

The Light

T197 The Inner Teachings 29th November 1949 St Mary Abbots Place, London

Invocation:

Let us pray to the Eternal Spirit. Almighty and all-enfolding love, wisdom and power of the light—we call upon Thee. We would know Thy presence, and in the great silence, hear Thy voice. We thank Thee for our creation, our preservation and all the glories of life. O Father-Mother, and Christ the Son, Holy and blessed Trinity, we would worship Thee and only Thee; and learn, through life, Thy laws, Thy love; and thus be receptive to Thy blessing, which Thou dost ever pour upon mankind. May every one in this assembly be aware of the presence of Thy holy angels and the masters of the Great White Light.

Amen.

Brethren, we would bring to your consciousness the company of radiant ones who are present—the blessed master Jesus, who is visible to those who have eyes open to see, and the beloved master ‘R’, who is all love for his younger brethren. He smiles sweetly upon you this night and brings to this gathering the radiance of his presence. You have been told many times of the great development that is coming to the earth, when life will be harmonious and beautiful, and when men* will live together in the brotherhood of the spirit. You are sometimes discouraged by what you see. Maybe when many of you look upon the sufferings of humanity, you feel indeed you are gazing upon another crucifixion of Christ. You must not be cast down, dear brethren, but look up and endeavour to see the vast company of shining spirits, men and angels whose light is slowly penetrating the mists. Those unhappy conditions that distress you so much will pass. Remember they are working a purpose out in matter, and the day will come when you will see the divine plan working, working, and be filled with joy and thanksgiving.

*[*For editorial policy around gender, see the introduction.]*

For you have either to accept the omnipotence and omniscience of the Great Spirit, the great Intelligence which is guiding and directing human life, or to reject and deny it. Too much has happened in your own lives for you honestly to deny the supreme, loving, wise Intelligence which is guiding your destiny. Therefore you must give all to that supreme wisdom and love and have no doubts. You say, ‘We do not question God’s love and wisdom, but only doubt man’s wisdom, man’s spirituality, which seems on occasion to be non-existent.’ Nevertheless you cannot accept the omnipotence and omniscience of the Divine Spirit unless you recognise that his creation is also perfect, his plan is also perfect, and that within his creature lies the seed of a great blossom, the promise of a great and beautiful fruit which will one day hang upon the tree of human life.

At present we must all work together, you in the body and we in the spirit, to bring to man the food for which he is starving. We must bring to man that which he needs, both for his sustenance and his growth. It is common in the world for man to criticise his brother man; all can see the wrong that others do, but the master Jesus would instead concentrate your attention on your own actions and thoughts, and gently advise you to look within ere you blame others. Be strict with yourself, but sympathetic with others. This is not easy, but understand that every thought you think and every act you commit is either helping the rest of

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creation—not only man, but the whole of creation—either helping or retarding progress. You will exclaim, ‘Oh, but my trivial thoughts and acts are swallowed up, and cannot have much, if any, effect upon life.’ The ancient sages always taught their pupils this important truth, that all depended upon individual thought and act, individual or human effort, and that the quality of this was responsible for progress or otherwise of life in matter.

At our last talk you will remember we spoke of what is coming in the New Age. We spoke of religion and said that the basis of all religion in the future is to be brotherhood of the spirit, and later, the development of a wonderful nervous system due to the quickening of the nerve centres of the body, so that man would be receptive to the finer vibrations of life. First of all, according to the teachings of the master Jesus, man has to find and establish in himself a consciousness of the inner light. Once this inner light is recognised and gently encouraged to grow and develop, think, my brethren, what a difference it will make! If, instead of condemnation, argument and criticism, rash statements and hasty tempers—if, instead of these disturbing elements—gentleness, love and calm radiance shone through every man and woman, what a difference there would be! This and no other is what was meant in the teachings of the Bible when it was said, ‘At the Name of Jesus Christ, every knee shall bow’.* What does this really mean? It means that every individual striving to allow the great light of the Christ to flow through him as he goes about his business will radiate an influence which will be like the perfume of the rose, so powerful that his colleagues will feel the impact of that electric force. You do not know what electricity is—yet. We can tell you that this force we are describing is the Christ light, and that the radiation of spiritual thoughts is in a high degree identical with what is called electricity. You do not yet understand that the physical body and the etheric body which you possess [are] so related to the nervous system that [they] can animate and stimulate the psychic centres in the body. These centres become receptive to the eternal Sun—not the physical sun visible in the sky, but that power and light which is *behind* the sun. The nervous system of the body can become so sensitive and so attuned to the higher vibration that it can receive in great measure the electric power which has come from the inner sun, which is indeed the source of life.

My brethren, we want you to understand that spirituality is not something quiescent, but strong and powerful, finer than the matter of earth, finer than the earth vibration. It is the substance of its life. So it is true that as a man or woman becomes sensitive to the love of God, as he desires to become Christlike, so he brings through into physical life this power, this spiritual force. As he goes about his business other people feel this force in exactly the same way as you see a light which is switched on in a room. The person who has the inner light takes that light wherever he goes. Thus it is that the vibration or name of Christ—the vibration *is* the name—which sounds throughout the earth—is the vibration of light, or of this highly refined electricity, and is felt and seen. People do not understand its nature, but recognise that certain people seem to bring healing or a light as they enter a room. Those who recognise the light instantly acknowledge it. They bow in their souls, in their minds; they recognise something, they acknowledge it. In this way they bend the knee to the vibration of Christ, the Son.

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In the new age which is dawning, this Son – this Light – will be much more prevalent than in the dark ages, the period of time when man has touched the depths, since when he has been encased in matter as in an iron box. Now he is gradually being released. Remember too, my brethren, that intellect to many people can prove like an iron box that they cannot break. If you could see people who were intellectually arrogant when they lived on earth who have come over to our plane, you would understand what we mean, for they appear to be encased, particularly the head, as in an iron box. Mankind is gradually, slowly but surely, beginning to release himself. Man *must* release himself. God has placed within man the key; he has implanted in man's heart the Light. Man must develop on spiritual paths and spiritual lines.

You are looking forward to the Second Coming of Christ, for it is said so clearly that he would come again. All Christians are looking for his second coming. You have heard us say on many occasions this second coming will be in the heart of every man and woman. This will be the awakening of the light. When this light burns bright in the human soul, then will come about the refinement of the nervous system. First of all the purification of matter, of the physical body, the Earth. Then will come the control of the next body, which is the emotional, the desire body. After that, perhaps a greater task still, will come the control of the mental body—the mind body. After that will come the birth of the divine, the Christ man. The Moon represents the mind body, the sun represents the spiritual body. Before man can attain mastery over this earth, there must come about the marriage or perfect union between the mental and the spiritual body. Or, to put it in another way, this is the difference between the man of Earth and the man of heaven.

We have given you this truth in several different ways. Remember, beloved ones, there are many aspects of truth, many ways of expressing the same truth, but all is one truth at the centre.

You know something about the initiations of the elements—the initiation of earth, which means the control of the body and also the crucifixion of the lower nature; the initiation of water, which means the control of the emotional body, the purification of the emotional body; and the air initiation, which is the control of, the purification of, the mental body, and the mastery of it. As man progresses in the Aquarian age, all these initiations will gradually be taken, not separately—not earth, air, fire and so on, but they usually are so arranged that preparation is taken on all lines of development at the same time, in your daily life. You do not merely come to this Lodge (or to any other group) to enable you to pass tests and initiations, but to get into closer contact with those in the world of spirit who can influence, guide, inspire and help you in your task of preparing yourselves.

Understand, however, that you yourselves must work in your everyday life; it is your reactions to physical matter and the conditions of life that really bring about attunement, achievement. It is no good listening to White Eagle or to any other person unless you yourself work for self-mastery. The beginning of this work is your awareness of the still small voice within, of that gradually increasing light in you which causes you to react as a gentle brother to all the conditions and all the circumstances of life.

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Now, a few hints (those of you who have ears to hear, let them hear). In dealing with earth matters, you are (most of you) aware only of human beings. There are other forms of life. These are introduced to children in fairy stories. The elementals can become very real to the children. They are called gnomes and pixies sometimes, but you know all the names for these earth spirits. Children like to hear these stories. Grown-ups even are not averse to going to plays where these are introduced, but being adult they call these elemental figures imaginary. The man who is seeking truth and desiring to grow in spiritual consciousness has to become aware of this elemental life which is interpenetrating the physical, and will have his eyes opened in due time.

We break off at this point to explain how man's eyes can be opened to these seething millions of etheric forms which exist in the ethers interpenetrating the earth. The way to open the vision and awaken the consciousness is through quiet meditation. By meditation we do not mean sitting down and either letting your mind run riot or trying to think only about certain things. By meditation we mean a going beneath all thought to the level of spiritual life, and becoming aware of the light and the power which is, in a very fine degree at first, like an electric current in you. This is the light of the spirit, the power that slowly and gradually becomes aroused in your physical body and moves right up into your head. It is what the ancient sages called the Solar Force; this Solar Force must never be stimulated until the individual is earnestly seeking the truth and the life of Christ, and not for selfish motives or to satisfy curiosity. It is a very sacred and a secret thing.

In the temples of the past, in the mystery schools, this knowledge was guarded most carefully. It is still withheld from the masses. In this new Aquarian Age, the most advanced of humanity have arrived at a point on the evolutionary path where they are ready to advance still further. So this knowledge, although it is still sacred and secret, is being given to true seekers, who are humble and pure in heart. The beginning of this stimulation lies in prayer and meditation which, as we have already told you, means quiet, rhythmic breathing, a stilling of the outer mind, a going into the inner temple, and there seeking the Lord of the Light. As this procedure takes place, it affects the whole body, and the nervous system becomes played upon by Solar Force, which is the secret of electricity.

During this mental age, the physicist will discover in his researches the relationship between electricity and the soul of man, and the spiritual potentialities of man. In approaching the invisible worlds, man has to hold a pure love in his heart, first of all for his brother man, and then for all creation. He has to love the elementals, for they play a very big part in helping the adept or the master in his work for mankind. At present there is war between man and the elementals; as man advances, there must come peace, friendship, indeed almost marriage between the two. We do not mean marriage in the human sense, but in the heavenly. There must come this friendship, this harmony, between man and the elementals. You have a demonstration of this vital truth in the miracles of the Master Jesus. We are particularly thinking of the miracle of Jesus walking upon the water, and of Jesus stilling the storm. This has two meanings, we admit—the walking on the water symbolised his complete control of the water element, the emotions—for the water elementals affect the emotions. He did not sink. His brothers, the water spirits, supported him, and he in turn was able to support his

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disciple while he held fast to trust and faith in his Master. The same thing happened when he stilled the storm. The air spirits, the sylphs, came to his assistance, obeyed his command. In order to obtain true mastery over the elements of earth, air, fire and water, man must become like the Son of God, all love, all tenderness, and so filled with this solar power. He must win their respect and their love. You have heard many stories where the elementals or a poltergeist object to men and throw missiles at them. This is due to the war between the elementals and man; man has to become not the enemy but their friend and brother, to win their love, for he will need their co-operation as he attains his mastery over matter.

There is a great deal to learn, my brethren. A world of unfolding beauty will open when you take the trouble to tread the path, proceeding by the way of meditation, prayer, devotion; not by ostracising yourself from man's life, but by living in the world as a son, a daughter of God. Meditation will take you right up through all the planes, water, air, fire, into the heavenly light, into that celestial world of the perfected sons and daughters of God. 'Eye hath not seen nor ear heard the glories which the Lord hath prepared for those that love him.' This, my brothers, is the path which the Aquarian Age opens up, beauty and harmony and brotherhood from earth to heaven. Then Jacob's ladder will be raised upon the earth and every seeker who raises his body and opens his vision will see the angels coming and going 'twixt earth and heaven. You will learn for yourself that we speak the truth. We cannot give you proof, but the proof is waiting for you, and will be in your own evolution. Be not content to listen to our words or to read the writings of the initiates and mystics and sages. Seek truth for yourselves, and you will surely find the jewel, a treasure of great price.

God bless you. May you receive God's blessing—now.

Q. Can you simplify your statement about the relation between electricity and the human nervous system?

A. The nervous system reacts to the power of the spiritual sun. The sensitive, who has developed a degree of sensitiveness through the light within which is a very fine degree of the life-essence, of the divine sun, reacts in greater degree to the influence or effect of the spiritual sun. Through the nervous system, the consciousness of the brain is opened—that is, the eyes of the spiritual body are opened. All this takes place through the electric force.

The divine love is the light, making the nervous system sensitive to that power which is electricity. All life is really animated by this electricity. Not being a physicist, we cannot go into it more deeply than that.

Q. What is the relation between the spiritual sun and material electricity?

A. The effect of solar force, or the spiritual sun, is stored in the earth. From the penetration of these rays stored in the earth, man has discovered something which he calls electricity. Electricity, being a life-force, is manifesting in the trees, the flowers, the bushes, in animals and metals. The same thing happens with the penetration of the solar force into the human body. The reaction of the nervous system causes it to become sensitive and highly strung.

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Then that highly sensitised medium receives still greater impressions. Electricity is nothing more nor less than the solar force residing in the earth, which man has been permitted to discover. Man has arrived at that place on the evolutionary path where he has earned the right to the benefits and the blessings of these spiritual powers. That is why man must become spiritually evolved before he attempts to use these inner powers, because if he uses them selfishly, they will destroy him—the same as electricity, if it is misused.

Q. Is it right to use electricity in medical work?

A. The same answer will apply. Used wisely, it is good; used unwisely, it is bad. The power of electricity can be beneficent or the reverse—so much depends upon the operator and the patient.

Benediction:

We turn our faces to the sun, the Source of all life, and we thank Thee, Gracious Spirit, for Thy blessing. May it remain in our hearts as peace and love and service.

Amen. Amen.

