

Rise... Into the Arms of God

T289 The Inner Teachings 23rd July 1969 New Lands, Liss

Invocation:

Beloved brethren, you are raised in spirit into the golden world of God, where all thoughts of the physical and material life leave you, for you are opening your hearts now to the eternal spirit of love. Here we all kneel before the golden altar to pray.

May we be full of joy and thankfulness for Thy blessing of love, O Lord, Thy blessing of spirit and spiritual life. Thine angels are now around us. Thine everlasting arms uphold and support us in our aspiration towards Thee and Thy wisdom, and towards understanding of Thy law which we feel operating in our hearts when we make contact with Thee. O Great White Spirit, may the blindfold fall from the eyes of these Thy children! May they have faith and confidence in the truth of the eternal life of spirit; and may they behold the company of the saints, the ancient teachers and the great Masters, to whom be thanks for all their gifts to their lesser brethren on earth.

Brethren, let us behold the company of the Christed ones and the sainted souls of humanity who have passed from death on earth into the glory of the Heavenly Kingdom. May the presence of the Christ Spirit, shining through the personality of the beloved Son, bless each one in this sanctuary of the spirit. For Thy blessing, O Lord, we humbly and simply thank Thee.

Amen.

Beloved children, we welcome each one of you. We welcome you with all love. Before we speak to you of the things of the mind and the physical life, we remind you again of the prayer we have uttered from our hearts: 'That our eyes may be opened to the glory of the heavens.' When we speak of the heavens, we are not speaking of things of a fairy-like, untrue or imaginary nature. We are speaking of reality, the only reality which man* will ever find, the reality of life in God, in spirit. This is why, at the beginning of our talk, we have drawn your attention and your vision to the glory of the heaven world.

*[*For editorial policy around gender, see the introduction.]*

We who come to you from the spirit can speak with authority because we live in the spirit. We live in the spirit as all the disciples of the beloved Christ, the great teacher of all mankind, live, far removed from the noise and the inharmony of the physical life. So we describe to you this golden world of spirit where all is harmony and beauty. This life in the heaven world is open to every soul on earth. No matter how lowly, how ignorant, the soul has access by its own aspiration and work and service to its fellow creatures on earth, to that golden world of God. It is so important for you to understand this and to establish the ideal in your heart. Your earth life pulls you down; your brain limits and imprisons you to the five senses, but we remind you that the five senses are only a part of the senses which man has at his disposal; other senses, which will reveal the heaven world to him, are in this time and age, slowly developing in the soul.

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In course of time the soul and the spirit will unite and become as one. This is not so at the present time—the spirit is above the soul. But rightly the soul is the body of the spirit, and is built from the next ether surrounding physical life. And the spirit percolates through the soul, through the senses of the physical body. You have been told that in meditation you can extend these physical senses to the higher ethers. You can absorb the power of your own spirit so that it stimulates the soul senses, enabling them to pass through to the physical brain an awareness of higher or heavenly things. You see with the eyes of the spirit. You see with your spirit, and what you see is reflected on to the physical brain. This must be so. The physical brain is the recipient or reflector of the senses of the spirit, when the spirit is sufficiently developed to impress upon it the finer vibrations of the heaven world.

We want you to understand that every sense has its spiritual counterpart: there is spiritual vision and spiritual taste and spiritual hearing and spiritual sense of smell, and the spiritual sense of touch. Now all these senses, when they are fully developed will bring a sixth sense into operation in man in the New Age. It is not easy for us to put into words exactly what this sixth sense is, but we will explain it in this way. As you learn to disentangle yourself from the heaviness of the earthly life, from the heaviness of the earthly body and the limitation of the earthly mind, you are able to rise in, shall we say, a weightless state, right above the earth plane and reach the heaven world in full consciousness. This is the state of consciousness attained by the sainted ones, the Christed ones, through all the ages—a state of consciousness described not only in your own Christian scriptures but in all the scriptures of the world.

Now, may we say a few words about the remarkable happening which has taken place this week of man reaching the planet of the moon and walking on the moon, something which a few years ago would have been deemed completely impossible and utter folly for man to attempt. Now you are only at the beginning. This is only one step and a big surge forward. But may we say, whilst admiring the courage of the astronauts and the power of man's brain to conceive instruments and machines which would take him to a distant planet, that they use a very clumsy method of travel! And we can say this: that another means of travel is coming which will enable man to be transported almost in a flash to these other planets without the aid of cumbersome machinery.

Some of you may remember the first instrument which enabled man to hear sound waves coming across the ether. Today there are instruments which not only convey the sound waves across the ether from distant places, but which will convey the sound waves in the most fine and delicate music to man. Delicate and beautiful sounds which were quite inaudible to man a few years ago are now being conveyed. There are ever finer and more exquisite sound waves, heavenly sound waves, which the human instrument will be able to register in course of time. Light waves too will be registered by man's own instrumentality, not a mechanical instrument, but the instrument of his own soul and brain. You see, into every living man and woman are built receiving centres which have so far, in the ordinary man and woman, remained dormant.

Now, together with the exploration of space, there is also coming a breakthrough from the higher worlds and higher spheres of life, a breakthrough into man's consciousness of life and

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activity in finer spheres all around him. Indeed, even now there are evidences of this breakthrough on every hand. Now some people seem to have a natural sixth sense or a natural inborn ability to see into the worlds of spirit, the inner worlds. You yourselves have experienced this in flashes, and you will be experiencing it more and more and more as you learn the true values of life. By this we mean as you learn to withdraw your attention from the earthly things and enter the inner silence, the silence of God.

Every man and woman and child has the power within his own soul to receive impressions of beauty, impressions of heavenly things from these higher planes, and not only impressions of heavenly things, but also impressions coming from other people, other states of life. God has placed within man's own soul a wonderful, wonderful receiving instrument.

We are always talking of meditation because we know that by true, deep meditation man touches truth and at the same time learns to develop all his finer senses. We said a few moments ago that some people are born with these inner senses awakened. This is because the soul thus endowed has an opportunity which has come as a result of past thought and action. His karma has earned this opportunity. It may be that in a past life he learnt in one of the mystery schools.

Pupils who were accepted into what we call the 'mystery' schools first learnt the rules, or the laws, governing physical life, and they came to understand that obedience to the laws of physical life is of fundamental importance to the candidate on the spiritual path. For instance every pupil who entered the mystery school of the White Brotherhood began his studies by disciplining and purifying his physical body. He learnt to eat pure food. He learnt never to inflict cruelty or suffering upon the animal kingdom. He learnt of the vitality and life in the air—'prana' our Indian brethren call it, and how to consciously breathe in the life forces of the air. He learnt the cleansing property of the element of water, not only for the physical body but also for the psyche, and therefore the neophyte made a ritual of his daily ablution.

He learnt to draw strength from the earth, and how to consciously absorb into his being the life-giving rays of the sun. In other words he was taught how he could be purified, revived and sustained by his attunement to the elements. The ancient people grew their food with knowledge and understanding not only of physical but of spiritual law. They didn't stimulate the earth artificially, but grew their food under natural conditions and called down upon the earth the great white light, this wonderful element of the Light which is love, to stimulate life in the earth, and 'manure' their vegetation.

As man learnt to use all those elements in his daily life, his physical body became purer, lighter, less weighed down with earth, thus enabling his spirit to come into fuller contact through his physical body with other beings, with the whole great brotherhood of life. All these things were taught under the name of the Great Law, and knowledge and understanding of this Great Law will come back again to man with the development of his soul senses. Even now these truths are beginning to percolate into his consciousness—knowledge, for instance, about the healing and strength which can come to him from herbs and through the finer vibrations of flowers. Yes and even from the insects, from that very beautiful little insect, the

Rise... Into the Arms of God

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bee. Remember the bee's work in absorbing the honey from the flowers. Not nearly enough use is made of the pure honey, the food from nature, the food from the flowers, transmitted and absorbed from the flowers by the little bee.

A great deal is being said today about the transplantation of organs from one body to another. We have been taught in the Temple of Wisdom that the physical body is the temple of the spirit, and each individual spirit transmits its own particular vibrations and life force into the physical body.

Man comes back to earth prepared for certain experiences, for a certain span of life. When that life appears to be coming to an end through his past karma or possibly the violation of living and natural law in his present life, then it is time for him to leave that body and enter into another world where he can absorb a little more wisdom before he reincarnates into his next physical body. When the time comes for man to leave his broken-down body, he must be allowed to go, and not be held a prisoner in it.

Each one of you has the gift of the spirit within your own being, and it is through this spirit that you will learn to overcome death. Man on his evolutionary path will learn that death is only a transition from one level of matter to a higher ether. Within him is the power to build a bridge across which he can travel in full consciousness into those higher spheres and communicate with his loved one, see the life he or she is living, and enjoy with him or her the beauties of the heavenly garden, taste the heavenly fruit and drink the heavenly wine and eat the heavenly bread of life.

And so with this last statement we will wish you all a blessed good night, and may peace remain with you always. Don't let the material and dark thoughts hold you down. Refuse to be bound. Cut clear of the bondage of Egypt, the physical world, the fleshpots*. Cut your bonds and rise in sweetness and love into the arms of God.

Amen.

*[*Term used in the 1930s to refer to a hedonistic or unhealthy lifestyle.]*

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Etheric body, psychic senses, soul senses, vegetarianism, nature, spiritual contact, true contact