

## The Native American Way of Living – II

T280 The Inner Teachings 20th July 1965 St Mary Abbots Place, London

### Invocation:

Beloved earthly brethren, may we first speak to you of the large company of spirit beings who are with us? We would like you to join with these spirit brethren as you raise your hearts and minds to the spheres of light, and worship with them the Source of life, our Creator, the Great White Spirit, whose power we can feel, whose love is demonstrated on earth through the love in man's\* own heart for God and his fellow creatures. As our brethren of the Indian race would raise their voices in song and praise, let us also raise our spirits in worship and thanksgiving. Let us thank God that we meet together in this upper room to receive the baptism of Holy Fire. So mote it be.

Amen.

*[\*For editorial policy around gender, see the introduction.]*

At our last talk we described the life beyond the death of the physical body, and we also talked to you about the Indians\*. We propose, for a short time at least, to continue what we were saying about the Redmen, our Indian brethren. Many on earth discredit the Red Indian peoples and scoff at the idea of their having anything worthwhile to communicate to your present highly civilised race. This is a pity, because the Redman has a great deal to tell his white brethren about the natural forces which, if understood, could be used by the present races with great spiritual advantage.

*[\*See teaching no. T 279.]*

We would remind you that there is an affinity between all peoples when the natural spiritual powers in man function, and in many of you there is a natural affection for the American Indian race. Their culture is undoubted, but it is little understood by the present-day scholar, and it cannot easily be interpreted because man has not developed that spiritual quality which will enable him to read the truth in the sculpture and the monuments and the hieroglyphs which are to be found in the stone temples buried in the distant forests, particularly in South America, as well as Mexico and further north. Even in your own land you have certain stone figures and formations (in particular that unfathomable mystery that you call Stonehenge) which are quite unintelligible to the present-day scholar. He can only conjecture, but cannot truly interpret what was in the mind of the builder of these stone monoliths and monuments. It is said by some that Stonehenge was built by Druids, but we say it goes even beyond that. Someday, when man is ready to listen to the word of the spirit, he will learn quite a lot about the builders of Stonehenge, but at the present time the scholars would neither believe nor take the trouble to investigate what could be told them. There is a time for knowledge to be unfolded, and mankind in the western hemisphere has not yet reached that state of simplicity and humility where he is ready to be given truth about the ancient races.

Science is built on what is called fact: that is, something which can be proved, but this knowledge of the ancient Indians cannot be proved. Why cannot it be proved to your men of science today? Because they have not developed certain spiritual and soul faculties; because they have not developed certain parts of the brain which can be receptive to influences and

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guidance from the spirit side of life. When man, through ethical and spiritual training, has reached that level where these powers which are locked in the nervous system and in the physical brain can function, then they will be able to comprehend and use wisely knowledge which spirit people can convey to them either through trance speech or through impression made on those parts of the brain which, as we have already said, are at present unresponsive.

In years gone by we have endeavoured to bring through to you by impression, in the dream world and by direct contact, certain details about the life of some of the ancient American Indians. You may come across books which will prove to you that what has been said by us over the years is true. Many, many years ago we made certain statements about what would be discovered by explorers in South America, and we told you that they would excavate the remains of the ancient Indians, American Indians, and we described how they would be found. We think it is true to tell you that the Indian culture goes back ten, fifteen, twenty, thirty thousand years and even more, but that time is nothing in comparison with the millions of years that this earth planet has been in existence. There still remain traces in the wilds of Southern and Northern America of stone monoliths, temples, altars and settlements where the Indian people lived; when these stones and hieroglyphs in the temples can be understood, much knowledge concerning the spirit world will be revealed to the student.

The unseen world is full of occult power and forces which are eternal because they are part of the Great White Spirit. Now these forces were understood by the Indian Brethren, by the leaders, the teachers, the wise men, the god-men, some of whom came to this earth plane from more highly evolved planets.

The knowledge which our Indian people had of the way to use the wind currents and to bring the rain when it was necessary, the knowledge which the Indians had of growing corn, have practically been lost. Just a feeble little memory has come down perhaps in one of your famous poems, 'The Song of Hiawatha'. But we want you to understand that the Indians had a secret knowledge about agriculture and how to grow food and to develop the potentialities of mother Earth. 'Well,' you will say, 'why don't you give it to us now?' For the simple reason that we have already given you, that until man has evolved beyond greed and selfishness, beyond the state where the one thought is to make anything pay, he is not ready for the knowledge. Man would only destroy himself if he were given, and was able to receive, the knowledge your ancient Indian peoples possessed.

Have you noticed how instinctively many people love the Indians? It is the greatest thrill to them to read of the exploits of the American Indians. How your little boys delight in what you call 'Western' films where they see the Indians, even though they are so unfortunately and erroneously portrayed as wild savages. There is an instinctive feeling in you for the Redman, and you don't need old White Eagle to tell you that many of you have lived in an Indian body and shared the life of the Redman. Because of this you have deep within your soul an affinity with his spirit. You know, dear ones, there is something so lovable about these dear Indian brethren. We have witnessed in the past the sagacity, the wisdom, the beautiful expression of the Great White Spirit in an Indian Chief as he sits in the magic circle with all his people around him, talking to his people about the Great White Spirit and about

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the hereafter. The Indian people didn't need to be convinced by a medium that there was a hereafter; the Indian child was brought up with this knowledge; the Indians had no fear of death such as the modern world has. The Indians before the coming of the Christians lived peaceably. They were called savages by the so-called palefaces, but in fact they were the more spiritually advanced. Let us not forget that.

Now the Redman had considerable knowledge of medicine. Our medicine men were wonderful, but they have been discouraged and wiped out, and very important knowledge those medicine men had about the herbs and the flowers and the bark of the trees has been lost. They had the knowledge to use those remedies which nature has provided for the cure of every known disease. When modern man is able to understand and use the simple natural remedies, the physical body will soon be restored to the correct equilibrium.

Disease as it is at the present time is the result of ignorance and wrong living. It is the breaking of all the laws of God, not only in feeding but in the very treatment of life itself, the treatment of the earth, of the water, which is polluted, of the air, which is polluted; even the thoughts of men are polluted. This is why we come back to bring a little knowledge and ask you to listen and to try out the suggestions which we make to you about right thought. Right thought is God thought, good thought, good will, and this brings right action towards all life and in regard to your own bodies. It brings control of the nervous system, correct breathing; quiet, calm, steady living. Can you imagine any old Indian Chief getting into a ferment or running about?

We want you to imagine the noble figure of the Indian Chief in all his regalia, entering the circle of his people in silence; see him quietly perambulate the circle, sprinkling incense, sprinkling his blessing, sprinkling water upon his people as he perambulates the circle. Can you see that dear Indian Chief standing with arms upraised to the heavens, invoking the love and the blessing of his Creator? Can you hear the steady beat of the feet of those countless Indians who would follow the Chief at a given moment and parade round and round the plateau chanting? What were they chanting? Cannot you imagine? They were chanting in harmony with life's rhythm, the great AUM ... and as they chanted in their own language the same note as the AUM, they were invoking the power of the spirit. They were creating; they were drawing upon even physical wind currents to produce something which was wholly good, which was a physical as well as a spiritual blessing upon the whole community of tribes.

The Indians were men of character and strength of purpose; they were determined and loyal to truth; they had great moral courage, and the morality in their race was higher than the white man knows or has known. We had many tribes, and there were many languages and many different levels of advancement and development, and each tribe or family or community represented a different degree of development and culture.

These things are unknown at present to earthly people because, we have said, they cannot yet interpret the signs. The only records that are absolutely dependable and true are the records that are called the akashic records, and the *akasha* means the ether. Thought and sound and

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action are all impressed on the *akash*a or the ether, and the only way really to discover truth about ancient races and prehistory is to develop the power and the gift to read the akashic records. This has been done, and in some instances very remarkably with true results, but unfortunately people are a little too hasty and they make mistakes and there is confusion. But we say emphatically and without equivocation that truth is impressed on the ether, and the individual who is sufficiently developed to receive the impression from the etheric or the akashic records will be able to read a true story of the past history.

You will notice that the figures depicted on the stones of the ancient Indian temples are seen to be wearing feathers, but the bunch of feathers is shown at the back of the head. They were placed at the back of the head because to win a feather the ‘brave’ had to have developed a certain moral quality as well as a physical and spiritual quality, and in developing these qualities, the centre at the back of the brain, at the back of the head, was marked by the feathers which had been earned by the Indian. He had developed certain, shall we call them ‘psychic’ qualities, if you like, certain moral qualities which enabled him to function on a higher plane or, we would say, in the hereafter. That is why Indians wore feathers at the back of the head. It indicates that very sensitive part of the brain—incidentally, the centre through which we work when we are controlling and entrancing a medium to speak to you. That is interesting, isn’t it?

But what of the Indian Chief, with his majestic crown of eagle’s feathers going right the way down to his feet? They were highly prized, those crowns of feathers, for every one of those feathers had to be earned by some gallant deed, some great test of endurance, for the ability to endure bravely was highly prized in the Indian life. We used to tell our children, ‘Remember, Indians never squeal,’ and this thought we pass on to you. Indians never squeal; they endure; the prize after the endurance test would be the eagle’s feather.

There was a time when the Indians who had achieved a high degree of spiritual knowledge and power and respect were called ‘Plumed Serpents’. These Plumed Serpents were what you would call Elder Brethren or Masters, and they were known as Plumed Serpents because in their official capacity they would wear a crown of plumes. They were very beautiful, these crowns of plumes, as worn by the priests and officiants in the temples. Oh yes, the Indians had most beautiful temples. Try to forget all you have read and heard about savage Indians living in wigwams; not all the Indians were nomadic. The Indians of whom we speak had beautiful buildings, lovely structures, beautiful temples, beautiful houses, stone buildings. The Indian culture goes back a long, long way before any known historical or archaeological records of the ancient Mayan civilisation. The interesting part is that the same culture which was known to these great Indian peoples can be traced to India in the records that are there of the ancient continent of Mu. In the archives of Nepal in India are the great stone tablets which give the story of the flood and the ice age, and all the things which happened to the surface of the earth and the peoples and the races of those ancient times. They are recorded in certain places in the Himalayan mountains, away from prying eyes, but they are a corroboration only of what man will read for himself when he is able to understand and read the etheric or the akashic records.

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So, any of you who are tempted to call the Redmen savages, reflect and remember that those coloured races knew some of the most beautiful and ancient civilisations on this earth planet. You will find a most profound and deep knowledge of spiritual forces, occult forces, reposed in these peoples.

In the future of the Golden Age there will be a complete blending of the races, there will be co-operation, integration. So now we come up against this vexed question of intermarriage between the coloured people and the white people. Is it right?\* Well, all we can say is that those people, black or white, who marry for love and who have high ideals, are very brave people because they have so much sorrow and suffering to face, inflicted on them by ignorance, but why should not the coloured races and the white races intermingle? They are all God's children. They all have the same make-up, the same features, the same bodily functions. All are one great family. They were segregated in the past because of the difficulties of movement and travel, but nowadays when there is so much movement, and space is being overcome, there must come this intermingling, intermarriage, and a general establishment of brotherhood, the recognition by one race or country of the qualities and the needs and the goodness of the other. We are commending these things to you to think about, and we hope that it will broaden your minds and your souls.

*[\*The very asking of this question is an indication of how human thought has moved on since the Teaching was given. It is notable how unequivocal is White Eagle on the issue.]*

### Benediction:

Now, dear ones, let us all gather round the campfire – the divine fire, the fire of the Son of God, the living divine fire, source of life. We bow in thanksgiving, in worship. God's blessing overflows like a great fountain of fire and life. O God, Great White Spirit: for all Thy love, Thy beauty, Thy preservation, we thank Thee; for Thy blessings we thank Thee. And may the eternal peace live in every heart here. May every heart beat with compassion and love for all creation, Thy creation.

Amen. Amen. Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Tolerance, judgment, chakra, sacred circles, psychic development, spiritual development, history, mantra, psychometry, symbols, past lives*