## T173 The Inner Teachings 1st April 1947 St Mary Abbot's Place, London

#### Invocation:

We humbly invoke the blessing of the Most High, holy and blessed Trinity, the Source of all being. We pray, O Father-Mother-Son, that Thy spirit may be in the hearts of us all, and that being raised in consciousness to the Source of light and truth we may hold communion of spirit with spirit and with angels, and with all life on earth and in heaven. May all present be at-one with Thee, so that wisdom may open her founts and understanding bless each soul.

Amen.

Many people seek to be let into secrets. They seek the mysterious, the occult truth beyond the sight and knowledge of ordinary people. They seek by joining groups, secret societies or by reading books or else by indulging in intellectual search in some form or other. True, there is something to be said for all this but the secret of all knowledge can only be found through attunement with the divine spirit.

It is the spirit within man\* that holds the secret of all wisdom, and until that spirit is touched and opened by man's own aspiration and will there can be no approach either to the great or even to the lesser mysteries. These divine truths remain mysteries until man's spirit quickens and rises into the hall of wisdom, to the place of divine illumination.

### [\*For editorial policy around gender, see the introduction.]

In the mystery schools the method of development was by slow degrees imparted to those who were ready. Sometimes you wonder why there should be all this secrecy, why so much is made of the ancient mystery schools, because it was through the instruction, guidance and love from the brothers in those groups that the candidate was helped to open up and to rise in consciousness. Actually there are no secrets because all the secrets are within you. The only secret is the gradual unfoldment of power. In this way it is sacred, secret, until the soul has attained a degree of appreciation or comprehension of the spiritual law of life.

You wonder perhaps why we are talking in this way? We are endeavouring to touch your hearts (not your minds) and cause them to feel the all-enfolding love and beauty of the spirit life. You are clothed in very dense clothing and yet you live in a world of marvels, a world of exquisite beauty and glory. You can have for your companions, if you so will and aspire, beings of intense beauty not only in appearance but of character and of life, because they have unfolded that secret into full consciousness.

They come back from those realms of light because they love you. Yet there are other spirits who have passed away from the body in a state of darkness and heaviness, empty of sweet human love in their hearts because they were bound in selfishness and desire. Such as these do not enter a spirit world of beauty. Nevertheless as soon as they seek help they will find friendliness and kindliness. Those souls who on earth held simple human love for their fellows quickly find companions and find themselves in a world of exquisite beauty. They also are brought into contact with greater beings of spiritual power who instruct them in the ways of life.

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Imagine how you would feel were you able to go now into these temples of wisdom and receive instruction regarding these secrets. You would be conducted to the hall of wisdom and learning; you could choose to study music, art, literature, science, healing, religion, ancient civilisations, astronomy, astrology—all these glories would be opened to you. This can truly happen whilst you are on earth to a degree, although there always appears to be a mist obscuring the greater glory. We are endeavouring by slow degrees to help people to realise that the spirit life interpenetrates the physical and there is no 'here' and 'over-there' in the way you think. There is no impenetrable barrier between matter and spirit, but an interpenetration, and the time comes soon when all will be touched by this magic secret power. This is already happening to some extent. The first step is being taken, in other words the whole world is going through an initiation, a raising and an expansion of consciousness.

Never reach out to find spirit people. That is a strange thing for us to tell you. Always go inwards to the heart. It is not in the brain but in the heart; it is not in the solar plexus. From the solar plexus the planes of feeling and emotion and desire are contacted; from the throat and the frontal centre of the head, the mental plane; from the heart you reach beyond all these and go right to the centre of all truth. This is why mystics were often humble, hard-working men and women. They had neither time nor opportunity for great mental achievement but they loved their Creator, loved all things beautiful and gentle, loved nature and little children and animals, and lived worshipping all living things. In this way they touched infinity and affinity, became at-one with the supreme spirit, the Lord of all the earth, and with the Son of God, the Christ spirit.

The quickest way, the surest way to touch the secret of all the planes is to cultivate love, is to emulate the spirit of Jesus the Christ. You have only to meditate for a short time on love and to absorb the golden light into your heart and you are instantly changed. You then know what it means to be happy, what it means to be at peace; you know what joy and beauty mean, for you see beauty in the simplest manifestation of life.

This secret of which we speak is not of this age alone but of all time. From the beginning of life when the Christ spirit baptised the earth—which means when the Christ spirit brought life into being on this earth—this knowledge has always been with man. Is this clear? The Christ spirit, the only begotten Son of the Father, brought divine love, beauty, truth and implanted it in man. We speak from the heart and centre of truth when we tell you that the earth was in the beginning peopled by perfect sons of God. They came in all their glory as guardians of a young race on a young planet. Scientists may not agree, for they teach that in the ancient days the earth was peopled only with primitive creatures, but who of you, even your great scientists, can judge of what happened so long ago? We know that ever since the earth was peopled it has passed through ages of varying consciousness. The human race is not very evolved today, but it will become great again when this secret power has been released and the whole vibration of the earth thereby raised. Man himself contains the secret of good or evil. At present the greatest pull would seem to be to evil or to the negative aspect. Man has to make an effort ere the good, the true and the beautiful can dominate his nature. When he

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can recover from selfishness and overcome this downward pull, then the whole earth will change.

The beings we have described are of rare beauty and they are still with you. When you meditate, when you aspire, you faintly feel their influence. As you persevere you will feel them more strongly. As with your radio instrument, you tune in to your particular station and you will receive its programme. Many people do not aspire to what you would call a high grade station. They prefer to tune into a lower grade, they enjoy a lower form of entertainment. There they will remain until they have grown tired of that particular type. Usually the soul awakens either through sorrow or joy. Do not think that man learns only through sorrow. He usually learns through pain and sorrow, but there are a number of souls who can learn through happiness and joy and a great love, which raises them to a higher plane, where they are able to receive the programme of that higher station. Then they contact noble and great spirits who are guardians watching over you all.

In spiritual life do not expect to catalogue everything for by so doing you are limiting the universal. Try to conceive the heavenly state as being a perfect fitting-in and harmonious out-working of exact law, but never limited, always expanding. Remember that you enter infinity when you are in the world of spirit. We notice that people misinterpret or misunderstand spirit messages sometimes. When you read such a message with the mind of earth you think it means exactly what you think the words say. You cannot truly read a spirit message in this way, for the spirit vision goes far beyond the human, not only in coming events but in foreseeing the development of the soul which receives the message. Therefore it may work out differently from what you think. The proper way to receive such messages is to accept them with gratitude and to be comforted by them, and to give yourself in trust and confidence to that supreme love which holds the secret of all happiness. This is part of the development of the candidate-to learn how to accept instruction and guidance. Those who are learning the secret of this inner wisdom do not question or fear, nor are they anxious about the messages. They receive them with gratitude and know that there is something in their message to raise and to give them confidence and hope for the future. Spiritual guidance is gentle, mysterious but true—but you have to learn to realise how true.

We have nearly finished. We hope we do not weary you. We so want to tell you that these brothers who are masters of life watch over you and your spiritual good. They love you; they will always come if you sound the correct password. Now you will say, 'Tell us the password, White Eagle'. This is one of the teachings of the ancient mystery schools. We learned it in the temple. The great temples of Atlantis taught it; the temple of true Christian brotherhoods taught it, as did the temples of all true religions. More important than any vocal sound is the word spoken in the heart. This is where you sound the true password and it is the vibration of pure brotherhood. It is a soul vibration of the absolute brotherhood of life. It is not easy, but you see, my children, this means that you are learning to sound the password in your ordinary human contacts—in your home, office, in your daily service wherever you are, whatever your duty, you are being given opportunity. In other words it means that you are attuning yourself if you are living rightly, to the infinite love and wisdom and are bringing it

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right through into everyday life with every word and action. In your shops and factories, your churches and your homes, you can be sounding the password, even when you do the most menial task and when you think of your companion conscientiously, not pushing past or closing your ear to the urge which says, 'Do this, it is kind, it is helpful. Be thoughtful for this man who is tired and weary. Be kind to that one who has had great sorrow.' It means being on the alert always for the expression of that supreme spirit of the Son of God. When you can do this by action and thought you are commencing a vibration in your soul that sounds through all the spheres of spiritual life. It is a challenge, a command, a vibration which goes from you, which the Master receives without fail and which immediately attunes you to him. You are at-one with him\* and then there comes an ever increasing flow of this inner, this secret magic. Then understanding expands and power comes and you can perform what earthly people call miracles. These things were taught in all the ancient schools. They are taught today. These beings are coming back in greater power to help man to find this secret spring of life. It will depend upon him whether he will receive. He can receive when he wills.

# [\*While the Master is referred to with masculine pronouns here, White Eagle would state that a Master is 'beyond gender'.]

In the past it was truly beautiful on earth because it was God's power which was manifest through His children, His sons. Then came the serpent. The other power crept in and man listened to the voice of temptation. Because he listened to that voice which tempted him to think of himself first, the equilibrium of the earth was disturbed. You see how mighty is this magical power and how it can bring catastrophe, as it can cause perfection of life. We do not want to frighten you. There is nothing to fear so long as you simply and truly endeavour to obey the law, the will of God. But we tell you that the world has arrived at a critical stage. You all know this. In the atomic energy which is being discovered through a mental process comes a power which can bring about a repetition of past history. That power is the same power as the light which creates all beauty in life. If it is used for low desires it will destroy; if it is used in brotherhood and for the upliftment and blessing of the human race it will bring to the earth the golden age. Spiritual knowledge must flood the earth to preserve its equilibrium. You have been called to the service of the Star of Christ.

- Q. Were the seven great spirits who came out from the throne, as mentioned in the scriptures, the master planets that came to the earth in the days of old?
- A. It is difficult to answer yes or no because it is doing what we have just said we do not like to do, that is to make things too set, so that there comes over the understanding a sense of limitation and a closed-in comprehension of the truth. The seven great beings round the throne are the great planetary beings concerned with the Sun of God, the throne of God, if you like. In the throne of God we see the sun, the great sun in the heaven behind which is the spirit of the sun, the spirit of life, the spirit of all mankind, which you worship as the Christ. The great angels circling the sun are the great planetary beings.

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Atlantis is rising, not only the physical soil but the spirit. Many of you who live in Britain were ancient Atlanteans. It is because you are who you are that you are drawn together in this work of centralising the light upon earth, to help to raise the spirit of truth and light in your fellows. Atlantis is rising—rising in you, the ancient ones. As the spirit rises so the ancient land will rise. There is a completely new age of life coming, and the old religions and the old ways of life are crumbling, crumbling, even your state and even your church. Something else is going to come, which is ancient and of great beauty and which will bring happiness, but humans have to work for and aspire and lend a hand in the building.

- Q. What happened to the sun-men who came to the earth in the beginning? Did they withdraw or were they immersed in the earth and remain with the earth people?
- A. They withdrew from the form of manifestation which they used. They are with the earth people but they cannot force people to do anything. They can help them when people call to them, when they sound this vibration.
- Q. Are they in incarnation?
- A. Not wholly. We mean by that that the complete spirit, the greater spirit does not wholly manifest. The greater part is unseen, invisible, but there are manifestations in a small degree of some of these sun-men, particularly so in Britain.
- Q. Is it like the leaven in the bread?
- A. Exactly. There is a saying that it takes a god to see a god. As we have told you only those who have sounded the password in their hearts and lives are raised in consciousness sufficiently to recognise the God-men, the sun-men. They go amongst men unknown but they do not leave you.
- Q. Are they the Ray-children?
- A. Well yes, they are the Ray-children. We repeat, 'By their fruits ye shall know them,' but it also means that each individual has to recognise the fruits and until the vibration or the password is sounded in their hearts they do not even recognise the fruits of the Ray-children or the sons of God.

O my children the spiritual universe is beyond your comprehension, but from what we have seen of it we can only tell you it is glorious, overwhelming and unbelievable to those who have yet to comprehend the love of God. When we come into contact with you like this we find it almost impossible to bring through the grand truth that we have seen in the world of spirit. It is like trying to pour a great volume of liquid through a very small funnel. You see, what we have to say does not bring with it proof that the worldly mind accepts. The only proof of these spiritual truths is that by the way of life you receive the proof and the demonstration of truth. To put it in very simple language: it works and it works in the tiniest detail of your everyday life. You can all prove it for yourselves but we cannot prove it for

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you, and any living man or woman can prove it if they like to apply the law to their daily lives and so they can see the glory of the heavens, realise the happiness of the sprit.

I do not know how many we are in the flesh, but a great company in spirit and it is not only the words that you receive. It is the invisible and intangible food and drink, the bread and the wine of life.

#### Benediction:

O my children, we are receiving the blessing of the great ones, the illumined, and the Christ in all His beauty is faintly visible to us now. His light streams upon you; His love enfolds you. With this blessing we leave, but we never leave you in spirit. God bless you with inward peace and happiness.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Sacred places, flexibility, progress, lost continents, afterlife