

# Attunement

T218 The Inner Teachings 12th August 1952 St Mary Abbots Place, London

## Invocation:

Almighty Spirit, Thy children would draw close to Thee, seeking communion with love, wisdom and the power of love. We open our hearts to Thee, O Thou who knowest the innermost need of every soul. We pray for Thy bread—for the cosmic bread of life and for Thy life, which is the wine. May the heavens open for every true seeker for the light, and may the children of earth realise the glory of the world of spirit. We thank Thee, Holy, Holy, Holy and Blessed Trinity for the blessing which comes to our waiting hearts.

Amen.

Brethren of the spirit—for we are all of the same spirit, and therefore brethren—we come into this material, this physical condition, with thankfulness and love. You who are so accustomed to hearing our voice do not always realise how the majority of mankind\* is cut off from our world. It is true that you personally have accepted your opportunity and so penetrated the darkness and the mists which divide the physical world from our world. We must however, spare no endeavour to expand this communion between the worlds so as to build an etheric bridge for communication from the higher world to reach the earth more readily.

*[\*For editorial policy around gender issues see the introduction.]*

Yet many people still feel that this etheric bridge between the two worlds is against God's will. If this were true, why has the Creator implanted in man's nature the sensitivity enabling him to build that bridge and so receive communication from our world? If God did not intend this to happen then there would be no power in the human self enabling the communication to be established. There would be a complete barrier, but this is not so. All this was proved long before the introduction of spiritualism. Throughout the ages man has received this evidence. The Bible has many instances of the initiates, the mystics, the saints of the past receiving these communications while in a state of illumination.

It has been known for a spirit or an angel to visit very ordinary people—so-called ordinary people—but usually the angels, teachers and guides come to a man when he is in a raised state of consciousness. The materialist may call this by other names—such as in a state of hysteria, a state of trance, but then the mortal, the earthly mind does not understand that beyond the physical world is a world of a finer ether, of a higher vibration. Therefore any man who receives communication from that world must be one able to raise his consciousness, or in other words to go into the 'upper room.'

Throughout all religious history and also in the Bible, reference is made continually to the Master (or to the Master's disciples) going up into the mountain. We are told that the Master went up into the mountain and when he was set his disciples came unto him. This illustrates our point. There must first be this ascension to the raised state of consciousness, then the Holy Spirit is both seen and felt. At Pentecost the tongues of fire shone upon the disciples who were talking of their master, who were expecting some demonstration of his presence, of his continual life. The truth within them was able to assert itself and tell them that the Master was near. Many other illustrations throughout the scriptures and religious history tell man that

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in a purified, rarefied state of life there is complete reunion and communion with those who have passed from the earth.

At this moment, in this small upper room you also are attuned to the spirit life. You have withdrawn from the outer world, from that plane of harshness and darkness and materiality. You have come here because some truth within tells you that if you enter into the sanctuary of the spirit there you will be able to listen to the message which is to come from the spirit. Let us say here that the message of the spirit is not usually understood by the intellect alone, which does not always comprehend the language that is spoken. Love understands it always. The love in your heart will always understand the language of the spirit, for this appeals to the mind in your heart. That which touches your heart is the message of love, of truth.

We have said that usually this communion (or communication) comes to those who have prepared themselves by retiring to a sanctuary or to the heights, but it does not always follow that a man need seek to be alone in a church or sanctuary. He may through prayer unconsciously raise himself. He may not even realise that he is praying. His may be an unuttered prayer, but a true prayer to God. The very act of prayer truly causes the man or woman to 'plug in' to the world of spirit, to create the necessary conditions or spiritual state which enables him to hear the voice or message of the spirit, or even to supply from his finer bodies an etheric substance which enables the messenger to clothe himself in form.

A master is one who has attained mastery over his mental body—in other words one who has so completely controlled his thoughts and his thinking power that he can create for himself a mental body which he can use at will quite apart from his physical body. Therefore any spirit messenger visiting a mortal must have the mental strength, the mental power to use and mould the fine etheric substance supplied by the mortal. (We are not speaking here of that phenomenon known as materialisation, but of something finer.) If that earth man can raise his consciousness by aspiration and earnest prayers if only for a flash of time, he is giving the conditions to enable that messenger to present himself and his message. The difficulty with you is that many who long for a message of guidance or comfort cannot themselves provide the required conditions for that message to come through. Another trouble with earth people is that if such an experience comes, instead of humbly and quietly accepting it, they will afterwards say it is all their imagination.

We do not suggest to you that you should not be sensible and well-balanced about these things. You must live on the earth in the right way. You must understand that you are here in a body for a certain purpose. You must also remember that this communication from the world of pure spirit will not be denied if you keep humble in your heart and simple in faith and trust in the eternal love. If you hear a voice which seems Godlike, true and beautiful in its wisdom do not say, 'It is my imagination.' Remember always that no visitor from the realm above will give a message contrary to the law of Christ, nor speak words which are unkind or hurtful to another, and will never send you off on some wild goose chase. 'Ye shall know them by their fruits.'\* The message which comes from pure spirit (or from the Christ circle) will be what you would expect to come from a state of purity, love, tenderness and wisdom. Even if you receive what may appear to be a rebuke, that message if it is true will be given

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lovingly and for your soul's good. By their fruits ye shall know them. What comes from the Christ circle will bear the stamp or the hallmark of the Christ spirit. No true guide or teacher will ever give a message that is harsh, untrue or unkind. That is the test.

*[\*Matthew 7:16]*

But here we would say that people are not always correct in their interpretation. If a message appears to be misleading or false, be patient. Wait for an explanation or an outworking of this message. Also remember that such messages sometimes apply not to material conditions but to your spiritual evolution and the outworking or the opening of your own state of consciousness. Also remember that when you are in this higher state, or when you are functioning at the level of spiritual life, there is no time and no space and no death. The outworking of a statement at this higher level may be incomprehensible to man while he is earthy.

We were speaking about the attunement of man's spirit with God. There are interferences, much as you have with your sound and light waves, so that the reception of your wireless set is faulty. Much the same conditions prevail with the reception of pure spirit. The waves may cross. Then you get imperfect reception, coupled with a still more imperfect interpretation caused by the desires of the recipient and you will understand why the message gets distorted.

The condition then for clear and perfect reception is one of stillness and silence, not only on the outer plane but deep, deep, deep within the inner world, the inner place. Underneath all conflicting vibrations, beloved ones, is the Silence. And in that Silence is God. God is behind all form, all activity, all manifestation. God is there.

This brings us to what we want to say tonight on the power of prayer. We hope in a few words to give you a true understanding of what prayer is and what it can do. A little child can pray and receive a direct answer to prayer. So it does not require great intellect or intelligence to pray aright. For true prayer is a projection, an earnest breathing forth to God—to this great Silence, this enfolding and interpenetrating activity, this Life, this Spirit. It is not wise to pray without taking thought. For prayer is a potent thing and if the desire sent out be strong enough it can and does reach its level. For example, you may pray for something that your desire body thinks it needs very badly. That thought can be so potent that it will bring an answer in return. Prayer can be rather like a boomerang, flying out and coming back as swiftly. The fulfilling of your desire may not always bring you happiness or blessing, but it will anyway teach you a lesson. On the other hand, if you send out an earnest prayer, a thought, a belief in faith and trust, in confidence that God your Father, the great penetrating and interpenetrating Spirit, knows your need and will answer your need, that is true prayer. All the same a better way is to pray not with any desire for anything but to worship the Great Spirit of love by giving trust: 'O Father God, Thou who art all love, whatever happens is Thy will. I trust Thee, O great Father—Mother and Son, I trust Thee. Thou wilt give according to Thy love; therefore may I, thy child, be thankful for whatever Thou sendest.' This is true prayer: 'Thy will be done in me; Thy will be done on earth as it is being done in heaven—in a

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state of harmony and happiness. For Thine is the kingdom, Thine is the power, Thine is the glory. May Thy glory be able to enter my heart and show me the way.'

A child, being pure in heart, prays believing in the kindness and the love of the Father in the same way as it might believe in a human parent. It is that divine seed in the child which believes that the Father knows its need. It goes to the Father confidently. This is true prayer, and that prayer is answered.

Nevertheless, we repeat, take care *how* you pray and for *what* you pray: 'Not my will but Thy will be done in me, and in my life.'

This brings our last point tonight—how should man pray for the world? Does his prayer originate from his own desire body or does he pray for the coming of the kingdom on earth? Does he pray for the God life to manifest in all its glory and beauty through humanity? Now we are coming closer. Does man pray with all his daily thought and action? For that is real prayer. Right motive, right thinking, right speaking, right action—here is the greatest and the truest prayer. In this way will the disciple not only pray but live and work for the coming of the kingdom. So you see the importance of human conduct, of the effort to bring about the brotherhood of man through the brotherhood of the spirit.

Of course, once man comprehends the great cosmic law of cause and effect, then he knows that any action or speech of his which is harmful to his brother will rebound like a boomerang upon himself. This law cannot be escaped. Usually you will see its outworking in your present life but not always. You will not always understand what is happening. The most important thing, however, is to become so attuned that in every moment of your life you are creating or setting up a cause, which some day is bound to have an effect upon your body, your soul and upon your life generally. Remember that karma, as it is called, not only presents you with a bill for a debt which is overdue, at the same time it offers you an opportunity, because through paying that account—in sorrow or sickness or regret—you, the spirit, the real you, should have learned your lesson. If you refuse to learn then the lessons mount up and are presented again and again. So we can truly say accept all these opportunities disguised as so-called karma. Try to see, try to read the lesson which is being presented and be thankful. Yes, we could go on. Another form of prayer is thankfulness to God for everything, no matter whether it appears to be nice or the reverse. The sage accepts all things with a joyful and thankful heart. So also with you—whatever comes, comes as a blessing from the divine love and wisdom.

Do not believe that this world around you is always going to remain dark and ignorant. Look back for only fifty years and you must admit that while the growing pains may be unpleasant, there is a better state of life dawning for all mankind. In the degree man receives this spiritual truth, this ancient wisdom, and as he puts it into action in daily life, it must slowly penetrate national and international life. Peace on earth, brotherhood and the cessation of war and conflict is bound to come.

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Such prophecies have been made down the ages. They may be wrapped up and so seem obscure, but with your knowledge you should be able to understand. Your own secret history of Britain tells of the coming of this new day, of this new world, of the communion of angels with men. For the day will dawn when all countries will live together under one world government. Nations will live as brothers helping each other on their journey, no longer hindering or warring with each other, but serving each other and beautifying the lives of millions and, not least, their own life. The day is surely dawning when this vision will come clearly to all men of goodwill, all men who live not for self but for God and God's creation, who live to be instruments through which the life of God can manifest in all its glory.

This lies before you, children of earth. Have courage to believe. Subdue the voice of the lower self, of the earthly nature. Subdue it as a serpent must be subdued. Open your ears to the heavenly music, to the angelic choir. By this beauty your lives will be glorified and blessed.

### Benediction:

Our Lord, we thank Thee for the truth of life, for life itself, for the beauties of the earth, and the beauty of human love and affection; for Thy blessing, which is now upon this little gathering of earnest men and women who pray to serve Thee, and to obey Thy will henceforth and forever.

Amen. Amen. Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Discrimination, discernment, future, psychic development, will, will of God*