

# The Object of Group Work

A273 Sunday Address 1st March 1955 Plymouth Lodge Talk before a recently-formed group

*Text:* a typescript in foolscap. The stenographer and typist (thanked at the end) do not appear to be from the usual team and misses the spelling of a few words; it would be reasonable to suppose it was recorded by one of the local group. A note on the top of the address in red ballpoint says 'Edinburgh?' but the location, Plymouth, is stated clearly by White Eagle as he moves into more personal comments towards the end.

*Context:* like the address in Edinburgh in September the same year, this could perfectly well be classified as a 'Talk', but like that one its only title is 'An Address by White Eagle' and we have been guided by that for both. No date in the month of March is given. It would not have been unusual for Minesta and Brother Faithful to make a visit to a Daughter Lodge on their way towards a spring holiday in the West Country (Devon or Cornwall). With Easter Sunday falling on April 10 and no recorded April address, it is tempting to believe the Plymouth visit was near the end of the month, and that GEC and family stayed on in the West Country into the month of April. We hear, in the address, that the meeting place was a small upstairs room in a private house, and from the 'good night' at the end must assume that it was an evening meeting. There is no indication of what form the meeting took, but the opening paragraph, though not separated off as a prayer, includes words of invocation. Norman and Dorothy Elliot, the founders of the Plymouth Lodge, had been initiated into the Brotherhood as long before as November 1951 and the address at which White Eagle activities were held was 7 Woodside Terrace, Plymouth. It is not entirely clear when what would have begun as 'the Plymouth group' officially became 'the Plymouth Lodge' but there were meetings from January 1952 and the Brotherhood met regularly from 7 February 1954.

*General Notes:* The address as a whole is very distinctly addressed to the tiny group that was meeting (six or seven, White Eagle says) and White Eagle speaks of a foundation being laid, advising against a focus on growth. He offers words which must have been enormously encouraging for the small group, words which could apply to any fledgling White Eagle Lodge or group. He is also anxious to contain enthusiasms and expectations and says quite clearly that the little group is working to create 'the temple that you will not see whilst you are in your physical bodies'. White Eagle later speaks of spirit seeking to guide humanity on a parallel path to the mental, rather an unusual phrase in his teaching. He says this leads to the opening of the heart chakra. He is very hopeful, however, that even the development of the mind is necessary in the discovery of the soul powers that we must uncover. 'Even the horrors of the atomic age are going to bring to man the greatest blessing that he has ever received on this earth planet', he says. But the work is still about the nurture of the light within: 'Our work, and your work as you work with us, is to awaken the light in the souls of men and women and children. There is also much in this address about the power of positive thought, and there is a nice reference to St John as the teacher. Near the end there is an encouraging message about the absent or distant healing, indicating that with it 'there is no mental barrier as there is sometimes when spiritual healing is transferred through the hands of a healer'. There is a reference to the use of, and power of, mantrams. And White Eagle shows wry humour in talking about the difficulty for spirit of getting through to human understanding!

There is a strange reference to radium and its invisibility under certain conditions. The melting point of radium is 700 degrees, but it does decay to become radon gas. Alternatively, what White Eagle means is that the radioactivity of radium is invisible but powerful. The context suggests the latter.

*References:* the reference to the little children and Jesus is from Matthew 19 : 14. There is a concealed reference near the end to Matthew 22 : 37-39: 'Though shalt love the Lord thy God with all thy heart....' 'In the beginning was the Word...' is the opening of St John's Gospel.

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## White Eagle's Address:

Beloved brethren, we speak from the world of spirit. We come into your earth conditions with one object, and that is to raise your thoughts and your souls to a higher state of consciousness. Let us at this moment open the windows of our souls to the beauty of God and let us pray to the source of life – to our Creator, to the Son of life – giving thanks for our creation [and] for all the opportunities which life brings to every man and woman to unfold the qualities – the truth, the wisdom – of the Christ man. May we breathe in Thy breath, O God, with perfect understanding, and learn to breathe forth Thy love, Thy goodness and Thy peace upon this earth. Amen.

We are happy to have this opportunity to speak with you, a happy group of brothers and sisters who have been drawn together by the love and the power of the spirit of Christ to do this work. We have watched over you for many months, indeed more than a year, and we notice the welding together, the building up of a light and a spiritual power which you are using wisely and well.

Some of you feel a little anxious to grow in numbers and to advance more rapidly with your unfoldment, but the Master would have you realise that your work primarily is to lay a true, perfect foundation first, upon which to build the temple of light which it is certain you will build if you keep on keeping on faithfully with your work.

We speak to you in simple language. You are working for the future – for the New Age and the temple that you will not see whilst you are in your physical bodies. You will not see the extent of your work, but it is in the plan, the plan of the great White Brotherhood, that groups such as these should be formed over the earth planet, groups which by their purity of motive and simplicity of heart are enabled to work with safety on the inner planes of life.

There is much activity on the outer planes, on the physical plane and on the mental plane, on the Earth, but it is desirable, indeed vitally important, that men and women living in a physical body should in the new age learn to use soul power, for the spiritual advancement of the life of humanity. In the Age of Aquarius, upon the threshold of which you now stand, there will be mental advance, great mental activity with a certain amount of danger. To balance this mental rush forward, the Masters have been given the task of guiding mankind onto another path, parallel to the mental path, and this is the spiritual path of love, the opening of the heart chakra – and thereby learning the wisdom of the heart and how to use these invisible soul powers constructively. It is designed for these groups such as yours to receive deeper and deeper teaching, the knowledge, so that the world may be kept on its course, on its progressive spiritual course.

In the past, as you know, there have been periods of catastrophe, apparent failure, but we do not see, as you see, these catastrophes as failures – but in the light of a pulling down, a clearing of the way for reconstruction. The time has now arrived in this age for man to be informed about the secrets of his own inner being. In the past centuries, humanity was not

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ready; the mental body had not been sufficiently developed for man to be allowed access to the knowledge of the soul power which he possesses. These powers, of course, were lying dormant in the soul. Now they are going to be developed in science – in the many gifts which nature is giving to mankind today, which are enabling man to live in some respects a higher, a more beautiful life. Even the horrors of the atomic age are going to bring to man the greatest blessing that he has ever received on this earth planet.

But what the White Brotherhood wish to convey to you is the importance of your thought, the power of your thoughts and the need for you to think constructively and not destructively. This is not undue optimism. It is the right way to think constructively and to see good behind all the changes on the physical plane, [to] see God working out the divine plan. You may think as individuals you are very unimportant; you may wonder what good you as individuals can do for the world. Dear brethren, you are *very important*. You as an individual, you at this very moment, are being given great opportunities by our Brotherhood, whom you cannot see but whom you can sense. In this little sanctuary, you can sense the presence, the influence and the guidance of our Brotherhood. This is a wonderful opportunity which you are receiving from God, the opportunity to quicken your sensitivity to the impression, the influence of the Great White Light, the light of the Christ Spirit of the Sun of God.

The work of our Brotherhood is to enable you to realise the light which is within your souls. Our work, and your work as you work with us, is to awaken the light in the souls of men and women and children. Remember that children, when they are properly loved and cared for by earth parents and guardians, respond to the light of Christ, and their souls will be awakened to the light around them and above them. They will realise the light within their own souls.

Now this is the object of groups such as yours: to help by silent and invisible work to quicken the light in the souls of men and women and to bring into their consciousness the realisation that they are not only material creatures – they are sons and daughters of a spiritual God, a heavenly God, the Cosmic Sun.

What a wonderful destiny man has! He is a seed in embryo of that glorious heavenly being, the Christ man, the Son of God; and there should be nothing in your life which is too much trouble for you to do today to help you advance towards this great destiny, the goal of all mankind.

Now, my dear, dear, dear brethren. In your little group it is very pure and simple; it is purity of heart and mind and simplicity which is the foundation. Our dear elder brother, Jesus, was simple. He taught the children; he took the little children on his knee and talked to them; he spoke to the great multitude as children; he used simple everyday similes to illustrate the truth of the God life. He used simple knowledge, simple words, simple illustrations to teach the multitude of the great love of God and the effect of putting into operation in their daily lives and in their human relationships that beautiful pure love.

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He taught the people that they must love one another. Thou shalt love. First of all thou shalt love thy God, thy father and thy mother and thou shalt obey the law of love: thou shalt love thy neighbour as thyself. Such a simple law of life and upon this law everything is built. If, in human life, you put into operation the law of love and kindness you receive the blessing of God in your heart.

We must talk to you for a moment or two of your earth time about what you are doing here in this little group in this upper room, but first we are reminded that we must tell you that the Masters who are behind this work are now with you: the Master Jesus and the Master R. They come here in this upper room and they come in a heavenly light, clothed in an aura of exquisite heavenly colour and light. They bless you individually, because you are anxious to do God's work in this particular form.

Do not seek for numbers. You are not ready. You are like the disciples that the Master Jesus Christ called to follow him. You are building here, you are building on the invisible plane of life. You are building a beautiful temple of light. You are doing far more good, in your quiet simple devoted and pure service, than if you were a company of a thousand babbling people. You are working with the power of the soul – soul power – and this is what all the White Eagle lodges and groups are being trained to do.

The White Eagle is the symbol of St John, the beloved of the Master, and the gospel of St John is the mystical gospel of man's soul and the work of man in the Age of Aquarius. Man will be working with the secrets of nature, the secrets within the sun and the secrets within the earth, within nature. You are already receiving a demonstration of these invisible forces, these invisible rays, these invisible rays and forces, in your radio, in your television, in your atomic energy, and in your spiritual healing – which the world is as yet ignorant about. But we assure you that you are commencing, you are preparing yourselves to work for the future to demonstrate to the world these invisible soul forces.

The Brotherhood, our Brotherhood, our White Brotherhood know that man has within himself the power to change the course of his life and to change the course of the lives of countless numbers. This may not be acceptable to some of you at present, but we know we speak with authority for we have seen the effect of concentrated good thought upon people – upon communities, but this power must never be used against the soul of another. We must not impose any power upon another's soul, autocratically. The method is to try to help souls to follow the path of love, of light. Nevertheless, constructive thought has an immense power for good over physical matter – over earthly matter – as we told our children in the London Lodge during the war. The constructive and good thought of one good brother can do more good than the weak thought of a thousand souls.

You few people here, only six or seven in number, you can create and use the power, this mighty power for good. You will hardly believe what we tell you. You are unknown in your city of Plymouth. You work silently in this upper room, but if you could see with the vision of the spirit you would see above this homestead a beautiful brilliant star of light, the beams

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going forth to penetrate the mists and the dark night over the city. Great good is done by this projection of the invisible light. You know radium at a certain point is invisible, but it has a mighty power. Your invisible light is a mighty power in this city and it is going to grow.

Groups such as yours are being prepared and built up all over the earth, and you are very privileged children of earth to have been given the opportunity to work in such a group. In the mountains where our Brotherhood at certain appropriate times meet, there is a great work done by the Brotherhood by the projection of these rays these invisible rays, light rays, but we need people, simple human earthly people living in a city where we cannot live, to relay the power and the light which is being sent to them by the Brotherhood in the remote places of the mountaintops. We need you, we need faithful, true, simple, pure, godly men and women – but we do need human ones, human beings. We want you to be very human, kind and simple, for our work.

The projection of the healing rays is a magnificent work on your earth. It is a secret which has been known by the sages and by the White Brethren, the sending forth of healing rays directed by the heart and the higher mind. It is a usual thing amongst the masters in the Far East to work like this, and Jesus, as you know, frequently healed from a distance. There is nothing to interfere: there is no mental barrier as there is sometimes when spiritual healing is transferred through the hands of a healer. This healing meets with no barrier; it goes straight to the soul of the physical body of the patient, and the same principle applies in your Brotherhood work. The projection, the sending forth, of these powerful rays of love and the Christ Light penetrate the darkness of the earthly life – and when the soul turns towards God, he instantly absorbs these rays and they quicken his mind to God light, thought, speech and action.

Dear ones, we must not weary you with too much talking but it was the wish and the will of the Brotherhood behind your work that you should be given words of encouragement, illustration and inspiration. When the foundation is truly laid – a strong foundation of gold (speaking symbolically of course) – the power will be such that the souls who are ready will be drawn here as to a magnet. It is true that sometimes a soul needs a little encouragement – we find it quite difficult to make ourselves heard and felt, even amongst our own dear ones who are working for us. Human consciousness is very dense sometimes, which reminds us to say this to you: Will you all make a daily practice of attuning yourselves to the great White Spirit?

A mantram is a very powerful instrument. Those of you who have been to New Lands know that a powerful mantram is used at the beginning of a meditation and it does extraordinary things for you – raises you up, carries you up into the celestial spheres. It enables you to open the windows of your soul as you have never been able to do it before. The Lord's Prayer is a powerful mantram and we suggest to you that each day you pray this. Even the word God has a very powerful vibration. God, good, God, has a great power when spoken from the heart. You may know that men and women in danger have been known to say, 'God help me' and then help is given. Daily remember to call upon God, that you may break down the material



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barriers and enable your soul to expand and come into contact with these finer forms of life which are all around you. The elder brethren will come to you so gladly; they will help you whatever your work is on the earth plane; you will receive the blessing of God and the help of God.

Remember the power of the Word of God. In the beginning was the Word and the Word was with God and the Word was God. God blesses this work in this dear loving home. God blesses the workers in this home and the children in this home. God blesses the work of the Star Brotherhood here, that this beautiful city may be illumined by the light of God, that the lives of the people may be beautified, purified and made happier.

Thank you for listening to us, and we leave you with all love. And we thank the dear brother, and the sister who has worked taking down the words that we have spoken. Oh, so much love so much love to every one of you. Life is beautiful. Life is wonderful and the soul is opened to glory of the spirit and the spiritual life. Goodbye for a short term. Good bye. Peace be in your spirits always. Good night.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*small groups; numbers not important, building foundation on invisible planes of life, service for the future, atomic age, power of constructive thought, Aquarian Age, John, seed in embryo, humans needed by Brotherhood to spread light at denser vibration on earth plane, humility, distant healing, daily connection to light vital*