

# The Great White Brotherhood

T260 The Inner Teachings 17th November 1959 St Mary Abbot's Place, London

## Invocation:

We raise the consciousness of these present above the level of the physical body and the conscious mind to the superconscious mind,\* and at this level of life may we behold the shining company of brethren of the Great White Light.

*[\*White Eagle's terms should in no way be confused with those of modern psychology.]*

With all this shining company we humbly pray to the eternal Spirit of love, wisdom and power that we may absorb the blessing which falls upon us all. We remember, O God, the wonder of this communion which is now opening up between the higher world of spirit and the physical plane. May all these our brethren on earth be touched by the rays from our world. May they be stimulated to continue in their search for truth, and at the same time unfold their understanding and their higher psychic power to enable them to receive and comprehend the truths of spiritual being.

We thank Thee that the guardians of Thy wisdom draw close to this little gathering tonight, especially he who is Thy son: the Cosmic Christ. May each one present realise the beauty, the purity and humility of this mighty spirit.

Amen.

We are going to speak for a while about the Great White Brotherhood,\* because we have noticed that certain of you are still searching for answers to problems which have arisen in the course of your psychic and spiritual unfoldment, and when we speak of psychic unfoldment we do not mean the development of the lower astral senses but an unfoldment of the soul of man\*\* and of the higher psychic powers which dwell within his soul.

*[\*In this term, 'White' refers to light, not colour or race.]*

*[\*\*For editorial policy around gender, see the introduction.]*

So much filters through from the spirit world which is confused and is not the pure truth, and this can cause a great deal of trouble in a work such as you are doing in this Lodge.

Sometimes messages come—even through your own instrumentality—which confuse you and you do not understand, so you ask us to help to unravel these messages. Let us make it quite clear that a message from a spirit can descend through the higher and lower astral planes and then through a physical brain to the physical life, but then there is the self-will of the one who is receiving or seeking the message to take into account, and he or she may unconsciously change the message to suit his or her own ideas. All such messages come through on a very fine and subtle wavelength and their meaning can easily become distorted.

At this you will naturally ask how you are to distinguish between the true and the confused message. Well, you are here in this world to be trained not only by the Invisible Company, but by the promptings of your own spirit. God has planted within you all a centre of divine truth—literally 'the dot within the circle', and it is from this centre of your being that truth will come. Around that centre, however, a stratum of confusion or illusion has collected, and

# The Great White Brotherhood

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it is so sad when someone striving to develop his own spiritual powers and knowledge does not understand how easily the messages which come to him can be distorted as they pass through this stratum of confusion.

We will say this to you; that contact with those whom you call masters is not often made on the astral plane, but there can however be a misrepresentation of the masters made from that astral plane. So it is necessary to train yourselves to become directly *en rapport* with the higher mental plane, which is above the astral, because it is on this higher mental plane that you will in time learn to come face to face with one of these elder brethren. Occasionally the master may work through one of his\* disciples who may convey the message on his behalf. Messages can come down in this fashion; can be relayed from even higher spheres. But you who are aspiring to become disciples have to be trained to make your contact, and you have also to train yourselves, first of all through meditation. We put meditation first for the reason that as you learn to meditate you are learning to raise your consciousness above the astral plane to the higher mental. True meditation takes place on the higher mental plane, and as you practice meditation you become more and more able to fix your consciousness upon this plane and to distinguish it from the confusion of the astral. Even so, how can you be sure that you are receiving teaching through one of the higher guides or disciples direct from the master? Well, Jesus gave you the key when he said: 'By their fruits ye shall know them.' One striking quality of the message coming from a high source is that of humility. You will never find a master or his disciple or any higher guide making big claims. They will understate rather than overstate. They are very careful about what they say, and you will always notice a quality of love, humility, gentleness, in their conversation.

*[\*While the master is referred to with masculine pronouns here, White Eagle would state that a master is beyond gender.]*

Some of the guides that you hear so much about in a certain movement are from the lower astral plane and have little authority for what they say; others are truly the instruments of the Adepts or the Masters. Again, by their fruits shall ye know them. Very often you will find that a name given by a guide—and we are thinking of a Chinese or maybe a Red Indian\*, so-called, is not his real name, but a symbolic nom-de-plume, but earth people do not understand this.

*[\*When these teachings were given in the 1930s, the term 'Indian' or 'Red Indian' was common parlance used to refer to Native Americans.]*

We say again, by their fruits ye shall know the great ones; their keynote is humility and simplicity; they make no great claims of any kind. When you make contact with them on the higher mental plane, you will do so by virtue of the spirit or the Christ within your own heart, which is pure and holy, and wholly true. This is the centre from which all aspirants must work.

We were going to speak of the origin of the Great White Brotherhood, about which so much confusion exists. One society says one thing, another movement says something else, and

# The Great White Brotherhood

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another lodge makes different claims, and the result is confusion on the astral and lower mental planes. You see, these truths come down from the heights; they are like water pouring through a muddy channel, so that instead of being crystal clear, they become muddied. While you must neither condemn nor judge, you must always be aware of the possibility of this pollution of the clear stream of truth. At the same time you must be patient and try to understand why these many societies, groups and peoples make such varying claims. You must realise that they are perfectly honest, and fully believe themselves to be in contact with the true Source, but they leave out of account the astral conditions which are all round humanity and which are continually pressing down upon the human mind like a great weight.

You will learn, with patience and aspiration, to work your way through this barrier. If you patiently continue with your meditations, intent on rising continually to that higher mental plane, you will yourself become a very strong receiving set capable of resisting interference from 'broadcasts' on an astral or lower mental wavelength.

This Earth planet is not the only populated planet. There are other planets in the solar system where humanity has evolved to a much higher degree than here on the Earth, and long ago it was seen by the Great Council above that it would be advisable to send God-messengers to the Earth to teach young souls incarnating thereon how they might unfold the God within. So these God men descended and gave their message to the simple people of earth. They are of the Great White Brotherhood, and their message was the Ancient Wisdom. Since then, all down the ages, that same message has been restated to suit the particular mentality and stage of development of humanity at a given time. Particularly at the beginning of a new age, such as at the present time, there comes a great outpouring of light upon the Earth people.

On hearing this you will begin to think about your own progress in terms of time, and you will say, 'Oh dear, I shall never understand these things. I shall never develop my spiritual clairvoyance. I am making no progress.' My children, do you not realise that the slow and beautiful unfoldment of the Divine Son within man takes aeons of time? People think too much about time, thinking that they have only so much time to do a certain amount of work, only so much time left to live, only so much time to accomplish all that they want to. This is the wrong way of looking at things. You must learn to live from the spirit instead, for as you do this you expand and develop a divine quality of consciousness which builds up within you as a glorious light.

Now the White Brotherhood would have you know that you must learn to distinguish between your true inner self and your outer physical life, because the inability to distinguish the one from the other is in itself responsible for much of the confusion which confronts you. You must develop your spiritual being surely, strongly and purposefully, every day of your life, first by the practice of meditation, and secondly through the continual practice of love in your daily life. Now we want to impress something upon you which you will be very thankful to have learnt a little later on, so we ask you to take these words to heart. Whatever you have to do, bring the White Light to bear upon your task. Perhaps it is only writing a difficult letter, but try and bring the White Light into yourself before you write so that there goes forth through that letter an emanation of the White Light, an emanation from the masters. Take

# The Great White Brotherhood

T260 The Inner Teachings 17th November 1959 St Mary Abbot's Place, London

another illustration: whenever you cook food, remember that your aura, your thought, your spirit, goes into that food; you can put bad temper and quarrelsomeness or depression into it, and then you wonder why those who eat it get cross with you afterwards! If you are sewing, always put the thought of God into your stitches. Put light into everything. Put light into your thoughts and into your speech. If you will faithfully do this, my dear ones, you will bring closer to humanity the Great White Light which shines in the heavens above.

To retrace our steps: when messengers from the Great White Brotherhood descended to meet the young souls incarnating on earth, they gave them as much of the Ancient Wisdom in a very simple form as they could comprehend. They were taught about the Great Mother, about the Great Father, and about the Son. They were taught how to produce their crops, and how to get the very best out of the earth, and the way to do this was to put light into the Earth. So they used to hold grand ceremonies for this purpose. The God men taught these young souls how to grow and tend their crops with the White Light—not with all the chemical fertilizers that man has descended to in these days. Nevertheless, the time is coming when such practices will no longer be permitted. When man has evolved to a degree of adeptship, of initiate-ship, he will know the divine law of sowing and reaping, know that man cannot violate mother Earth without hurting himself—that man cannot slay his brother man in war without suffering a similar fate someday; that man cannot slay and eat the animals and, still worse, hunt the poor creatures for sport, without receiving back again to himself exactly the same degree of suffering that he has inflicted on his lesser brethren. Man does not need to consume flesh for his bodily wellbeing. In the ancient days, the very, very early days before man degenerated into what you call savages—man was taught the right way to live. Unfortunately the people were weak and resorted to wrong habits of eating and living, habits which remain to this day.

But there are groups of men and women who have been drawn together by the Great White Brotherhood to be channels to spread the Ancient Wisdom. This is the reason why you have all been drawn to this Lodge. You have not wandered here by chance; we assure you that the masters above have a grand plan for the upliftment and illumination of mankind.

Now we would like to impress upon all our members and brethren who find it a great temptation to run round to other centres in order to glean a little bit of fresh knowledge here and another little bit there, so that they may learn about the spiritual life more quickly than they think they can at the White Eagle Lodge, that every one of you have been brought here for the one purpose of being helped to train yourselves to follow the one straight path which leads directly to masterhood. True, it may take a long time, but spiritual unfoldment is not something that happens in a moment. You must work steadily onward. And we tell you, my dear ones, that if you can put into practice in your daily life one iota of what you hear flowing through from us in words, you will do very well indeed. There are many who run hither and thither, thinking thus to reach their goal quicker, but their haste only leads to confusion, and far from reaching their goal quicker, they retard their progress.

Others say: 'Oh, I am a universalist, and I like to find out everything there is to know.' So be it, but if you follow the simple path outlined, if you strive through meditation to reach the

# The Great White Brotherhood

T260 The Inner Teachings 17th November 1959 St Mary Abbot's Place, London

mental plane, on that plane you can make true contact with your master and you can be sure that he will teach you in his own quiet way; you do not need to go anywhere or rush about after anyone. If only you will be patient, it will all flow to you by the will of your master. However, if you still feel that you are not making progress, well, try to put up with it; it might be very good to feel like this, because when people think they are romping along and making excellent progress, they usually come down with a bang! Go forward slowly and steadily seeking patiently the true contact with your master.

Now you are all working in this Lodge for one purpose. The purpose of this Lodge is to give spiritual service, to bless the lives of others by your ready help and your loving service. This is your purpose first and foremost – and to love and to bless others. This is what your master would have you do. In the degree you follow his injunction, you will be naturally unfolding your spiritual gifts and vision; greater healing power, greater knowledge will come to you, and you will be entrusted with a greater work. It is not the person who stands on the platform who is necessarily doing the most valuable work. The master would have you all know that the simple soul working quietly in the background to help others is as valuable as the person who leads. All are one in the eyes of God. It does not matter how simple is your task if you can do it cheerfully and with the white light in your heart, with love towards all your fellows, you are giving a great, great service. As Jesus said: 'By their fruits ye shall know them.'

If you want to have all your 'i's' dotted and all your 't's' crossed and would like to meet the elder brethren, masters or initiates personally, remember, as we have said, that you are unlikely to contact them in the physical or even the astral condition. You will only contact them on the higher mental plane. If you seek to force your contact on the astral vibration, you will only get confusion and misrepresentation by an entity posing as a master, because there are plenty of people on the astral ready for a bit of fun, who will say: 'Well, if he or she is so credulous, let's enjoy it!' Then they have a good laugh afterwards because you have been taken in.

Your real need is to keep steadily on the path on which your feet have been set by the loving guidance and care of your master. Every master has had many incarnations and you may see varying aspects of the one master present in many personalities, teachers and saints of the past. It is not always correct to say that any one master was a certain personality on the earth, because he has worn many personalities. The master soul is like a brilliant and most beautifully cut jewel with many facets; and this is what you yourself are going to become one day: a beautifully cut jewel with many facets. With each incarnation you are cutting and polishing one of those facets of your jewel-to-be, preparing a perfect stone which will go to build a temple not made with hands but manifest in a glorious heaven world above.

## Benediction:

O Thou Who art all love, sweetness, wisdom and mercy, look down upon these Thy young children and in Thy great love cause them to feel Thy protective power and the protective power of those into whose charge Thou hast given them. Dear Lord and Father, Mother and Son, all honour and glory be to Thee. We thank Thee for Thy blessing.



# The Great White Brotherhood

T260 The Inner Teachings 17th November 1959 St Mary Abbot's Place, London

Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Mediumship, medium, intuition, levels of life, discrimination, farming, agriculture, vegetarianism, one-pointedness, open-minded, flexibility*

