T081 The Inner Teachings 14th September 1938 Pembroke Hall, London

### **Invocation**:

God our Father, in whom we live and move and have our being, we would become aware of Thy love and wisdom. We would open eyes and ears that we may walk forward into the light, be channels for the power and radiance of Thy truth. May Thy light dispel the darkness and the discord of earth, and may Thy love bring peace into the hearts of men\*. May the spirit of peace and tranquillity and calm reign supreme in our hearts this night.

Amen.

[\*See the introduction for an explanation of gender issues in editing these teachings.]

We greet you, beloved brethren. We would bring more than love tonight; we would bring wisdom and the power which will fill your being with confidence and realisation of the invisible hosts of the light now ministering to humanity. We would have you remember that however weak and however insignificant you consider yourself, you are a channel, an instrument through which the Christ light can manifest. You have been brought to this condition and time that you may be used to serve. You would not be in this gathering were it not so. You, my beloved brother or sister, are a server in the world, and must stand firm and loyal for what you know is truth. This truth is that the Great White Light of Christ is the healer of all ills of body and of soul. It can heal the physical body; it is the great solvent of all shadows of that which is so-called evil. It is ever the builder, ever the constructor, and at this special time you are called, by the hosts of the invisible, into service, into action.

'How'—I hear your unspoken question— 'how can we serve, how act?' You must endeavour to become aware of the invisible forces which are playing upon the earth life. You must train your body and your higher vehicles to become consciously aware of this stream of light which finds entrance into your being through the psychic centres; you must learn to be aware of this circulating lightstream which vivifies and can glorify body and soul, and pass from you, directed by your highest self, to heal the sick throughout the world, the sick in body and mind. The vibrations and the power of the angels and the great spiritual beings work through human channels to build heaven into the consciousness of man. This is the Ancient Wisdom, the temple training of the past; the becoming aware of the land of light, of the world light, of the light within the soul; of the effect of colour upon the soul, upon the mind, upon the body, the effect of perfume, the effect of sound.

These three we would speak of particularly tonight: colour, perfume, and sound—three powerful vibrations affecting human life. So few people recognise powers within their use for good. In Egypt the rays of colour were used to heal the body and soul; the wise teacher in that age first taught his pupil to attune himself to the first great cause, the Sun; to become in harmony with the Sun and with the light; to develop that continual attitude of mind which could neither think nor do harm to any living thing. Thus the pupil made himself a channel; he absorbed this light, and it contacted every centre, or chakra, in the body, thus reaching through the chakras to the higher bodies, through the seven chakras to the seven vehicles of man. The 'seven' is a mystical number, as you know; one might say that the universe vibrates to the number 'seven'—the seven rays of life upon which all creatures live and have their

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being. At the head of the seven rays of life are the seven masters of wisdom, of life, and behind the seven masters are the archangels, the angels round the throne. Right through the heart of life we find these seven rays are radiating, and from each one another seven, and from each again another seven, until behind the veil of physical life are unveiled countless hosts of being, both of the human life of evolution, and of the nature. We see the life of every growing thing brought into manifestation, sustained and fed, by the harmonising work of these countless hosts.

We can see the actual vibrations of sound, of colour and of perfume. Some wonder why we do not disapprove of flowers taken away from the parent root. [It is] because the flowers have a mission; they bring themselves as gifts to humanity. It is not possible to have in this little church flowers growing as nature intended, as they are in their natural surroundings. Nevertheless the little people, the little nature spirits who work with the flowers, recognising their duty, go forth, perhaps we might say as missionaries, as messengers, into our homes, into our sanctuaries, knowing they must send forth the vibrations of harmony and colour and perfume to reach the hearts and touch the souls of humans. Do you realise that some men and women have received more from the vibrations of the lilies upon the altar, or the roses at our feet, than from any word which has been spoken? It depends upon the particular ray upon which the individual vibrates. Some respond to vibrations of sound, some to music, some to perfume. Some respond to the vibrations of colour, so that colour in surroundings will affect these individuals while not affecting others. The vibrations, the harmony of music, strikes a certain centre in the soul and causes it to open like a flower—to the sunlight, to the White Light of the Son, of the Christ, expressed by harmony.

Through the sense of smell the angels or the dwellers in the land of light will convey their message to some; it is one of the methods used by certain masters to impress their presence, or ray, upon a pupil. Sometimes you may smell incense, and you may say 'Oh, this lovely scent of incense! I wonder where it comes from!' Actually you have received a ray from a wise one, which is your particular way of reacting. Your conscious mind may not appreciate, but the soul absorbs that vibration, that stimulation towards higher things. It may happen that a discarnate spirit discovers your sense of smell has more acute reactions than any other, and so brings to you a perfume which brings a memory, an association, perhaps of a hayfield, roses, violets, or the beautiful earth wet with the gentle rain, or perhaps the scent of pines: these arouse in you a memory, and that memory will link you with your beloved. These things are not coincidence, but actually a law at work behind human life to impress upon the soul conditions not limited by time or matter. Through these higher senses, the soul of man is released into the land of light. As you realise these vibrations in your life, so will you become more attuned, more awakened, more aware of the real life, the eternal, the life of the spirit.

We will go back to our flowers. You may gaze upon the flowers and not be listening to a word we say. The flowers speak, and their vibrations, or those of the little nature spirits working with them, can convey to your soul the message God would have you receive: a message of inspiration, of comfort, consolation, courage, peace. These are the eternal things, which are above destruction; they are eternal, bringing peace and power to the soul.

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Concerning the rays of colour we are learning to use for healing, we would not bind you to any dogmatic teaching on the colours. We see the blending of colours, their interpenetration. We cannot conceive of colours being isolated, and yet they are still individual. In the spiritual life we see a gentle blending and harmonising of all colour, an interpenetration to a degree difficult to separate, and yet we see them as separate. Can your finite mind understand? To say that any specified colour can be used always for the same specified purpose is not correct. According to the receptivity or evolution of the soul of the patient, so only can the colour be chosen.

We shall follow up this preliminary talk next week. We will have the seven primary colours clearly indicated on a chart, and also a blending of those primary colours. There is so much to learn, so many rates of vibrations of the colours. According to the degree, or the vibration, so the colour changes. Thus we have blues from the very palest to the very deepest. And each of those colours, shall we say, has seven aspects; seven aspects of blue, seven aspects of red, from the palest pink to the deep ruby red. The same with the green; the very palest greens, coming down through those beautiful apple greens and the green of spring to the very darkest. Then we get the differing shades of yellow and orange, indigo and violet. These are broken up again into their seven, seven, seven, and so again we get a different blending of colour. All these sensitive colour vibrations have their particular work to do upon the seven vehicles of man.

And then the seven notes of music create by their vibration the seven colour rays. Next time you go to an orchestral concert and feel the vibrations of the music stirring your soul, let your imagination run riot—never mind if you make a mistake!—and imagine the colours which certain themes produce. Certain modern music appears to have a disintegrating effect. Some dislike it, but bear in mind that sounds of that character have work to do; they are breaking down certain conditions, mental conditions, certain forms which need to be thus broken. Remember, there must be a clearing away as well as a constructive influence, a fact to bear in mind with life generally. You may fail to see good in what you call the destructive or disintegrating forces. Learn to see that good, not seeing merely the disintegration but the cleansing process in preparation for the next step. Throughout life this vibration enters in as a shattering or disintegrating power, but it is not so in reality—rather a clearing and a reconstruction. There comes a time when you wish to beautify your home, and you decide on new decorations; the old have served their purpose and must be done away with. You are tired of a colour you once liked, and something in you craves a change. It is the same with life; there must be this progress all the way; there must be disintegration before there can be re-creation.

Therefore that music which you find harsh and discordant has its purpose, and there are those responsible for sending this music through; for realise that music originates in the creative spheres of art, and is directed through the brain or the conscious mind of the medium (although your great composers would not like to be thus referred to). The composers receive these creations from great devas, from great angels: those who are responsible for creation, or re-creation of art, music and spiritual life in men on earth.

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We keep telling you to see good in all things. You say: 'It is not possible; you must call this or that evil!' Well, we use the word 'evil' because you do not give us a kinder [one]. But your work is to see the positive work of God, or Good, throughout all conditions. So-called 'evil' is a making way for a finer or more beautiful condition.

We spoke of the angels and devas. This little sanctuary is charged, particularly tonight, with the pure white light. Had you eyes to see, you would see. The pineal\* gland is the 'eye' which receives the vibrations of the next step, of the etheric plane. The physical eve receives only the vibrations of physical light. The pineal gland reflects the etheric light, and you should, when you focus your attention there, become aware of light, and then of colour. All the most delicate colours of the rainbow are here. I am pretty sure that each here, having been trained, can, by closing his eyes and letting the outer sense fall into abeyance, reflect the vibrations of colour on the etheric plane. You will see the most delicate colours of the rainbow, moving, vibrating, in beautifully soft, billow-like clouds, and see beings standing with folded wings all around this sanctuary. They are still, and are directing rays of light, which go forth from their heads, from their aura. They are not disturbed by any world problem; they know one truth: that all is working together for good. They come to help humanity realise this one grand truth, that all is working together for good. Man must yield himself and become obedient, saying: 'Thy will be done; Thou art the Creator; Thou art creating Thy child, Thy son; Thou art bringing forth into manifestation Thy son. My Father, Thy sons bow in thankfulness, and have no fear.' Get above fear thought; get beyond and above, and live in the positive thought of good becoming manifest on all planes of being.

Be relaxed; be as easy as you can; do not feel strained. We have been describing the winged beings with you in this sanctuary. It is now about the ninth hour, and a very important hour. We unite, not only the one who speaks, but the seven behind. The rays of the seven are upon us. We become enfolded, immersed, in the Great White Light of the universal love of Christ, the Son of God. No harm shall we do, in thought, word or deed, to any living thing. The will of the spirit has been accomplished.

### Benediction:

Glory to God in the highest; on earth, peace, goodwill towards men. Peace be in your heart, and in your mind. Let us give our trust to the Great White Spirit as a child trusts its Father and Mother. For as the earthly parent loves its child, how much greater is the love of the Creator of our spirit!

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Light spectrum, spectrum, creativity