

Mantrams

T027 The Inner Teachings 18th November 1936 Pembroke Hall, London

Invocation:

Infinite love, wisdom and power, we pray that we may go forward into the light. We desire to be true sons* of God; to claim our birth right; to give loving service to all creatures on every plane of life. And if the way lie by the Cross, then Thy will, O God, be done. And as we tread the path, may we find courage, steadfastness and a deep peace, which will guide us by still waters to green pastures. We praise Thee, O Divine Love.

Amen.

*[*For editorial policy around gender, see the introduction.]*

You have chosen the subject of mantrams*, and at the outset we would make it clear that here we are dealing with magic, and it is unnecessary to stress that in all magical practices and in imparting the secrets of magic it is vitally important to be very cautious. The word ‘mantram’ covers a wide area; we will touch on as many aspects as we can tonight. The word ‘mantrams’ is sometimes applied to certain sayings or writings contained in the Ancient Wisdom. On the inner planes, or esoterically, a mantram is a group of words arranged and used rhythmically to create certain vibrations, or in other words, the bringing into manifestation of the unmanifested, through divine magic.

*[*A mantram is a sacred utterance or group of words in Sanskrit.]*

In the beginning was the Word. We will deal first with this word of power, and then descend from the mountain to earth—this course being more harmoniously adjusted to reality—rather than to commence with the lower aspect, when we may never even reach the heights at all. In the beginning was the Word and the Word was with God, and the Word was God. We are taught that through the sounding of the sacred word of power that which was previously unmanifested came into manifestation on every plane of being. We are taught also that the sacred word, the innermost, is a creation of three sounds. Occultists speak of the great and beautiful name of ‘Aum’ which word you have heard us use. Divide the word in three—’A’-’U’-’M’—and we are coming nearer to the sound of vibration which first brought manifestation into being. These three letters or sounds are found represented in all the ancient religions; according to the interpretation of the particular races, these three are found. But by ‘sound’ let us not assume only the vibration on the outer plane of human speech, but that which vibrates through creation as a result of being—do you follow?—the actual soul-note of creation.

Thus every individual who presses forward on the path towards initiation learns in the course of his probationary experience to sound his soul-note, or ‘word’, and so the soul is not merely an individual, but the actual part of a word. I wonder if you can follow?

In the mysteries each soul speaks its password. A password can only be received or ‘passed’ from one to another by soul-contact or soul-understanding. This means that until an individual reaches a certain stage he cannot pass through the gates of initiation, because his soul does not yet sound the password. So it is not merely being told that the password is, let

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us say, Aum; it is useless my saying to you, the password is so and so, because if you think to gain admission by the mere saying of the word with lips only you will fail. Your whole being must resound with the password, so there is no mistaking who and what you are.

Here we come into the heart of the mysteries. The three 'sounds' or 'words' composing the great WORD rest upon four; the triangle upon the square, or the 'four', which gives us in all the seven great words. In the highest aspect therefore these seven words will form a mantram, the very mantram which brought into being this solar system. Now see in your minds the three as from the centre and the four drawing upon the powers of other solar forces or vibrations. Remember this—the four and the three, the square and the triangle. Visualise it first as two-dimensional, as a flat square and a flat triangle, then think of it as a three-dimensional pyramid. Meditate on this and you may come to a great truth of creation, once you can grasp such truth in its four dimensional aspect. By using a group of words rhythmically arranged with knowledge and power, you will create a vibration and form upon any one of these three planes of manifestation.

Q. How is it possible for a group of words, chanted or intoned, to affect matter?

A. We return to the individual again, and take a simple illustration. We will choose something pleasant and helpful, so we say 'I am beautiful, I am beautiful.' Now the continual utterance of this, with conviction and power, will have an effect upon the etheric body, upon the mental body, and will create a vibration, and this will affect in turn the physical body. This may seem far-fetched, but it is scientific truth and provable by anyone.

Q. Is it possible to affect others by using a mantram?

A. Yes, and a very serious responsibility it is, because you are employing magic, and this is dangerous. By using a mantram with such an intention, you can project such vibrations and create forms and elementals such as could very seriously affect another life.

Q. Is it possible to protect yourself from the mantram of another?

A. Certainly. Self-protection is always attained from the centre of light within you. This means that if you are continually being—shall I call it your mantram?—or vibrating a certain thought, you create around yourself a ring of light impossible for anything harmful to penetrate.

A mantram or affirmation used for earnest and pure meditation will have a most uplifting and beneficial effect, as thus:

'I am the centre of my universe; I am wisdom, love and power. I am the centre of my universe; I am wisdom, love and power.'

An affirmation like this will in time increase poise of spirit and the growth of character and usefulness of the life. *'I am perfect in God's love. I am perfect in God's love.'* Such an

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affirmation not only spoken with the lips but continually poured forth from the heart will raise the vibrations and awaken the candidate to the infinite goodness and beauty of life.

The Lord's Prayer is a mantram, perfect and beautiful. One of the questions which will arise is this—what about the difference in language? Words spoken in English will have a different sound to those in French, Spanish, or Hindi. Will this make no difference?

The repetition of words means little; it is their inner meaning you must express and send forth. A few words repeated again and again rhythmically exercise a certain power on the lower planes, but without endeavour to contact the greater powers you are very limited and can only operate within a small radius. When we come to greater things, the words take power from the mind or the will behind the words. Thus the Lord's Prayer, for instance, spoken in English or in Latin or Hebrew will produce the same effect if he who prays reaches out to the God whom he invokes. Any other invocation if uttered with full meaning will have a like result.

Some are aware that in the schools of masonry there are certain sacred words; there are supposed to be certain secrets. You are told that it is impossible to convey such secrets. On the more unenlightened planes the brothers are told that the secrets are lost; truly this is so—the secrets are lost to those who, having descended from the Light, have forgotten. But as they walk the path of evolution, through struggle and trial, on their return journey they will remember, sooner or later.

Again I repeat, these things cannot be learnt from any book; man* can only grow towards the light. Man can only sound his soul-note or express his soul-mantram through actually *being* that mantram. Do you follow?

*[*For editorial policy around gender, see the introduction.]*

And so, when you think of mantrams, transfer your thoughts to those true planes of life, strive to *become*, and remember that all life's experience, its pettiness, its irritations, its weariness and the continual grind (beloved, White Eagle understands it all!), remember, that as each individual presses forward on his path, which is difficult on every plane—difficult because of drudgery, the soreness and the hurt, the sickness and the weariness of the flesh, difficult also the plane of struggle with desire and temptation of the astral; difficult also the weariness of the mental, the struggle with the unseen enemy, and the uncertainty of life—remember that experience with all these is actually designed to initiate the soul into that perfect rhythm and sound, to perfect your mantram in the heavenly worlds. Not a weary day is lost. You learn, you are creating the whole time, so that when you arrive at that plane of true harmony of soul, there opens a great vista of ever-increasing loveliness. It is not for me to tell you at this juncture of that which awaits every soul. Be of good cheer! Live, sounding in your heart a mantram '*I am the centre of my universe; I am the centre of God's life; all wisdom, love and power dwells in me.*'

Q. Are musical notes a mantram?

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A. Well of course, certain races intone, or use incantation to music of a type. A mantram really means the use of certain words, rhythmically expressed, and I do not feel that music would be quite the same.

Q. What about the Gregorian Chants?

A. Certainly—these are mantrams used for a definite purpose.

Q. Is a person's aura the physical manifestation of his soul-mantram?

A. The aura is the result of the vibrations created by the soul-mantram, yes. The aura is the creation of mind and desire.

Q. What significance has the name by which we are called?

A. This is an interesting point, because so many people cannot understand why a clairvoyant obtains the Christian* name frequently to the exclusion of the surname. The name used in the most intimate contacts of life is bound up with the soul vibration, literally woven into the soul substance of the individual. This is why the Christian* name lives on in the spirit world.

[Nowadays we would say 'first' name.]*

Q. It is true then that the soul knows its name before it is born, and the mother gets the vibration from the soul?

A. Yes, and you will find that although several names are put forward by admiring relatives, the right is eventually selected.

Q. How is it then that those on the other side often give us a new name?

A. The vibrations of your earthly name will be transmuted to a name on the celestial plane of the spirit plane, a higher aspect of the real you, of the soul.

Q. Would you call a great poem a mantram?

A. Oh, surely, surely. As we come into the realms of creative art and poetry, the poet touches one of the highest planes. He actually contacts the heart of sound and harmony. The sound of a voice—so much in the sound of a voice! The soul-vibration! The password! The hidden secret! Think this well over and try to understand.

Benediction:

And now beloved, let us enter the temple of meditation and prayer, losing all sense of separateness; we merge into the Eternal Love, and we enfold all living souls, for we are they

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and they are we. A great Mother-love holds us all in Her arms, and we know only love; we know that God is good, we know that all moves forward to a perfect and glorious realisation.

And so the peace of the Eternal Love dwelleth with us, for ever.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Om, beauty, poetry, mantra, mantrum

