

The Secret Consolamentum

A400 Sunday Address 3rd March 1968 St Mary Abbots Place, London 32nd
Anniversary Service

Text: MB typescript. For a concern about a faulty text at one point, see 'General notes', below. There are a few pencil marks in the hand of KIH, whose note on the cover page states that she had compared it with the recording. Some of her notes seem to be simply corrections.

Context: MB begins by telling us that there was a 'beautiful arrangement of white Arum lilies on the altar'. This service marks the thirty-second anniversary of the Lodge. The first hymn was 'All people that on Earth do dwell' (443 in *Songs of Praise*) with the faux-bourdon in the third verse sung by the Choir alone, assuming the setting was the normal 'Old 100th'. The words are from Psalm 100 adapted by the Scottish Protestant William Kethe and date from the end of the 16th Century. Minesta then gave an invocation, recorded separately, after which Brother Faithful read, first, the opening five verses of St John's Gospel ('In the beginning was the Word...'), followed by the closing pages of *THE RETURN OF ARTHUR CONAN DOYLE* (actually p. 176, paragraph 1, and then last line of p. 177 to end of first paragraph p 178). MB made a note to check this reference. After the prayers, the hymn was no. 307, 'O brother man, fold to thy heart thy brother', the words by J G Whittier and the tune almost certainly 'Intercessor' by C H H Parry. Brother Faithful then read the two special prayers, 'For our Teacher' and 'For the Lodge' regularly offered at Anniversary time. After the prayers, the Choir rendered ('beautifully', as usual) the anthem, 'Beloved, let us love', almost certainly in the version by Orlando Gibbons. Brother Faithful's words at the end of the address are reproduced here, and were followed by hymn 302, 'God is working his purpose out'. Minesta's Benediction is reproduced here, and to close the service the Choir offered 'God be in my head', probably in the version by H. Walford Davies (1869-1941).

General notes: This is a long address and an important one for its references to the Cathars at the end. White Eagle begins by commenting on the Lodge as a place where love is to be found, and goes on to refer to the 'lovely anthem' by the Choir, a fair comment on Gibbons' music. More than once in this address, White Eagle refers to the Lodge as 'home'. He seems to want to stress the special warmth of the physical space, while also repeating in different ways an assurance of the love that surrounds earthly people. And then he moves to the story of the creation of the White Eagle Lodge of today, its history. First, there is the ancient history; its being part of a heavenly plan. Then there is the time in what White Eagle calls Mayan civilization, but which we might prefer to call pre-Mayan (he says it was in South America, not in Mexico), a time when many of those present were in incarnation with him. Since White Eagle spoke, traces of other civilisations have been discovered in the Andes, some quite recently. But the crucial thing White Eagle wishes us to know is the importance of Minesta's trip to the country of the Cathars, the Languedoc, and of the message she received there, in particular what she was taught by 'the teacher of the new age', whom we assume to be St John. The basic teaching that is given by the teacher is about how men and women can live with one another in harmony – in short, a message of brotherhood. But the deepest secret to be imparted is the one which will remove all fear of death. Humanity needs to begin working on overcoming this fear. Attunement to the secret means developing a feeling of oneness with all. Life. The secret itself is what White Eagle describes as the Consolamentum (the great ritual of the Cathars), and its result, he says, 'is that spiritual awareness which takes from you all things which are unholy, unhealthy, all the things which give you fear, disease and pain, and puts into you a new life born of love, born of this light of heaven which all men may receive, may all know'. When we get to the Communion, White Eagle is inclined to say that the wine of spirit actually *is* the secret he is talking about. This is quite logical if we accept that the secret is the Holy Spirit, the Comforter (hence, 'Consolamentum'). A little of White Eagle's introduction to the subject of the early church has some confusion and the text might just be faulty.

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An interesting takeout from this address is the three-times reference to the area Minesta visited in France as 'the centre of an ancient brotherhood'. Since she was not taken to the most commonly recognised Cathar country, the phrases have a particular interest. The address also underlines that the link she made there was with the one known as John, even if he is not actually named.

References: 'as a little child' picks up on the well-known words at Matthew 18 : 3. 'Leave all and follow me' is Matthew 16 : 24.

White Eagle's Address:

Beloved brethren of the earth plane, beloved members and friends of this Lodge, this is a place where souls may come to find rest and love; love, which is the refreshment that all souls need wherever they are, and whoever they are, whatever they are. Every soul needs the blessing, the gentle balm of love. Love is the comforter, love is the healer, love is the power which is cohesive, and which gives life, *life*, abundant life.

Now, in these few words after listening to the lovely anthem by our Choir, we preface our anniversary address tonight. This lodge of the white eagle is the centre of love, and the people may not know that they are brought here to this home to receive the comfort and the healing and the vision which they so sorely need.

We have told our brethren on other occasions that everyone on earth is known in – we were going to say – in heaven. And we *mean* in heaven. You are accustomed to thinking of the world of light, or the spirit world. But when the soul has passed through the initiation of death; when it has passed through, quickly, those spheres which are so closely attached to the physical life, then it goes into that heaven world where all is love, and this we cannot describe to you. It is something which you can only experience for yourselves. And you will not experience it to the fullest extent whilst you are still hampered and confined and chained as one in prison to this physical life. Nevertheless, by earnest aspiration and prayer, by a reaching up to the angels of that heaven world you will be helped, by your meditation upon heavenly things and your contemplation of your Creator. By meditation and contemplation and aspiration a soul may penetrate the mists surrounding this physical life and enter for perhaps a flash. But what is time? It does not matter how long it takes. You may touch that heavenly consciousness in a flash, and you at that moment experience, or you become at one with, the whole Cosmos in a flash. But the truth is that when a brother or a sister is able to make this contact, even once in a lifetime, that consciousness is never lost – never, *never* lost.

Now, we have rather diverged from our anniversary talk to you. But the first thing we wish to say, and we are speaking for the group of Brothers who are behind us – you may call them the White Brotherhood. You may call them the Great Masters. You may call them those souls who have entered into that consciousness of God, and who know the meaning of love. And they come back to earth because they love, not for their own satisfaction, but to bring you dear ones on earth their love, the inspiration of their love, the comfort and the healing which their love brings.

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And we would thank every worker of the Lodge, the workers here in this London Lodge, the workers in other Lodges in other parts of the country and the world. And we would send our love and thanks to all of our lone healers, and to all the groups throughout the world who are sitting through love, are sitting in harmony and peace, giving themselves as channels for the light and for the love, the divine love of God. Dear, dear brethren, whenever you feel tired and weary of your service, will you remember the message we bring to you on this special day of the anniversary of the opening of this home, this lodge?

Dear ones, there are so many radiant ones here, not only behind this physical body, but amongst you. Now, tune yourselves in to their presence, to their influence, whoever you are, whatever your need; just open yourself in simple love to your guide, to the White Brethren who mingle with you for the purpose of bringing to your heart and your mind light, knowledge, wisdom and love.

Now, dear ones, we have a message which is particularly coming to you all from a certain sphere of spiritual life. Now we have to tell you a little story to try and bring your minds to understand the value and the importance of this work here and in all groups of the White Eagle. Nothing happens by chance. The Plan of life is in the hands of the Great Architect of the Universe. The Great Architect holds the plan for the growth, the evolution of all humanity. And it may be difficult for you to understand that, particularly at the present time when there appears to be so much chaos in your world. But we want you to understand that what you think is chaos is truly a spirit of light which is behind mankind, and particularly the youth of the world. Older people may be tempted to be irritated with the brashness of youth. But we look to the youth of the world to be the pioneers, and to help to usher in the new age of brotherhood, and the new age of the spirit.

Now, we have told you that the Great Architect holds the Plan for the evolution, the growth and the happiness of His children. We want you to accept that and believe it. And you will say – someone is thinking, but oh, what about freewill? Have we no freewill? Do we have to follow exactly what the Plan says? My brother, my sister, you have a measure of freewill, or what appears to you to be freewill. And if you refuse to accept a certain path so well and good, so that is all right if you refuse. But what it means if you refuse to follow the obvious path in your life is that you will eventually take a little detour and come back again to the same pathway, after you have had a few knocks and bumps on your detour. That is all it means, and by those little knocks and bumps you decide you have been rather foolish, the next time you will not go that way, you will take care where you put your feet.

Now, it sounds very facetious maybe for old White Eagle to talk to you like this, but we are giving you a very simple but profound truth.

This Lodge came into being because those in the spirit were pushing through the light of the New Age. There was a message that had to be given to mankind, and many little obstacles had to be overcome before this message could come through. But it has come through, and

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we are continually repeating it and repeating it, and shall continue to whilst mankind needs to receive the light from the world of spirit, or from the heaven world.

The message that we are giving is not only a modern message. It is a re-statement of knowledge and wisdom which has been given to mankind ever since life came onto this earth planet, and that is millions and millions of years ago. You cannot comprehend with the finite mind what this means. At all events it is an age-old message. Now this message, this truth, was known to the ancient races. And when we are speaking of ancient races we are not referring merely to Egypt and Greece, and so forth. They are comparatively modern races. We are looking back down the path of the ages to beyond man's comprehension. But we would make reference here to what you call, or what you know as the Mayan civilisation. You may know, some of you, that we ourselves were incarnated in that race. Therefore, as we are now attuned to that time, we can tell you that the message that we are re-stating for you today was known by those dear brethren of ours in those far-off days of the Mayan civilisation.

Now, your explorers find that they are quite unable to interpret the symbols and signs which were built into our temples, the carvings which were done with so much love by those advanced brothers of the pure white light. They cannot understand the kind of culture we had. They cannot understand the calendar which was compiled by our brethren, cannot understand the architecture. And they do not know where our people came from who settled not where most people think, in Mexico, but farther South than that. Never mind, be that as it may. What we are trying to tell you tonight is that the truth of spirit life, the truth of spirit working in matter, the truth of all that happens to man during his journey through physical matter, was known to all of the great masters of all the ages. And we look up to those great ones; we know, because they know they do not say very much. They keep silent. But they send forth into the world vibrations, powerful thoughts and an abundance of heavenly *light*.

Now, you dear ones on earth, you are like receiving stations, and if you turn a little knob which we suggest is in your heart, if you turn a little knob there and become as the Master Jesus said, as a little child, you will receive knowledge. You will know, deep within you, you will recognise truth as you meditate and contemplate heavenly things, meditations on good things, true things, kind things, lovely things; you will be receptive to those spiritual forces which are continually flowing to you and to all mankind from these great masters of humanity.

Now you may think, as we have already said, that the world is in such a chaotic state, there is so much argument and dissatisfaction, and everyone wanting to have his point of view known and accepted, you may think there is no room for the kind of teaching that we are bringing back to you. But you will find, and very soon find out, that the masses of humanity, and particularly the young, are already opening their minds and their hearts and their consciousness to this heavenly truth.

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Now, some time ago, many years before this Lodge was formed, this woman through whom we speak, who was once our daughter in a far-off age, was taken, guided to go by the Masters of the Great White Lodge: she was taken across the water to a certain centre in the Pyrenees in France. She did not know what was happening [to her] at that time. We are telling you now because we want it very clearly established what we are doing, the work we are trying to do, what we have been given to do to help you people, to help all mankind. This instrument was taken almost unconsciously – she felt she must go to this place. She went to the centre of an ancient brotherhood. And whilst she was there in a state of trance [she] received from the teacher of the new age of Aquarius [word(s) missing] certain truth and received instructions. And these we are unable to go into in detail in a public service like this. But we want you to understand that it was through the teacher's words and the instructions that eventually all the books which have been published here from the White Eagle Lodge were produced and sent out into the world.

The teacher who contacted her was the teacher of the New Age of Brotherhood and of the spirit. And it was after this contact was made [that] messages came flowing through for a number of years. Now, you may read White Eagle's words – they come under the name of White Eagle – but we are nothing, we are only the mouthpiece, as this instrument is only an instrument. We are just an instrument, and that is all. But the truth which has been given, and will continue to be given, is that man is spirit, and that whilst he is on the physical plane he has to live to develop and unfold those spiritual powers within him in order to love his brother man, heal his brother man and comfort him.

Now, the most important message of all we are leaving to the end. And it is time that we gave you all this message because there is a good deal of confusion in your world, even about spirit messages and the communication from our world and about the etheric bridge. There is much confusion because people do not understand yet what they are contacting when they try at first in quite a simple way to get in touch with a world beyond or behind the physical. What you must all realise and strive to achieve is a magical secret. Now, the simple ones may say, 'I do not want anything to do with magic' – because you do not understand the meaning of magic, the magical secret of life and death; the secret which when understood by mankind will overcome all fear of death. That is the first thing, *it will overcome all the fear of death*. And also, it will give to man the understanding of how to achieve and preserve a holy or healthful physical body.

The world is riddled with disease and pain and suffering, the world is riddled with conflict and war. The world is riddled with fear, because humanity has not yet received this magical secret.

Now, this instrument was taken to a centre of a certain brotherhood in the Pyrenees. And that Brotherhood had received its knowledge from the Great Masters of the Far East. Now many won't believe what we are telling you. But the day will come when you will remember our message this night.

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Now, that message came from the One who is the teacher of the new age. And it was conveyed from the East to that brotherhood, that simple early Christian brotherhood. The Christian church, the orthodox church founded by Peter. And Peter founded the Roman Catholic Church, the Roman Catholic Church, but Jesus was the instigator, the creator of the simple Christian Brotherhood, which of course suffered great persecution because they were given this secret which man has to have, which all you have to find. We are going to tell you what to look for, but you can only find it through life, through service, through spiritual service, as well as earthly service. But the Brotherhood in the Pyrenees were almost exterminated, but *truth* can never be exterminated. Truth is preserved for ever. And the truth which that early simple Christian Brotherhood was given is now revealed to those of mankind who are ready, as Jesus himself said, 'to leave all and follow me'. Now, we want to just make this statement clear to you. 'Follow me' means not going to church, not being avowed Christians, nothing of that kind. But it does mean follow the precepts of the Great Master by doing your best to love, to be patient and kind and to cultivate all the virtues, all the heavenly virtues, and above all to pray for wisdom to live that you may become wiser, wiser in your spirit and in your heart. This is – this is the wisdom of heaven. Pray that you may lose all fear, and this will come to you when you are attuned to that eternal light you call love – we call love. But it is something else beside love, it is the light of life. It is the spirit, the spirit of the Son of God, the Son born of the Heavenly Father and Divine Mother, the spirit, not Jesus the man – the spirit of Christ.

Now, Christ is not only a Christian God. Christ has been known on earth throughout all the ages. And we speak from experience and memory of at least our Maya incarnation when this beautiful Being, the embodiment of love, came amongst us. And this Being walks the earth. Man is deaf and blind until his heart awakens and he feels this at-one-ment with his brother man, his at-one-ment with all life, with the animal kingdom and the nature kingdom, with all the wonderful creation of the Creator; when he feels at-one with the universe and all the heavenly stars and planets that can be seen with the physical eye. This is the attunement to that magical secret. What does it do for you as a simple woman or simple man or child? It gives you something in your soul which makes life appear so much more beautiful to you than ever before. And above and beyond all this it gives you the confidence and the assurance that you cannot be destroyed, you cannot die, you only move forward on your path into this heaven world. And when the time comes for you to pass on, as you call it, there will be no terror and no fear, but the vision of this heaven world will open for you, and you will see the radiant ones who have come to welcome you into the heavenly garden, into that world of peace and love and service. This is the meaning of the word 'Consolamentum'. It is that spiritual awareness which takes from you all things which are unholy, unhealthy, all the things which give you fear, disease and pain, and puts into you a new life born of love, born of this light of heaven which all men may receive, may all know – all men will receive, so that there will be no war. Do not believe it when people say to you that there will always be war, it is nonsense. Wars will cease – *wars will cease*. Health, perfect health will be given, and man will not die of disease. He will pass onward into that higher vibration of life which you, and we, call heaven, a state of happiness.

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So, dear ones in this service, let us now all pray that we may be servers in the new age to usher in the consciousness of the brotherhood of life, the brotherhood of spirit and the knowledge there is no death, only eternal unfoldment. Is not that a lovely vision to be given to us? It is true, my brethren, *true*. But you may all test out for yourselves as you tread the path.

And now, as we are withdrawing back again into the inner world, we must first ask you to visualise the Golden Presence here in your midst at a higher level of consciousness – you are not in a drab physical building, a material building – you are in a temple of pure white. And in this temple stands the Golden One, an immense figure, very tall and majestic, clothed in gold, radiating gold, blessing this work, blessing every one of you here.

He holds in either hand the symbols of the heavenly bread and the heavenly wine. The bread of heaven, the teaching, the knowledge which comes to man's spirit from God, the heavenly wine, which is the divine Essence which stimulates man, makes him strong in the heavenly work, divine Essence of the Christ Light.

Take and eat the bread of heaven. Sip the wine of heaven, feel its stimulation, a spiritual stimulation, pour forth right through your being: the secret, the magical secret.

Now, to God, Father–Mother and the Son, the Christos, be all thanks, humble thanks. O God, Thy children thank Thee. Amen. Amen. Amen.

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Brother Faithful:

The anniversary we are celebrating today is not, of course, confined to these four walls, or to the people who gather to worship in this Lodge. I have been thinking of the daily mail at New Lands which takes two hours to cope with. I have been thinking of the pile of healing letters which have to be dealt with by the Healing Secretary, of the many thousands of patients which come for healing to the Lodge. I have been thinking of the Daughter Lodges both in this country and abroad, and how very wide the work is reaching, and of the significance and importance of this in White Eagle's message has come home tonight and that is the very great and blessed and holy work in which we are all engaged and to which we are all dedicated. So again, very fittingly we close our service with hymn no. 300, 'God is working His purpose out'.

Minesta (Benediction):

We are in the presence of the angels and the shining throng, and we give thanks for all that has been given to us. And we open our minds and our hearts to receive Thy blessing, O God, the blessing of life and truth, and joy.

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May we go forth into the world in service wherever we find it. May we give service, may we give ourselves in service to our brother man, to the animal kingdom, to Mother Earth herself.

And Thy peace rests upon all God's children. Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

divine plan, God's plan, trust in God, enlightenment, initiation, heaven world, world of light, spirit world, Christianity, early Christians, karma, young people, youth, fate, destiny, Mayans, pre-mayan civilisation, ancient brotherhoods, groups, symbolism, spirit messages, clairvoyance, mediumship, psychics

