

The Way to the Heart of Truth

A284 Sunday Address 6th May 1956 St Mary Abbots Place, London Sunday Service
(Rogation Sunday)

Text: this address was reprinted in the June 1956 *Stella Polaris* and this version was initially copied from there; it has since been corrected against the original typescript, with quite substantial omissions (including the first paragraph) reinstated. The title however is taken from the printed version. One sentence two thirds of the way through may be corrupt: 'Suffice to say, that all life must, in the normal progress of spiritual evolution – it must come under – and recognise this divine law of giving love and goodwill'. But it may simply be unclearly put – maybe it should read, 'Suffice it to say that all life, in the normal process of spiritual evolution, must come under the divine law, which is one of giving love and goodwill'. This whole passage, which contains a few other confusions, was cut in the printed version.

Context: MB's cover sheet reminds us that 6 May was Rogation Sunday; her note also tells us that the reading was from the ninth chapter of the Aquarian Gospel and that it was the story of Salome, the wise woman teaching the lesson of the day.

General Notes: the theme of Rogation is only reached at the end of the talk, which otherwise gives more detail perhaps than anywhere else in White Eagle's teaching of the inner 'form' first of the communion ceremony and then of the service as a whole – that is, how it is seen from spirit. There is then a discussion of service, in the other sense, and of the restoration of balance to life – balance between giving and receiving. Returning to the ritual of the service, White Eagle speaks of the extraordinary power of the Star when it is projected forth. Further discussions include the subject of life on other planets, and the development of brotherhood on earth and what that would consist of. Finally, White Eagle comes to the Rogation theme, but through a reminder of ancient times, when those he describes as 'the Ancients' blessed the soil and the seed and praised God. He says, 'We were one of the Ancients' – which may mean simply in lives such as those he recorded in South American times or may be much earlier, just after the time of the Sun Beings. He seems to imply ancient ceremonies not too far away from where he was speaking (London) – maybe he was referring to places from the time of Stonehenge and Avebury or, again, he might mean something more distant.

References: 'Unless ye become as a little child' is Matthew 18 : 3. The words ascribed to the Christ in the communion are not scriptural, however beautiful. When White Eagle refers to 'the singing of the prayer before the "sending out of the light"' it is not clear what prayer he is referring to. It might be the Lord's Prayer, in the setting written for the Lodge choir by Albert Whitnall. Later, it would have followed, not preceded, the prayer for humanity. Just possibly, it was the chant, 'Hail gladdening light', translated from a third-century Christian source by John Keble and, in the version the Lodge choir sang, set to music by John Stainer. 'Even the hairs of your head are numbered' is Luke 12 : 7 and Matthew 10 : 30.

White Eagle's Address:

Beloved brethren of the earth, once again we come to speak to you; not only to your minds, but to your hearts. And this is the more important, particularly in the present age: that the spirit of man should be touched, stimulated, lifted up from the darkness in which it is shrouded.

We come not alone: we are merely spokesman for a group of Brethren who are behind us; and we want to give you a message of hope and of faith.

As you close your senses to the physical world you develop an inner vision, a sixth sense; sometimes it is called intuition. But it is this inner sense, if it is truly awakened, that will lead

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you, guide you to the heart of truth. But it is very important that you see to it that it is the spiritual sense which is leading you; and not the lower egotism which is so likely to jump forward and establish itself in the forefront of your mind.

It is truly said that 'Unless ye become as a little child, you can in no wise enter the Kingdom of Heaven'. And so, dear ones, remember this: that in seeking comfort and guidance and the inner light, strive constantly to subdue egotism, and subdue that mind which is always eager to jump forward and be proclaimed something very clever. The lower self always wants to show off and convince its hearers that it is clever and grand.

There are the two ways – one the narrow path which leads to salvation; the other, the broad easy path which leads to destruction. It must be so: destruction of the unworthy self, that part of man which is so full of egotism.

And as you look around the world, you see so many men and women who have not yet seen a glimmer of the inner light. Now it is this inner light, dear brethren, which must be the guide of all who truly seek the Heart of God. Everyone, every individual, passes through an appointed path in physical life. And the first thing that must be done is acceptance of the wisdom and the love of the Creator. Until this acceptance has been made, there is bound to be resentment in the heart when earthly affairs and the physical life do not conform to the ideas of the egotist. Now, the spiritual man does not resent anything. The spiritual man humbly goes inward to God.

We have often described to you the inner sanctuary. It is in the form of a triangle. You can visualize it with your higher mind. As you pass through the golden triangle into the innermost sanctuary you are faced with a white communion table. And presiding at that table is the Master, the One who is loved and worshipped as the Cosmic Christ. And from him you receive the bread of life and the wine of life. The bread which gives you strength. The bread which feeds the higher mind, and through the higher mind the body and the life, the everyday life. And the wine, which is the essence of the Spirit, the Christ spirit. 'My life', He said, 'I live for you, in you'. And He gives refreshment in the wine, the essence of His spirit. Man can only take this communion in his spirit. He must proceed along the only path there is, the path of simplicity and humility, the path of love. No man will be disappointed if he follows his own intuition, his own inner light. And this must be striven for, my brethren, with every breath you take. But it is desirable that this centre, this light and truth, should be found by every living soul before the great revelation of divine truth and the Holy Breath can come to man.

Now, we are not giving you high-flown foolish talk. We are giving you sound practical advice. People on the earth are seeking all the time for practicability. They want to be practical. 'Oh!' they say, 'that is not workable, it is not practicable'. My brethren, the divine law is sound and practical, and the most practical law in your life.

You are hearing a certain amount on your earth today about vibration. Everything is in a state of vibration. And when you come into this Service you are entering into a certain vibration. If you come to enjoy the service and to worship God, you must attune yourself to the vibration

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of this Lodge. Most of you are conscious of feeling something here. You sense a power, a spiritual essence. You sense an atmosphere. You feel an atmosphere. You are attuning yourself to the vibration which has been created here in this Lodge by you, and many others like you – assisted by the invisible company who come at every service. You are prepared for a certain ritual.

Some people do not like the word ‘ritual’. They like to feel that everything is free and easy, and that there is no need for a ritual of any kind to find the truth. But life is all ritual; everything is ritual. Some people realize it, others do not. But at all events you are prepared to participate in the ritual, in the spiritual ritual, in this Lodge, by music, by the words of the hymns. And we have particularly in mind on this occasion also the singing of the prayer before the ‘sending out of the light’.

Now, it is true to tell you that all spiritual poems come from a higher sphere than the mental sphere. And those words that are sung to prepare the congregation for the ‘sending forth the light’ were transmitted from the temple above, to a human spirit on earth. Those who dwell above this physical life work continually – whether they come in contact with the earth plane or not – they continually work for humanity.

On your earth plane you have many forms of service to your fellow man. And all these forms of service are creating a certain condition and state and level of human life. And they do not know one another, these various sections of servers. And in the higher worlds where harmony has been constituted, these groups of servers are working in their own fields for evolution, the spiritual evolution of life, and of humanity. Each little section pursues its own way, but always governed by the same law. And that law is very simple. And it is so simple that you on earth let it go in one ear and out of the other, as you say. It is simply the law of love, of goodwill, or right thought, of harmony. The desire to give, to give, to give, and not count the cost.

Now on your earth unfortunately there is an imbalance at the present time, because it is not a spirit of giving without counting the cost. It is a spirit of giving to receive, and to receive the greatest amount for the service. Now we cannot go into all the pros and cons of your life here on the physical plane. Suffice to say, that all life must, in the normal progress of spiritual evolution – it must come under – and recognise this divine law of giving love and goodwill; and working not for self but for the good of life. In other words, working for God. And here is thought for some of you who may be having a very difficult time in your life. You may feel that you are unjustly treated, and you are not getting what you call a fair deal. Do, we beg you to remember, keep very calm in the face of all these difficulties, because you are where you are because you have to train in a certain way; parts of your character have to be trained.

You can only be trained through experience, physical experience. This earth life is a training ground. And training is sometimes very unpleasant and very irksome. But remember who is the Master [that is] watching over the whole scheme! And the whole scheme is governed by love and your Father in heaven. Your Father–Mother God watches over you, the individual. Oh yes, oh yes! Did not the Master say, ‘Even the hairs of your head are numbered’? But it does mean continually looking up, and effort, because you cannot sit down and do nothing,

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and expect your Creator to do all. You have to do your part by following that inner light, and striving to overcome the egotism and the lower self – ever reaching upward and upward to that glorious world of light where all is harmony and beauty, and where there is a joy, where there is a state of perfect life and happiness.

And we do want to point this out to you, because there is too much of darkness, heaviness, despair and [a] dragging down of man's thoughts into the darkness of earth. We come with that one object, to raise you up from that heaviness and darkness of the material plane, and to show you what life really is – and what it will become for all of you.

Now, we were talking a little while ago about the preparation – about the ritual – about the reception from the creative spheres of music on the air, and ideas all sent for the upliftment and development of humanity. Now when you come into this Lodge you enter into that vibration of light and beauty and truth; and the result is that your thoughts are blended with those of the invisible builders; and you build, in this service, a temple of light. And this beautiful structure is as the result of your vibrations, and the vibrations of the invisible: all of you are working for one object, to worship God – to come into closer contact with the Creator and to send light into the world.

Now, when that small piece of ritual takes place, when you are all called to project from your higher mind the symbol of the blazing Star – which by the way has far more power than any one of you can conceive, and has very deep powerful significance in the whole of creation – that Star sends forth rays of light, and these rays of light go rippling through and through the earth. And the light reaches individual hearts, as well as companies, as well as nations. That light is going out in countless rays, countless vibrations, and always, always the light brings enlightenment.

What is sin and darkness? Sin is ignorance and darkness. And ignorance and sin are unevolved souls. The darkness of sin is lightened by the companies of brethren like yourselves, who are sending out these rays to enlighten; and it causes the ignorance and the darkness to slowly recede and light to take possession.

You do not know what a wonderful life [it is]. Do not be bound down by the material and physical conditions. Let your minds rise into higher planes. And remember this, that there are wonderful worlds around your earth plane. The darkness of ignorance tells you that there is no life as you know it here on the physical plane [on those worlds]. But there is wonderful life, a wonderful human life on the other planets. And you believe, some of you, that because your scientists say there is no life, there can be no life on other planets – you believe that this is so.

Release your higher self! Release your spirit, and aspire; and you will find out for yourselves that there is a wonderful, glorious life in your universe. And that glorious life in your universe will one day be open for you – not only when you leave your body – but that great universal life will be opened up for all people, for all humanity.

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Oh yes, you are only at the very edge of discovery of wonderful people with whom you will mix, and learn from them. But first of all there is much to be done on the earth plane before it will be possible to open up that wider communication.

Now this work will depend upon you, and all groups like you. Just think of the seriousness of this work. There must be established on your earth plane this brotherhood. First of all, the brotherhood between yourselves: true brotherhood, not lip-service, not a pretence of brotherhood, but a real feeling for your brother man. And this feeling must spread out from you as individuals; it must spread into the whole world. There must come this understanding between the nations. And it will come, we promise you. And it will come, because as we look into humanity we see so many, countless, people who are feeling this longing, this desire for brotherhood and goodwill. And the forms of brotherhood that you see on the earth today may be in a very crude stage. But do remember that love itself has many levels, and many stages, in its progress from the animal love right up to the divine love. Just remember this. All is in the process of growth, of development, upwards and upwards into more glorious and perfect life.

Now, one more word, if you would patiently listen to us. It comes so strongly from behind us. This thought of God. To instil into your minds this thought of the Great White Spirit. Let it not only be words: God, Father–Mother, Great White Spirit! Seek, dear brothers, to *feel* His Presence in your life. Everywhere seek to see His Light in the eyes of your brother man. See His Light and Love manifesting in all nature.

You know the Ancients – we were one of the Ancients – the Ancients learnt so much from their observation of nature. And God manifested to them through nature. And when the ancient ones wanted to sow the seed and grow their crops, they knew that of themselves they could not grow their food. They knew because the spirit in them told them, and also their minds, from observation. They knew that it was the power unseen, the power of the Creator which caused their crops to grow. And you know they had grand ceremonies on your earth – and a ceremony not too far away from where you are now sitting.

May we tell you, away in the country on the hill-tops these grand ceremonies used to take place. And all the nature spirits were drawn into harmony with the work, and they were directed by Wise and Holy Ones, their Masters. They worked in the earth, upon the earth, to bring forth the harvest.

That is a subject which is too big for us to go into now, tonight. Nevertheless we would impress upon you the great service rendered to humanity by the little people. Of course, the very worldly minds scoff at the idea of fairies. One day, the people who scoffed at these beautiful things will be very sorry – as all men are, sorry and grieved when they come face to face with God, and see how ignorant and foolish they were to jeer and laugh at God's sacred truths.

Yes, the Ancients knew of this wonderful life of the nature kingdom, and they worked in co-operation with the nature spirits to grow their food. They would not do anything without seeking the blessing of the Great One, the Great White Spirit. The people in those days, of

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course, were very different from the people today. Nevertheless, there is this process of growth and evolution taking place. The mind of man is becoming very highly developed, and he is discovering many, many secrets of the physical nature. But we do warn you of the importance and the vital necessity of opening the heart simply to the Creator. If the heart centre is neglected, the mind, which can be darkness, will destroy: destroy life, destroy the body, and send everything back to ignorance and darkness again. But God has planted in every heart the divine spark, divine intelligence and divine love. Do not think it childish to follow the simple light of the intuition and divine love, because only this will release you from the bondage that you are now in.

And now, as we leave you, we invoke the blessing of the company of Shining Ones who are around you. And oh! dear Father–Mother God, we pray that these Thy children may feel the Presence of the Holy Breath and be comforted and reassured of Thy love, Thy protection; and of the future which opens before them as a glorious vision.

Amen. Amen. Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

spirit is never just one master, discernment between higher and lower messages, the narrow path, humanity's choice, the triangle, ritual, spiritual training through difficulties, the meaning of projecting the light, feeling the words you say, vibrations