

## The Ancient Ones

T230 The Inner Teachings 23rd March 1954 St Mary Abbot's Place, London

### Invocation:

Let us pray to our Heavenly Father; O Great White Spirit, we open our hearts and minds to Thy wisdom and Thy love, knowing that these attributes bring to Thy children the power of life, the power to control themselves and all the earthly conditions in which Thou hast placed them. O, Lord God, we pray that Thy Holy Spirit may be strong in each one of us this night. May the Heavens open and pour forth the golden rays of Thy Son upon these blessed loved ones of Thy creation. Unto Thee, Eternal Spirit, we surrender, humbly praying that Thy will may be in every heart and that Thy Kingdom of Heaven may come upon earth.

Amen. Amen. Amen.

We come with a message of hope and love. We welcome you to this gathering and we hope to be able to bring through some light and some knowledge of eternal things.

You asked at our last talk that we should speak to you on the subject of the Ancient Ones, so to commence we hope you will feel the presence of one of these well known to you and to the world. We refer, of course, to Jesus. We shall have something to say later about other ancient ones. We shall commence, however, with the Master Jesus because he is a simple and beautiful personality whom most have learnt to love, and to whom most of you yearn to come closer by understanding more deeply his life and teaching; in fact, you want to know all that it is possible to know about the personality of Jesus. We are aware of his attunement with you and with ourselves. He stands now in all his heavenly glory as he once stood before his disciples at the transfiguration. Most regard Jesus as a very wonderful man. They also regard him as the son of God (which of course he is) but he was not the greatest, as he himself told you; there is one even greater. Here we refer, of course, to the Son, Christ, the Golden One. Think of the Golden One as being in the Sun, the spiritual Golden Sun, the Essence, the Life, the Creator in the Sun, who has taken form as man. This is difficult for earthly man to comprehend, but the form, the face of man is (or can be) the most beautiful of all God's creations. Think then of Christ the Son as having the most heavenly, most wonderful and perfect face, similar to that of humanity because he is in humanity and is a part of humanity. This is a mystery which few can comprehend at present. Nevertheless, as the soul rises plane by plane and sphere by sphere into the heavenly life, these mysteries will be unfolded as the rose unfolds its petals beneath the warmth and light of the sun. We speak tonight not of the Christ, but of Jesus who was the messenger who came to this earth from afar.

Jesus had a special mission in his coming, for he has been recognised by Christians as their saviour. By the agnostic he is not accepted, and we would say that it is only with the spiritual advancement of the soul that the true mystery of the salvation of humanity by Jesus the Christ can be comprehended. Jesus had a message to the earth. He came to save mankind. You may not readily accept that; indeed many of the things we are going to say tonight may be difficult for you to accept, but we would ask for your quiet tolerance and patience, and in the future when you will understand more you will begin to recognise truth in our words.

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In your solar system are a number of planets. Most of them are inhabited, and you people quite unconsciously receive a great deal of help from these inhabitants of the planets. We will also suggest that outside your solar system are others, extending into infinity. It is impossible for your physical brain to comprehend the vastness of creation, so we leave this thought with you to mature. Now from the planets in your own solar system visitors have come from time to time with a message for the people of earth. Jesus was an inhabitant of the planet Venus. You find this difficult to believe? The messengers to earth who have been called saviours have always come from afar, so when we refer to the ancient ones we include these souls from other worlds. Usually earthly people are very closed in their minds. They believe that they come into being much in the same way as do the animals and expect to live for a span and then die and finish. That is all and so they live in a very small closed box. Yet all about them are great and ancient souls who have a special work to do to help in the evolution and the development of the young souls on earth. These ancient ones, when they contact the earth and more rarely the people (they make this contact on a plane above the physical), make no claims; they do not say: 'I come from Venus or Mercury or any other planet.' They make no reference at all to their origin. What does it matter? They know that there is only one important thing, one great truth, and this is that man is a part of God; that within man is the divine life and that it is the Father's will that every man and woman should so live as to develop the divine life and the potentialities of the Christ.

As yet you have no conception—nor are you likely to have while living in the confines of the flesh—of the age of your earth. Scientists are constantly extending the supposed age as they proceed in their investigations, but they have not reached the truth. In the early ages of this life on the earth, men\* lived much more in the spirit than in the body. In those days it was customary for people to be aware of angels and visitants from other worlds. You of today have only a little crack remaining open to the light. You are, some of you, conscious of guidance from the spirit world. You are able to penetrate a little way in meditation into spiritual states of life. Your intuition is slowly being developed, but you are only just beginning to be aware of unseen companions. We know well the natural question which immediately comes into your mind: 'What a long way we must have fallen back to be in the state we are in today.' We answer that life is continually changing since the beginning of life on this planet when man was a conscious being and so able to appreciate the teaching, influence and knowledge which the ancient ones came to bring. In those early days man was taught the way of life and about his inner powers; about the unseen worlds around him and about his companions from past ages. You see, when we start to talk about earth time, you who listen are all at sea. You hear about ages and ages, millions and millions of years, but it really is nothing.

*[\*For editorial policy around gender issues see the introduction.]*

Can we help you by saying that human life is consciousness in time; that in reality there is no time; that a sense of time is all a question of consciousness. Life comes, man lives; it leaves, man dies; his body apparently decays, in reality it is only changing its form. Now if you can get [it] into your mind that there is no such thing as death; that there is only the death which man himself brings to himself; that life when man is fully conscious is eternal, although it

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may change from this level to a higher level; that it is all life and there is no death, then you are finding truth. When you are in meditation—when in a flash of illumination you touch the level of cosmic consciousness—you will surely know that life is eternal and life has always been and always will be and that you are that life. You cannot die, you will never die, and only when you touch that level of cosmic consciousness will you realise this eternal truth. Life changes form but it never dies.

So we return again to the ancient ones. In your own time, in your own history, maybe you will recognise great men; we shall not name them, you can think about them yourselves—great, shall we say, in that they were world teachers who came with a new 'religion', as it is called. In reality there are no new religions, but only teachers who come to reveal again spiritual truth, such as the saints and the sages of all time. To men they appeared to be ordinary men and women. You will perhaps remember us saying that you do not even know yourselves, know who you are or what you are. Hence the saying which was found over many Greek temples: 'Man know thyself and thou shalt know God and the universe.' All these truths, all this ancient wisdom, is within your heart. As that heart-centre opens you will come face to face with the ancient ones. All down the ages these ancient ones have appeared to mankind in a form which men could accept. They used the language of the day and of the peoples which they could understand and accept, but as you are unable to know even yourself at present, how can you recognise the great souls who are timeless and ageless, yet who appear in the form of man?

It has been written that God has never left man without a witness of Himself. In the remotest past, according to your way of thinking, the great ones were teaching the people about God's truth, revealing to them by degrees the secrets of earth and of heaven. They founded the Schools of the Mysteries which have endured through the ages. Later the intellectual part of man became so powerful that the mystery schools were suppressed and driven underground. Then the brethren had to meet secretly because the arrogance of the earthly mind persecuted those who dared to utter heavenly truth.

Man cannot even know himself with all his earthly thinking; man can only know himself through his spiritual awakening and subsequent study, meditation and by practising the presence of God. This practising of the presence of God is the hardest thing in the world and this is why man is still far from truth. It all seems so simple. Jesus himself came in all simplicity and humanity to say: 'Love one another', but it is hard for man to love his brother man. Can you for a moment conceive what life might be if all men loved one another and practised the presence of God?

The story of the Garden of Eden is a mystical story maybe, but containing profound truth. There was such a state of life on this earth and that state was perfect. In the beginning was God and God created all things perfect. The earth at the present time has completely changed. Your own island was once part of a much bigger island or continent and at one time was tropical. Beautiful fruits grew there and it was a lovely place. Today you cannot conceive your Britain as continually warm and sunny, with its life easy and beautiful. Since the days of the 'Garden of Eden' man by his own choice has had to travel the hard path; he has had to

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learn, he has had to pass tests and trials bringing pain and suffering. Out of all these experiences will presently come something worthwhile, something true as steel, something perfect and wholly good. It is therefore worth the effort that you are making to live and to aspire to God, for therein you are following the path which God has opened for you through these tests, trials and sufferings; you are returning in full consciousness and glory and power to your Creator.

We want to make very clear that appearances can be deceptive. The ancient ones can come to you in your own form, but they are not what they seem. They are great beyond all measure and yet so simple. Those older brethren who come can be described as ancient ones, but the form in which they come appears so ordinary that you cannot believe that they are souls of great antiquity and boundless wisdom.

We referred at our last talk to cataclysms which came to the earth, which caused great continents to sink beneath the water and changed the climate of the earth. Now this has happened not once but many times. In your Bible you have stories about the Great Flood, and about the destruction of the cities Sodom and Gomorrah. Clever people of today have said: 'Oh, that is only a myth, a story which does not mean anything.' These same stories are true and tell of happenings of many, many, many thousands of years ago. In those past days the ancient ones always warned the earth people. They explained to them that if they did not change their state of living; if they did not alter their ways; if they did not give up their greedy pursuit of power, they would certainly bring destruction upon themselves. These ancient ones were known in America by the Indian race as the 'Plumed Serpents.' They were so called because through their spiritual greatness they appeared to have a crown of light around their heads which looked like a crown of soft feathers, but it was of course just the divine fire, the illumination around the dome or the temple, the higher centres, which caused them to appear to be wearing crowns of white, luminous feathers. They were known as Plumed Serpents or sometimes Feathered Serpents. They came to the priests in the temples and imparted to them the will of God; conveyed to them the will of the Almighty Spirit. The names of these ancient ones, differing from age to age, can be traced on the ancient stones and records of the past. They came as saviours. They came to the people in exactly the same way as did Jesus. He also was a saviour. He was a messenger. It was said in the ancient days that these souls came from the Sun, that they were Sun gods. These Sun gods were similar to Him you now worship as Christ, and who of course is Christ the Lord. The Christ who came through Jesus is said to be the only begotten Son of the Father. This is true; Christ is truly the third aspect of the Deity, the only begotten of the Father-Mother God, but this Christ has had a number of manifestations apart from the one through Jesus. Christ is everywhere, infinite, eternal, always has been and always will be. Christ has come again and again, and particularly in ages past through the Sun gods, the ancient ones. Christ has always brought the same message. In days gone by when we ourselves lived in a body of flesh, we were acquainted with a Sun god. The message was the same and the messenger appeared miraculously. As has happened since, the Sun gods were crucified and they rose again, teaching the people about the mysteries of birth, life, crucifixion and resurrection.



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These Sun gods have visited your own country, but none today knows about them. There are still markings on stones which record their visitation, and which can be and will be read and understood by initiates. These things are only for those who have eyes to see and ears to hear. There is a world composed of the finer ethers which is just within your own 'solid' world, while it is not the spirit life, as you understand it, to which you go when your body dies. Within this finer world these ancient brethren of the Sun still live and worship in their Sun temples and Sun cities. Why are the Sun people still around the earth? Because they have work to do with the earth and with mankind. Silently and unknown to man this wonderful life is being lived, and the spiritual forces are penetrating the earthly life. Sometimes they reach the conscience of man and man is inspired with what you call inventions. Man thinks that all good comes forth from himself, but man is just an instrument of the great spiritual forces and spiritual life, except that he has one thing within himself which is predominant. This is his freewill. He has the power of choice and can respond to all that is true and lovely and good or else reject these things and, following the path of self, find nothing but darkness and confusion. These are the forces playing upon man, both negative and positive.

During the last war there was much condemnation of the messages which apparently came through from the spirit world declaring there would be no war. These came because there was a great effort made by the wise and the ancient ones to help humanity to avoid those years of suffering. Man does not necessarily have to suffer. He can learn in another way. But all the efforts, all the messengers, not only from the spirit life but messengers from afar, who came to your earth to try and solve the problems of man, were unable to turn the many opportunities which man was given to prevent that war. So man had to go through that period of, we were going to say, self-inflicted suffering. This again brings up the great question about the innocent suffering for the guilty. When this problem is investigated, we are bound to accept the truth that all people are to a certain extent responsible for all things which come about. When properly understood, the truly innocent do not suffer. Think that out and you will admit that it is true. They appear to suffer but the truly innocent (we do not say ignorant, but the innocent) do not suffer.

When one is on the mountain top, one can see a wide vista. When you are down on the ground you can only see a short distance. So it is with spiritual truth and all human problems. We know that when you see more clearly, you too will say: 'Well that is so; the innocent cannot suffer.'

Let us raise you up again to the presence of Jesus the Christ. He is here with the angels of Light with the same message as of old, the message of all the ancient ones throughout time: 'Man, love one another; Man, love thy neighbour; Man, love God, the Almighty Eternal Spirit; and in thy love thou shalt learn all the mysteries of thyself, of God, of the universe.'

### Benediction:

Almighty and everlasting God, we bow before Thy Throne of Glory with thankful hearts as we receive Thy sweet, pure blessing of love and peace. May it remain with us to give us

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courage to live according to Thy will. May each one of Thy children be increased in faith and in trust, knowing that all things will work for good for those who love good and Thee.

Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Astronomy, astrology, masters, New Age, history, spiritual help, cycles*

