

Feed My Lambs

A224 Sunday Address 4th February 1951 St Mary Abbots Place, London Sunday Service

The date of this address is conjectural (see below), while the text is as issued in the magazine Angelus after it was given, apart from correction of errors

Text: from Angelus, May 1951.

Context: there is no huge evidence that this address dates from February 1951 as *Angelus* follows the title only with 'An Address by White Eagle'. However, it is reasonable to assume that White Eagle spoke on the first Sunday in February, and there is no other obvious date for this address published three months later, with the Lodge anniversary and Easter intervening. White Eagle speaks of an invocation, given by himself, but it was not reproduced in the magazine. What he says about the invocation nonetheless could be said for almost all of his opening prayers.

General Notes: the early part of this address stresses the spiritual power of joy more, perhaps, than any other place in White Eagle's teaching. When he turns to the example of yogis of the East it is difficult not to think of the descriptions in *AUTOBIOGRAPHY OF A YOGI* by Paramahansa Yogananda. The allusions to ancient civilisations such as Hyperborea still stress the joy of life lived closer to the source. When he refers to Atlas, White Eagle errs a little from the myth that has come down to us, in which the Titan, Atlas, is condemned to hold up the heavens rather than the earth. In art, he is often depicted with a great globe on his shoulders, but it is a celestial not a terrestrial globe. According to Plato, the first king of Atlantis was also named Atlas (whence, presumably, the name 'Atlantis'), but this is a different being.

In the next section of the talk White Eagle's cosmology, or rather his account of the Great Cycle, is particularly developed. White Eagle speaks of the process of coming down into matter as being a 'crystallisation'. The title, 'Feed my lambs' has been taken from quotation of it in the final paragraph, but the theme of joy, joyfulness, is a much larger topic of the address. In this paragraph White Eagle speaks also of the unselfish principle of spiritual healing – it has been suggested that part of the power of dedicating oneself to spiritual healing is the training that it gives in impersonal loving, loving without any choice being present in the matter of who one is given to heal.

References: for Atlas, see 'General Notes'. 'Man, know thyself' was indeed engraved over the entrance to a number of ancient temples, most notably at the place of the Delphic Oracle. The phrase, 'Feed my lambs' (or 'feed my sheep') is iterated by Jesus no less than three times in John 21 : 15-17.

White Eagle's Address:

Brethren, in our invocation we strove to reach a vibration of purity which we pray that all present may recognise – may feel in their hearts as simple goodness. A feeling such as this does not depend upon a powerful and well-stored mind or intellect, but upon joy uprising in the heart. But then every child of the living God should live joyfully.

If you will pause to analyse our simple words you will recognise their profound truth. Take as an example your own life: were you really touching the secret of joy – if you had once realised, if you had once recognised pure joy, how different your life would be! Also let us consider the immense service which would be rendered to all humanity by any soul living in such joy and pure goodness – without selfish thought of the result. The ideal, of course, is to do right because you love the right, because the joy within you, the life of the spirit within you, cannot do other than express itself as rightness and goodness; for *the goodness of the individual safeguards the future of the race*, and were there no goodness there would be no race of men to inherit the future. For if one person lives in singleness of purpose to do good,

Feed My Lambs

A224 Sunday Address 4th February 1951 St Mary Abbots Place, London Sunday Service

to be good and to live happily, that same person makes an enormous contribution to the future. We recognise it is not easy to do good, or to be good for goodness' sake alone. We are not preaching at you; we are working upon a certain theme which you will understand later in this talk. We repeat: if you build life upon this well-spring of joy within, and express goodness in every action and in life itself, you will be contributing a gift to mankind the worth of which is beyond any estimate you can form.

Let us take for illustration the life of Jesus. If you knew in more detail the manner of his life, its simplicity, and his continual outpouring of himself, you would understand that joy and goodness can indeed release the power of the white magic. We can quote no greater example for this western world, because much of your personal life, your family, and your national and your religious life, is still influenced by a Life which illustrates the profound truth that we are very inadequately trying to express. Any other life, of a like spontaneous joy and goodness, is by its very nature continually pouring forth the divine essence and creative life-force which is the basis, the core of all spiritual healing, both of individuals and nations.

We see this demonstrated by some of the other great teachers. The Yogis of the East have also discovered this source of happiness, this secret of living. Their service is not work to them, but an outpouring all the time of divine essence. Man has a wonderful journey yet before him. He has already come a long way, having commenced as an unconscious spark – but still a divine spark – from the Centre of Life, from the Godhead; and having descended slowly through the spheres, down and down, taking on denser and denser clothing until he finds himself now robed in the heaviest garment that he will ever know – not only that of dense flesh but also the clinging material conditions of a whole earth. For earth too has been solidifying by a process of slow crystallisation as its vibrations slowed down, so that at the present time the human soul, the human spirit, has touched bottom.

It is important for us to understand that many a soul is still undergoing a process of crystallisation or materialisation at a low level. During his journey down through the various planes or vibrations of conscious life, man has passed through conditions much more beautiful than he can recall today. This is the reason why the akashic records of man's past picture such times as the Hyperborean, the Lemurian and the Atlantean ages, when souls living in a body were more childlike and joyous, for they still retained some of the innocence and simplicity of that life in the heaven world which they had left, like children still remembering the fields Elysian.

The story of Atlas, who carried the world on his back, has its own significance. We see pictured there the inner truth of the soul taking upon itself the weight of the worldliness. This is what every soul has to do, gradually assuming clothing of denser and denser matter until at the lowest point of the arc of evolution it is completely weighed down. Then it seems to be wholly unaware of the spheres of beauty and truth from which it once came forth and to which it will eventually return. We must think of these conditions as steps on the path of evolution, which every soul must follow.

Not all souls march together. Some have already descended, touched the base and [are] now climbing, while others are still descending. You must also understand that on the same path of

Feed My Lambs

A224 Sunday Address 4th February 1951 St Mary Abbots Place, London Sunday Service

spiritual evolution the soul gathers to itself knowledge and power. Some souls linger and sometimes become chained by love for power at a certain level and cease to climb. Such undeveloped souls as these are able to produce a very strong mental body at this stage and cannot resist the temptation (unconscious, mind you) to use that power of the mind for self-aggrandisement. Dictators, past and present, have realised the possession of occult power and have devoted that power first perhaps with the desire to help their country, their people; and then they could not resist the desire for world domination. Then they were swept along to disaster by the power they had invoked. We would remind you that men such as Hitler and other dictators have not in the long run destroyed mankind, but instead have stimulated the rest of the world – shall we say the Christian world? – into action. It has never been good for people to grow complacent. Those who live in the body, for the body, for the gratification of the physical senses, are inclined to become slothful and indifferent to the rest of mankind. Then we see these powerful personalities coming along, and they are used by the divine Father–Mother God to stimulate the nations so that they order their lives on a more constructive basis, and not solely for their own benefit, their own satisfaction.

A great opportunity is now being presented, to *you* and all mankind. You are what have been called, in the Mystery School, the builders of the new age. It is not good for you to remain lethargic. For as surely as the western world settles down in a smug complacency there will arise in another part of the world a powerful force which will again challenge it, and make it rise again to the occasion and give true service to the vast human family. World conditions today are challenging and stimulating this goodness latent within every living soul, and which quickens the consciousness of those now turning their faces upward.

In ancient times a saying was engraved over the arch of the temples: ‘Man, know thyself; and thou shalt know God and the secrets of the universe’. Do you realise that all the secrets of the universe are already hidden within man’s own being? It is true, the secrets of the atomic age, the secrets of the fourth dimension, are waiting for you. Some people have already tuned into these secrets. Inventions come about because there has been a projection or release of God-power at a higher level of consciousness, which reaches those who are ready and can respond. Such radiations are like waves broadcast from your broadcasting stations. There are spiritual broadcasting stations also. At the right time, at a certain level, advanced grades of humanity can tune in. Inventions often come not to one individual alone, but to a number of people at the same time. In this manner ideas from this plane of the fourth dimension were broadcast at the beginning of the last century, and were gradually picked up by souls sufficiently attuned for this purpose.

In this manner came the telephone and the radio; and also on a higher level the advent of Spiritualism, Theosophy and other groups of New Thought, which have all percolated through from a fourth-dimensional plane. These latter have stimulated mankind spiritually. This might be illustrated by Spiritualism which, although severely criticised, has nevertheless done a grand work by bringing to men’s minds proof of a life beyond death and of a life of spirit apart from the body. Because it has brought proof it has aroused man’s soul and made him seek for greater truths. Thus Spiritualism has brought to mankind an awakening, a new impetus to seek knowledge concerning the world to which the soul will pass: with the result that many like you are now following the path of spiritual unfoldment, and so learning of the

Feed My Lambs

A224 Sunday Address 4th February 1951 St Mary Abbots Place, London Sunday Service

powers of clairvoyance, clairaudience and spiritual healing. You need no proof, because demonstrations are continually given of the reality of these invisible forces which are now playing upon the collective soul of humanity.

It is true that with the majority of men the mind is still crystallised by materialism. You will see in years to come a breaking up of this crystallisation, and see in others what you are beginning to feel in yourselves: a transmutation, a changing, a quickening of the vibrations of life. First of all comes the transmutation of your own individual atoms, the consequent lightening and the refining of your body. What applies to the individual applies also to the world at large. Compared with the type of life your great grandparents lived, life today with its simplification, its vegetarianism, its health service, its attention to pure living and pure thought and true service – we do not mean lip service but true Christian service by persons and by groups of people – you will see that a transmutation is taking place. Thus this spontaneous joy of which we spoke in the beginning of our talk is coming into being, so that some souls at least experience a happiness divine and rare.

We feel, my brethren, that the practice of spiritual healing, in which many of you are so interested, can bring regeneration to the outer self of man. Healing can awaken a spontaneous love and goodness towards one's fellows. In future years, the nature of diseases will change from the heavy 'crystallisation' diseases (if you can understand what we mean) of the present and past, which brought about corruption of the flesh. Disease in the future will be more of the mind and of the nervous system, and surgery except in cases of accident will fall into abeyance. Then healing will first begin with the cleansing and purification of the body and its aura, and the spiritual redirection of the mind and heart by radiation from the heart of and through the hands of the healer. We shall see in this new age demonstrations of the healing of which Jesus the beloved Christ was both the teacher and the pioneer.

Two thousand years, you think, is a long time? It is nothing. Jesus was the messenger heralding the new age of Aquarius. Since then it has taken mankind two thousand years even to glimpse the truth of the teaching and the wisdom which Jesus brought. Man has yet to assimilate that truth, to become as the Master directed, and to put into operation those laws of the divine Spirit: the law of love and brotherhood, the law of divine healing which Jesus lived. From the heart of Jesus flowed continually the radiation of a pure white magic. Any heart of man can still receive this same radiation from the heart of the living Christ, and if that heart keeps pure and joyous it can in turn radiate light and healing to all the world.

Yes, we think that spiritual healing is a great work in its spontaneous selflessness. The healer does not think of his own aggrandisement. If he did, he could not heal. He thinks only of the alleviation of pain and suffering; of the transmutation of the dense conditions of life into a more 'heavenly' state. So, if you long for spiritual development, for spiritual unfoldment and vision, give yourself in service to heal the sick. In the words of Jesus Christ, we would say, 'Feed my lambs'. In spiritual service, in healing, you are feeding the lambs, which are sick souls. In this manner you are serving selflessly not only for the present but for the future. You are helping God to create a better state of life for *all* people on earth. Yes, my children: follow the path of service, of true goodness, spontaneous joy in life, and become in time like your beloved Master, Jesus the Christ – a perfect son of the living God.

Feed My Lambs

A224 Sunday Address 4th February 1951 St Mary Abbots Place, London Sunday Service

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

divine spark descending into weight of the world, rising arc, joy, our happiness builds human happiness, service brings joy, cosmology, great cycles

