A301 Sunday Address 26th January 1958 New Lands, Liss Sunday Service

*Text*: typescript, possibly by AMI, headed 'White Eagle's address at New Lands service on Sunday, 26<sup>th</sup> January, 1958'; a carbon copy also exists heavily edited by IC, bearing the title adopted here. YGH has marked the carbon 'Excellent address' but it does not seem to have been used in *Stella Polaris*.

*Context*: this is the first script we possess for a New Year service at New Lands, although there may have been a service in previous years; the List of Activities in *Stella Polaris* does not announce that the service on this day will include a White Eagle address: it is simply listed as 'Public Service of Worship'. There is a communion, but no indication of hymns or readings.

*General Notes*: once again White Eagle introduces himself as 'us' – not a royal 'we' but with a very certain statement that the Brotherhood as a whole is present. Their soul purpose, he says, is to raise human consciousness. He says that the greatest effort required of anyone on earth is 'to look upward rather than downward'; a continuous theme of the address is effort. He explains that our helpers in spirit seem to come to us from the astral plane, but reminds us that that is only because they need astral plane conditions in order for us to see them; the sphere they come from may be much higher. He talks of the experience of incarnation, and how it is really something to be celebrated if life is hard. 'Glory in difficulty and hard going because you can thereby glorify your life. You can triumph over life.' There is a section on karma and the opportunity that is really is, and another on living a healthy, and thus holy, life. It is clear that White Eagle interprets this as wholeness. Finally, there is what White Eagle regards as a little lesson in clairvoyance, in which we are led not by mind but by true spiritual aspiration into the place of communion – a communion which begins in a White Temple in spirit, where the Christ appears – and then moves to the little room where the congregation sits, and again He appears. It is probably the beauty of that communion which led Brother Faithful to give the address the title, 'An Experience to Treasure'.

References: for 'love the Lord Thy God with all thy soul', etc., see Matthew 22: 36-40.

#### White Eagle's Address:

Beloved children of earth, we are thankful to be able to speak to you through human lips, for we know you as our brethren – our younger brethren perhaps, but we come back to speak to you because of our love for you. You may not know us as we know you. When we speak of 'us' we are referring to the group of Elder Brethren, the White Brotherhood, who are with us, and we are using this channel to give to you the spiritual help and strength which you always need whilst you are journeying through the material and physical life. It is the opportunity which is given to you all to live on the earth and in a physical body.

Now we come to raise your thoughts and your consciousness to a more beautiful state of life, and this state of life does not wait for you to enter after the death of your physical body. It is waiting for you *now*. You would not be here in this little chapel if you were not ready to hear the message from the world of spirit. It is an opportunity which is given to you the same as the great opportunities that are given to you during your incarnations, during your life on earth in a physical body. Now we want you all to understand that you will not have the same opportunities in any other life as those that are given to you in a physical life. It is a hard school. You all have to work very hard, not only with physical labour, but with soul effort. Life is effort. This is demonstrated for you in nature when you plant the seeds or the bulbs in your earth. If you watch the trees in the spring time or watch any functioning of nature, you see effort. It is always an effort to grow. You may not recognise effort in your own growth physically or spiritually, but you know that from within your soul life is for you effort – effort

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to do the will, to obey the will of the Great White Spirit, effort always to look upward rather than downward.

Now we think for you dear ones on earth this is perhaps the greatest effort. When you come into a place like this and we, who are in spirit, come and talk with you, you are lifted up from the earth plane, and everything looks so beautiful you can almost see the hosts of white-robed brethren who are all around you. Some of you may see very clearly the vision of the spirit life but, when you are away from this prepared and holy centre and you have to mingle with the darkness and ignorance of the world on the low physical plane, you feel that you are being drawn down and bound to that very material world.

Now this is the moment for effort. Make the effort as soon as you feel this bondage of material life. Make the effort to look up and to remember that with you are the companions of your spirit. You are not alone. Not one of you is alone in your life. Even if you live alone, you are not alone. And in your efforts to reach upward and to gain greater knowledge of the spiritual life – the spirit life and the spiritual power – they are striving to help you. Every effort *you* make, they make a double effort to help you. We want you most earnestly to remember this. We do not come back to bear your burdens for you or to live your life for you. You must stand upon your own feet. You must do your best in the circumstances in which you find yourself and you must keep on with courage and confidence; confidence in your Creator first, confidence in the Divine Father and the Divine Mother and confidence in the Christ Light. He that is born of the first two Principles – Power and Wisdom – and He that is born of Love, the Solar Logos, Love, Light.

You could not live on earth if the sun, which is your life, was withdrawn. You are going to have this proved to you, you earth people – in the next twenty or thirty years as we can judge time. You are going to have proof of this spiritual life behind the physical life which is keeping the earth plane alive and peopled and which is holding your solar system and all other solar systems on their course.

Now you are on the verge of unfoldment spiritually, individually, and you are on the verge of unfoldment naturally, scientifically. There are great discoveries coming and your life on this earth plane will be transformed, not only physically but spiritually too, because man will recognise that with the uncovering of the secrets of nature, he is discovering secrets within his own soul which he did not realise existed.

We want you to be comforted this day and inspired and to look upward to those spirit companions. Now they are not of a low order. We do not say that they are necessarily not of the astral plane. Remember that there are countless hosts of good, loving, kind and pure souls on the astral plane, and they come back to the earth with one object: to serve, to help man in his spiritual evolution. You can learn so much; a great deal you can learn from your friends and your guide and teachers on the astral plane, but we would like to explain here that many of them are not bound by the astral plane. They use that level of manifestation in order to come into contact with you. Life consists of varying planes of consciousness. There are planes of consciousness beneath the earth, lower than the earth. There are planes of consciousness immediately following death and so on up the scale, until the soul is functioning in a very high plane – a heavenly or celestial plane, where the soul is pure and

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holy and very, very close to the throne of God. That sounds peculiar to you, when we speak of the throne of God, but God *is* enthroned in the highest celestial worlds.

This is something which is beyond the comprehension of man. There are many things which are beyond the comprehension of earthly man, many things which you would like to ask of us now, but it is impossible for you to comprehend the answers even if we were allowed to give them to you. You have to be humble and faithful. You have to do that work which is immediately before you, and that is not always palatable, dear brethren. We know this. But it is your karma and you know what karma means. It is not only a payment for errors of the past. It is the opportunity to learn lessons. Now you are on the earth to learn and to develop higher powers. You are on the earth to learn how to serve your fellow creatures. There is so much sorrow and sickness on earth, and you are the agents of the Great White Spirit. Every one of you can be a server of humanity, but the point is that you must resign yourselves to the Great Spirit, not demanding *how* you should serve, but saying in your heart, 'Thou knowest all. Humbly I would come to Thee and obey Thy law.'

Now remember your life is governed by law, a spiritual law, and by being obedient and humble and accepting the way which is open before you, you will obey the law. Another law of life is purity of body. Purity of body means obedience to spiritual laws, natural laws which govern the health and the wellbeing of your body. If you are going to be a servant of God, you must be healthy and holy. Healthy is holy; to be whole. To be whole is to be healthy. And you can only be healthy by taking care of your physical vehicle, by obeying the law of harmony, of pure living, breathing plenty of fresh air and eating pure food of the earth, giving your body mental and physical relaxation. All these things are laws of life, and perhaps the greatest one of all is to love the Lord Thy God with all thy soul, for if a man loves, all the other laws are obeyed. If a man loves sufficiently, everything falls into harmony and he is obeying. Naturally, he cannot do anything else because as he loves God, the Christ Spirit comes very close to him – and the Christ within him grows in stature, and the Christ within is always obedient to the laws of the Father–Mother God.

So, dear ones, slowly and imperceptibly, by your quiet effort every day, all your life, the Christ spirit within you is growing and expanding, and you are fulfilling the purpose of living in a physical body.

Now we come right back to our original point. You are in physical life for this one purpose, to develop the Christ within, to develop the growth of that pure spirit. O, my children, that spirit of God, the Son of God! – which will be for you heaven, glory, happiness which you cannot possibly conceive in your present state. Now do not be discouraged with your job or your life or your spiritual development. It is all worthwhile and it is all leading you to a glorious life of fulfilment. And God will not fail you. You may fail yourself, or appear to. You may think you fail the angels and your spirit friends, but they will never fail you because they love you – but you must be prepared to accept their word, their guidance, their teaching, and you must continue along a path that may seem tedious and hard and very wearying, but the harder the path the greater the glory. Remember that. And if your path is hard, be thankful. It is the easy path that one is a little sad to see. Glory in difficulty and hard going because you can thereby glorify your life. You can triumph over life, and you can enter into that spiritual world with your spirit companions and there enjoy the fruits of all your efforts.

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Now dear ones, before we leave you we want you while in this raised consciousness to use your soul power of clairvoyance, clear vision, spiritual imagination. Imagination comes from God, remember. It is not of the earth, nor of the mind. It is spiritual inspiration. We are not in a little chapel on earth; we are in a white temple in the heavens, of glorious beauty and architecture, and the substance of the building is translucent light and colour, and the great arches are pulsating with this light and colour. We look right through the temple and we see hosts of shining men and women, men and women in shining garments, and on their faces a look of love and wisdom and adoration. And there we can recognise many of the saints of the past and the teachers of all ages ... and the Lord of Hosts, the King of Kings, the Lord Christ now appears with arms upraised; and the light of His blessing pours forth, the healing power, the saving grace. Oh, it is so real!

And now he appears to just this little company here, and he stands before you holding the Bread, the symbol of His cosmic body. Take as He gives you the heavenly Bread and eat. He holds up the Cup, the crystal Cup of Wine. Sip this symbol of divine essence; love, *my love*, which is the spiritual wine of life ... sip. My blessing and my peace I leave with you....

May you treasure this experience.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

light within, spiritual unfoldment, spiritual development, science, technology, inventions, astral world, planes of life, astral body, law of cause and effect, physical health, fitness, pure living, intuition, inner vision, spiritual path