

# Great Light Fill Us All!

T264 The Inner Teachings 1st November 1960 St Mary Abbot's Place, London

## Invocation:

We would raise you in consciousness far above the earthly plane—even above the mental plane—to the highest level of consciousness of which you are capable. We come to raise you to those higher levels, and here the music plays its part in helping you to centre your thoughts upon God. ‘O, taste and see how gracious is the Lord!’

So, dear brethren, we pray to the Source of Life, our Creator, the Lord God, asking that His\* guidance, His wisdom may fill our being. O Gracious Spirit, Who doth permeate all forms of life, may we, Thy children, absorb Thy love and Thy wisdom, and may all these Thy children taste the beauty of Thy spirit.

Amen.

You are quite close to a festival which in your orthodox church is called the Festival of All Saints; and for this reason we would bring you a vision of these radiant ones who come to help you. They are not too advanced, not too far away from their brethren of earth. They come because it is their joy to serve—to serve not only mankind\* but all creatures.

*[\*For editorial policy around gender, see the introduction.]*

You have been listening to music, during which some of you doubtless closed your eyes upon the physical scene and rose in spiritual consciousness to the spheres of music in the heavens. There you would be aware of the colours created by these harmonies. You would see with clear vision the temple of immense beauty which the angels of form had built in the soul world from the music.

This is a most important truth that we hope you will be able to comprehend. Even if you cannot do so at this moment, a time will come when you will remember what has been said tonight, and into your consciousness will come the memory of our words, together with an understanding of the meaning of the heavenly temple and of the angels of music, of sound and colour and perfume, manipulating certain rays or vibrations to build form. Many people make the mistake of thinking that only a selected few are able to have clear vision, to see clairvoyantly. True, these selected few may be in advance of the mass of humanity, but what one man can do, all men may do. Did not Jesus the Christ say: ‘What I do, ye shall do also’?

Now, the apparent gift in anyone to see beyond the dense state of physical matter means that not only one person can see, but that it is part of every man's creation and every man is a son of God. Whatever his colour, race or creed or social standing—none matter in spiritual life. The state of the soul in incarnation, its level, or race, or creed is either a limitation or else an opportunity earned by that soul in its past, that the soul may function at that level, be it high or low, where it will have the best opportunities to gain the greatest good, to make the greatest progress.

Nevertheless in the course of its training, in incarnation the soul faces its past deeds, which you call karma. Now, do not run away with the idea that past karma is a bad thing. That is

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only the mind of man misconstruing the mercy and goodness of God. Karma is an opportunity presented to man as the result of his past thought, speech and action, enabling him to learn deeper, higher and more advanced truths. You are all searching for truth or you would not be here listening to what we have to say from our level of life. We have told you that the key to all knowledge is in the heart; it is a very simple key which unlocks all the—we were going to say 'libraries,' but all the records—the little key of love. Many people do not understand the meaning of this word, connecting it with many states and many emotions which are not love.

Can you, yourself, define love? When *we* think of love, we at once feel an outflowing, a giving, giving to creation—to you, to all life. Love means giving. Thou shalt love the Lord thy God!\* But then who is, what is the Lord thy God? How can you meet or find God, how realise God? When you love you have the emotion of going outwards, of flowing out in order to help, to serve. But you cannot breathe out without also breathing in. When you breathe out, you must in turn breathe in. So love appears to be like a circle, and is both an outbreathing and an inbreathing. But love is not only found outside or beyond yourself, in spheres above and depths beneath, but is certainly a feeling, an emotion, an inner knowing. Now whenever you are not acting, speaking or thinking in love, you are unhappy because you are out of harmony.

The earthly mind will not usually admit this. It even goes to extremes to justify itself, but as you know, the inner *you* knows that you are out of harmony when you are not feeling this emotion of love. Love is God; and God is discovered within the heart, and if this emotion of love is absent you flounder about and cannot understand the meaning of God, and God remains a mystery.

The saints of all time, not only of yesterday but of today, have all attained a degree of spiritual life wherein they not only comprehend love but their whole being is love expressed in service. To whom? To what? To life itself, to the universe as a whole. A saint has attained mastership. You are all familiar with the word 'master.' Some people would do anything or go anywhere if they thought they were going consciously into the presence of one recognised as a master, for a master is a saint, one who has attained mastery over himself\*, over the forces or the invisible rays which are continually playing upon life.

*[\*While 'master' is referred to with masculine pronouns here, White Eagle would state that a master is beyond gender.]*

Do you remember what we said early in this talk about the temple of music, which was constructed by the manipulation of rays, or vibrations? The whole universe, as we have just said, is full of these invisible rays, vibrations of power. These rays may be used to build, to construct, or else they may be used to break down and destroy. If they are constructive in nature, you refer to them as 'good'; but if they are breaking down and destroying, you say 'evil.' They are both positive and negative. These rays or forces penetrate all life, and a master has achieved the wisdom or the power of love which enables him to manipulate or direct those rays for good. But when we say 'good' we do not mean what you think. We

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mean by 'good' the continual working to bring about equilibrium, the power of holding a balance. Have you ever thought of the absolute necessity of holding this balance? Whenever the balance is not held, even in your material world, there is chaos.

Now we will go back to our temple of music, to our saints, because now, finally, we shall endeavour to show you the meaning of clairvoyance, or clear vision. Many of you here have a degree of clairvoyance, or may think you have. Well, no doubt you have, but we remind you that the degrees of clear vision and understanding can range from a low degree to an immense range of heights in the heavenly life. You may have a degree of clairvoyance on the lower astral, the plane just beyond the physical; or you may have clear vision of the Cosmos. Between those two there are many levels. Clairvoyance does not mean only the seeing of forms. Clairvoyance also means clear perception, clear vision of a future life on earth, a vision of what might be if all men acted from the Centre of life.

Let us take an example, an illustration, of this raying out of colour rays which are creative, which have power to affect all forms of matter. The seven rays of the spectrum are all contained in the one white ray which is called the Christ light. The Christ light contains these various rays of colour, each having a different power, a different effect upon all kinds of matter. All these rays proceed from the centre or the heart of the universe. The heart or the hub at the centre of the universe is that continual beat of love, love, love—a giving out, an outpouring of healing, an ever-creative power. There are the rays which cause the musician to create, to hear his music and to record it; a creative power which inspires the mind of the writer or stimulates the vision of the artist.

All these, all creative work proceeds from the centre or the heart of both the spiritual and the physical universe. The impulse going forth manipulates the mind of the man of earth, causing that man to *imagine*. This is your term for it—'*imagination*.' Everyone, all creative artists, use the gift of ideation or imagination. These people are each in their particular way developing, unfolding their degree of clairvoyance, of clairaudience.

We are saying this tonight to help you to understand the gift of clairvoyance and to help you to work within your own temple—within your heart—from that centre which is the Christ atom, the Christ seed, the jewel within the lotus. From that centre you may proceed in your work of ideation, imagination, catching the vibrations of the invisible world around you, and from your own Christ power within rebuilding your mental field, your health field, your physical and material surroundings.

How do you think these things happen? How does form develop on your earth? It is the result of certain action in the mind of man, and that mind can be directed or manipulated by the mind and power of God. Try to realise the importance of what we are teaching because it is so important to you as individuals. It is either making or breaking you. It can make your life a thing of joy and beauty or can make it chaotic.

Unfortunately this is what usually happens because man at present, at his present level of spiritual evolution, lacks knowledge; and even if he has the opportunity of acquiring the

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knowledge, he throws it away, saying: 'Nonsense, rubbish, fiddle-di-dee!' Poor man! As a man thinks, so he becomes. The action of that kind of thought upon a certain centre of the brain brings into the physical body—what do you think? Men call what happens disease, meaning lack of ease, lack of harmony. Probably you will not accept this suggestion. Well, it doesn't matter; in due time you will, but I think some of you already know that a part of your brain acts upon parts of your body whenever you are concentrating thoughts of pain, disease, much as those vibrations react upon your surroundings, your outer life.

If you, yourself, concentrate on trouble, you will surely get it; but if you persistently concentrate on the outworking of good—remembering that God is working his purpose out, God's purpose will reveal itself to you as wise and loving. You see, it is perfectly automatic; it is a law of life; as a man thinks, so he is, so he becomes. As you think in your meditation, as you create through your imagination your pictures, so you are manipulating finer forces, finer ethers, and you are using, you are building, you are creating from the substance of the invisible worlds your particular forms.

So we find that when a man slips away from his physical body because he has finished with it, he finds himself in a place that he recognises; not in full consciousness, but he says: 'Oh, this is familiar. I have been here before.' Of course he has; because his new home, his surroundings, the state in which he finds himself, he himself has built by his own habitual thoughts and emotions, by his way of life. It is perfectly simple—the operation of cause and effect! Whatever man thinks, so he becomes. What he sees in his surroundings, in his work, in his religion; whatever it is he creates, he is in it. Then it either holds him prisoner and enslaves him, or if his thoughts are God thoughts, he is released; he is free. Man is his own jailer, his own prisoner, his own liberator.

Will you ponder on these things? You may not agree, but there it is. We feel that we have talked to you long enough, but would add this. You will see why it is so vitally important for man to learn the lesson of self-control and self-discipline if he would enjoy perfect health, live an ordered life in beauty and harmony. Indeed, the very first thing for any soul to apply to himself is discipline. Discipline means strict obedience to the law of God. God Himself is the law. God has given everyone understanding of this. There is no living soul who lacks this inner knowledge, however simple it be. God has implanted the still small voice within everyone. We don't mind how you argue against it—and us, or bring up illustrations of people who do not know right from wrong. A conscience is implanted in them all, but at man's present state he prefers not to listen; he pushes it out and won't listen. If everyone obeyed the voice of God, then man would be saved. All this sounds very old-fashioned but nevertheless is the truth and also the key, because that inner, still small voice, always, always, prompts the way of love.

Now, using your power of imagery, ideation, come with us right into the world of light; into the temple not built with human hands but with loving, faithful hearts and faith in God as the Creator. There we stand in the vast company of shining beings, the saints of all time. We have to thank them for their service to us, for the saints are slowly but surely raising all creation into a state of heaven to become brothers, sisters of the light. The way is shown to us

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all, whether we be embodied or disembodied: the way of service, and before us lies this shining path. We cannot do your work. Neither can the brother or sister by your side ever fulfil *your* particular service to life. You are all individuals and all have your own contribution to make to the whole of God's creation. You are builders, co-workers with the Creator. Whatever your job, do it to the very best of your ability. Should you find yourself frustrated, limited, you can surely by divine law liberate yourself. This applies to every aspect of your life: to health, domestic conditions, material status in the outer world, or mental confusion. All these can be vanquished and cleansed away by holding fast to the spirit of Christ within and around you.

Many people want to listen to a lot of words and high-flown language, scientific knowledge and teaching. These will avail them nothing. Words, words, words fall as dead ash in the end, but life, my brethren, the God-action in thought, word and deed, makes you become a conscious part, or being, in that vast world of light, happiness, perfection. Choose the narrow way. God bless you all. Never forget, you do not walk alone, for your guardian angel is helping you in every endeavour. Whenever you are ready to know more, you will certainly learn more.

### Benediction:

So, let us open our hearts to divine blessing, the rays of gold which now pour down upon this little gathering, seeking entrance into your consciousness and into the very matter of which your bodies are composed. Great Light, fill us all!

Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Breath, breathing, cycle, inspiration, psychic development*