T241 The Inner Teachings 26th July 1955 St Mary Abbot's Place, London

Invocation:

Let us pray to the Source of Life, to the Eternal Spirit, our Father-Mother-God, and to the Son of God, the glorious being whom men worship as the Lord Christ. We pray that these Thy children may rise from the mists of the earthly life into the light and joy and truth of the spiritual realms. O Lord, may they sip the living waters of truth, and receive into their hearts a peace which is beyond all earthly understanding as they come into contact with and are touched by the heavenly hosts who are all around them now to help them on this path leading to perfect love.

Amen.

You have lately been having an important conference between great leaders of the nations of the world. To most of you it is just a worldly conference, but we would assure you that such a conference, which holds the destiny of humanity in its hands, does not work alone, but it is watched over, guided and inspired by a spiritual company. It is helped (if it will be helped) by what I can only describe to you as a Grand Council in the higher worlds of spirit and of the higher mind, which are quite untouched by the entanglements of earthly mind and the influences of the desire or astral planes. The Council we speak of comes from the Great White Lodge. It has to work in accord with Divine Law, but like the earthly people, it has a certain amount of freewill; it does not have to work entirely by rule of thumb. It can use a certain amount of influence over the inner brethren on the earth but much depends on the state of mind of the earthly people.

We want therefore to impress upon you the importance of right and good thought, of thoughts of goodwill, God-thought. If this power is strong in humanity and all peoples are praying earnestly and seeking the establishment on your earth of a state of goodwill and harmony, then so much help goes to those arranging and planning the future of mankind. We are able to tell you that the light has broken in to dark places and a clearer understanding is coming. Man* has gained a great deal of knowledge and has absorbed the light of the Christ Spirit through pain and suffering and loss. We see very soon, comparatively speaking, a drawing together of the nations, a better spirit amongst the people, but there is still a great deal to be done before humanity is free from the dark clouds of ignorance. We must all be in the one spirit, the one spirit of love, the spirit of Christ. This is not easy to attain but comes by genuine effort both on the earth plane and in other planes of existence, by continual effort to be as God created and wills us to be, as sons and daughters of the Light.

[*For editorial policy around gender, see the introduction.]

We see in the future that wars between the nations have ceased. We see an entirely fresh way of life, such a state that you could not conceive at the present time, but remember that all the social and industrial problems of your earth are only solved by love filling the consciousness of man so that he puts not his own good but the good of his companions first. This spirit of brotherhood is slowly but definitely being born.

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A question was asked by one of our listeners about the five-pointed and six-pointed stars. The five-pointed star is a symbol of the dawning light. It indicates that the seeking soul has light dawning upon it. The six-pointed star, on the other hand, is indicative of the soul who has found the light and attained a degree of equilibrium—an initiate, one who has attained perfect balance and has harmonised the two extremes, the two opposites in life.

There are such advanced souls, although you do not know where they are. You have heard of them, and you often hear references to the Masters, and to the Great White Lodge. We ourselves have referred to this company of elder brethren. Now the Great White Lodge consists of these souls who are true initiates. They are full of love, and proof of this is that they care not for themselves one iota; their whole object is to help humanity. There are many initiates, but there are twelve Masters who have the care of humanity, who are active in their work with humanity. There are a few who remain passive; they are behind the scenes and yet, whilst they are passive, they are ever active in thought. There are those Masters who are active with humanity, working with those organisations and groups striving for the progress of human life—such organisations as the United Nations, the Youth Movements, the Boy Scouts and Girl Guides and similar groups. There are many such movements in the world, all doing fine work. Such groups and organisations—yes, and religions—are helped in their work by the Masters. There are other avenues of service too, like the ray of art and music and drama and literature. All these things which are for the upliftment of man's soul are guided and inspired by the Masters.

You will ask if these Masters come into direct contact with you, with earthly people. Our answer is: 'Oh, yes!' When a soul is ready to respond to the pure selfless influence of a Master, that soul is sounding a note in the white ether which is heard by the Master, and a response is sent. However, these great ones do not always work in direct contact with the earth people, with you and others who are aspiring; they use their disciples and what you know as spirit guides to convey their message to the earth. You can always be sure if the message is true. To ring true, it must be of the Christ calibre; it will be pure, selfless, kind, loving. This is the new light which is coming to the earth. In the past there have been other methods, other vibrations. In this new age there comes the vibration of Aquarius, of brotherhood, of love and goodwill towards each other. Self is obliterated. There is no place for self.

The Master, in sending you guidance, will always speak to you with love, and direct your thoughts to goodwill and peace—never to antagonism, never to self-aggrandisement, but ever to humility and lovingkindness and helpfulness to your fellow creatures.

Man's thought creates; man's thought of today is externalised tomorrow. He thinks of war and disaster and when thought is strong enough it externalises itself on the physical plane. So it is with death. Remember that life is thought. God holds the universe in a thought. What you think you become. What the world thinks today, it becomes tomorrow. What you have in your physical life lies first in the thought world. You find when you leave your body that you are in a world of strong desires and passions if you have so lived and thought in your physical life, but the man or woman whose thoughts are kind and loving and simply good, who lives

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day by day manifesting the spirit of Christ, according to his development and awakening to spiritual truth, will find himself in that very world of thought that he has lived in physically. The only difference is that on earth you can hide your thoughts by your physical body; very few people know what you are thinking. But when you pass to the spirit world you can no longer hide your thoughts, and that which you have been thinking, you find expressed in your spirit life. Your thoughts are externalised in your new life; here on earth they are covered up by the physical body. Leave your physical body and you pass into a new world of great beauty; it can also be of great happiness, and you are the only one who can bar yourself from entering into this world of beauty and happiness.

At the same time we want you to remember that the Divine Law is all love and before every soul is a path of progress; every soul has the opportunity to grow in spirit, to grow in beauty and love and to give service to his fellow creatures. So, in the spirit world, if a soul at first finds itself in an unpleasant condition it immediately has the opportunity to change, and very quickly progresses from limitation or 'purgatory'; the soul can very quickly rise above that into the third sphere of harmony, happiness and beauty.

The question is often asked, how can people be happy in the spirit world if they can see their loved ones unhappy on the earth? The soul who is free from the bondage of the flesh and the limitations of physical consciousness meets the loved one from earth during the sleep state of the latter. There is not the separation that you imagine. As you are being educated and trained to seek the inner light, to seek knowledge about the life of the spirit, you are preparing yourself to rise into a higher state of conscious life where you will meet your loved one in the sleep state and both you and he will rejoice at the reunion. Although the time comes at the end of the sleep of the body when you have to return to the earth, you do so with an inner conviction that you and your loved one are not far apart. Somewhere that dear one is living a natural and a happy life linked with your own. Souls are not drawn together in a physical life unless there is a strong spiritual attraction. It is the attraction of karma and although the conditions between the two may sometimes be misty, that lack of understanding is the result of karma which has to be faced and worked out. When up against a condition like that of your own karma, it is no use 'kicking against the pricks' and 'sticking your elbows out'. The only way to deal with such a situation is to face it out and say honestly to yourself: 'What would the Master advise me to do in such a condition?' Look within and see where your fault lies as well as the fault of the one with whom you are at variance. This applies to all, and it offers a solution for all ills and all disagreements and the unhappiness brought about through conflict between the natures of the people concerned.

We want you to understand that your life here is interwoven with your life in the spirit. As you are on earth, so you are here in the world of spirit, the world in which your guides and your loved ones live; they come back to love you, to help you, to lift you up when you are in despair! And incidentally, when you open yourself to the inner light, it begins to iron away all the creases of the physical body. People grow old because of the emotions, the anxieties, the worries they permit to come to them. Why do people grow sick? Because of emotional stress and strain, overstraining of the body. If you were always attuned to the Great White Light, there would be no sickness.

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Spiritual healing is brought about by the power of spiritual aspiration; when the thoughts are truly aspiring to the Christ, then the Light of Christ, the rays of Christ, fall into the heart, and as soon as the rays of Christ are felt in the physical body, having great power, they can reverse the order of things; where there was dark showing in the physical body, they reverse the order to light and the light takes possession, dominating the body and controlling the physical atoms. This is how miracles are performed, but worldly men and women cannot understand or appreciate this. When we say that thought has the power to do this, we of course mean the divine thought, the thought which rises from a pure and aspiring heart. The power which comes when the heart is set upon God is the power which can reverse negative to positive, darkness to light. This will come in the future; the inflowing of the light will produce perfect health because it will produce harmony.

There are still lessons to be learnt, however; there is so much to be learnt by the soul, so much work to be done in a physical body. This earth is like a school but it is a progressive school, and with the returning of the soul again and again and again, the soul is passing through the elementary school and in due course graduates through the university and becomes a soul of high degree.

This is the picture of life that we would paint for you: the guardianship of the White Brotherhood over humanity, every individual soul being linked as in a chain, from earth to the loftiest heights. You can receive the communications and messages from these great, highly advanced souls. Step by step the message comes down. As we are speaking to you tonight, there is another influence behind us, using us to convey certain truths to you; behind him there is yet another—and so on through the spheres. Every one of you has your own guide of your spirit as well as your guardian angel, and you can be helped beyond all your dreams if you will go with a humble spirit into the inner sanctuary and pray, not in a self-pitying way but humbly, not for self-gratification but that you may fit yourself to be a true servant of humanity. You have before you the examples of the Great Ones who have served humanity all through the ages. This is the way of life, to live not only to enjoy yourselves but to beautify, to benefit the earth, to help forward the spiritual evolution of all life. The responsibility rests upon each one, the individual soul, because upon the individual soul the whole community depends.

- Q. Can one give healing if one has a little affliction oneself?
- A. If the vitality of the healer is very low, it is not advisable to give contact healing, but spiritual healing by thought is quite unaffected by any little deficiency in the physical body of the would-be healer. If the healer is full of love and a desire to give spiritual light and perfection, then he can work by the absent healing.
- Q. Can karma be transmuted by contact with the Christ Light?

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- A. Karma can most certainly be transmuted by the Christ Light and the Christ Light is the forgiving heart. In forgiveness lies the secret of transmutation of karma. 'Forgive us our trespasses...as we forgive...'
- Q. What happens if the other side does not forgive? Does that mean that the karma continues between the two souls?
- A. Only the karma on the part of the one who forgives is transmuted, and the one who does not forgive has to face the karma again but not necessarily with the same soul. Until the lesson of humility and self-abnegation is learnt, the karma continues.

This question of karma, we notice, is one of the most intense interest to you all. You all like to know more about the law of karma and what we have told you is the key—'Forgive.' Always that loving spirit, that desire to forgive; to forgive means you are forgiven. We would remind you that karma is also an opportunity, because it is through what you would call bad karma that you gain wisdom. The karma which you have to work out in your physical life is of the greatest help to you in helping you to rise.

Benediction:

Dear ones, let us raise our hearts in prayer to the Eternal Spirit. May we, Thy children, ever open our hearts in simplicity to Thy love. May all present be healed of all fear, anxiety and sickness of mind and body. May the rays of Thy Son, the Christ, pour down upon this little gathering, revitalising every soul, giving encouragement and strength and a contented, peaceful mind, knowing that Thy ways are always the ways of wisdom and out of the dark days cometh light undreamed of by earthly people. O Lord, dear Father-Mother-God, we thank Thee for all the blessings of life and opportunity.

Amen. Amen. Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Oneness, togetherness, peace, conflict, help, support, mastery, afterlife, opportunity