T206 The Inner Teachings 16th January 1951 St Mary Abbot's Place, London

### Invocation:

Brethren, we will leave aside all material thoughts. We would try to lay aside the lower mental covering and rise to the Great White Spirit, praying for the blessing of the inflow of love, wisdom and power. O Gracious Spirit, may the children of earth learn how to hold communion and communication with Thy messengers from the spheres of light. May the blessing of the Sun, the Source of all mankind,\* be upon this group now.

Amen.

[\*For editorial policy around the vocabulary of gender, see the introduction.]

Tonight we shall endeavour to convey to all a message which will help you spiritually, which will comfort and heal and bring peace to your hearts. The outer world is in turmoil and we see the minds of men agitated with fear, with anger, with criticism of others. We would endeavour to give an answer to some of the questions which torment the present day. To us it seems strange that nobody thinks of looking to the Source of absolute wisdom for such an answer. The trouble is that man endeavours to solve all problems, answer all questions purely from his mental or intellectual powers, or else from the physical or material level of life. Maybe he does not understand that there are other heights of conscious life.

Surely the answer to every human problem lies in the divine mind. Until man can rise above himself and make contact with that divine mind, he will not receive the guidance for which he longs. Even those with some knowledge of these spiritual truths often forget the Source of wisdom, or the centre of truth which will surely respond if only they will prepare themselves and learn to go to that centre for their answer. This is a problem because many will say, 'White Eagle, how can we know which is the true answer—whether it is coming from the divine mind, or originates from our own desire?' Yet there is a way you can decide when you ask for guidance, or for an answer to personal or to world problems. This is what we would help you to find—the true answer to any question, any problem.

We told you a short time ago that the great need for man at present is to understand that he has an inner spiritual life and an outer worldly life. It is essential that men commence to develop their spiritual part. We know we have said these things many times in different ways but it is truth, whole truth. Indeed all other subjects are part of this one central truth, which is pure spirit. You have this pure spirit within your own being. You are all on the earth to develop your spirit lying buried beneath many coverings, physical, mental, emotional, and so on.

There is something very grand within all humans. You have been given tools in this life to enable you to shape that perfect figure of the Son, the Son of God, the Christ Being. You often hear us say these things but do not really grasp that within *you* is something more precious, more beautiful, more wonderful than man has ever conceived. Occasionally you hear of a reflection or a manifestation of that glory coming in flashes through great people, and of course through those whom you call masters. You see through them the radiance, the glory, the beauty of a divine life. You think to worship but never to draw near to that Being. You worship from afar instead of taking hold of yourself and working to perfect your own

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character and your own soul, so that it becomes fitted for that same divine spirit to manifest through you to your fellow creatures. This is the whole purpose of your life.

With regard to the problems of the age, men nearly always try to solve them from a purely material standard. Man is full of fear—fear of his brother man, fear for himself, which clearly shows that man is working on a plane which can only be described as material. In this new age into which you are advancing there will be great stimulation of both the materiality and the spirituality of man. There are already a large number of souls in incarnation who, consciously or unconsciously, knowing or unknowing, have come to be pioneers for this new age. We would have you realise that however simple, however obscure your own life, you have a very special charge. You have come back to earth for a special purpose. You have come not only to develop your divine consciousness but also to pioneer along the pathway which will become the path for *all* brethren who will follow. You cannot help but develop your own character and divinity if you are truly serving your fellows.

At the same time, do not concern yourself too much with your own growth and development so long as you have a true outlook and obey spiritual law. All man has to do is to obey spiritual law, and then he finds himself on a path. This path is the path of all pioneers of the spirit. Those in incarnation today are having a hard time, for they are preparing for the coming at a later period in the Aquarian Age of many members, many brothers of the Great White Lodge. Angel beings too will draw near. Man will walk and talk with angels—but remember that it takes an angel to recognise an angel, a god to recognise a god—so until man has developed the necessary qualities within himself he remains unconscious of the presence of angels or of gods.

A perfect law is working through life and no man can escape either reward or suffering, either joy or pain. Man is a magnet and he attracts to himself that which he is himself. The vibrations he is creating within himself are very powerful. They draw to him similar vibrations. This is the law: like attracts like. You cannot escape, and it is not easy, we know, for [when you live] in the flesh the flesh is very heavy – of the Earth, earthy – and it holds you. This happens, my brethren, only to make the spirit within you grow stronger, only to force the growth of this divine presence, this divine life that is within. Here is the purpose of the sorrows and the heaviness that you endure. You may not see the result of your efforts to rise, but does this matter if the light within is growing brighter? You are then burning up all the unwanted dross. It is the outworking of a perfect spiritual law.

He who would find an answer to every personal or world problem, let him practise the art of going into the spiritual state and becoming very still—as still as a lake. Let him remember that lake is his soul. Man must first learn to develop the will of God within himself. The will of God commands you to be still. Then you will without distortion see the reflection of truth in the waters of the lake which is your psyche. 'Be still and know that I am God.' Here is the first essential! Alone with God, God speaks to man. Man then sees truth reflected in his own psyche. But if man does not use the divine will, does not pray for the will of God to be done, if man is wilful, seeking an answer in accord with his own desires, then the answer will be distorted, for there is no peace in him.

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Man is a wonderful instrument, a receiving station—what you call in these days a radio set—and he can receive according to his attunement. He can tune in to many stations, either to the lower astral, to the spheres of desire and cruelty, which are bound to bring him eventual suffering, for man will suffer those things in the degree that he himself inflicts unkindness on his brother man. Or man can attune himself to other spheres, to spheres where life is a manifestation of the beauty of God—to the higher astral, the higher mental, the celestial spheres. Man can attune himself to other planets where life exists but not life as known on your earth. Man has been given wings, but man has not yet learned to unfold those wings and rise into the worlds of infinite beauty.

Sometimes you can make contact with your loved ones who have passed into the next state of life. Those dear friends of yours are living in a world of sunlight, an intensely beautiful earthly state.\* If you could draw aside the heavy curtain of materiality, you would look into a world of perfection, into a sunlit life of harmony, softness, where there can be activity and also passivity when the soul desires passivity or rest. Then there are spheres beyond the astral, spheres of great activity where beings who have passed through all grades of the lower life have now found freedom where they can study the heavens if they so desire, or can study music or art, literature or sculpture. Any great longing of the soul is there given expression. Such spheres are infinitely more beautiful than anything you can conceive while you are imprisoned in your box of flesh.

[\*That is, an intensely beautiful state like the best that could exist on earth.]

Remember, although [you are] imprisoned, your box is similar to a radio box. You have knobs you can turn, and you can tune into other realms. You have also been given wings but have not unfolded them yet. Why do you think the Sphinx is depicted as a winged being or the Egyptian Pharaohs were similarly called 'winged' Pharaohs? They were shown with golden wings, and a winged disc was hung in the temples of Egypt. Why gold? Because gold was the symbol of the aspirants for initiation into the heavenly mysteries. They had to learn to use their wings and rise above their limitations. You are also learning to do this today, but have only commenced. You get disheartened and allow yourself to be overcome by the heaviness of matter.

How can you break through this darkness which envelops you? Only by developing the divine will in your heart, the will to obey the law of the Christ life. How are you going to develop this will? Well, we will tell you of a very simple measure—so simple that you may take little notice of what we say. But every day and all day seek to obey God's command to 'love the Lord Thy God with all thy heart and with all thy soul and with all thy mind ... and thy neighbour as thyself'.

'Thy neighbour as thyself.' This is a very subtle command. It does not say *more* than yourself but your neighbour *as* yourself. Love the Lord Thy God with all thy heart and with all thy soul and with all thy mind, and thy neighbour. That is all. That is the law. But it is not simple.

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If you are going to obey the law you have to do it physically, mentally, emotionally, spiritually. This means you have got to command your thoughts. You have to bring the divine will into operation. You have to will the will of God not only for yourself but for all life, so that you recognise the Omnipotence governing the world and also governing your own life. You may have an idea that such and such a happening would be just right for you but in a year's time you may see how wrong it would have been. You can look back upon your life and know that had you had your own way things would have been very different. You have to admit that there is this gentle guiding hand which is so wise. Had you gone your own way entirely you would never have learned some of the great truths, nor would you have attained any measure of inner peace and spiritual joy. These gifts come to you not by your own will but by the will of God, since God is all love and God is the Source of all wisdom.

My dear ones, enter the silence. Be still for a short time every day, morning and night. Surely God is worthy of a little attention in your busy life? Whenever you can withdraw from the crowd, seek contact with that divine life, which you will recognise in yourself as a vibration or feeling of peace, of love, and of great light. You can carry that light in your heart as you go amid the crowds. You can practise meditation every day by contemplating the beauty of God, the love of God; and by feeling within your heart a pulsation of love, divine peace and kindness toward the whole world. When people who have practised meditation go into a crowd or into a room full of people they are radiating, they are projecting the light of the divine spirit. This is *the* healing light, the light of the world. Christ said, 'I am the light of the world.' I AM. The Christ within you is the light of the world and the light of mankind.

Before we finish let us look out upon the world, knowing all these simple truths that we have been taught by the masters of all time and aware that our work here is to gain mastery over ourselves. We look out into the world and see conflict. We see many varying points of view which may, according to our standard, seem right or wrong. One truth is certain. This one truth is that above all is the great Ruler, the King, the Great White Spirit. Every one of his children is as dear to him as we are. He looks out upon the world desiring only that his children should grow in spirit, and so find the happiness which he desires for them. He has implanted in all men the same seed of divinity. He desires all men to grow in beauty of spirit, all to have opportunity for expansion and growth—not just a few here and there but *all* his children. God has created man, put him in a world of infinite promise, given man within himself infinite possibilities. Only man himself can develop himself. Nothing can stay any man from developing those infinite possibilities, since the Infinite Spirit is all love, truth, wisdom, gentleness, and brotherly toward all creatures.

Seek the will of God, and not self-will. Let all nations seek the divine will for the whole earth. No country need be anxious if that country puts into operation the law of God in all its dealings. We know that many problems will arise, but we still maintain that the spiritual law is the way of peace. But man has yet to give this spiritual law an opportunity. Instead, he has many excuses and reasons why spiritual law should not be applied. Nevertheless, this is the only answer, so we say: 'In your own life seek ye first the kingdom of God.' Go into the silence; seek there, and then when you have found it, let it manifest in your own lives. Let it manifest in this Lodge. Put aside all temptations. Harbour no unkind words or thoughts. In

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their place let there be consideration and thoughtfulness, remembering the difficulties that all people, including yourselves, have to encounter. This is the law of Christ, and this is what Christ did through his servant Jesus of Nazareth. Go ye and do likewise and you will have nothing to fear. Instead you will unfurl your wings and rise into the world of great joy, light and peace.

God bless you all. Be comforted. Set about putting your life onto these true lines, which will lead you direct to the kingdom of heaven. God bless you; God bless you every one. God bless you.

- Q. Can you give us a definition of conscience? Is it something that is latent in human nature and gradually step by step unfolds? Is it spiritual growth or is it something that has its root in the mind?
- A. What you call conscience is the divine essence within man. It is a question of what you mean by mind. The mind of God, the divine Mind, is surely the same as the conscience?
- Q. What about the conscious mind?
- A. We say that the conscience works through the heart, and it can work through the conscious mind too. But it originates from the divine Mind in the heart. Does that answer your question?

Yes, the conscience springs from the foundation of truth in the heart but it can operate through the conscious mind at times, but not necessarily.

Now, beloved ones, let us turn to the great Mother, the divine Mother, all love, all wisdom.

#### Benediction:

Divine Mother God, we thank Thee for the outpouring of Thy love upon us all. May we be gathered to Thy breast and find Thy peace.

And to the Great Spirit, God the Father, divine Will, divine Power, divine Life, fill us with Thy strength, Thy will. Give unto us to live according to Thy ordination. O Great White Spirit, we worship Thee, we thank Thee.

And to the blessed Son, the Source of all light and life upon this earth: to the essence of the spiritual Sun we humbly give thanks and worship, and in the holy and blessed Trinity may we be kept conscious of our destiny and the glory of the ultimate life.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

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Stillness, accidents

