

Sun Worship – IV

T174 The Inner Teachings 13th May 1947 St Mary Abbot's Place, London

Invocation:

Let us raise our hearts to the Most High, to the holy and blessed Trinity, the Source of our life. O Great White Eternal Spirit, we seek Thy presence. May we be cleansed from all the entanglements of the material life and surrender our souls to Thy love, Thy will and Thy power.

Amen.

We come to you on the vibration of love, and only love, your love, builds the shaft of light along which we operate, so when love is in your heart, when you are at peace, we are able to draw closer. You must realise that communication between our world and yours is a delicate operation. Communications which come from an etheric plane close to the earth appear to be more easy, but those from spheres further away are not so. This explains the difficulty that some of your own dear ones may have in communicating. Much has to be learned about communication and communion. If we talked for a long time on this subject we should still be unable to convey in words the delicacy of the conditions which govern inter-communication between the two worlds.

Our next subject is a continuation of our last talk. Most of you are aware that in the month of June at the full moon, a festival is held in the spirit realms, a ceremony at which the Lord Christ comes amongst his disciples and pours a special blessing, a tremendous outpouring of love upon the earth, which is light and truth and beauty, which is in fact a spiritual food. This ceremony not only dates back to the coming of Christ at the birth of Jesus, but is as old as the earth itself, as old as the universe. It was known to the ancients. It is known to a comparatively few today. You no doubt have read the description which Minesta has given of sun-worship many thousands of years ago, but this ceremony is older even than that. We ourselves have attended festivals such as are described in Minesta's book in a number of successive incarnations and you who are listening to our words have also been present. At these the chiefs and the elders of the people met clothed in their ceremonial dress and the people came from long distances to meet in the temple of worship at this time. In the northern hemisphere it took place at the summer solstice, in the southern hemisphere the winter solstice, but both in the northern and the southern hemispheres, when the sun is at the height of power and glory, the ceremonies are held in the heavens above and in the earth beneath. The purpose of the latter was for the leaders, the chiefs and the elders to receive into their hearts the blessing of power and life emanating from the sun and to use this power to call into activity the nature spirits who worked to produce the fruits, the food for mankind.* Those who worshipped in those days of old prayed for physical sustenance as well as spiritual because they were taught to do this by the God-men who came in the first place to instruct earth-people in the purpose and way of life.

*[*For editorial policy around gender, see the introduction.]*

They learned from them that they owed their very being and their continued existence to the sun. They knew that it was not only the physical manifestation of the sun which meant life, but [also] that behind the physical; exactly as behind the physical manifestation of man there

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is the spirit, there is the directing spiritual power of the Son of God. What does the term, 'Son of God,' mean? It has more than one meaning. The Son of God is the outpouring of the Christ spirit. The Son of God is the manifestation of man, both human and divine, as exemplified in the life and mission of the master Jesus, through whom Christ manifested in glory; through the man, the disciple, the master, the great initiate and the saviour of the age manifested Christ, the Son of God, in all his glory.

At this season we feel the baptism of sunlight—glory in this sunlight, as of course you do, for without the sun life would gradually depart. The sun means warmth and food and life to you, life to your physical part, but it is the spiritual sun, the Son of God, which is life to your spiritual part. Man is a creature of God and until man has allowed the spiritual sun and light and life to manifest through him in perfect form his mission on earth is not complete. This is why man comes back to reincarnate again and again and again, because it is only through matter and through incarnation that the full glory of the Son can eventually manifest in man and control the forces of the universe.

You will think that to be a far-fetched statement? Remember that man is created the son of God and within him lives the potentialities of the Great White Spirit itself. We speak of controlling nature's powers. It seems, as we have said, far beyond man's ability, so it is at present but not in the end. You receive from time to time much information from the spirit world and much instruction on the way of life. It may even pall when we repeat the same truth many times, but we say even again that until man has learned to master his physical body, his mind and his soul, how can he expect to control the forces beyond him?

A demonstration of this is the stilling of the storm by Jesus. Being the Master he arose in the boat, the boat being the symbol of the soul. In other words, when his own soul became storm-tossed upon the sea of emotion he commanded the storm to abate. You with emotions and passions still uncontrolled will now understand how much work waits to be done and that it will take perhaps a number of incarnations before you attain even a degree of self-mastery. When you have attained you will have learned a little of the power of thought.

Men worship intellect. We are not speaking individually but of the world in general. Even religion is becoming intellectualised, far removed from that heart-religion known to the ancients. Men use the intellectual ray powerfully because it is important and necessary for mental powers to develop, as a part of the evolution of souls on this particular life cycle. Souls in the past have reached an apex of spiritual evolution. Then we come down through the centre of the spiral to the next cycle and there commences again the climb slowly and steadily up the spiral of spiritual evolution. One of the cycles on that spiral is development of the mental body, although there is always a danger of over-development so that the soul becomes overlaid with intellect and that means retrogression. Then the soul has to work up again having attained a little more wisdom. The reason, however, why the mind has to be strengthened is because the developed mind should be an instrument of this sun spirit of which we have been talking. We must remember that all the God-potentialities are within man in embryo and the purpose of life is to bring forth the birth of the Christ child eventually.

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You have heard it said that the soul is on a path of eternal progression, but you have no idea of the beauty of that path. Man is now living in a state of darkness although he may think his world is enlightened. Actually it is beginning to respond to this outpouring of the Son of God but has yet to develop its mental powers so as to use that life force to direct the elements and to bring into itself and its humanity the glories of the heaven world, in other words to restore a life like that described in the Garden of Eden. Life in Eden was directed by the Father-Mother God, and the first children were like babes and they were sent forth from the Garden of Eden to toil for their bread, which is what man is still doing—not only ploughing, sowing the seed and reaping the harvest in life after life—but also rising slowly but surely back again to take with him the full powers of the Son of God. The prodigal son is returning to the Father.

We must at this point emphasise the importance of development of the power of thought, because it is the instrument through which the spirit will direct occult powers. In the mystery schools and training schools of the past as well as the temples of training in the spirit spheres, the teachers concentrated for a long time upon helping their pupils to use their observation and to control their thoughts and emotions. Thoughts pave the way for good or violent emotions. What you think, you become. You become your thoughts even in your present life. The habitual way of thinking stamps the thoughts upon the physical body. There can be no doubt about that. It takes a god to recognise a god. You cannot judge your brother or sister. Do not try to. Remember that what you think habitually, your way of thought or tendency to either good thought or destructive thought is far, far more important than you allow. This is another reason why meditation is the path along which the aspiring soul is guided, because in meditation is created a power of stillness and receptivity to spiritual forces. As the spiritual forces flow into the soul and the body they help to train the power of thought in normal life. Thought must be constructive and good. You must learn to project waves of good thought into the world. With the projection of these good waves of thought you are helping your brother man first and foremost, and then you cannot but help yourself, because thoughts move in circles and what you send out returns. We cannot emphasise too strongly the importance of thought control.

There is one more thing we would like to tell you: in the school of mystery teaching or inner training, the pupil always is told never to inflict his will upon another. Once you use thought power to overcome the will of another you are overstepping the balance of good and evil. Send out good thoughts, loving thoughts, kindly thoughts, love which blesses and understands; give sympathy and help, but never direct thought to overcome the freewill of another. That is the danger for then they are being used for what is called black magic. The only way is by the Christ spirit. Send out powerful waves of goodness and love and beautiful thought but never, even if they appear to you to be good, thoughts which are going to dominate others against their will. God gave man the power of freewill. God never interferes. Spirit helpers are taught the dangers of inflicting their will upon others. We hope we have made this very clear. It is a common thing in the world for one person to try to dominate another, but of course it creates karma which has to be faced. Continue to give love and kindness in ever-increasing strength but never try to dominate another soul.

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We have travelled far from our sun ceremony, right through to thought power, but it is all linked because we return again to the great sun ceremonies, to the outpouring by the Lord Christ of this power of love, this thought power—because he directs this love through his thoughts and he baptises the earth, but he does not force man to anything other than the following of his own freewill. It is for man himself to become aware of the two paths which lie before him—the path of good or ill—and to choose service to his brother man and love and peace.

Now we will take your questions.

- Q. Why is it that when one tries to meditate and hold good thoughts the most mundane and material details come uppermost in the mind? How can one control this?
- A. We have all suffered in the same way. You are living in a very chaotic thought world. As soon as you meditate, particularly in the beginning, you are making yourself more receptive to the impressions of thoughts which are flying all around you. People do not realise that their magnetic field or auric surround is full of thoughts. Now we touch upon a very deep subject and hesitate lest we mislead you. Your aura being so full of your own and other people's thoughts, you can see visions, impressions of your own thought forms which are not always beautiful. So you see how important it is to strive at all times to think about good and beautiful things. It is not easy but it can be done by practice.

In meditation although you sit quietly you may not have made contact with spirit. Spirit and brain, spirit and mind are not attuned, not connected, so you pick up all the thoughts floating in your own aura. Meditation is no nebulous, dreamy state, but active. Beginners find all sorts of other thoughts come crowding in. What you have to do is to bring what we will describe as the divine will into operation. Beneath all thought is a place of consciousness receptive to divine power, which is the spiritual point of contact, not in the brain but deep, deep, deep in the heart. Old stories tell of the well of truth and the jewel lying at its bottom. This is rather like what happens in meditation. You are looking deep, deep, deep into the well. Shining in the centre of darkness is a tiny point of light. That is an awareness deep in your soul. Thoughts will still keep popping into your mind but every time withdraw back again into your deep well of silence, of stillness. You will become so conscious of it that you will grow strong and you will find it becomes easier to find awareness of spiritual life. Go slowly, step by step and remember, my dear ones, through your contact with that point of spiritual consciousness you will learn in time to control thought power.

This is very important. What our friend thought was an idle question was most profound. What appears to be simple is very often of the utmost importance. There is a right way and there is a wrong way of spiritual unfoldment. As we have told you, the right way is from within your soul. The wrong is by reaching out to try and pick up thoughts floating in your aura and in other people's.

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People who make this mistake have to retrace their steps. In the light within you get a true and clear reflection from the world of spirit. Approach the world of spirit in any other way and you will get distortion. The heart of love, the heart that is attuned to the Christ love and the Christ spirit is the only true reflector.

Much has been left unsaid. God bless you, my dears.

Benediction:

Great Spirit of love, we thank Thee for Thy never-failing love and blessing. May all these brethren of Thine receive into their hearts Thy sunlight.

Amen.

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Intellectualism, Christ full moon, soul growth, spiritual unfoldment

