

[The Higher Worlds and Communication]

T183 The Inner Teachings 27th April 1948 St Mary Abbot's Place, London

Invocation:

Beloved brethren, forget the physical plane. Try to become very still and calm within so that you may be attuned to the spheres of spiritual life. Around you are beloved ones from the spirit realms—some of them your own friends and companions of this present earth life. Others are the companions of former lives. Beyond them are the angelic hierarchies and the teachers, the saints and the perfected souls of all ages—indeed all those who have passed through great tribulation in the world and have become purified and harmonised to the divine law of life. So, my brethren, in company with these hosts and with love in our hearts we humbly pray to our Creator, the Source of all life, that we may hold sweet and true communion; and that we may have the veil drawn aside between the darkness of the physical and the beauty of these higher realms of life. We give thanks to Thee, O God, Father-Mother and glorious Son, Thy Perfected One whom we worship under many names but who is the Christos, the Cosmic Christ. May the blessing of His love be with everyone present now and always. So mote it be!

We have talked formerly on the subject of psychic manifestations. We strike again a note of love so that we may be attuned to what many know as the Great White Brotherhood. It is interesting to hear explanations of how communication between the two worlds takes place. It is interesting to know exactly what happens when the discarnate communicate with the incarnate. Perhaps it is satisfying to what you are pleased to call man's* reason. You feel you have got hold of something tangible, something provable and which will convince other people, particularly the scientists. We would like to make one point very clear. You may know it already. It is this: knowledge of the higher worlds and the method of communication between those worlds cannot be given entirely in words because there are certain truths for which there is no earthly language. It was once said by a master that there are things which are revealed only to the simple, the pure in heart, and are hidden from the profane and the unready. This is a spiritual law which in the ancient days was accepted and understood. There are certain things which cannot be understood with the brain, but only by the heart or with the intuition. Before such understanding can come the soul has to be prepared, to pass through the elementary school until it has graduated to the university. Until then it is unable to comprehend the deep spiritual truths which lie behind all spiritual life and spiritual phenomena.

*[*For editorial policy around gender, see the introduction.]*

We would draw your attention to the seven planes of life. Shall we call them degrees of vibration? These seven planes of life are linked to the present being of man whilst in the physical body through the chakras or the centres of power which are attached to the spinal column. We will not enumerate them for you know them all. Upon any one of these planes the spirit can manifest and may communicate to the living through one or more of these chakras of the medium.

You have no doubt found that the various messages which you have received from the same individual soul in the spirit world vary in character and have wondered why this is. This is

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because any one of the chakras of the medium is used by the communicator to get a message through, and the message varies according to which chakra in the medium is being used. For instance, if it is the solar plexus, the message will be of an earthly desire nature. If it is the throat centre, it will be of a mental nature. If the brow or head centre, it will be of an illuminative nature. If the heart centre, it will be a blending of all the other chakras while each controls a particular plane of consciousness in the spirit world. Both the medium and the sitter will affect the communicator's attempt to get his message across and if they are harmoniously attuned spiritually, the better chance there will be of a clear and true communication.

The seven chakras are the head, the throat, the heart, the spleen, the solar plexus, the genitals and the kundalini*. These chakras are animated from the central power station in the being of man, which is the heart. Now when the spiritual forces are flowing into the heart centre (you will here see the importance of love in all communications—love and harmony and truth) when the love or the spiritual force is flowing into the heart centre at times of great spiritual ecstasy and prayer, that force flows on into the other chakras and they light up—sometimes very dimly, sometimes not all of them, until they look rather like the little lights that you put on the Christmas tree. If one light should be weak, flicker and go out, then there seems to be rather a collapse of the whole system. This is exactly what we see or any clairvoyant on your earth will see—the flickering of the lights and the collapse or going out. Everything is then shut down. This occurs when there is disturbance by noise or mental criticism of a destructive nature and then the term 'the conditions are broken' is used. You see the importance of the worship from the heart, the love of God or the love for the beloved who is coming—and remember that when you love your nearest and dearest in this or in the spirit world, that love is an aspect of God. It is divine love when it is true and selfless. If selfish love, it is not love and then the heart chakra is not animated; a different state prevails in the aura and in the whole being of the sitter hoping to receive the communication.

*[*Which resides in the chakra at the base of the spine.]*

We said a little while ago that there are things that are revealed to the simple and the true in heart which are withheld from the arrogant and the profane. These are the things. It is not that the arrogant is not allowed to have the knowledge. He stops it himself. It is not prevented from flowing to him from the highest sources, from the spirit people or companions. He closes down the shutter himself and cannot know that true heavenly communion until he is qualified in spirit. Then the way is made clear.

You may find, my friends, that in seeking communication you will receive very little if any material evidence of the presence of your loved one. In fact there may be practically nothing that could be written down and presented as proof. Yet you may sit in communion with that loved one and in your heart be certain that there has been this flow between you, this love passing between your hearts. You may have known by a touch, by certain terms or phrases used; you have known by your intuition and feeling that you were in touch with the very spirit of your loved one. Sometimes in absolute silence, by just an action, just an atmosphere that has been created, you are convinced. On the other hand you may receive your message

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on another plane, as we have explained. The method we have just referred to is on the highest spiritual plane which the soul of man is capable of reaching whilst in this earth vibration, this earth life. We do not mean only in a physical body, we mean in this system. Also you may get communication on the mental plane. You will obtain facts and figures which can be verified and will be very evidential according to the worldly way of looking at things, yet that manifestation will leave something unfinished. You will feel a lack; you will not be sure; in spite of apparently very fine evidence, a sense of uncertainty remains. The same thing will happen with a manifestation of physical phenomena. You will be left with a sense of spiritual hunger. You will not feel satisfied and yet certain facts will have been presented to you. You see, there are many different planes, as we have already said, across which communications can come and there are varying aspects of a message. It may surprise and perhaps displease you when we say there are communications which can come without the full consciousness of these communications being known to the supposed communicator. We mean that it is possible for a soul to communicate through a medium and to have no knowledge on another occasion of that communication having taken place. We think you will find that happens in the various messages which come through different instruments. You will find a spirit giving a certain message through one medium which is good and acceptable, and that same spirit will be seemingly unaware that it has given a message when speaking through another channel. You may have found that.

Do not think because this happens that it is a fraud on the part of the medium. Try to understand that there are different lines of communication, different aspects of the whole soul, and that it is a case of the left hand not knowing what the right hand is doing. You see how complex this communication is? You have often had fine communications purporting to come from the same individual and yet you are unable to harmonise the messages—because of the different planes and also the different instruments that are being used lacking coordination. It is also possible for a man still living to leave his body unconsciously (say in sleep) to communicate with friends at a distance and give precise evidence of his personality. Yet when he awakens he will have no idea that he has made that communication. There are these strange happenings; therefore, it behoves all pursuing the path of spiritual unfoldment and investigation to be very tolerant and not to sweep on one side any attempt at communication as being without foundation. There is a reason for all that happens and only with patience and true spiritual unfoldment will you understand what has been happening.

You will see from what we have been saying that the purpose of spiritual unfoldment is to bring harmony into the whole being so that all planes of consciousness are harmonised in the one supreme light which contains, shall we say, the seven rays of the seven colours of the spectrum. That light is the pure Christ light. Aspire to that, so that you reach the centre of truth, and your contact will be complete and whole, and from it will come powers of expansion and development. Commence from the centre, as the old mystery schools taught.

In this age you are beginning to flap your mental wings. Although only tiny they seem to make a lot of noise, and so think they are important. It is only just a flutter at present. In this Aquarian Age of the air, there will be a greater advance in spiritual knowledge and communication between all planes. In the past, in the ancient schools of the mysteries as they

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are called, in the temples of the lost continents of Mu and Hyperborea and Atlantis, and later in the temples of Egypt, India and Tibet, these spiritual mysteries were imparted. They have been taught right down the ages, but because of lack of spiritual strength in the pupils there has been collapse and calamity. Then the mysteries were withdrawn, shut down, so that people who were not ready could not receive them. This is why they were regarded as mysteries not to be revealed to the profane, but only to those who pass strict tests of their spiritual integrity and worth. When the character was found to be strong enough to handle these very powerful working tools, they were allowed to receive the deep knowledge. In this Age of Aquarius it seems that the masses will be permitted to understand more. You can see that happening now. Occult schools are giving out certain truths, but the test is bound to come both to the individual and to the race. You have already seen that in the last few years. You may not perhaps fully realise that there have been two occult forces that are working now. There is that power which is working for brotherhood, goodwill and freedom to unfold according to the direction of the God within, and there is the other aspect that is selfish and desires only to suppress spiritual knowledge, growth and freedom. The two forces are active today, much as they were in the ancient schools.

- Q. When one feels the presence of spiritual brothers or sisters strongly in meditation and even in daily duties, is it a contact with the etheric body so strong as to be felt with the physical body, such as hands touched, hair and face stroked? Which centres become active to make such an experience possible?
- A. We will try to answer according to our understanding of the question. Clearly the sister concerned is in a raised state of consciousness, in contact with the higher etheric. All her chakras are stimulated from the heart centre, which is feeling great love, aspiration and devotion to God. Therefore all the little lights on the Christmas tree are alight and all the fine lines around the fringe of the aura. These fine lines in the aura are open to receive impression.

You ask which centre is being stimulated. We say that it is directly from the heart, and the heart stimulates the other centres. That is why you receive the impression. It is possible for you to feel a hand touch you because you are in an elevated state of consciousness—not in the normal physical state whether you realise it or not—you are raised 'above the floor' as the ancient mystery schools taught—and so you feel the impression of the higher etheric body of the brother present and you feel the touch. It is not the same as the touch of the materialised hand of a spirit. The form of the hand or the body is at a higher level. It is not materialised but rather etherealised. You may feel this without seeking it. It may come spontaneously when you are about domestic duties in your home. When concentrating on automatic actions as in such duties, your body is going on with its work; your higher self is released and you are receiving impressions from the companions of your spirit. This is a good illustration of what we have been trying to say earlier. There are different levels of consciousness, different planes of life all contained within one being. It is literally a case of the right hand not knowing what the left is doing. We have noticed this in our own daughter here—the automatic action going on with domestic duties and the reception all the time in the heart from these other planes. In certain forms of automatic writing when the superconscious mind

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is receiving at a certain level of inspiration, the hand may be writing at another level of inspiration. It is also possible for the left hand to write at another level to the right hand, seeing there are these different planes upon which contact can be made. Man is a weird and wonderful animal—or spirit being, whichever you like.

There was a suggestion that we should speak on the chakras and healing through the chakras. This is so vast a subject that I do not think it would be good to commence it now. You absent healers should not think when you are sitting in a group and directing rays to someone sick in the north of England that you have to travel all those miles. The human mind gets tied up like that. There is no space. When you are projecting the rays of colour to your patient, there is no distance at all. The patient is receiving wherever the patient is. It would be the same if the patient were in the centre of your group. It is a very good thing to visualise your patients—as some of you do—as lying there on a couch as if he or she were in a temple of healing in the spirit and having the light ray directed upon the centre. When you are working as absent healers there is no space, no division at all.

When truth comes into your heart you can smile. The opinions of your brothers and sisters are only opinions. Truth that flows into your heart is true and you can remain very calm. The wise man never argues about truth. There is no need. When you have truth you have inner knowing. You all experience this at times—that certain inner knowing. We do not mean mental arrogance that is very sure of its cleverness, but that quiet inner knowing which never wants to argue. It just is true; it is God. You can be quite still and quite happy. If the other companions of your toils do not want to know your truth that does not matter. They also will receive truth in their own way. They will get inner knowledge in time.

‘Seek, and ye shall find’ ‘Ask, and it shall be given you’.* Ask in purity of heart and you will receive exactly what you need. We are very fond of those three injunctions—‘Seek...Ask...Knock...’ They are three degrees of spiritual advancement. Seek truth earnestly in the right way and you will find it. Ask in the right way from your Father in heaven, the source of all truth, and always you will receive. Knock—and this knocking means action. To knock on the door of the temple or on the gate of heaven means service, action, and through action the door of initiation, the temple of initiation is opened.

*[*Matthew 7 : 7]*

It is in simple things that the spirit learns. We know that we are very simple in our talks. We are limited to a great degree when we come back to the earth to talk. Because you are loving towards us it enables us to say things which may be helpful. We make no pretence of scientific knowledge. We are not on that ray. Our work is with human needs and the love of the human heart, and through the opening of the heart great knowledge of the higher worlds is given to us all. We like you to ask questions that come from simple true hearts, for this opens the way for us to add a little more. That is all we can do.

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- Q. I know that we have to give service but people seem to make such high demands and at the moment I am afraid I have not sufficient wisdom of the spirit to know when to stop. Can you help me?
- A. You are here to learn wisdom. Your heart is full, it is loving, but that is not enough by itself. You must strive for poise, inner strength and wisdom. It may help you, dear one, if we tell you that it is kinder to the other person to withhold sometimes. A mother is sometimes like that. She gives so much and does not know where to stop. The mother who gives and gives and gives is self-indulgent. Forgive us because you do not see it quite like that. Your weakness can be interpreted as self-indulgence. It is much harder for you to withhold than it is for you to give, so the lesson you have to learn is to withhold. But there is a way of withholding, my dear. The uninitiated will withhold with a selfish and greedy motive. You will withhold with a good motive—not because you want to deny the other person your service but because you want to help them in the right way. You do not always help a soul by giving too much. On the contrary you may spoil that soul. You have to be a teacher of the soul and the teacher must sometimes withhold in order to give the best possible help to the pupil. Wisdom is the counterpart of love. Wisdom is love; love is wisdom. If you have not wisdom, you have not complete love. If you will try to picture the figure of Christ, the Perfect Son of God, and absorb from that picture the qualities of the Christ, you will find it will be a great help. When service is demanded of you just pause for a moment and say to yourself, 'What would the Master do here? Is this really helping?' And if the answer is that it is not helping, it is indulging both yourself and the other person, then ask for strength to say no. There are always two ways of doing things—the kind and the unkind way. Always choose the kind way of saying no. That is simple. The great Beloved One said, 'Except ye ... become as little children, ye shall not enter into the kingdom,'* and we say that the great soul is the simple soul. We have all proved this, have we not? The greater the soul, the simpler.

*[*Matthew 18 : 3]*

Now, my dear ones, there is a most beautiful spiritual light with us all. Could our eyes be unveiled, you would see the temple in which we are gathered, and you would see the loving expression on the faces of all the spirit people who are with you, and in the centre of our circle is the beautiful form of the Master. He is all love, and from him love flows to you in these little fine lines of light, and life is love, is spirit. He raises you up into a state of joy and certainty. You know that before you lies the way which is all good so long as you keep your heart and mind concentrated upon him and his life-stream.

Benediction:

The blessing of the Great White Spirit we receive with deep thankfulness.

Amen.

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The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Mediumship, psychic centres, simplicity

