

# The Christ Mass

T198 The Inner Teachings 13th December 1949 St Mary Abbots Place, London

## Invocation:

O Great Eternal Spirit, may we be cleansed from all material hindrances to the incoming of Thy most holy and beautiful light. O Great Spirit, we earnestly pray that each soul in this assembly may receive the blessing of Thy love and wisdom. May all receive a manifestation of the power and of the presence of the angels of the Christ circle. O God, we pray that the great Christ Mass may be realised by all these beloved brethren of ours whilst they are yet in the physical life. We thank Thee, O God, that the curtain between the two worlds is becoming thinner. We pray that the light may go forth to cover the whole earth. May the angels' song of peace and goodwill to all men become a reality in the soul of humanity.

Amen. Amen. Amen.

We come as a messenger from the world of spirit; the message concerns the Christ Mass. You may all feel a particular spiritual power tonight and realise in your hearts that a special outpouring of the spiritual sun falls upon the earth—now.

For now the hearts of simple men and women worship the blessed Lord, the Christ, the Son, the God; they worship His glorious spirit and celebrate in various ways the joyous Christmas-tide. Yet there are some today who question the truth of it all. Their intellect dissects and analyses the old story, and it questions the historical value of the gospel record. Even Santa Claus is today doubted by children who, after a certain age, dismiss the quaint legend—which is good, but what must be substituted if the faith of a child is to be retained, is a spiritual truth which will satisfy the spirit of the growing child. It is sad that these ancient stories should come to be regarded as mere fantasy. A truer interpretation of the ancient wisdom, which all Christmas stories contain, should be available to the children when they demand it.

For this we would go back to long before the traditional story of the birth of Jesus. We know, and you also know from past teaching, that the Christmas story is really based upon the rebirth of the sun at the turn of the year when the peoples looked to the return of the brighter days of spring. That was the time when the ancients performed their great ceremony of the winter solstice in the northern hemisphere.

The stories of all religions are based upon this rising or rebirth of the sun after a period of darkness when the whole earth slept. Then comes a new dawn, and the arising of a new sun destined to restore warmth, spring, summer and harvest to the people. Our Christ Mass then, insofar as its material or physical aspect is concerned, was based upon the rebirth of the sun.

There is, however, more to it than this, and we shall speak of another aspect somewhat later. Together with this other aspect, you who are students of astrology know that there is an astrological significance in the Christmas story. The birth of Jesus, or the sun, was from a virgin—or in other words when the sun was passing through the sign of Virgo. We draw your attention to another point, in that he was born among the animals. In other words he was born *in the circle* of the animals, which is symbolic of the zodiac. He was visited by the Wise Men, you will remember, which Wise Men symbolised certain constellations appearing in the

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heavens at that time. The influence from these constellations descended upon the Christ child. The stable is the symbol of the zodiacal signs in which the sun was born. We would also explain that this story, although based by the sages of the past upon an astrological significance (or the astrological aspects prevailing at the time), does not only rest upon astrology or astronomy. All such truths have a heavenly origin, because you can read the truths of the earth in the heavens. We may say that the cause is in the heavens, but the reflection is cast upon the earth. So when the first cause appears in the heavens, there comes the manifestation of the materialisation of that cause on the earth.

So do not let the astrological origin of the birth of the Son of God detract for one moment from your reverence for the actual birth of the Child. There is some controversy in your modern world about the historical origin of Jesus Christ. We affirm from the spirit world that Jesus Christ was born in the flesh, surrounded by the great spiritual, heavenly powers.

There is also another aspect of the story that is universal. This tells of the stimulation by the heavenly powers of the human heart. At this time of the year comes a heavenly outpouring of love and wisdom from the holy and blessed Trinity, known throughout the ages as the 'Mother-Father-Son,' the three aspects of the Godhead. All three aspects have a particular influence upon humanity as a whole—an influence exerted upon the spirit of man, upon the soul of man, and upon the body of man. Nearly all people can feel this outpouring but in different degrees, according to their sensitivity or their point of spiritual evolution. At Christmas time in particular the divine Mother (as well as the divine Child) pour forth the love, the joy and the sweetness of the spiritual life. For this reason, the heart (or the human love) in everyone becomes stimulated and there is a desire to think of others, to make contacts which will renew goodwill and kindness amongst you all. We say, 'O children of Earth, never, never close your heart to this great inflow of light at Christmas time.'

Following upon this blessing comes the arising of the physical sun from the depths of what we call winter. When the twenty-second day of December has passed there is a looking forward to renewal of growth of life. So the ancients used to celebrate this life-coming, this promise of food, of the fruits of the earth, of sunlight, sunshine, warmth, and all the real joy of living. This time of preparation, this time of advent, is beautiful indeed, but then every season has of course its own spiritual significance. Of them all Christmas is the greatest, for it binds the human family together as the heavenly family is bound. The light shines from the heavens and enters the cave of, the chakra of, the heart. There the light gives life to this spirit Child, renews the Christ life. It is not enough that you accept this truth with your mind. You must accept and believe with your whole being.

We were speaking last time about the mystery of electricity. We told you that electricity is in essence a mysterious life-force which came from the spiritual sun, and that this power (which you use materially to give you power, warmth and light) is in its degree identical with the spiritual power which flows to you from the spiritual sun. You have yet to understand this. When you do begin to glimpse its truth or its significance you will be able to harness it—as you do with electricity—and you will find that your life will be completely changed. We do

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not use the word revolution but evolution. There will be a tremendous spiritual evolution in human life.

As you know, the way to avail yourself of this spiritual life-force—which is the counterpart on the spiritual plane of what you know as electricity—is to respond with all earnestness to the Christ-Mass. Do not be content with remembering your friends only at Christmas time. That is not enough for you who have come into touch with a deeper mystery, a deeper truth. For you are now touching, not only earthly mysteries—together with all the discoveries of scientists of undreamed-of power in the atoms and in the elements—but you are also in touch with powerful spiritual elements. Therefore you must at Christmas time particularly not only think of feasting and present-giving and goodwill towards your neighbour, but you must think also of the season's great spiritual significance, the great spiritual dispensation which comes to mankind at this time. For now you can receive in fuller measure this spiritual sun, this stimulation of the spiritual life forces in your treble being; treble because, remember, your being represents a trinity, exactly as does the Father–Mother–Son, the Holy Family, represent the Holy Trinity in the heavens. You have a direct link, a direct contact with that Trinity above. As you realise this, put aside all analysis by the intellect. Go direct to the holy blessed Family in the spheres of light. Feel in your heart this contact. It will be like plugging into an electric point. Your whole being will respond to a new spiritual inflow, a life that comes from the Source of all life. Realise the power of the divine Presence. May you rise up during this Christmas, not as physical but as divine men and women. May you arise to meet the glory of the birth of the glorious Son of God again, again, and yet again. Remember that you children can share in this as did the ancient ones who received this life-force of the Christ-Mass in so great a degree that they were able to transmute the base metal of their earthly nature into the pure gold of the heavenly life.

O my children, it is *life* that is coming to you, renewal of life! May you always, always receive this outpouring of the golden life-force from the heavens above! Then, then, my children, you will understand the meaning of the I AM, the God within your heart. Then you will know that the real *you*, the child of God, is above you in the heavenly world; it is only when you look to that divine Source for all your needs that you will understand the meaning of the Christ Mass. It is the birthday, you say, of Jesus of Nazareth. Yes, that was the historical event. Greater than this, which was a manifestation to the earth people of the love of God, there is also a birth into the heart of humanity, into the soul of humanity, of this universal Christ spirit. O seek, seek, and ye shall find, my children! Seek this golden sun. Turn your face to the sun that will be rising again on Christmas Day. Remember that behind that physical sun shines the glory and the power of the eternal, the sun of your universe, but also the sun of universes beyond and beyond and beyond your conception.

O may you all feel this power now flowing through you! May your eyes be open so that you see the host of heavenly ones, angels who are real beings, and who love and serve God in the heavens and every living creature on this earth. Without this spiritual light no earthly life could exist. You only live because of this golden sunlight behind the sun. Cold and dead are you without this life. Man has a brain; he has been endowed with certain gifts of the physical life, but these gifts are given so that he may better comprehend the grandeur of the heavens

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and the spheres beyond this earth. Beware, beware of this material intellect, this physical intellect, because it is the great destroyer. It is the love, the light which comes to man's heart from the Source of all life that creates. Only thus will mortal life be built up into the perfect life originally ordained by God—by the incoming into the human heart of our Lord the Christ.

God bless you, my brethren, and if you open your hearts to this vibration of the Sun-life from the heart of God, you will know happiness, joy and sweet peace this Christmastide. So mote it be.

We would remind you all that White Eagle was used by a group to speak tonight. Behind is the great angelic throng, and upon this assembly falls a direct ray from the heavenly spheres. Our love to all our dear ones, to all our earth children, to each one individually. We know you, we know you; we know each one who is here. To you all we give our love and wish you to know the unspeakable, the unutterable joy of the Christ-Mass. If you are alone, or if you can escape and be alone, you will not be alone in spirit but in the company of Those who have found the glory of the Christ life. Those you love, my dear ones, will be very close to you at Christ-Mass. Where there is true love, there can be no separation from the spirit of your loved one. Remember, remember, look into the light; let it use you.

Goodnight. God bless you. Goodnight. Goodnight.