

[Clairvoyance and Clairaudience]

T182 The Inner Teachings 23rd March 1948 St Mary Abbot's Place, London

Invocation:

We remember that we are in the presence of God, who is all-enfolding love, all wisdom and all power. We come into the temple of spirit, into the temple of light seeking knowledge, seeking light upon our path. Thou alone knowest the individual need of each soul. May nothing prevent the reception of light and truth upon this earth. May we work in Thy strength, O God, surrendering all unto Thee for only Thou art love and truth.
Amen.

We are a very harmonious group, and we who speak from the spirit plane of life bring to you all kindness and love. Our desire is to help you in your search for knowledge and for truth. Many invisible brethren are present. Forget that you are limited by material conditions and by a physical body. Did not the great Master and Lord Jesus say, 'Except ye become as little children ye shall in no wise enter into the kingdom of heaven'? We all know the truth of this statement. We have to become very simple, meek and lowly if we would enter the glorious heavenly state of life. Let us lay aside a mind which can be destructive. This does not mean that we must not use the mind to analyse and to endeavour to understand spiritual truth. Use the mind but be very humble in mind. We must bow our heads so that the light of the spirit may fall into our hearts, for the mind or intellect of earth is a great barrier when not submissive to the spirit.

At the end of our last talk we referred to clairvoyance and clairaudience. We intend to give a short talk on these two so-called spiritual gifts. We have explained that in some individuals the clairvoyant faculty seemed to come in a flash. They suddenly saw something called supernatural or heard a voice which was not of the earth. Then the power left them. They were unable to see at will; they could only see spasmodically.

Because someone has power to see on the astral plane it does not necessarily mean that that individual is spiritually evolved. The centre used in this type of clairvoyance and clairaudience is the solar plexus, which is a centre of nerves. By your own reactions you know that. It is in the solar plexus that you feel fear and anxiety. If fearful you will suffer from your stomach, from the solar plexus nerves, which are highly sensitive. Many domestic animals are clairvoyant. It is obvious to some of you that your pets see things that you cannot. It is the centre equivalent to the human solar plexus which is used in the animals. It causes the cat's fur to rise and the dog to bristle and his tail to stand erect. It affects the whole nervous state of the animal.

In psychic people this solar plexus centre is most sensitive and it is the centre, as we have already told you, which is chiefly used in physical phenomena, more particularly in the case of moving some solid object. The psychic rod is projected from the solar plexus. Because someone is able to see either etheric or astral forms it does not mean that they have great knowledge or skill, but that their solar plexus is particularly open. When in this condition sometimes it causes the individual to suffer from obsession, for it is here that we find the

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voices are heard. When people say they are clairaudient they may only be receiving vibrations from the desire world, the plane of the lower and not the higher emotions.

There is another type of clairvoyance. True clairvoyance is truly clear vision. This does not necessarily mean the seeing of forms on another plane of life. Clairvoyance can be vision into the heaven worlds, absorption of the mysteries of the spiritual life. Clairaudience also can be clear understanding, clear hearing not in the solar plexus but in the heart centre. In the physical forms of manifestation which we know can be made from the disembodied state of life, the lower triangle (as it is called) is used—the three lower chakras—but in the true clairvoyance and clairaudience that develops under direction of the divine will in the individual, the three higher are used—the higher triangle which is the heart chakra, the throat and the crown of the head.

So, beloved brethren, the purpose that should be before you is the gentle and natural development of these three higher chakras under direction of the divine will. This development is helped by continual meditation. As we have said on other occasions, meditation is most perfectly practised when it is possible to withdraw from material life and enter a sanctuary or a monastery. This is what happened in days of old, when the candidate was separated from the world, was enfolded by and was protected by the spiritual life. There are many people on earth today who, forgetting this, expect a demonstration of spiritual clairvoyance and clairaudience in a public meeting. They do not understand that in such conditions the vibrations become tangled and there can be misinterpretation of the message which comes through.

To return to meditation: it is good to make a habit not of dreaming your way through life but of becoming very conscious at all times of this divine will and this divine presence in the heart. Its reality is more easily realised when the candidate trains him or herself to be tranquil in mind, to control the emotions and direct them wisely—not to repress them but to raise them on to a higher plane of love and service and kindness.

A word about kindness: do we as brethren weigh carefully our words? Do we consider the feelings of our brethren when we speak and act, not only in the big things of life but in everyday intercourse? Kindness must be spontaneous; the lips must be controlled by kindness, and always the thought 'will it hurt?' should be foremost. We can be cruel without knowing, without meaning to be cruel. Jesus said that cruelty was a great sin. If we are cruel in little things, can we wonder at the great outside world being savage and cruel? So we see the importance of the daily meditation, the daily thinking before we speak or act, of the control of temper and emotions. This, my brethren, is the true path of spiritual unfoldment of these powers of clear vision and clear hearing. The power is then controlled in the solar plexus; it is stimulated in the heart, the throat and the head; it is directed at all times by the divine will, and you must cling with all the power of God to love and all the qualities of the Christ spirit. Then you will not be deceived; then you will not be inaccurate in what you see and hear.

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We have one more point to make, and this is to answer a question that we have seen in the heart of a number of people in the Lodge. In spite of all we have endeavoured to say we do not seem to have conveyed yet the true place of the Master Jesus in—shall we call it—religion or in spiritual thinking. The life which you read about in the gospels is the story of the spiritual life of a human soul. Every one of the experiences enacted in the life of the Master Jesus is a demonstration in a physical body of the experiences which every soul treading the path of enlightenment will someday meet, which is why the life and the teachings of the Master Jesus are of the utmost importance to the world in this Aquarian Age. We know that other great teachers have manifested the light of Christ, and that men and women are living today who manifest that light in a lesser degree—the light which is the flame in the human heart. That light is called 'Christ' whether it shone through Jesus of Nazareth two thousand years ago or whether through Osiris, Krishna, Buddha or Mahomet or any of the other great teachers. It is of particular importance that the world realises at this Piscean and Aquarian Age that the experiences of Jesus of Nazareth illustrate the experiences which every human soul will undergo and make plain the initiations which the soul takes on the path.

We hope we have made this clear. We have tried on many occasions to get you to think of the life of the Master Jesus as a pattern, not only for your everyday living but also for your spiritual inner life, for his birth, temptations, illumination, crucifixion and ascension are all great spiritual initiations which every soul must take. That is why the life of Jesus is so important and why we continually use his teaching.

Q. Are mediumistic controls in all cases entities entirely separate from their mediums? Do you agree that in many cases these controls are what can be described as secondary personalities or creations of the subconscious mind of the medium?

A. Not in all cases. This is opening up a delicate subject because what White Eagle says in a meeting like this if repeated inaccurately can be rather disturbing in the outside world. There are many cases where the medium creates a thought-form and that thought-form becomes animated; in other words, it becomes real enough to be seen and described by a clairvoyant who is not perhaps fully trained. So the idea is conveyed that that thought-form is a separate entity from the medium. These forms can be very active and the medium's subconscious can in all good faith give forth quite a lot of matter purporting to come from a highly evolved entity in the world of spirit. In the book, *Thy Kingdom Come**, Brother Nobleheart spoke of the various personalities which the soul had adopted during past incarnations. We have ourselves referred to them as being like clothes or dresses left hanging in the wardrobe. These dresses can be taken out and used to clothe a certain personality.

[*Now published as 'Sir Arthur Conan Doyle's Book of the Beyond'.]

Sometimes you will have what is called a guide described and you will say, 'I am very happy to know my guide'. At another time someone else describes another guide, so you have two guides. Later on you may have also a third guide described. By this time you are a little confused. All these descriptions may be of the one spirit, who, according to the vibrations and

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conditions prevailing at the time, will clothe himself or herself in garments of a past incarnation. The guide can put on the dress of the body of an Indian or an Egyptian or an Atlantean according to the conditions prevailing. As the guide presents himself or herself in these different clothes and these different nationalities, so it is with a medium, for the medium also has had past incarnations, as have you all. You will feel sometimes that you are being overshadowed perhaps by an Eastern influence, quiet and contemplative. You think that it is coming from your guide. It is possible that that influence is an extension of your own soul-life. So, to answer the question we say yes, it is possible that those influences or those entities coming through the medium may be an extension of the medium's own soul, but not in all cases.

Does it matter very much whether you can prove the voice that is speaking is a separate entity if that voice is giving you something which is helpful and elevating, if it is helping you to rise above the darkness of earth? Even if it is your own higher self does it matter? That is the real point. We feel there is a little too much docketing and putting into pigeonholes about these things. Whatsoever is good and true and beautiful, accept and ponder in your heart. We hope we have answered the question—it is possible that so-called controls can be either thought-forms created by the medium or an extension of the medium's own soul; they can also be separate individuals come to the earth from the Great White Lodge to help mankind* whilst in a state of darkness.

*[*For editorial policy around gender, see the introduction.]*

Q. With mediums working with the astral plane is it possible to obtain communications which are entirely uncoloured by the mind of the medium?

A. Yes, it is possible, but these communications from the astral plane (the plane of desire) are a very delicate operation. From the spirit side of life we sometimes watch the little tussle which goes on in the mind of the medium, but the guide will watch for an opportunity to slip in what he or she wants. This is why we say that messages can come through which are not affected by the mind of the medium. We admit that if that mind is disturbed by astral desires and cares and worries of the earthly life it is not easy. This is why we say it is of the utmost importance that you learn to meditate and to be still in mind. But our question deals with the astral plane so we must abide by this and tell you that on that plane much confusion exists. It is possible, however, for a communicator to send an accurate message.

A long time ago we had some interesting experiments with sitters who tried deliberately to influence the message that was coming through the medium by exertion of their willpower. The guide noticed what was happening and kept the door closed so that the sitter was unable to influence what the guide wished to say. This actually happened. Again the medium, if half-conscious, cannot always prevent that coming through which is desired by the control. Sometimes the communicator will slip in something which is not what the medium thinks at all in his outer self. You have probably known mediums who in normal consciousness strongly oppose reincarnation. A message through that medium will definitely state that reincarnation is true.

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Q. Is 'direct' voice ever in reality direct? Is it too capable of being influenced by the mind of the medium?

A. We must state the truth as we know it. There is no such thing as direct voice in that sense. So-called direct voice is always associated with the ectoplasm drawn from the mucous membrane of the medium's body and therefore the medium's thoughts, feelings and desires are in the ectoplasm and you are bound to get a certain amount of the make-up of the medium in that voice.

Q. Will you interpret the teaching of Jesus about 'If thine eye offend thee, pluck it out' with reference to the desirability of surgical operations?

A. We do not think that Jesus was referring to any operation on the body when he said this. All physical disability and sickness, malformation and all troubles of the physical body come from a deep spiritual cause. Symptoms such as an eye or a hand offending mean that there is a sickness in the soul which must be overcome—in other words you must endeavour ruthlessly to pluck the weeds from the garden of your soul. That is what Jesus meant. If there is an offence in your soul that is causing bodily disability, seek it out and then endeavour to eliminate it.

As far as surgical operations are concerned it is not easy for us to answer this question at this stage of man's life on earth. We know that the surgical operation in many cases is deemed necessary but the ideal is so to conduct your life both physically and spiritually that there is never any need for this. We admit that there are many cases in the present stage of development where the surgeon's knife prolongs the life of the body and clears up the congestion that is the result of the soul's weakness. A lesson has to be learned. When the individual is able to live by the law of the spirit and receive the gentle inflow of spiritual life force, there will be no more need for operations. Jesus did not mean a physical cutting out of the eyes or of any limb, but elimination of the error in the soul that was the cause of the disease.

Benediction:

May peace reign in our hearts, O Lord God. We receive Thy blessing; we are mindful of Thy great love; we pray that we may become submissive to Thy will. May the light go forth from this temple. May the whole world be blessed by Thy spirit of love.

Amen.

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Simplicity, psychic centres, mediumship, past lives