

# Be Still... and know God

A015 Sunday Address 5th May 1935 London Spiritual Mission, Pembridge Place  
Sunday Service, also commemorating George V's silver jubilee

*The text of this address is as prepared for machine-duplicated circulation shortly after it was given, apart from correction of errors*

*Text:* a duplicated copy in a bound volume, albeit with a few corrections by the typist; in order to make the talk fit four pages, some of the pages are very cramped.

*Context:* 5th May 1935 was a Sunday, so it is assumed the address was part of a Sunday service at Pembridge Place. This is born out by the lengthy invocation at the start, which also indicates that the service commemorated the anniversary of the accession of King George V twenty-five years early, on 6th May 1910.

*General notes:* the benediction to this address is unusually lengthy; the address itself has useful information about the subtle bodies. A neophyte, from the Greek, is a beginner – usually in a religious context where it originally mean ‘new convert’.

*Historical note:* the event celebrated is the accession of George V – not his coronation, which took place on 22th June 1911. He died the following year, on 20th January 1936.

*References:* the phrase ‘Man know thyself’, etc., is said to have been placed over the entrance to the Oracle at Delphi. ‘Seek ye first the Kingdom of God...’ is from Matthew 6 : 33. Be still... and know God” is from Psalm 46 : 10.

## White Eagle's Address:

### Prayer

Great White Spirit, Thou who art manifesting in the joys of earthly life, Thou Who enfoldest Thy children in love and wisdom and power; we turn our faces to Thee, kneel before Thee in thanksgiving; we thank Thee, O God, for all the blessings of human and spiritual life. O Father God, we pray that life's experiences may teach us to find the still small voice echoing through the temple of our being, guiding us to the Path of Light which brings us into the eternal kingdom of love and peace. We are conscious, on this joyous day, of the power of the angels who draw nigh unto the earth plane; to celebrate with joy and thanksgiving the anniversary which brings to the hearts of this and all nations that gratitude for privileges and joys brought by the leadership and the life of self-sacrifice of one who has been called by destiny, by Thy command, to be the King of this Nation. O God, may these people recognise in him Thy servant and walk in peace and concord with their brethren upon that path which Thou has ordained. We thank Thee, Great White Spirit, for this joyous day, for the beauty of nature, for the song of the birds, for the colour of the flowers and the music in the trees, for all the promise of life which manifests on this day of spring. O God, may all these things speak to us of Thy love and of that deep peace which floweth into the heart of man from Thee. May we all learn to be still and to find Thee. Amen.

We bring an abundance of love, dear ones.

Be still... and know God. This day, in your city, in your country, nay, extending all over the Empire and world, there is a sense of joy and excitement. The vibrations in this town today are very great; maybe you do not realise that this heightening and lightening of the vibrations, brought about through real joy in the hearts of the people, draws to you hosts of the unseen

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powers. We would that your eyes could be opened and see vast multitude of discarnate souls on all planes of life, who draw very close and share joy and thanksgiving of your nation.

We would have you understand that in the world of spirit there is no exclusiveness; the more highly evolved, the more follows the interpenetration of the vibrations of the highest sphere with the lowest. In the spiritual worlds there is no splendid isolation, no separation such as exists on the physical plane, but all is welded as one harmonious universe.

If your eyes were opened and your vision cleared, you would see that interpenetration of all these subtler forms of life. Whilst each plane of consciousness is distinct and separate in itself, yet there is from each plane a going forth, a vibration and interpenetration. So we would have you comprehend this all-ness, this oneness in which there can be no "broken parts". All are at one, from the Centre, from the Word, from the power, the love and the wisdom of the Divine Intelligence whom you call "Father". For all – no matter at what stage of spiritual or physical evolution, have that compelling force within, which causes them to respond to the Fatherhood of God, which attracts them to the all-enfolding love...

True it is that men are at different stages in their response to this divine intelligence, but even in the crudest form, in the animal, the mineral and the vegetable kingdoms as in the human, there is that inspiring power which causes all creatures, all things in heaven and in earth to turn inward – upward – outward, to the Divine Intelligence, to the Creator whom we call God.

Now brethren, let us analyse the universe of man's being; let us realise that within the temple of the physical body there are realms of consciousness corresponding precisely with the realms of consciousness emanating from the physical universe. Within man's structure there are the same principles and the same creative power at work as in the universe, the Cosmos itself.

You look out on a starlight night [*sic*], and your hearts thrill and are awed by the myriad stars ... yet all this grandeur contains not one iota more than is contained in the human universe. For the same law which caused the cosmic forces to bring the heavenly universe into being and hold it on its course brings also to a human life its experiences of joy and sorrow by which life grows, by which man wins to his spiritual being.

Think of the subtler bodies which are yours. Did not the ancient mystics and saints have a great and glorious secret which they had discovered by the study of humanity itself. The foundation of all wisdom is the same simple study... Man, know thyself and thou shalt know God and the Universe." And so the Neophyte of old was taken into the school of training through hard physical tests of endurance; the Neophyte must be tested on every plane ere he could learn of those subtler bodies which vibrate above, from within and without the physical body.

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You have simplified occult teaching by classifying man into three parts, three planes of consciousness – body, soul, and spirit. (The spirit being the Ego, the Divine Intelligence, which causes the soul to be created.) Yet with the soul body there are other subtler bodies, these realms of consciousness the mystics of old understood so well and so recognised the importance of control and direction. Thus only the ego or the Divine Intelligence could manifest more clearly and perfectly. As they advanced in their studies, they learnt that the physical body must be in subjection and under the control of the King, the Divine Intelligence working through the subtler soul bodies to outward physical manifestation.

Even so, the same law is at work creating, beautifying, perfuming your flowers, touching your trees with green; the same law causes the birds to live and praise God. But these are all unhampered and untrammelled by something which man alone possesses – and this something is the cause of that which is evil in mankind – yet it is the gift of the Divine Spirit.

The story of Creation, of the Garden of Eden, which many people ridicule, and think that while it was good enough for the unintelligent man of years ago, but not good enough for the great intellects of today.... Look deeper, however, into that ancient symbology and you will see the wisdom of the ages. For the Father God, walking in the Garden, in the silent night, gave to His creatures the divine gift “Choice – Free will” – the crux of your problems in human life ... free will. God gave to man that urge from the divine to the divine, of which we spoke earlier in this lecture; but he has also the pull from the lower nature, the pull of things earthy.

And man has from God the gift of free will choice.

And so we see these two forces are at work – in human creation as apart from animal creation, because the so-called lower planes of life fall under the direction of certain divine laws which operate almost one might say automatically. In man alone is that conflict between the higher and the lower, from which conflict eventuates in man a Divine Nature, which will raise him towards a divine consciousness where he will be at-one with his Creator – God, and become as God – Gods in the Making... So will it be with you beloved, with you and me....

What does this earthly life spell then, to you, when such revelation as this dawns? The earth becomes a plane wherein you must manifest the Divine Intelligence, that Love which alone creates and brings forth wisdom. For without Love there is no Wisdom, and without Wisdom there is no Love, and to Love and Wisdom is joined Power, Divine Power, wherewith to create....

Those of you who will have glimpsed these higher realms of being, long – for you cannot do otherwise – to come closer to the power centre, to the wisdom centre and to the love centre, to the Creator Who is all three. Beloved brethren, these are not reached through great intellectual attainment. Intellect again has to be under the control and direction of wisdom, love and power and then intellect becomes Divine Intelligence. Can you conceive a God who is solely a God of intellect, lacking love, understanding, tenderness and mercy for His

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children. What would happen were you under the control of intellect alone? You would be crushed out of existence.

No man can enter into the Kingdom of Christ, the Kingdom of God, by great intellectual attainment. Those who enter the spiritual worlds possessing nothing but intellect find themselves in a very cold place, wherein the intellect avails them nothing. Intellect has not produced the glory of the flowers; neither has it brought to you the love and companionship of a dearly loved wife, husband, brother, sister or child... nay! Love is God's gift, the Law of all Being.

Be still!... Let your mind be still...let your mental body (one of the subtler bodies) fall under the control and direction of the spirit. Alas, the scale has come down in the opposite direction. Instead of there being a perfect balance, the scale is weighted down to the mental side, causing man to lose sight of the spiritual and love aspect of creation.

The elder brethren of the East learnt the secret of contact with Divine Intelligence ... through contemplation and meditation. Let us remember however, that our brethren of the East, many of them let it rest there, living only in that world of mediation and contemplation. But in the New Age, the Western world, although having found contact thus with the peace of God, will not let it rest there, but will bring through into action that which the soul absorbs in its meditation and communion with the divine spirit.

This then is the secret of life, this the source of power and abundance and health. You here who are healers can understand something of what we say. In healing you must first make contact with God, so that His power may work through your subtler bodies, transmitting to your patient not merely the magnetism of the flesh but the divine power of God, thus communicating to your patient the divine essence of all power, all life and perfect health.

“Seek ye first the Kingdom of God and His righteousness, and all these things shall be added unto you...” Did not Jesus draw apart from the multitude and go into the mountains? He raised His consciousness above the lower planes of life, and communed with His Father. It is not necessary to draw apart from your brother man, for within yourself is the Sanctuary.... In the desert you may experience the tumult and storm of fear and anxiety and in the great city you may yet walk the streets in perfect peace, poise of spirit, placid and still.

“Man, know thyself and thou shalt know God and the Universe... Be still... and know God.” Sometimes the brethren of this country and Europe ask why they, with their great intellects, should be asked to learn from the North American Indian guides.... It is because your Indian brethren learned to draw aside from the world, to climb the heights, to dwell in the silence; because they loved being by the running water and heard the song of the wind in the trees and took to themselves the companionship of nature... because they heard the Voice of God speak within the silence. Thus Intellect was changed into Intelligence. and with Intelligence came power and perfection. Be still, and know God; and though shalt possess abundance of all things.

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*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*higher triangle, love-wisdom-power, natural world, world of nature, communion, etheric bodies, eastern religions, inner voice, light within, inner peace, stillness*

