T254 The Inner Teachings 18th February 1958 St Mary Abbot's Place, London

Invocation:

We open our hearts in prayer and aspiration to the Great White Spirit, the Source of our life. Thou Who art the Light of man*, we pray that during this hour of communion each soul present may be receptive to Thy love, wisdom and power. May this mean to us all a step forward on the path of light which leads from Thy throne of light towards each one of Thy children. With humility and love we thank Thee, dear Father-Mother God, for our creation, our preservation and all the blessings of spiritual unfoldment.

Amen.

[*For editorial policy around gender, see the introduction.]

Brethren of the earthly life, we bring you all love. We come to help you to unfold the spiritual qualities of your soul, and to develop the power of clear understanding, which means clear-hearing and seeing. Many people are deaf in your world, many are blind, but the Brotherhood of the Light work unceasingly to help them to hear and see clearly. Jesus said: 'He that hath ears to hear, let him hear.'

The majority of people value only material or terrestrial things, ignoring spiritual truth, and for them a better and clearer understanding of the true values of life is essential. When you come into the White Eagle Lodge many of you are impressed, not so much by what is said from the rostrum as by your own response to something invisible; you may call it atmosphere, but you can feel it in your souls. Now feeling is the most important sense of all. It is usually overlooked because men do not recognise in it the beginning of development of a sixth sense. When you feel an atmosphere, or feel love, or kindness, you are touching or responding to the influence of an invisible world. This sense of feeling is becoming developed in the new Age of Aquarius, and with it grows brotherhood.

When you look back over the years of your own lifetime, or even before, you are horrified at the cruelties inflicted both among men and upon the animal kingdom. You are forced to the conclusion that in far-off days the soul of man was more insensitive than today, that feeling has become much more refined. Your own experience in your present life must be teaching you the profound meaning of this sense of feeling, particularly the deeper, more spiritual feelings now being stimulated.

We shall have something more to say about this later in our talk, but remember that what is impressing you when you first come in contact with the White Eagle teaching, and the atmosphere in the Lodge, is a spiritual company of men and women who are concentrating their power, wisdom and love upon this centre. Our brethren on earth are responsive, through their developed feelings, to the influence of an invisible company; it is through the feelings that this invisible company will influence mankind in the New Age.

Do not therefore be ashamed of your feelings. Be glad that you can feel or sense these more spiritual states, but at the same time remember your need to control and purify your feelings. The whole act of spiritual evolution is a purification of the lower atoms and the elements of

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all life, until the fabric of the earth itself becomes so purified that to the cruder states of life it will become invisible. To you, in your present state of life, the higher worlds are invisible, simply because you have not reached the stage in your evolution when your atoms are purified and your vibrations quickened so that you are attuned to the more spiritual states.

St Paul said: 'There is a terrestrial body and a celestial body.' With the first you touch, see, smell and feel terrestrial things; with the second you contact celestial states of life. Do not think in terms of here on earth and there in heaven, but know that you have bodies with which to contact all worlds. Within you has been implanted the seed of the Christ-man. In the process of your spiritual development this Christ-man will elevate the whole of your being; you will expand your consciousness, your aura, your atmosphere, to reach those most beautiful planes. It is an expansion of consciousness at will and a withdrawal from that expansion at will, a rhythmic in-breathing and out-breathing of life.

We want now to draw you all up into those celestial spheres. We want you to feel in your deepest soul, in the great Silence, the Source of your life, God, deep within you. Man must seek God within his heart. Until God is active in his heart, man cannot recognise God anywhere. Man may not call the yearning within him 'God,' but all that is good, true, beautiful and loving in him springs from God.

Man so sorely needs greater humility! When he becomes truly humble, he becomes noble and the humble spirit is very close to God. Humility is the basis, the foundation of the spiritual life; it begets love for God. 'Thou shalt love the Lord thy God' is the first commandment upon which everything hangs. Many byways lead off this main stream, so man gets confused, but his love for all that is good is the true voice of God within the human soul.

That is why the first tenet of this Lodge is the love of the Father-Mother God. When that feeling is established in the soul so that it is the foundation of life, love for God's creatures must necessarily spring up, no matter whether the creature is of the animal, human, or the angelic world. This love will in time become a part of man's very being, as the result of his spiritual unfoldment and development. Do not think that development of so-called psychic gifts is a form of spiritual development. Spiritual gifts spring from the spirit, and in order to develop them you must develop the spirit of goodness, the Spirit of God. For God is good and God is love.

'Of spiritual gifts, brethren, we would not have you ignorant.' Even in the early days this love for God's creatures must come. Do not be misled by the excuse that you are only human. You are forgiven human weakness, but not excused. You have a divine nature as well as a human. You have divine instincts. All men have divine instincts, but because they make the excuse of being only human they allow ignorance and the lower nature to dominate their actions. In the new age men will understand the divine law of brotherhood, which does not only work where man thinks it should, meaning for his own ends. The brotherhood of man means recognising the divine spirit in your brother.

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When man begins to recognise God in his brother and is willing to surrender to the rights of other people, then he begins to change his way of life. Even now he is beginning to reproach himself for the pain and the suffering he inflicts upon other members of God's creation. He is beginning to feel disgust for the cruelties which are perpetrated, and a disgust for food produced through cruelty to the animal kingdom. This state of mind and feeling will become more forceful in the process of spiritual evolution.

Jesus prophesied the coming of the Age of Aquarius, when the spirit of God would be poured out upon the peoples of the earth. The symbol of Aquarius, the man carrying the water pot, may indicate the importance of purification of the feelings in this new age. Abstinence from food produced through killing animals, distaste for the shedding of blood, is part of the New Age. Did you know that the bloodstream contains the spirit? We do not mean that the bloodstream is only the spirit or that spirit is only in the bloodstream. The spirit is also consciousness in the feelings, in the heart and in the soul. Nevertheless the bloodstream is sacred, and while man sheds the blood of his fellow-creatures, either man or animal, he will himself suffer. We make this statement, not in condemnation of anything you are doing at the present time but to give you a pointer to the true brotherhood of life which must come, must be established.

This brings us to the subject of war. War belongs to cruder ages that have passed. Man has suffered the pangs, the sorrows and the bitterness which follows upon the shedding of blood. Now he is entering upon a new age when war will be abolished. There cannot be war in a world where men have learned the brotherhood of all life. We do not say war is wrong any more than we can say that ignorance is wrong. War was a part of the natural process of man's evolution and a product of his ignorance. What we say now is that you have arrived at a state of your evolutionary path where war must be abolished, because man is ready for a wiser way of life. What is at the root of all war, of all quarrels between individual men, or between countries or even between planets? Yes, it is fear! Fear itself has to be abolished by the incoming of love. You must not wait until the other man loves you before you love him. If you do, there will be no cessation of conflict.

In conclusion we will tell you that there are many wise and highly evolved people both in the spirit worlds around you, in your own world and in the planets of your solar system who are working very hard and earnestly to help you. With great love these Brethren of yours, who are sometimes called the White* Brethren, are working to save this earth from the results of its own ignorance. You yourself have no excuse, for you are no longer ignorant, but are receiving knowledge; you can unfold the divine spirit within you and help your fellow men to find the light, the way, the truth and the life. Humanity must gradually be trained to overcome its fear of others and fear of the unknown. The people on other planets long to help you to a better way of life because they themselves, being more highly developed, have found the way to brotherhood and to God. When these visitors come, as they will come, let the earth people be brotherly, be ready to welcome them as guests. They are even now watching the reactions of the governments and the simple people on earth, waiting for the proper moment to come to you with good tidings, with knowledge of inestimable value. There are those whom you know quite well in higher worlds, but they do not say much because you are not yet ready to

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react wisely to knowledge they could bring. Above all we want you to realise that all life is one, that no man is your enemy, but all are your teachers. Even if they are more ignorant than yourselves, you can still learn from others.

[*Refers to light, not colour or race]

So train yourselves to regard your fellow creatures with kindness and love, attributing to them the same feelings as you yourself have; doing unto others as you would like others to do unto you. Now comes the old, old argument: 'We must stand up for ourselves! We must protect ourselves!' Children of earth, the law of God is your sure and only protection. Obey the law of God and you have nothing whatsoever to fear. Only man must put this law into operation, must respect his fellow man; he must trust him. Then the law of God will be his protection against all ill. We know what we say is true.

Before we leave, dear brethren, we beg you to have no fear about the atom bombs or about the effects of the explosions of the atom bombs in their testing. Set your faces in the opposite direction, towards the rising sun, towards the rising spiritual light. This shall be your protection, at all times, in every circumstance in life. Turn your faces towards the sunrise! Live in peace, live in purity of thought, word and deed. Do not allow yourselves to exploit others and particularly your lesser brethren of the animal kingdom. Do all in your power to obliterate suffering. That is the most important step before man can advance in development.

Benediction:

O Great White Spirit, we give our hearts and souls and bodies into Thy keeping, knowing that Thou canst use us as channels for Thy healing and illuminating Spirit upon humanity. O Lord, give us greater love for Thy creatures, for Thy angels, for spiritual life, and a greater surety of the spirit world and spirit homes waiting for us and our loved ones. Bless these Thy dear children, O God, our younger brethren; bless them and keep them in Thy love always.

Amen.