

Mediums and Seers

T220 The Inner Teachings 14th October 1952 St Mary Abbots Place, London

Invocation:

Let us pray to the Infinite Spirit of the Father–Mother; and to Christ the Son, the Holy and Blessed Trinity. We raise our hearts to Thee, O God, praying that we may be receptive to the outpouring of Thy love. We come into Thy presence giving thanks and praise, glorifying Thy Holy Name, for we begin to realise Thy presence, and the blessings which beautify earthly life. O Great White Spirit, humbly we pray that the vision of the earth children may clear, so that they may see truth in its simplicity, purity and loveliness. O God, in Thy name we give thanks for the messengers who come to this earth from the heavens. And we give thanks especially for the wonderful manifestation of Thy Son, the Lord Christ. May his presence bless this little gathering of loved ones both in the body and in spirit.

Amen.

We would like to talk on mediumship. We do not often speak about psychic matters as they are generally understood. Also, we do not think ‘medium’ is a good word, as it has become so misused. It means, of course, any man or woman who is able to receive impressions from the world beyond. These people are called mental mediums. There are still some—but less than before—who because their etheric body is constituted in a certain way, are able to produce what is called ectoplasm. This ectoplasm can be moulded by thought and then you have the ‘physical’ medium. Then there is the trance medium and this means that a communicator from our side of life is able to contact closely the etheric and the physical body of the medium, so that they are able to control the brain and the speech. Then a direct communication from our world can come through the medium.

First we would say a few words about mediumship in the general sense. A better word than medium might be a sensitive. There are some who would perhaps object to this. Anyway we shall use the old-fashioned word of medium. People known to be mediums are exceedingly sensitive and highly-strung, because it is through the nervous system which is interwoven with the etheric body that the communication takes place. Mediumship is no innovation. Mediums were known in the mystery schools of the past, but they were seldom treated as you are wont to treat mediums today. In the days of long ago a child recognised by the priests as possessing extreme sensitivity and whose chakras were partly stimulated, was taken into the temple and trained. Thereafter he was protected and disciplined, and the young life kept pure and holy, because in those days mediumship was known to be a holy thing. We will see later how far you have drifted from the true use of mediumship.

It was considered to be a great honour for any child to enter the temple for this spiritual training. The child’s life was thereafter dedicated to the temple service, although after so many years’ service an opportunity would be given to return to ordinary life if he so wished. Within the temple walls they were trained in the art of clairvoyance; that is they were taught how to see with their inner vision, and also how to protect themselves from evil. They were taught how to live purely. No flesh was eaten; only fresh fruits and vegetables were used for the food and the discipline in the temple was very strict. Long periods were devoted to prayer, meditation and study and, as we have already stated, they were protected from the outside world. All their needs were supplied and their minds were kept as far as possible in a

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quiet, quiescent state. This was considered to be a necessary aspect of soul development and was combined with their service not only to the temple but to the community. These servants of the spirit were considered in those days holy vessels or channels for spiritual truth.

Things have changed since the introduction of modern spiritualism, which brought forward a large number of people who are called mediums, because many people, particularly in these days, possess a certain degree of psychic power. We are referring to the 'ordinary' type of psychic power which centres around the solar plexus. A number of people reincarnate with a physical body and general makeup such that the solar plexus is vulnerable. Now the solar plexus, as with the animal, is the first chakra which can be impressed from the etheric world. Thus while many people are psychic, they are psychic in that all the impressions they receive are received at the solar plexus. You yourselves react to emotion, to shock, to fear, to joy at the solar plexus. Have you not 'felt your inside was turning over?' That is the sudden shock made upon the solar plexus through the nervous system.

Many people declare that they are naturally sensitive, naturally psychic. It is perfectly true. They are so, and it is the solar plexus which is usually the only chakra open to receive these psychic impressions. This to a degree is what is called mental mediumship. We are not sure that is a correct description.

There is another form of mediumship called materialisation. With materialisation the etheric body of the medium is sometimes used and it is covered or draped over with ectoplasm which can be drawn both from the medium and from those who are sitting with the medium. Some of you may dislike all this, but it is as well for you to know. This etheric body is able to project itself away from the medium and appear wearing spirit (or ectoplasmic) draperies or clothing and advance into a group or circle of people. Nevertheless it is attached all the time to the body of the medium by an etheric cord. It is very dangerous if there is a sudden shock to the medium, for then it is possible that the etheric body cannot return and death would take place. You may have read or heard of instances where test markings that have been made on the hands of a materialised spirit were afterwards found on the hands of the medium. Then the word 'fraud' was shouted. Such happenings only show that the investigator is unaware that anything happening to the materialised spirit (which is partly the etheric body of the medium) must inevitably affect the physical body of the medium.

Do you see how little they know of the *modus operandi* of mediumship? But you must also understand that any ectoplasm drawn from the solar plexus, or from what we have before described as the lower triangle, the lower centres of the body, is drawn forth and moulded by thought. This can be the thought of a powerful spirit. Alternatively it could be the people present in the circle. We want you to understand that this etheric substance which you call ectoplasm is very easily moulded by the power of thought.

We want you to understand that there is an etheric bridge which can be built between the two worlds. Knowledge has been given, power has been given to man* in his own body to build this bridge. To exercise this power is like walking on a razor edge, and so easily can this power ignorantly be used for selfish purposes until it degenerates into what is called black

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magic. But do not think that all communication from the world of spirit or from the heaven world is evil. Throughout the Bible are instances of angels appearing at times of danger and great anguish to certain people. Angels took care of them and guided them out of danger. God permits—no, more than permits—He sends His angels to help and protect men in times of great need. Usually when such a visitation takes place it is because the individual has been chosen as an agent of God—one who by virtue of his or her karma has been given a special mission. You will remember the visitation of the angel to Peter in prison, the angels who were seen with Daniel and how those who were thrown to the fires were protected by the power of the angels, and so on. In every instance in the Bible where such a visitation has taken place it has been because the person in question had a mission, either to give truth to the world or to help humanity in some way to rise above the bondage of the lower conditions of life.

*[*For editorial policy around gender issues see the introduction.]*

So we want you to understand that a medium is not a person sent to earth to give pleasure and amusement, but with a special mission to uplift humanity and to bring through to earth messages of spiritual help. Spirits do not return to your earth to tell you what to do in material difficulties. On occasion your karma may warrant your receiving a message which will be helpful in your everyday, material life, but always remember that when such messages are given it means that you have something to contribute in return to the advancement of the spiritual work on earth. We will put it another way. You may receive helpful direction and guidance. If you do it means that you are needed to give service towards the spiritual welfare of humanity. You may not use such guidance and help for selfish purposes. The great brotherhood of all life has to be realised by humanity. This means that every one of you is linked and your life, your influence and your karma is bound up with that of everyone else. You cannot live to yourself. The great cosmic plan of which you are a part is for the awakening of the God-consciousness in humanity, the awakening of the spiritual light and faculties and if you like, the spiritual gifts.

Now in one sense—that is, in the solar plexus sense—that type of physical mediumship is not for everyone. As man develops his mental body in this present age, the solar plexus tends to close down and the higher triangle—the heart, the throat and the head—tend to open up and become stimulated. This process of development and change is taking place amongst mediums. The mediumship of the past has changed.

Modern spiritualism commenced, we think, in America. You will notice that this came about through the mediumship of children. Now young people usually before the age of puberty are very easily used as physical mediums, because ectoplasm can then be drawn from the solar plexus and the lower centres. So these young children were used. You must have ectoplasm to create any kind of physical manifestation. You may not see it, but this substance must be used to make an impression on your physical world. This ectoplasm was drawn from these young children and used by the spirit to get into contact with the earth, and the way it was done was by the psychic rod, which you have not seen, but which nevertheless has often been photographed. This psychic rod is very rigid and hard and can raise tables, move tumblers

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and so forth. Also it can rap on the table easily, because it is solid, but it has to be manipulated by a very powerful mind. Do not make any mistake about this. The powerful mind can be on your earth or on our side, but the ectoplasm is manipulated in this manner.

Now let us go back to our manifestation of a hundred years ago when modern spiritualism was first introduced. It did not happen by chance. It was not just a question of an old peddler playing with psychic forces. That manifestation came about under the direction of a master mind. In other words, it was in the plan of the Elder Brethren. Earth's humanity had become rapidly materialistic. It was losing all faith in the Bible because certain scientists had come along with findings which were very disturbing to man's faith. People had begun to think that there was no God and no afterlife, no heaven and no hell, but just extinction. So the Master came along and said, 'No, humanity must be given proof of the continuity of life after death,' and so commenced the many manifestations which testify to the reality of the spirit world.

This went on for nearly a century, under the direction of the Master Hilarion, for he was watching the progress of modern spiritualism. It did much good in that it broke up the hard crust of materialism then forming in man's mind. Later on things began to change. Since then this lower or more physical type of mediumship has served its purpose and the chakras of the higher triangle in man are opening to higher things. What is left is in danger of degenerating. Remember what we have told you—that this power is a creative power. It can be a holy power, although it rises in the first place from the generative organs. As man evolves and is developing a stronger and finer mental body, these lower centres are subsiding and there will be activity on the higher triangle. This means that the communication between the heaven world and yours will be established not in crude but in more perfect form.

The next stage of mediumship will be seership. We would prefer to regard the true visionaries, still miscalled mediums, as true seers. In the ancient mystery schools the priests and priestesses were true seers. This is what is coming back again today. The way for the development of the seership or true communication between the world of light and the earth is by way of purity of body and soul, and by meditation and study. First of all knowledge is needed. One who would become a true spiritual seer needs knowledge of spiritual things, knowledge of humanity, knowledge of character, knowledge of the physical body and the right foods and the right way to treat that body. You see the grave importance of this fine, delicate instrument of the body? You begin to see the need of that seer for love and protection, because he or she is going to be a very, very delicately balanced instrument. You yourselves are just beginning to learn the joy of meditation. When you sit in your group you enter into a state of worship of the Almighty and are raised at times into a spiritual ecstasy. You know that you need quiet and if you are disturbed when in that state you would receive a great shock. These are some of the things which people need to know and must know with the advancement of the race and the development of this sixth sense. You have heard of intuition? Sometimes people laugh about it, but make no mistake, this is no laughing matter. This sixth sense of intuition is being developed and in the future it will become as natural as the other five senses.

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With development of intuition it is the heart centre and the brow chakra and lastly the crown centre which are being brought into operation. The intuition is unfailing only when it is selfless and when the human spirit is concentrating upon the Great White Spirit. There are records today of the visions of the saints. You have one great example in your Bible in the Revelation. This is attributed to John but they do not know which John. In these revelations you have an illustration of the action of the true intuition, the opening of the brow chakra, the rising of the soul and spirit of the seer who is thought to be John. He was carried up into heaven and there he saw what would happen. It was not much use his seeing without the interpretation of his vision. Not many people can interpret his vision. So you see that it is not only the opening of the vision; it is not only the seership, the seeing of pictures, it is the knowledge of how to interpret these pictures which the true seer must seek. This is where we come down to life and to your human relationships, because it is your life, your relationships, your behaviour to each other and particularly in your temple, which is going to qualify you not only for seership but for the understanding, for the interpretation of what you see. You may be taken up into higher worlds, see many beautiful things, but if you have not spiritual understanding they remain just figures and no more.

So, my children, spiritual development is not easily attained. It only comes to you after very earnest work seeking truth not only outside but inside yourself—turning inward, searching your self for truth, doing your best to be true. No half measures, no slipshod measures will do in the temple of light. Everyone must be very strict with himself or herself on this path of development of seership.

Lastly we repeat that the spirit communicators do not come back into material conditions in order to satisfy your laziness. We make no apology at all. We speak truth. Every man has been given faculties, given reason and the power to deal with his own material problems. Every man should stand on his own feet. Messengers from our world come with tender love—not to carry your burdens, not to rob you of the opportunities to develop your character and be strong and true to the God within you—they come to bring you love and to help you to see light, not to take away your responsibilities. So we say to you that it is your affair to decide your own material acts. Do not throw your responsibilities or your karma on to your loving guides, who will weep if you do. There are occasions, as we say, when guides and angels will give you guidance and help. If they do, it means that you have to make payment for this help, but not necessarily in money. You will most likely receive help and guidance when you need it, but do not ask for it. Just say to God, 'I surrender to Thee, a loving Father. Thou knowest my need. Thou wilt show me the way. Thee I trust. If it be Thy will may guidance come to me, but according to Thy will and in Thy way not in my way', and you will receive in full measure, pressed down and running over. Your loved ones long to come to you to give you the light you need and the spiritual help.

We pray that you will receive what we have said to you kindly and with understanding, knowing that our one mission is to help, to uplift you and to bring you peace, happiness and rich spiritual treasure.

Benediction:

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Now we raise our hearts and faces to the eternal light and with grateful hearts receive the blessing of God.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Inspiration, psychic development, channelling, channel, clairvoyance, clairaudience, clear vision, vision

