#### T209 The Inner Teachings 24th April 1951 St Mary Abbot's Place, London

#### Invocation:

We look into the heart of the spiritual Sun. We give thanks for the blessings of the Sun of Life. We worship and we praise; we bow in adoration to the Sun of Life. Thy children depend upon Thee, O Great White Light, and all the blessings of life flow from Thee. May this assembly receive to full capacity and overflowing Thy blessing of spiritual power. May they grow in consciousness of Thy power both within and around them. May the incoming and the indwelling of Thy light banish all fear and pain from their minds and hearts. O beloved Source of Life, we pray that we may be purified, cleansed from all error and darkness. May we receive the inspiration of Thy love, and may Thy divine justice be accepted by us in meekness and humility. Do with us, O Lord, according to Thy love, which is the law.

Amen.

Brethren, there is, as you may all be aware, great spiritual power with us tonight. But we would remind you that the realisation of this power rests with the individual. We also suggest that the way to receive in full measure this blessing of God is to forget all else, and to concentrate your heart and mind wholly upon this outpouring. When material thoughts crowd your mind during this communion, resolutely throw them out. Feel rather that you are shedding all burdens and are sitting in a temple where the King of Kings is pouring down light upon you, which floweth from the heart of the golden Sun. Worship the Sun of Life.

These things we say may seem only words. It is *you* who must penetrate to the spirit behind the words and endeavour to understand the ancient wisdom therein contained. It is very important that you do this, dear brethren, because secreted in this ancient isle is a heritage of which the outer man and the worldly mind knows nothing. The time has come for the people of this holy, mystic isle to awaken to an understanding of their heritage.

At certain periods the spiritual Sun (which is behind all things) comes into conjunction with your physical sun. This occurs at the end and the beginning of each age, and is happening now. It is bringing to this land a great stimulation of the spiritual life force buried beneath or deep within its substance. If you study the history of your land you must realise that it has retained right down the ages a tradition concerning this light of the Sun, which has lingered in your myths and legends and folklore. This mystical message, this symbolic language, is not interpreted as it should be and as it someday will be.

Instead, you look to other ancient countries for their secret wisdom. You look to Egypt and love to study her mysteries. You gaze with awe and wonder upon the great Pyramid of Giza, upon the great structures and the temples of Egypt. All the while you do not know that here in your own mystic isle lies a precious secret. It is enshrined within the rose which, mark you, is the symbol of England. You do not yet know what that rose stands for. Yet think of the rose as a symbol of the Christ, of the Sun, of the eternal light.

We can only tell that which we are permitted to tell, but the light of the Sun is centred within although not confined to this mystic isle. We repeat that it is centred here and has been

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throughout the ages, and that although the Rosicrucian brethren travelled all over the earth, their home was this mystic isle.

As we are speaking we become flooded with the light of a great being whom some might call the patron saint of Britain, or St George. Instead we call him the spirit of the ancient Light, the guardian of the Light in this isle. The symbol which he bears is the rose-cross upon white, which represents the triumph of the Christ or the Master over evil, or the victory of the Sun, of the Light over the shadows. Here the rose represents the heart and centre from which flows all love and light and life.

This mystical teaching long ago established here is known by students to have been linked to the mythical character of one King Arthur, and also to a teacher once known as Merlin. But the legend tells how Merlin unveiled certain profound truths, certain magical secrets to his charge, later known as King Arthur, who formed the Brotherhood of the Knights of the Round Table. This story is considered to be—we were going to say many hundreds of years old but, my children, it is as old as the world itself and is not confined to any period of a few centuries.

Here in this story of the Knights of the Round Table we find a reflection of the truth from the Sun behind the sun, the spiritual Sun casting down its rays upon the earth. We might almost liken this island to the Table, for its soul reflects the light and the glory, the perfection of life from that sphere which is all light and glory and perfection. At the centre of this table is the Rose. Another interpretation of the twelve knights seated around that table is that they represent the twelve signs of the zodiac or the twelve disciples of the Christ. To each knight is allotted two places, one light and the other dark at that table. So each individual is represented as a dual being—light and dark—but there is nevertheless a perfect balance and perfect equilibrium of the whole.

This symbolism teaches us the lesson that every person must have these two aspects perfectly balanced. The higher initiates, as their souls advance, have to pass this test of balance, of equilibrium, and understand the value of both the positive and the negative aspects of life, and so blend the two, seeing in each the perfection of God's law and the ultimate glorification of all creation. Do you not see how futile is man's questioning about good and evil? It is necessary for every soul to learn to see even in the terrible a wonderful plan taking shape for the evolution of the human spirit towards and into the God-consciousness, or the Christ man.

Beloved brethren, often we bring to you the symbol of the rose. We tell you about the power and reality. We cannot do the work for you. Man\* has to work upon himself—that self which the ancient masons describe as the 'rough ashlar'. He has to work with hammer and chisel and gavel upon the rough ashlar of his own nature to make it into a perfect stone that will fit into the temple God is raising from earth to heaven. Once man understands that he has to work upon himself during his ordinary life, and that not a day passes but that he makes some mark upon his own being, then he will learn to control and master his mind and his emotions. For then he, the master within him, the Christ man within him, is becoming the perfect workman, the perfect builder.

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### [\*For editorial policy around gender issues, see the introduction.]

Do not these thoughts bring to you some comfort, some joy and inspiration? Does it not help to overcome the weariness of flesh when you know that everything—even the most disagreeable thing—has its purpose? When you once grasp this inner, this mystical teaching, and can proceed humbly and thankfully, then your eyes will be opened, my children, and you will understand the significance of the Rose which is at the centre of the magical Table. All are striving towards the centre of the Rose.

Can you take a growing rose and cup it in your two hands and feel emanating from it the love, the sweetness, the fragrance, the beauty, the strength of God? If you can, my brethren, then you will know the true meaning of communion with Christ and of the Master's words, 'The Father and I are one.' 'I am in the Father,' the great Light, the world of light, the Sun behind all manifestation of life.

This mystic isle of Britain is now passing through what you may call a crisis, but is still held in the arms of God. Never forget that. Man with his trivial opinions thinks he is all-powerful but behind his every action is this guiding power. The children of the Light dwelling in this mystic isle are channels through which the great Light may flow to steady the boat or steady the soul of Britain. A boat is the symbol of the soul. The soul of Britain may be rocked by the warring emotions and clashing opinions of man, but remember the Master is at the helm and in command.

If you know anything about the sage who is now called Merlin, you will know that centuries ago he prophesied the future of humanity on this mystic isle to the secret brotherhood. He also said that within man dwelt a divine power which would arise and open his eyes—which of course referred to the chakras. He further told the brotherhood of the complete mastery of the great Light, the Sun over the earth, over matter. Perhaps you think that people once came to Britain from Egypt or elsewhere to bring enlightenment to a savage race? This is entirely erroneous. People came here from Egypt and many other places not to bring enlightenment but to become enlightened! From the Sun Brothers here in Britain they carried away deep spiritual knowledge. When once you have studied, contemplated and meditated with greater power and understanding, you will be able to read into the Egyptian teachings the very story of the early Sun Brotherhoods who once lived here in this land, who built temples, who worshipped here, who possessed great knowledge not only of spiritual truths but of physics, of the properties of matter, which knowledge they imparted to those who came seeking knowledge. But the British people of today are grown blind, deaf and dumb. They know not the beautiful secrets which are here, hidden. You, my children, can be the inheritors of this ancient wisdom and this great light.

To you the Sun Brothers stretch forth their hands. Open your eyes! Discipline your lives! Open your hearts, my children, to this glorious outpouring at this beginning of a new age, when the two suns come into conjunction! Realise once again in this new age this blessing of the golden Light which can bring forth upon earth yet another golden age! Before you, above

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you, in your midst now, is the shining figure with the shining sword upraised to heaven! Forward, brethren, forward into the Sun! Nothing shall hurt you. Brothers, of what are you afraid? Order shall come out of chaos, and the nation will rise with a new light in its heart and clearer vision in its eyes. There shall be a nobler race, which comes once more into its spiritual heritage. Men and women from all over the world will once again travel to this land, seeking not its material wealth, nor yet its material power, but the spiritual glory which will shine from its heart. The rose will again bloom upon the cross! This is your heritage! Rise up, my brethren! Look into the Sun! Forget your cares and anxieties. Let them fall from you. Cease to grumble, but renew your praise and thanksgiving to the King of Kings, the Source of all light and glory, beauty, peace and happiness.

My children, the waves of light continually beat upon the shores of the earth, no matter what man does. Man, a symbol of [whom is] that ancient king Canute, [who] sits on the shore and tries to command the waves to recede. This stands as a symbol of the mortal and lower intellectual mind of the earth, which has no power over the oncoming tide of spiritual power and glory. God has created man in His own image and man must someday unveil that image.

Beloved, we may not continue for we weary you by too much talking. Before we cease may we tell you of the scene now with you. For the Knights are seated at the Table spread with the pure white cloth. In the centre is the Holy Grail, which is lifted up by perfect hands. To you, my brother and sister, the Holy Grail is offered. This is no fantasy, but the greatest reality that man can ever know—the reception into his hands of this magic cup, the Holy Grail which all men are seeking, but they know not what they seek. Take it—now. From it flows a living fountain which never ceases. It is your life, but also eternal life. And the Holy Grail is fashioned as the human heart. The human heart *is* the cup, the Grail cup. The law is love, and love is justice. Love is wisdom. Love is gentleness. Love is power. Love is worship. Let there be love!

Without the foundation of love you cannot hope to penetrate anything. This is why the individual and everyday life of ordinary human relationships is so important and valuable. This was the purpose of the teaching of the Christ through the Master Jesus. He spoke to the simple people and said, 'Love one another.' Yet humanity continues to fight and kill and destroy, ignoring the law, saying that the law was all very well two thousand years ago but cannot operate now in this present world. Until this world recognises the words of the Christ, takes hold of this law of God and puts it into operation, it cannot hope for anything but confusion and destruction. As each person puts the law into operation, that person is blessed by the grace and the love of God. There is no question about it, and with occult truth there can be no compromise. This is the law. The law is love. Love the Lord thy God with all thy heart and with all they soul and with all thy mind, and thy neighbour as thyself. This law must be put into operation and it will work. But man, because of his own selfishness, is afraid to trust God.

Dear child, dear children, we understand, we understand, we know what your path is like. We do our best to help you all but we cannot do your work for you. But with God's help and by God's will we can come and talk to you, *with* you. Then at times even we are of no avail until

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the stream of light and power and truth which comes from the centre flows through us as the pure crystal water flows through its chosen channel. We are nothing, my child, we are nothing. Whatever falls from our lips is not by our power but from the God who created us all. Children, we love you, we love you, and we are deeply touched by your wanting to thank us. Will you know that we feel and see this love in your hearts, but we direct your attention to God. Thank God. He will understand. Thank God always. Our love, dear ones, our brotherly, tender, understanding love to you all, and our thanks too. We see in this little band—from behind old White Eagle comes a voice calling you this happy band of brothers. The size of the band does not matter. It is the quality of love in your hearts, and with this quality of love remember that you can go forward and forward into the light. As you move forward you will take all men, all your country and all the world with you. There will be no doubt, no weakness then, for all will be the power of love and the power of the light.

#### Benediction:

O Great Eternal Spirit, we Thy little children being raised up in spirit by Thy glory and Thy love and Thy truth, do worship Thee and thank Thee. We know that peace, that deep and eternal peace which floweth ever from Thee.

Amen. Amen. Amen.

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