T089 The Inner Teachings 25th January 1939 Pembroke Hall, London

#### Invocation:

We open our hearts to pray that the power of God, the eternal spirit of love and wisdom, may be with us. May each soul in this assembly be receptive to the invisible powers of light; and may we feel at the close of our communion that it has been good to be here.

Amen.

May our prayer be truly answered! For as you have heard us say so often, it is not the spoken words so much as the spirit behind, which, received into the heart, brings a permanent raising of consciousness.

I am going to chat with you tonight; we feel that we would like to touch an intimate level, perhaps of reminiscence. Some years ago, some one of my beloved earth children appealed to me, asking 'Why, White Eagle, do you come back? Why do you return, when you could be away in the heaven world?'

It is not because we choose the earthly vibration in preference to the heavenly—no indeed. It is difficult to explain that we *do* love to come back, but it is the path we chose many centuries ago. In much the same way as you today would enter the teaching profession, or the musical, or medical, or any other calling, so we chose to come back to earth to help keep the contact between the ancient days and their wisdom, and present-day humanity. Do you realise how important is this personal contact with the world? Many do not; they erroneously think that man\* should pursue his path unaided, except by the reason, intellect and intuition which God has given him; that he is all sufficient, and what happened thousands of years ago is no concern of men today. But how mistaken is this idea! The personal contact between spirit and man is all-important in aiding humanity to evolve. God made man in His own image, the image of the divine Son, the divine personality. The contact which we bring, we are told by those of greater wisdom than ourselves, is vital because without it the masses cannot know spiritual communion.

[\*See the introduction for an explanation of gender issues in editing these teachings.]

Other beloved children erroneously believe that only the lowest spirits communicate. We would explain that it is easier for highly strung and over-nervous persons to be responsive to the sphere nearest to the earth; it is easier to get contact with what are sometimes described as earthbound spirits, because they are little removed from the vibrations of earth. But it is incorrect to say that *only* these spirits contact earth. God never leaves man without a witness of His love and truth, and there are certain schools or temples of learning and wisdom in the higher spheres from which suitable personalities descend to earth. Such as these have much sympathy with earth's humanity and adopt various methods to assist. They do not necessarily control a medium to give spiritual teaching, although this will become more frequent. These teachers use the instrumentality of certain religious teachers or scientists, and those at the head of all important movements likely to affect the thought and outlook of humanity—behind these will be found one of these teachers from the temple of wisdom—and this although such leaders may deny all contact with the superphysical world. The spiritual

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teacher and inspirer labours on, often unknown and unloved by the little soul on earth who has consciously closed the lower mind against truth but whose higher mind remains unconsciously open. There is a difference; the higher mind can be consciously lifted to the light, or it can remain unconsciously open, even while materialism darkens the outer mind.

This is why we thus come back to speak to our beloved, and we bring love to you. You say you can feel the love—well, dear ones, it is your own love that you feel! We are so happy in your love. If you went to a friend's house, and your friend opened the door and said 'Come in, we are so delighted!' you would be happy. But if they peeped through the window and said 'I do not want you here, go away!' you would feel sad indeed. You may have come laden with fruit and flowers and the gift of love, and then be rejected. Therefore it is joyful to find an open door and loving words of greeting. So let us talk, let us exchange thoughts, so that we may learn, mutually, by this conversation or communion!

Dismiss from your mind henceforth the idea that only earthbound spirits contact the earth. The teachers of the Ancient Wisdom guide us to serve humanity in the way best suited to humanity's need, at the particular age in which we come.

Before we pass on to the questions which are waiting, may we tell you who we are? Perhaps it would be better to say *what* we are. A question was once asked as to whether the personality speaking was a separate entity from the instrument used, or was White Eagle the higher aspect of the personality of the medium?

We say that we are *not* the same personality as this instrument. We are not even a higher aspect of her personality, although we use the higher aspect of this personality. We use her higher mind, which is in appearance like a globe of light, of a pale gold. We cannot always sustain our hold upon this light ourselves, and thus you can much assist the control. Disturbing thoughts, or sometimes trifling noises, will sometimes prove shattering. A minute noise can sound like a crash in our midst. Then it is like the bursting of a bubble, and it takes time to rebuild.

Usually we do not come alone. At the moment there are two other spirit brothers present, holding the line of communication, whilst I, a separate entity from the medium and from the others, speak to you. You do not question when you hear a voice from your wireless. The announcer says 'So-and-so will speak to you' and you accept it; it never enters your mind to doubt and say 'Oh, that is the higher personality of the announcer'. The microphone is a material instrument; the higher mind of a medium is a very delicate and subtle one. An announcer speaks into a microphone; we also 'speak' into this light, but not in quite the way we are speaking to you now. Thoughts we would convey are projected into the 'microphone' of the higher mind. We control the speech from the pituitary gland and certain parts of the brain. For want of a better word I say that we hypnotise or know how to influence certain parts of the brain, which in turn influence the organs of speech.

I have put this in a simple way, but I cannot do otherwise. You can know many things, but try to talk about them, and you find it not so easy. White Eagle is in the same position; I know,

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but I cannot clearly explain. Apart from that, I like easy and simple words. Many prefer long words, and like things as difficult or non-understandable as possible, and then think them wonderful. We like to knock the nail on the head.

The individual speaking is the spokesman for a group; sometimes there are other brothers who come to convey a certain truth. Then they speak, and White Eagle is at work on the mechanical part. Shall I call myself the engineer in the control room, with the teaching or truth coming perhaps from another of our brothers? If you think of spirit as an ocean, composed of millions and millions and millions of drops, then we may recognise the interpenetration or the oneness of individual drops in the ocean. Whilst the child I am using is a separate drop, I, White Eagle, am an identical drop. She and I are separate, and yet we are as one. Do not confuse White Eagle with Grace Cooke, however, because we both prefer to be separate. But there is an age-long bond between us. There is a deep bond of sympathy and love between mother and child—sometimes it is overridden by material things and earthly desires and selfishness, we know, but there is a deep and eternal bond. There is such a bond between my child here and myself.

We have been asked concerning our last incarnation. It matters very little. We do not want your mind to be bound by any set ideas. Many people set so much store by a past incarnation, but the personality which manifests is unimportant surely; only the contribution of that personality to the general good of life, or what was absorbed of the wisdom of the eternal God, matters.

But since there are questions still: we have had a number of incarnations in America, from the north to the south. The personality or the garment we used to find most congenial to resume when contacting the earth was that of a North American Indian\*. There is another personality which you know equally well, and also call 'White Eagle', which once lived, both in Central America and in Peru. We bring back in certain teaching—well wrapped up—some of the ancient religion of those Peruvian days.

Do not consider these ancient religions heathenish and out of date. The shell of them which has survived will disintegrate and pass away, of course, but all religion has sprung from the one source. No matter what presentation it takes, from whatever ancient mystery school it originates, contained therein are the same truths, based on freemasonry\* or the brotherhood of the soul, and the development of man (the lesser mysteries). Fire was one of the sacred mysteries. You will trace the teachings of the gods concerning the planets, the constellations and signs of the zodiac, and the effect which these influences bear upon man in his evolution. The American mysteries contain the germs of this ancient wisdom. The secret of fire, the opening up of the consciousness of man to the divine consciousness, the soul's progress from the outer to the inner, from the beginning to end of its journey—these were the secrets of the American mysteries. But like all similar mysteries they have fallen from the high and pure and simple state and were misapplied and misused, until later the priests became past masters in the black arts. Abandoning the right-hand path, they turned to the left, using the power which the gods had conveyed to them for their own selfish ends. The secret of this power, of

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course, lies within the kundalini, or power of the serpent, interpreted on the lower planes as the sex power.

[\*i.e., ancient freemasonry.]

The wise men, or priests, worshipped their Sun God, called in Mexico 'Quetzal-Coatl', and in Peru 'Amaru'. The name means 'the plumed serpent'—in other words, the serpent power, or fire of kundalini, coiled at the base of the spine, which will, when trained, and with the evolution of man, rise to the head. In this aspect of God, we see wisdom enthroned and crowned and plumed. In a similar mythology in India, we see the man with the thousand-petalled lotus flower open at the top of the head. Frequently we find the symbol of the eagle, which stands for the bird of wisdom, or bird of paradise. The eagle, as you know, is another aspect of the scorpion, which again is another aspect of the serpent. And so the same idea of the serpent rising and crowning the head is expressed. Some of the brothers in the schools, after certain initiations, would be permitted to wear a crown of feathers. If you are clairvoyant and able to see the red\* man crowned with white feathers, you will now know what this means.

[\*i.e., the Native American in traditional headdress. The phrase 'red man' was current when the teaching was given.]

Q.Where did these people come from?

A.There was an original centre of wisdom and learning; there was a continent in the hyperborean\* regions—there still is, but withdrawn from ordinary sight and comprehension. That original continent was the centre or heart of the religious teaching, of the wisdom of the earth plane. From it the messengers journeyed—not necessarily physically—to different parts of the earth, conveying this secret knowledge of the path of evolution—all the mysteries. America was one of the islands of Atlantis; the teaching and knowledge of Atlantis would naturally remain.

[\*i.e., the far north.]

O.Who were the wheat maidens?

A.In ancient times, there were secrets conveyed to man to set in motion the process of evolution and civilisation. The wheat maidens were those who carried the wheat in the processions, and the ancient rites. They are to be read of in practically all the mysteries, all the rites—Grecian, Egyptian, Masonic, Celtic.

I would here interpolate; you will find in Cornwall and Wales and the western coast of Scotland, including Iona, traces of the same ancient teaching, and centres of power still existing; all these places were visited by the wise men, the elder brethren of humanity, who journeyed to create centres of magnetism and power on different parts of the earth. But Great

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Britain is as full of ancient power as any place on earth. I will go so far as to say that there are centres in England and Scotland older than the temples in Egypt.

#### Benediction:

O great Spirit of life and truth, we pray that our consciousness may be ever enlarged and widened, that we may comprehend the love and brotherhood in life. We thank Thee for this blessing of brotherhood, communion with spirit and life everlasting, and the heaven world which Thou hast prepared as a resting place for Thy children after their labours on earth are ended.

Amen.

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