimate pain and sorrow. These things man has to learn. Through experience he finds that things are not so bad as he thought they were, then at last he begins to have a little faith in his Creator.

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[*Matthew 10 : 30]

Try to remember what we say. We are really speaking to one or two who are present tonight whom we know have need of a little comfort, encouragement and reassurance. Be sure that your Father in heaven knows all. What is happening to you has come to mould your character and your life. You think we are over optimistic, but we have every reason to be optimistic, my children, because our vision goes out beyond your own, and we see that all is well.

In imagination look down the ages. See how time and time again teachers came to help humanity at a time when all looked hopeless, and when dire cataclysms befell men, brought about by man's own darkness and self-will. You will question this asking, 'Why do the innocent so often suffer for the guilty?' We answer that the innocent do not suffer for the guilty. They are preserved. You do not know the infinite love and mercy of your Creator. You only see things with your worldly vision. You do not recognise the tender loving care which provides for the suffering, for those who are lonely and afraid. Even when you people see catastrophe: when you see the dead body left behind, you see the vacant house, you say, 'How terrible—how shocking is death!' But you do not know the providence which provides for those souls whose destiny it is to be released from the body in what may appear to be a terrible manner. For there is provision made. They themselves do not realise what is happening. Afterwards they only know that they are living, moving, breathing in a world which seems identical with their former world. Only with great tenderness and care are they brought to realise that they have left their old body. Until then they do not know that they have died. We in the spirit life watch these souls continually when they are awakened to this realisation, for then they feel such intense joy and thankfulness that the crossing has been made so easily. That is their first reaction. They find that they are in a world which is as solid and real and certainly more beautiful than the old world. You see there is this tender love which watches over man; not only at the time of death is this love demonstrated or manifested, it is always there and it always has been. We have told you on other occasions that in the beginning of the world—that is, the beginning of human life on this planet—life was beautiful. You think in these advanced days that the story of the Garden of Eden was just a story for children. It contains a profound truth.

In the beginning God created life beautiful and perfect and He put man on to this planet with certain knowledge for He gave him a key to the mysteries of life, a key to the glory of life. But the earth pulled man down; physical matter pulled him down and he became a slave to matter instead of remaining free.

God did more than give man this beautiful earth to live upon, this beautiful body and the spiritual instincts of man. He sent messengers to him. God has continued to send messengers ever since. Only a few ever listen to these messengers. Men are so full of their own determination to go their own way. This is doubtless good up to a point, because man needs that urge to go forward, to progress and to serve, but his spiritual urge for good and for spiritual growth so often turns to lower things.

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In the beginning of human life there came to this planet not only messengers from a spirit world, but messengers from outer space, messengers from other planets—God-men, they are called. These God-men came to help humanity; to give to man the vision glorious; to give to man knowledge of the universal and celestial life. Some people listened and others scoffed.

Stories have come down the ages about the various cataclysms and floods and about Atlantis being overthrown and enveloped in the sea, but it was not only Atlantis that was enveloped. Other great continents have suffered in this manner, some you do not know, have never heard of. You do not even know the age of the earth. Indeed, you have no conception at all of time, nor yet of space. Your men of science have certain stereotyped methods of calculation and form their own theories. Such theories are then considered to be all truth, yet in a little while they are disproved. Truly the earth people do not understand time or space, nor are they likely to understand, for the knowledge which they are seeking will not come until they have opened their hearts in love to their fellows and to all creatures, then their life and their consciousness will commence to expand. Life is consciousness, so in the degree man's consciousness expands [so] does his life become quickened, enriched.

We have told you before that other planets are peopled with beings similar to yourselves, but oh more beautiful! With people who know that the law of life, the law of the universe, the law of their Creator is love. With such love comes all wisdom, and so you are surrounded, my children, not only by beautiful spirit worlds and beings, but by other physical worlds peopled by those who are similar to yourselves. We could tell you so many things were it wise. You would not believe us. This one detail, however, we will tell you: that mingling with you sometimes are planetary people and spirits from other planets, not of this world at all. It is not unknown for these spirits from other planets to speak to man through a sensitive human instrument like this. You see you are all very set in your ideas. We are not condemning or blaming anyone, but man has got a one-track mind which is continually going round and round. Surrounding that little one-track mind are so many wonderful things, beautiful scenery, a glorious life that you know nothing at all about. This is why you find your own life difficult, hard and lonely and you feel as though you are always toiling along. Of course you are because you never look up, your feet are heavy and the track along which you are driving yourself grows very hard, but learn to open your vision and believe what you want to believe. Oh how many people have said to us in conversation, 'White Eagle, I wish I could believe! Give me proof and I will believe.' My dear child, the proof is here within you. What do you want? You want to know that you are eternal and that your Creator is all love. You want to know that there is nothing to fear in death. You want to know that you can never be separated from loved ones? You want to know—you want to be sure—that in your meditations you are not deluding yourself, that you are not just imagining something which looks very nice but is really only wispy and fantastic. You say, 'I am carried away when I meditate and then afterwards I come back to earth and find reality', but you do not really find reality, you find illusion. Your physical world is a world of illusion; it is not what you think it is. Do you realise that your physical world in reality is a world of light? It is built of light. Do you know that your physical body, if you could see it with clear vision, is composed of light? Only when you rise in consciousness in your meditations and aspirations to your Creator do you move into something which is adorable and lovely. Oh, the breath of the Infinite! The

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perfume of that breath, the joy of that life! Is it real or is it something which will disappear in the morning? We answer that all that is holy, all that is pure and sweet and lovely is of God and it is real. That is your real state of life. Hearing these things people will say: 'Why then are we down here imprisoned in this heavy body? Why then is the world in the state it is in if man's life aeons ago was so beautiful? If this world was ever a Garden of Eden what has happened to it since? What have we done to bring about this terrible state of existence?' Yes, what have you done? What are you doing now? That is more to the point, because if you lived every moment in the consciousness of your Creator, of Love—in the consciousness of the Son of God, the Christ—you would no longer be battened down in darkness nor would you suffer. That Love of God and that spiritual life is your Creator and it will, if you will allow it, create in you—in your body and in your surroundings—in your life eternal; it will create for you beauty and harmony. It will give to you a spiritual life which cannot be scarred, nor hurt, nor darkened, nor sullied by the illusionary selfish dark existence. You say: 'But, White Eagle, this is all very well but it seems that however nice are our thoughts it does not alter our material conditions; neither can we make other people do what we want them to do!' No, you should not try to do that. Let them do whatever they want to. If quarrelsome people want to blow up the earth it need not affect you. You can still be living in your Garden of Eden. You think I am talking a lot of rubbish? Someday, my dear children, you will find out that what is rubbish today, tomorrow proves to be sound common sense and really true. What we want to get over to you—to bring home to you—is the key to things supernal that God has placed in your own heart. This is the reason why this dark earth cannot claim you. Even if the wintry atmosphere today is thick with fog, that fog is only what man has created and not God's creation. But if you live all the time thinking of sunshine and the glorious Son of God, so that your mind is filled with light, you will take no notice and indeed for you the darkness and fogs will recede. Yes, you are all lanterns all alight and so soon as there are many lights the fogs and mists will disappear. The Master Jesus said: 'I am the Light of the World.'* How do you interpret this saying? You think it means something supernatural? Jesus cannot mean that he is really a light, say on a dark night? But he does mean that 'I AM' the light, the resurrection and the life. The 'I AM' within man throws a light out from the heart and that light penetrates all mists and darkness when once you are living in the light. You all talk about this living in the light, moreover you really mean it when you are in a place like this Lodge, for then you can close your eyes and meditate upon the spiritual sunlight; you see radiant beings of light, all clothed in beautiful colours; all the colours of the spectrum. You wander in your dreams—if you like to use that word—in your meditations in gardens of indescribable beauty, you meet people with shining faces, people who are all love and wisdom, and afterwards you think that these things are too fantastic to be real, so then you come back to what you call reality. But those visions that you were meditating upon were real for that is your true life. What you come back to is illusion.

[*John 8 : 12]

Now, you will find that your scientists even before long will be awakening to this truth that physical life is illusory. Spiritual scientists have been trying to make men understand this for aeons of time and even the God-men from Venus have tried. There have also been beings from Mars, and rarely there have been beings from Mercury, but you will not believe. You

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say, 'Give me proof.' There is plenty of proof available once you are in a fit state to recognise and believe it. There is plenty of proof that these messengers from other worlds came to this earth planet to help humanity to understand that men are one of a family of spiritual children, God's children, and that humanity has had powers within itself to build with light.

Now, what we are going to say will again sound fantastic. You have great sun temples all over your earth and your poor scientists are puzzling their brains—not their deeper minds—to work out how the ancients could have carried monster stones weighing many tons and even erected temples built of these stones. They have not a clue. Yet those same buildings were built through light, vibration and harmony. The ancients knew the law of rhythm, the law of sound, the law of harmony and they put into operation the law. In some instances they built their temples of etheric matter and light, and with the passing of time and the closing down of man's spiritual powers these temples solidified into stone. Of course you will not believe us at present but there it is, they solidified. If you go to Stonehenge at certain times and open your inner vision (have a few dreams, you know!) you will see there, beings who are sometimes described as angels. They are the ancient ones and some of them [are] planetary beings, great ones who came from other planets. Do not you see that creation is not all segregated upon earth or on Mercury or on Venus or on any one planet; you are all interpenetrating and there is this interchange and intercommunication, so that in time, when the Lord thinks it is good and the earth people are ready to behave like gentlemen, those beings will be seen and recognised by men and they will bring to the earth people great happiness. We are not yet sure if the earth people will fittingly receive them. Why think of the savagery existing on earth at the present time. There is doubtless an excuse for it. Man has always had an excuse for bad behaviour, and we also forbear, because poor man is full of fear and thinks that he must defend and protect himself instead of looking upward to the Great Protector his Creator and doing what his Creator wants him to do.

The message from the world's Creator has always come through the masters, the prophets, the seers, the sages all down the ages, but has culminated in the age of Pisces in the message of Jesus: 'Love one another'. Thou shalt love the Lord thy God, thy Creator, with all thy heart and soul, and love man, thy neighbour, thy brother, as thyself. These are the laws of life. Then miracles will happen, but they are not miracles at all; they are only happenings which are the result of putting into operation the divine law. Jesus demonstrated this throughout his ministry. You say, 'If it can be demonstrated then, why cannot it be demonstrated today?' Open your eyes and look and you will see that it is being demonstrated: the divine law of love is being continually demonstrated through matter. Human beings are used in that demonstration; they are used beautifully, gently and sweetly. Do you not know, my children, when you are used by God to perform a miracle? You are used but you know it not. This very Lodge is a miracle. Think of this. O how we want to bring it home to you: this divine law of love, kindness amongst yourselves, a belief in the great spirit family, a belief in the angels from other planets, a belief in this enormous spiritual universe around you in which this planet has crystallized into a form of matter which you can see and understand. Do not limit your thoughts and your conceptions of life to this crystallization. Let your thoughts go forth into a spiritual universe, into an outer space beyond and far beyond your little planet and mingle with your brethren of other worlds. May the earth people do this before calamity

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comes, as it must if men refuse to open their consciousness to the beauty of a spiritual brotherhood and companionship.

Bless you. God bless this little group.

Benediction:

O God, our Creator, bless these our earthly brethren with the glory of Thy Might, Thy Being. May they stand in the rays of Thy love and truth, and may the rose of the Christ-life bloom upon their hearts for ever and for ever.

Amen. Amen. Amen.

And we remind you that when you say AMEN you are pronouncing a word of power. For the Great AUM is derived from the same source as AMEN. You say AUM or AMEN.

Be open-minded. Believe everything; it will not do you any harm. Believe all that is good and beautiful and it is true, but all things which are ugly and dark are untrue.

The Lord bless you and keep you.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Belief, trust, time, afterlife, astronomy, God's love, extra-terrestrial, transition