

# All Life is One

A355 Sunday Address 27th January 1963 St Mary Abbots Place, London Reopening service for New Year 1963

*Text:* one of MB's usual display typescripts, without any additional markings. The title has been chosen for the present project.

*Context:* the service was evidently a celebration after a redecoration of the Lodge, possibly done professionally but otherwise by the Eaglets group. 'All people that on earth do dwell' (Hymn 443), which was the first hymn, often marks a festival in the Lodge. Minesta then gave a prayer, which MB notes was 'recorded separately', and then the Choir offered the anthem to the music of Orlando Gibbons, 'Beloved, let us love'. There followed a reading of John 4 : 19-29, which is the latter part of Jesus' conversation with the woman at the Well of Samaria; he emphasises the spiritual nature of his work over the material. Hymn 515 followed, the updated version of Bunyan's 'Who would true valour see', often known as 'To be a pilgrim'. After the prayers, 'The Lord is my Shepherd' was sung as an anthem, probably to the tune 'Crimond'. Then White Eagle spoke. MB records that Minesta gave a final prayer, and then the Vesper was sung; there is no mention of a hymn at the end, which is surprising, and maybe a mistake. We have once again recorded Brother Faithful's closing words.

*General Notes:* quite early in the address, the phrase 'We would just suggest at the moment to you' seems to be missing a word, unless the sense is 'We would just make the [foregoing suggestion] to you' or 'We would just speak suggestively at the moment'. At a moment in the middle of the talk White Eagle spoke of the interpenetration of the two worlds and the typist comments, 'Here I imagine W. E. illustrated'; presumably she had her eyes on her script. Later, when he speaks of the mind and the brain, White Eagle says that man believes himself the 'perpetrator' of thoughts; here, either he uses the wrong word or the stenographer mis-transcribes it; a better word would be 'originator'.

White Eagle is anxious to stress our ability to contact all the planes of life from the earth, right up to the celestial, although he admits that awareness of the latter is likely to be fleeting. His overriding message, as the title implies, is that 'there is no separation between the physical life and spirit life'. He promises a discussion of what 'mind' is for another occasion, perhaps an Inner Teaching, although he does not entirely refrain from comment on mind here. There is useful material on Jesus and how Jesus relates to the Cosmic Christ.

*References:* 'They in glory shine', in the middle of the talk, is a phrase from the hymn 'For all the saints who from their labours rest'; the full line is 'We feebly struggle, they in glory shine'. Later, 'God is a Spirit: and they that worship him must worship him in spirit and in truth' (John 4 : 24; the quotation is repeated at the end) is a phrase White Eagle's congregation would already have heard in the reading. The words 'The Lord thy God will speak to thee' are, despite White Eagle's assertion, non-biblical, but 'Seek ye first the Kingdom of God and all things shall be added unto you' is Matthew 6 : 33. White Eagle adds a favourite quotation from over the entrance to the Delphic Oracle, 'Man, know thyself'. 'As it was in the beginning is now and ever shall be' are words from the familiar Doxology or *Gloria Patri* appended to the Lord's Prayer. 'Of myself I can do nothing ... the Father within me, He doeth the works' is John 14 : 10. For the references to God's knowledge of sparrows falling and the hairs of our head, see Matthew 10 : 28-31 and Luke 12 : 7. The reference to karma, 'pressed down and running over' comes from Luke 6 : 38, but for 'As a man soweth', see Galatians 6 : 7-9.

*Historical note:* White Eagle says that the year ahead, 1963, is going to be one 'of immense importance to the human race'. Among the events of 1963 were Charles de Gaulle's blocking of UK membership of the European Common Market, Harold Wilson ascending to the role of leader of the opposition (he would become Prime Minister in 1964); Martin Luther King delivering his 'I have a dream' speech, and the assassination of President Kennedy.

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## White Eagle's Address:

Beloved children of the earth plane, we come once more in all love to bring you a message from the world of Spirit, praying that we may say those words which will most help you at the present moment of your earthly life.

You stand now at the beginning of a New Year, and you may question whether this fact has anything to do with your life. At the beginning of every stage or phase of life there comes to you a fresh spiritual blessing. Now, there is so much for a human being to learn whilst on the earth plane, so many facets of truth. It is impossible for us in a short time to touch many of these facets of truth. So we will concentrate tonight on one vital aspect, and this is that although you live in a material world and function through a physical body, and possibly a very material mind, nevertheless there is interpenetrating the whole of your being a power and a life-force of light which is the manifestation of that Divine Intelligence, that Divine Light from Whom you all come. We all have descended from that Supreme Spirit, and are part of that Spirit. And we are eternally part of that spirit and life. Therefore, dear brethren, we suggest to you that you ponder on this facet of truth, that you are spirit, not merely flesh. And even the matter on your plane of life is also spirit, it is interpenetrated by spirit – in fact the whole of life is spirit. And yet there are so many men and women on your earth who deny spirit, who deny a life after death, and worst of all deny the greatest truth of all, which is the birth and the life and the continual influence and guidance and service of the Son of God, Whom we will call the Cosmic Christ.

Bearing in mind that you are one whole being, you are attached to different aspects of spirit life: the astral, the lower mental, the higher mental, the intuition and the celestial or Christ level of life. Now in your daily life you are able, if you will search for knowledge and the way, you are able to touch every one of the planes of spirit life right up to the Cosmic Christ. The latter you will only touch possibly rarely, and in a flash, and even when you do, you may be unaware of the wonderful thing which has happened to you. There are many people, those perhaps who make a study of psychical research, who think of life on earth as one life and the life after death as another life. Indeed, we think we shall be speaking truly if we say that orthodox religion tends to present this aspect to man – life here in the physical – in the physical body in which you live and enjoy yourselves and possibly make a fortune, or lose it – yourself. You may live in poverty, in ill-health, in sorrow, in grief, and may say: 'I shall be glad to get away from it', but when it comes to the point, man is not quite so sure. And the people who lay such emphasis on the physical life and all it brings to them often deny any life after death of the physical body. Others believe that after the death of the physical body the spirit is released from its prison of flesh and enters once more into a consciousness of a fuller and more beautiful life.

Now, our message to you is, that there is no separation between the physical life and spirit life. All life is one, and even though you live encased in flesh there are times when you are away from your body and making contact with those spirit planes of life. Now, man on earth gives no credit to any spiritual aid he may receive. He is very proud. Man is very proud and at times arrogant, and thinks that all his good works, all his achievements in literature, in music, in the arts and sciences – all these, he thinks, come from his own wonderful brain.

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Man has a wonderful instrument in the brain, it is true, but a little later on we shall say to you that there are quiescent parts of the brain which have not yet wakened up; that man has in his brain what you would now describe as miraculous parts which when he has more knowledge he can bring into use. And these parts of the brain will be stimulated and used by the spirit.

We were going to speak to you tonight on mind and spirit, but we shall leave this subject to possibly an inner teaching. But it does need clarifying – the idea of mind, shall we say, versus spirit. We would just suggest at the moment to you, but it will raise a lot of queries in your mind. We warned you that mind and spirit work together, and spirit is the inspiration or the guide of the mind, but as we have said this will arouse many thoughts and questions in your mind which we will endeavour, when we deal fully with this subject, to answer. But for the moment, as you stand at the threshold of a year, which is going to be one of immense importance to the human race, a year in which you will begin to notice the influence more, the guidance, the demonstration from the world of spirit. Maybe you have already recognised that there have been in the past manifestations of the power of spirit. But we say to you tonight that in this coming year, which will be a year of new beginnings, you will find that the ordinary man, the thinker mind and the truly spiritual aspirant will commence to use his brain to comprehend the mysteries of man's mind and the mysteries of life. In many quarters you will find interest will be stimulated in not necessarily psychical research, but certainly in what will call loosely 'spiritualism'. It has been known on the earth in its modern form for nearly a century and a half. But still man knows nothing of the jewel of truth, knows nothing of its possibilities, nor of its implications. And we tell you, our dear ones of this Lodge, that you will all have an opportunity to be a channel for this Great Light which is drawing closer and closer to mankind, and which will during this year of a new beginning make itself felt.

You are spirit and the spirit world and the spirit life is interpenetrating you like this [here I imagine W.E. illustrated – typist]. Now this is life, and this is how life will continue for you; even when you shed your physical body you will feel very little difference, you will still feel yourself, but very much lighter, and a more healthy self. And you will find that you have a mind which can absorb wonderful knowledge.

Now we haven't time, or the capacity of language, with which to even hint to you of the glorious life of spirit. Now man's earthly mind holds him down. Man has [become] immersed in his physical body like a seed planted in the dark earth. Man struggles feebly below; they who have passed through their initiations, 'they in glory shine'.

We would like to say a word to you about the place of Jesus, the Nazarene, and Christ the Son of God. Jesus, the Great Initiate – we are going beyond this to say the Greatest Initiate known on your earth since this cycle [began]. Preparation for long periods were needed before the character, the personality, the quality of spirit was ready through which a great Ray of the Cosmic Christ could function. Don't confuse the Nazarene, great as He was, Holy as He was, don't confuse him with the Cosmic Christ, the Cosmic Christ, the Son, the Glorious Son of God. Don't limit the Glory of that Universal Consciousness with the limitations of the human personality. We are all – you, and we, the band who are now speaking to you – we are all sons or daughters – sons/daughters of the Living God. The difference between we small beings and the greater beings or personalities of world avatars and teachers, and especially Jesus the

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Christ, is that you and we, all of us here, have only developed or allowed to manifest through us a small light, a tiny light, a flicker, in many cases a flicker, of that divine and infinite light and consciousness which is called the Christ consciousness.

Jesus developed oh so much more of that inner light – and Christ the Cosmic, the Cosmos, Son, the Light born of the Father–Mother God was the Eternal Fire, the Divine Fire, the Life, the Creator. Does this suggest to you the opportunity which is yours? – to develop and encourage within your innermost consciousness the simple, but very difficult to cultivate, quality of love? Because it is only development in your life and in your associations with your fellow beings that you develop this light, this Christ light, this light, this spirit. Words cannot describe the glory of this spirit, nor will words convince you or prove anything to you. You are all too aware of words, or books. You listen to many talks and many lectures. You read and you listen to the opinions of countless people, you listen to our talks. Occasionally – what you call on your earth – the bell rings and you feel – oh yes – you catch something, but it is very elusive, but you do not learn either from the spoken word, nor the written word. You may, some of you – it depends on your make-up – you may catch truth in the strains of music – you may catch truth as you silently stand before a glorious scene of nature. What we are trying to say to you is this, that Divine truth and knowledge of spirit life and a fuller life can only come to the individual through his own experience, some experience in his daily life which has a profound effect upon his whole being, or through quiet communion, contemplation and meditation.

You have to know, my brethren, within your innermost being – truth is within you, spirit is within you and through you – and spirit is manifesting to you on every hand and through every one of your human companions, through the animals around you, through all nature; and as we have already said, through sound of music, through harmonious vibration of colour, or music, and in your own communion with that spirit. God is spirit, God *is Spirit*, not *a* spirit – God is spirit, and those who would worship Him must do so in spirit, in the silence of his innermost heart. This is why invariably you will notice that the prayers given from this rostrum commence from the temple of the heart. In the heart, before a blazing light, the altar which is the symbol of the communion table.

Now every one of you can, when you will, withdraw your consciousness or thoughts from the outer world, and you can in your imagination – in your mind – you can withdraw into the temple of prayer within your own heart (being) and there kneel in worship and silence. And in the old-fashioned words with which you are familiar: ‘The Lord Thy God will speak to Thee’; as He has spoken to all those spiritually awakened people. Often they were leaders of the people, but you have so many manifestations accounted in your scriptures, world scriptures, indicating that the chosen teacher, the one who was bringing the revelation to earth, heard the Lord speaking to him. Now this, brethren, is truth: ‘Seek ye first the Kingdom of God, the Kingdom of Spirit, and all things shall be added unto you’. Over the Greek Temple: ‘Man know thyself, and thou shalt know God and the Universe’. This was the basic truth, and still is, for as it was in the beginning is now and ever shall be.

We spoke to you a little while ago about those words, or ideas which flow into the mind, the brain (we prefer to use the word ‘brain’) and foolish man thinks he was the perpetrator of

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such thoughts he received, it was his idea. Remember the words of the Great Teacher and Saviour Jesus, He said: 'Of myself I am nothing, I can do nothing, it is only the God which dwelleth in me, He doeth the works'. Now when mankind can give all the credit – we use that word rather crudely we feel – but all the credit to the Infinite and Eternal Spirit, then he will make himself an ever clearer and wider and greater channel for the spiritual and heavenly forces to flow through him. The great healer is the simple healer, the one who gives himself as a channel and says, 'I can do nothing, it is the Great Spirit Who dwelleth in me and uses me; He is the Worker' ... now that is the spirit.

Again, we remind you that God in His Infinite Wisdom uses all His creation to work the law of evolution on the physical plane of life. There are so many people who object to the idea of a Spirit using a man or woman. There are countless people who would strongly object to our use of this physical body, because they think it is wrong for a spirit to come back and to use the physical body of another, a physical body which is simply a physical instrument for the manifestation of spirit. Remember, that there are all these – we are speaking of seven particular spheres which surround this earth planet, and on all these seven levels there are workers and guides and helpers who come to humanity and contact man at the particular level that he is ready to be contacted.

We take you now brethren to that celestial level of consciousness, the Christ-consciousness. You will not be able to fully comprehend all that we have to tell you about this, but at that level there are silent watchers, wise ones, who by the Will of God, by the power of creation, are at that level watching over the development and the evolution of the whole human race. Jesus told you that 'Every hair of your head is numbered' and 'Not a sparrow falls to the ground but the Lord God knoweth it', simply because the whole of life is in His Consciousness. He is the Whole and we are all within the Whole. Now every aspect of life, every level of life, every individual, every tiny spark of life is known to the Creator. Now from that cosmic level where the Wise Ones hold their councils, guidance and direction and inspiration is broadcast. Those who are ready, who have achieved the understanding and the spiritual quality of consciousness necessary will receive quite clearly, even as you in your clumsy way on the earth plane receive the waves of sound which pass across the planet.

All is perfect law, my children, in the world of spirit. And there is a perfect law governing your physical life. What man wants he has to pay for in some form, his sins he has to pay for, and his virtues receive full payment pressed down and running over. Every wise and good man is called to the Inner Temple of the Spirit and is there justly paid for all his work. Remember this. Life is law and not one man can escape through the net. 'What a man soweth, he reaps.' It is as simple as breathing – as you breathe in you breathe out.

Now, our last word, my dear, dear brethren on earth, is to suggest to you that you earnestly give more thought to the power of spirit, that you think about the spirit spheres of life; you conduct your life spiritually, you think of the effect your words, your actions, your thoughts are going to have on others, on life generally, on your own life. Train yourselves daily to enter that inner temple of the heart, and there make contact with Divine Spirit, with God. God is spirit, and those who would pray to God, those who would worship God must do so in spirit. And by doing this as a habit, as part of your life you are expanding your consciousness,

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you are opening the centres of your brain which can be receptive to truth, receptive to knowledge of those higher worlds, the worlds all round you, interpenetrating you from the very simplest and closest plane to the physical plane right way through to that glorious celestial plane, which is beyond all limitation, because it is infinity, and you are infinite spirit, and you have the opportunity to contact that glorious world of light, happiness, the world of God.

So, as we leave you, we tell you that the presence form of the Cosmic Christ comes to you – you – to you all – individually and collectively. And in the silence now He offers you the heavenly bread, the spiritual inspiration through your mind, the Bread of Life. He holds to your lips the golden cup of divine essence, the heavenly wine, the juice of the grapes. The press of life produces this heavenly wine for you. Humbly accept and sip this divine cosmic essence; fill your whole being that you may become one with Him. Eat [of] the infinite and every atom in your body will respond to this blessing – harmony – which means health will be established in you, and it will remain with you all the time you are at one with spirit.

O Lord may these, Thy children, receive Thy blessing for a happy and happier year.

Amen.

## Brother Faithful:

‘It is as simple as breathing in, it is as simple as breathing out.’ And as simple as our breathing, the operation of this law of cause and effect affecting all we do and are. And it is just as well to be watchful of this law in its effect upon our own lives and in the lives around us, in our homes, our friends, our acquaintances. ‘It is as simple as breathing in and breathing out.’ And it is not difficult to watch it in operation. So we come to our last hymn, no.344:

‘Lord, Who didst send by two and two before Thee  
Thine own disciples, those three score and ten.’

*The search matches with either words and phrases, which appear in the text, or the following ‘key’ words and phrases, which are similar in meaning to those in the document:*

*spiritual unfoldment, spiritual development, light within, spiritual path, path of the soul, inspiration, intuition, illumination, enlightenment, inner light, communion, Messiah, son of God, Nazareth, materialism, intellect, academic, karma, cause and effect*