

# The Etheric Bridge and the Etheric Temple

A293 Sunday Address 23rd June 1957 New Lands, Liss Sunday Service at the Summer Solstice

*Text:* carbon copy of a typescript, not by MB (conceivably, by AMI?). At the top, in ink, the hand of YGH and probably contemporary with the typing: 'Very good Communion & some valuable short points. Not suitable for printing in entirety'. As far as we know, it never was printed. The title is original to the present project. There are also pencil marks by YGH, apparently noting paragraphs which might be suitable as fillers in *Stella Polaris*.

*Context:* apart from the talk at the dedication of New Lands on 29 September 1945 and another talk without a date, there is no record of a White Eagle Sunday address at New Lands before this one. It's unlikely White Eagle never spoke on a Sunday in the early years of New Lands. In fact, he regularly gave a collective but personal message to those present on the retreat, generally at the end, so this may be all Minesta felt was required. New Lands was conceived as a retreat house not as a place for public assembly and it may be either that any Sunday talks he gave were not seen as worth recording, or that there was generally no one to record them (the latter is unlikely, given the number that YGH took down in shorthand over the years, but she may of course have been absent, taking the London service at 9 St Mary Abbots Place).

As White Eagle points out, the occasion of the service was also the Summer Solstice. The address is not long, and ends with a particularly detailed Communion, which is really a meditation on the Temple of Spirit in the world above.

*General Notes:* if White Eagle were ever challenged in terms such as 'you never tell us what the spirit world is like', this address would be one with which to counter the argument. He speaks in detail about how 'form in our world is created by thought ... our substance is the real and solid to us' as well as (at the beginning) making it clear how spirit needs to create an etheric bridge to speak to earthly humanity and (later) how easy it is for spirit to pass through physical matter because of the amount of empty space matter contains. He makes an interesting statement, 'We come to you as a host' – meaning, apparently, that although he is a spokesman for the brotherhood in spirit they all are present when he speaks. In the next address (7 July), he says, 'We come, we come, the messenger – we, the Group, as one messenger from the Heavens'. Later (8 September), he actually lists saints who are actually present, including Francis and Columba. Rather touchingly White Eagle speaks of the 'little secret', which is that the key to making contact is the power given by love. In short, the whole address is about the two worlds and their closeness.

*References:* 'seek ye first the Kingdom ... and all things shall be added' is Matthew 6 : 33.

## White Eagle's Address:

Beloved children of the earth life, we speak to you from the world of spirit. We thank God, our Father–Mother, Christ the Son, the holy and blessed Three-in-One; we thank Thee for the etheric bridge which Thou hast ordained, across which we in spirit pass to speak to you, our earthly brethren. It is by your etheric body that you are able to make contact with the higher worlds. We call it the etheric bridge. You may come to the world of spirit via this etheric bridge, in the same way as we come to you. Think of this, dear children. Remember to keep the bridge clear and open. Do you remember the story in your Christian Bible about the ladder which was built from the sleeping head of Jacob, right up into the highest heights, and angels which are the messengers from the world of light descended and ascended this ladder. We call it the etheric bridge, or the etheric ladder and it does not depend upon any peculiarly

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constituted individual to travel up and down that ladder. Every child of God with aspiration in his heart and love can travel to those spheres of light up that ladder of the higher ether.

We especially speak of the way to reach that higher world, because at this time of the year, your year, you are at the summer solstice. It is much more than many earth people think. It is a time of infinite outpouring of sun power, not only the physical sun but the spiritual sun, which is the Cosmic Christ, and the sunlight is the light which lighteth every man to the kingdom of heaven, and the kingdom of heaven is the spiritual world.

Now there are many, many souls on your earth whose mind is doubtful about a world of light, about the world of spirit. Many say there is no proof. Now there are other people who claim to have found that proof. That proof rests within the spirit, the Christ spirit in man's own heart, and this is why we are saying to you on this particular Sun-Day – because it is a Sun-Day, in every sense, because the sun in your northern hemisphere is at its height and you are being bathed in this spiritual sun. There are many, many people on your earth who love the physical sun. They call themselves children of the sun. The children in the sunny lands call themselves children of the sun. Many of you here may remember or you may have a sixth sense, an intuition, which tells you that at one time you lived in a sunny land, possibly in the west or in the east, in continents which have since disappeared but which have left behind certain indications that there was once land where now the ocean rolls. These lands were peopled by happy people. When you think of the sun you think of happiness.

Your Creator is the Sun of life, the Son of the Father–Mother God, the Three-in-One, the holy and blessed Trinity which has been worshipped by earth's people from time immemorial, long before Christianity, as it is at present called, was known by that name. But the truth which is contained in that story or that sun myth is as ancient as the earth planet, and we speak of this spiritual Sun which is your Creator, because that sun, that spiritual light, lives in you. It is the tiny spark, the jewel which rests in the heart of every human soul. It has its affinity with the invisible sun and the hosts which dwell in that spiritual sun, and you may feel in this holy sanctuary, in the stillness, in the peace of your own heart, the life eternal.

Do not let your earthly intellect slay the real *you*. There is a tendency in this time and age for the intellect or the brain to slay reality, to slay the Christ, and you had the demonstration of this fact in the crucifixion of the beloved Master and Lord. He was crucified by the ignorant people on earth who did not know who He was, and the ignorant people on the earth are still trying to crucify the immortal Christ in you, in each other, in themselves. O children, children of the earth, we come to you as a host; we come with our brethren of the Christ Circle to bring you this message, but you must listen not only to our words but to your hearts. You must use that power which God has given you, the power of imagery. You call it, lightly, imagination and think that imagination is all rubbish. Imagination is the power of thought which is the creator of all form. Without imagination or the power of thought there would be no form on your earth, no earth, no life, no creation. It is by the power of God-thought and imagination that creation gives the form to life; so *use* pure imagination, Godlike imagination, Christlike thought, and in the silence, rise in spirit into those higher worlds of life and see for yourselves the beauty of that world, see those whom you love and who have laid aside the physical body. See them in that higher ether in the form created from

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soul-substance.

You are what you will to be. This is the teaching of the ancient brotherhood. But remember, dear children, all the companions of the higher worlds who are near you, helping you as you permit them to help you through your pure thought, your higher aspirations, through the light of the Christ within your heart. In our world (which you call the world of spirit, but your world is the world of spirit too, but your spirit is clothed in dense matter and man makes that matter more dense; or he makes it lighter and purer, more malleable by spiritual forces, if he aspires and prays to his Creator for wisdom and knowledge and faith and truth) in our world, by the power of thought, form is created. We have seen a spirit or etheric or astral (if you like the word better – they are just words) astral building incomplete and we have known the Master Teacher say to the pupil, ‘Hold the thought of perfection, create by the power of your thought the building’, and we have seen the small temple or the home created by thought in a flash. We have seen the incomplete building completed instantly by the power of the master-thought.

All form in our world is created by thought, but do not imagine that our form, our substance, is not solid. It is far more solid or stronger than your transient world. Do remember that when you leave your physical body you will not come to an airy-fairy, bubbly world. You will come to reality. You think that physical matter is very solid but to us it does not appear solid at all. It is quite simple for what you call a spirit to walk through physical matter. It is not solid; it is just moving, vibrating atoms very loosely held together that are perfectly simple for one at our level of life to pass through, and our substance is the real and solid to us.

So, we leave you with this thought, that the world of spirit is the real world, the solid world, and God permeates everything in our world as God permeates everything in your world – but men and women are blind on earth, and they are sometimes blind in our world until their eyes are opened by the love of God.

Now this is the little secret. It is the key by which man may unlock the gate to the heavenly mysteries. Love is everywhere, and it is for you to seek it, not to force your way but to be alert and seek this wondrous essence of life. It is an essence like a perfume, and when your higher senses are developed you may enter the holy, spiritual sanctuary – and by these higher senses you can feel the essence of life. You can feel it in the harmony and the spiritual enfoldment. This, my children, is what you must seek and you must follow the intuition of goodness and faith and truth. Seek ye first the kingdom of heaven, this very kingdom we are describing to you, and then all other things shall be added unto you.

And now, dear ones, using your intuition and your inner power, imagine the description of the holy temple which we are now going to give you. It is one that we know very well at the level of the Christ Circle, a white temple built of a substance which is like pulsating light. Before this temple is entered, we find ourselves in a perfect garden in spirit with beautiful lawns and flower beds, fountains and ornamental waters, and far beyond this creation we see the natural countryside, the little running stream which broadens into the river. We see flowering shrubs and trees, and beyond we see the hills; such a warm, friendly, happy country scene.

But let us return to the formal temple garden, which has its purpose to serve, and we walk up

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the green lawns towards the steps of the temple – white and shining and so pure. We go up the steps and through the arched entrance into the temple. Here we find stillness and purity and love. We see the white-robed brethren waiting reverently for their communion with their Master and Lord, the Christ. We move slowly towards the golden altar and there appears to our vision the Master clothed in white, with golden girdle and golden sandals, with an expression of wisdom and love on his face not seen on earthly countenances; and on the altar of gold is a golden plate and a crystal cup holding the bread and the wine. And he invokes the blessing of God upon these symbols, and it seems as if the heavens open and the golden rays pour down upon these symbols and the vision reveals the white bird, emblem of the Holy Presence. Take the bread and eat the symbol of the heavenly bread. He raises the cup of wine and lifts it to your lips that you may sip....

The bread of heaven which will sustain you through all the days you live, and the wine of his love, his life, his life force which will pour through every atom of your being, giving you refreshment and life and hope and joy and the realisation that in this, the Christ spirit, you live, you live eternally.

Amen.

In the silence we shall leave you; in the silence, visualise the faces of loved ones and talk to them mentally in spirit and in truth; and the blessing of the Most High be upon you and remain with you hereafter.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Nature, spiritual plane, astral plane, Trinity, Eucharist, holy communion, spiritual unfoldment, spiritual development, crucifixion, Jesus, positive thought, thought power, heaven world, world of light.*