

Man's Helpers, his Guide and His Guardian Angel

A194 Sunday Address 4th July 1948 St Mary Abbots Place, London Sunday Service

The date of this address is conjectural (see below), while the text is as issued in the magazine Angelus after it was given, apart from correction of errors

Text: from *Angelus*, May 1950. The address ends a trifle abruptly, and may have been cut for printing in the magazine.

Context: this is an address without an obvious date and, printed in May 1950, there are no obvious 'slots' for it earlier that year. Nor does it link with any festival time. There is however a 'missing' address for the first Sunday in July 1948 and after much reflection we have added it to this position despite the time lag between its being given and being published. It might, of course, have been given in a White Eagle daughter lodge at any time before May 1950.

General Notes: the address begins, more or less, with the lovely statement, 'We know of no greater joy than the awareness of the beating of the heart of brother man within our own heart'. The reference to planetary angels in the context of our human development is useful. A striking aspect of the teaching about helpers from the beyond is the detail White Eagle gives to how, karmically, we may help one another from spirit: the help we receive is not only from our guardians and guides. 'Your spiritual teacher is very lovely to look upon' is a very reassuring statement. The whole address could be subtitled 'A Path to Happiness'.

References: 'only God is great' is a great Islamic call, but White Eagle may or may not have made the statement knowing this. 'The still small voice' is from 1 Kings 19 : 12, but probably best known through the libretto of Mendelssohn's oratorio, *Elijah*. 'East is East and West is West and never the twain shall meet' is the first chorus line of Rudyard Kipling's poem, 'The Ballad of East and West'. 'all things work together for good for those who love God' is Romans 8 : 28. 'Not my will but Thy will.' Repeats Jesus' words in the Garden of Gethsemane, before the Crucifixion.

White Eagle's Address:

Brethren, we bring our love. We are going to talk, if we may, on the subject of guides and teachers. Many of you already believe that there are hosts of unseen heavenly beings who come close to influence both individual man and the spiritual evolution of humanity as a whole. Many people like to feel independent and so believe that all they accomplish is through their own power. We can understand why people feel like this.

Nevertheless, one of the important lessons the soul has to learn is that of humility. The wise man knows that only God is good, and only God is great. The wise man recognises that he himself is nothing and that all the power which comes into his being originates from God. Once the man admits this truth he begins to look upwards; then as a rule he feels the first glimmerings of light – not in his mind only (usually the mind is the last to be affected) but in his heart. He begins to realise the age-old and eternal brotherhood of all living things; and then his brotherhood with his own kind. When a soul has experienced this pulsation of the true brotherhood he rises into perfect happiness and light. We know of no greater joy than the awareness of the beating of the heart of brother man within our own heart. It is something which will come to every child of light, and we think you will agree that this experience of perfect communion, spirit with spirit, is in truth the unrealised aspiration of every soul.

As we are saying, the important lesson that all have to learn while in the flesh is that of humility. Many souls which come over to the spirit side of life having failed to learn this lesson of humility are often directed back to the earth to help some unknown mortal. They

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give of their gifts to that soul without hope or thought of recognition. Remembering this fact, think often of the unknown, unseen helpers that are about you, for many people (as already said) are inclined to take unto themselves all the credit for their accomplishments.

We recognise that all spiritual power originates from God, the absolute Source of all life, truth and beauty; but God manifests through His creation. He manifests through His own children, who wear forms created out of His substance. As God manifests, these children become drawn closer together. As they are continually being served by God, so they also become instruments of God and serve one another. So we would have you conceive the spiritual realms as spheres of life, of form, of beauty reaching ever upward. Even the heavenly heights can be contacted from the earth, while spiritual beings can descend through the planes or make a link through some harmonious channel until they contact little man on the physical plane. The humblest child of God is not without his guardian angel. The chakras of your etheric body serve as windows or channels through which these guides and helpers make their contact. Yet all the while man in his arrogance can close the door and consider that everything depends upon his own efforts.

In a sense everything does depend on man's own efforts. It is vitally important for every soul to aspire. According to the degree of that aspiration man is helped onward and upward. It is no good complacently to leave all the work to your guide, which is a mistake many people make. It is man's duty to do the best he can. He ought to perfect the gifts which God has given him, always remembering that however much he develops his brain, however much knowledge he acquires, he is still only God's instrument; for until he learns the magical secret of connecting himself with the spiritual current, he will remain empty. So soon as he can make his connection he opens the windows of his soul; in the degree he spiritually unfolds, he is able to see and to feel the presence of those guiding him from the higher planes. Every one of you has your own guide and angel helpers, and so has the man in the street, no matter whether he accepts the fact or not.

We would like to try to convey the nature of these guides. As astrology reveals, you have certain planetary influences working upon you; in other words, there are planetary angels whose work it is to help the human line of evolution to develop. There are also human initiates, and beyond the human [there] are solar initiates. These beings from afar can draw near, no matter who you are, to help. They also have agents, shall we say lesser brethren, who work under their direction. Each of these beings forms a link in a chain which extends from the highest planes right down to the earth.

We would divide guides into two categories: first, those guides who are human in origin, having traversed the human line of evolution, and who are still connected with man by reason of his karma and his past lives; and, secondly, the angels – that is, those who have not traversed the human path of spiritual evolution.

Even before the actual birth of a babe, the guardian angel is near. Once the soul takes the decision to incarnate that soul comes under the angelic care. As it descends nearer to its future parents the way is prepared spiritually. At every birth the guardian angel is present, as is also the presence-form of the Divine Mother. That same guardian angel will remain with the soul during the whole of its life, and when death comes the guardian angel receives his

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charge in the spirit world. This being works under the direction of the Lords of Karma, because the soul held in its charge has come back in order to pay its karmic debts and thereby to learn certain lessons. The guardian angel is there to inspire, guide and help but never to force the soul. The soul, having free will choice, may decide its own course, within limits. Man's gift of free will is always respected.

We want to emphasise the dual nature of this angelic influence. Should such influences appear to the recipient to be evil, we would still point out that what is called evil is not always bad, but comes about through the treading of a path decided upon long ago through the soul's free will. On that path the soul is going through a process of education. The wise man knows that enemies and friends alike are his teachers. So influences called evil, when viewed in the right light are in truth the means used by the All-Wise to enable you to learn your lessons.

Some people will ask, 'Who is my guide? I have had such a number of spirits described to me'. We answer that there are many helpers, brought by the Lords of Karma at certain stages of your journey. Who has not cried out on occasion, 'O God help me!?' God hears your prayer; the Lords of Karma are ever watchful; your guardian angel is on duty, and there are other souls on the astral plane who may also desire to work out a debt they owe you from the past. That soul may say, 'Let me go' and will come and give you guidance. His work complete, he will go back again to his own sphere in the spirit. We have known many cases where a young life has needed aid to undergo an ordeal perhaps an examination. Someone who has previously gained the knowledge will be drawn to the student to help him. Such help will be selfless. Any praise or honour gained will be for the child or earth. So you see the uses of this plan? The child of earth is helped and the guide is also helped because he feels intense joy towards the one he has helped.

Another question you will ask is, 'Have we more than one guide?' When we speak of guides very often we mean helpers. You have many helpers who come from time to time to assist you through some particular period. You have only one particular teacher and guide, who may be attached to you through a number of lives. This spiritual teacher contacts you at a much higher level than the helpers. You receive such guidance through your conscience, or your higher self, sometimes called the voice of God. That still, small voice within can become very insistent.

So you may have many helpers, but only one spiritual teacher who has you in his or her care. Your spiritual teacher is very lovely to look upon. We can say no more.

You have also your guardian angel, who is in a sense responsible for your life, your well-being, for your karma and for your reaction to your karmic debts.

The earthly mind decides that 'East is East and West is West and never the twain shall meet'. You cannot admit that state of things in spiritual matters. The spiritual law adjusts itself according to the need. When a river comes to an obstacle it goes round it. This will give you an idea of what we mean. The spiritual law always works harmoniously, adjusting itself to conditions but not according to man's methods. It is a true saying that all things work together for good for those who love God. When the soul is attuned to the divine spirit, when the soul becomes aspiring and loving, all will go well. While the soul remains rebellious,

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arrogant and rushes forward impetuously, it suffers pain. The soul may call this pain 'evil', but when it has seen the light it says, 'Why was I so foolish?' and resigns itself to the wisdom of God's direction. Then the soul knows harmony and peace.

So we come to the same old lesson – surrender. 'Not my will but Thy will.' There is this great need for the soul to surrender to the will of God or the divine plan. Man certainly helps to make that plan by his own free will and must build upon the plan which he has had a hand in making. But God is all-wise and all-loving. God holds the supreme plan and labours upon it until the perfect structure in the heavens is built.

It is a true saying that all comes right in the end. Everything does come right. Do not fear, my dear ones. You can experience all manner of things in life and still keep very happy. It is all a question of how you accept the way things have to go. If you surrender to the will of God you will find inward happiness, unbelievable joy. You will find that you will have the most wonderful happenings in your life. You will always get this wonderful, kind, gentle help from those who are invisible. They are always ready. They love to do some little thing which will bring blessing, bring you compensation. So although you may be learning lessons from hard knocks you are also receiving compensation.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

surrender, humility, evil and good working together, awareness of true brotherhood, channels for the divine to reach humanity, birth, divine support