

# All Is Good

T276 The Inner Teachings 27th November 1963 New Lands, Liss

## Invocation

We come with all love. We would have you close your senses and still your earthly minds, and attune yourselves to the company of shining brethren who are now with you. As they enfold you in light and power, together let us enter the Temple of the Spirit. We ask you to use your inner vision, as you have learnt to do, and join with us in the Temple of Learning, which is made of light – all light, and colour. And there, before the central altar of blazing sunlight, we bow in humble prayer:

O blessed Light, Source of all truth and wisdom, we pray that we may respond to Thy loving blessing, which will bring to our hearts happiness and revelation of the eternal spiritual life. We thank Thee for the manifestation of Thy light both in the physical and human Sun, and also through all Thy children, especially the Elder Brethren who still work to uplift and inspire men.\* We thank Thee, O Stillness ... O Silence ... and Ineffable Love.

Amen. Amen. Amen.

*[\*For editorial policy around gender, see the introduction.]*

We come from higher spheres, dear ones of earth, to talk to you about the spirit life and the spirit world. Many of our friends of earth speculate about what the life after death is like, but this you cannot really know until you have passed through the initiation of death. You see, while you are on earth and very much aware of your physical body, earthliness tends to hold you down and cut you off from the higher spheres, and indeed any knowledge of life as it really is.

So, as a commencement, we would like you to concentrate your thoughts upon the Temple of Learning in the spirit world. Use what you understand as imagination, which is really creative power by which you can create form on the astral, mental or spiritual planes of being. Now we want you to concentrate upon the highest astral plane—no, we will not use that word, and we will explain why. The lower astral is associated with man's desires and emotions, and so people confuse it with the lower spirit life. Yes, all men have an astral body which they inhabit as soon as ever they vacate their physical body, either in sleep at night or at death. During the sleep state, you become active in your astral body. But the astral body is very influenced by desire and emotion; therefore, some people have very violent colours in their astral bodies. This, of course, applies only to a very immature state of life in the spirit world. Why we began by saying we would take you to the higher astral plane and then said 'No' was because we wanted you first of all to understand that a man or woman can have a very violent astral body which desires very low-grade emotions and conditions, but he can also grow into a very beautiful astral body. Everyone has an astral body; all the Wise Ones, so-called Elder Brethren, or Masters (including the Master Jesus), all use an astral body, but because their emotions are pure and their souls disciplined, they have developed or evolved a most beautiful, pure and lovely astral body.

The word 'psychic' also is a much misused word. People lightly discuss psychic manifestations, saying: 'I don't want to have anything to do with psychic things.' But

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remember, psychic things are of the soul, or psyche, and in the same way as the astral body evolves from being coarse and crude to being a pure and lovely garment of the spirit, so does the soul itself; so do all the bodies of man. What may be described as the 'psychic' body can be formed of dense etheric matter, but as the soul evolves it becomes finer and purer until it is most beautiful to behold. There is also the mental body. Those who are using the mind a great deal have developed a very strong mental body.

When in meditation you see geometrical signs and forms, you will know that what you are seeing is on the mental plane. In the course of your development you must learn to recognise the different planes on which you can function in meditation—and indeed, in ordinary life. You will find that the mental plane is in some degree cold and isolated, but do not let us mislead you. There is a higher mental plane, more gentle, more beautiful than the confined and limited lower mental. On that higher mental plane you can experience the truth and beauty of the great spirit of love and wisdom in more gentle, more harmonious and loving form. The most beautiful conditions exist here. The interpenetration of the higher mind with the spiritual outlook creates what we may call for your understanding the 'highlands of heaven'. Shall we call the astral planes the lowlands of heaven? But don't make the mistake of thinking that these lowlands are necessarily violent and evil, although the very lowest may be unpleasant to you. Those who live on that level accept the condition as quite normal, and they gradually evolve by aspiring towards higher and better things.

Now, this aspiration arises through the love of God, and through the soul's awakening to the Christ Spirit. In this connection we are not referring to Jesus; we mean the Christ Spirit, the spark of God in every man. Jesus of Nazareth was an advanced soul who had long been prepared in other lives and on another planet for his mission on earth, when he offered himself to be the vehicle at that period of history for the incoming of the Christ Spirit. Christians claim that Jesus of Nazareth is the actual Son of God, which is perfectly true. But it is also true that all men are sons, or daughters, of the Father-Mother God. What is spiritually meant by 'the Son of God,' the third being of the Trinity, is really the Christ Spirit, the Christ light, born of the Father-Mother God, and a spark of which light dwells in every man, and is his salvation. The Son of God is all love, is the Light of the world.

To most of you in this western world, Jesus is accepted as the Son of God whom you love because he himself manifested love. But Jesus was not the only manifestation of the Son. Before he was born, other great ones came to become channels for the manifestation of the Great Light. A time is coming when this fundamental but simple truth will become acceptable to all peoples. Truth always comes down from higher spheres clothed in a form which people at that particular moment in history can understand. As an example, the early Christians needed the presentation of this divine truth of the Son of God in a very simple, natural, human form. This is so important. Form, personality is most important. Men can understand a personality; they understand a good man, a good woman. They can appreciate the spiritual qualities demonstrated by these highly evolved personalities. But humanity can only understand what it is able, at that particular time on the evolutionary path, to recognise, although the more highly evolved the person, the more readily does he recognise the truth revealed in the qualities of the Christ man.

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There are many Christed ones who have lived on earth to help mankind and who are still concerned with human and spiritual evolution. Think for a moment of this wonderful company of wise, loving beings who watch over the earth! It is altogether wrong to think that people on earth are shut away from those in the spheres of light. But you have to grow in spirit yourself. You have to train yourselves in the qualities of the Christ man, so that you can soar at will into those heavenly, pure spheres of life, where you will find beauty everywhere expressed in perfect form.

In your Christian Bible, you read, 'Jesus went up into a high mountain.' Now that in itself illustrates our meaning to you. Jesus went up into the mountain; he raised his consciousness, and the consciousness of his disciples. (In this very chapel you too have experienced this raising of consciousness to a higher level, and there, in meditation, at that higher level, you see spiritual beauty.) Jesus having raised the consciousness of himself and his companions, they saw him clothed in a great light. It happened, of course, because he was a great being, a Christed One. But in a degree you can see your own loved ones who have passed away from the entanglements of earth into that higher life. You can see them clothed in the same spiritual purity and beauty because, when they have reached that level, they have shed all the lower earthly nature, all the lower astral nature, lower mental nature, and there they are glorified in God.

We could continue talking for a long time about the life of the spirit. We come back again to the earth to explain to you that when an event which to you appears to be a tragic happening, as in the recent death of the President of the United States\*, it is immediately turned to good. We want you to understand that what man does wrong in his ignorance is immediately used for some good purpose. When a man leaves his body violently like that, if you have knowledge you can read into the happening an exact outworking of the quality of life which was his; at some time in a past incarnation that same soul has itself used violence against someone. Understand also that a culmination of such a powerful life will bring ultimate good, because that soul has done good, and it will continue to do so. It has drawn to itself a great power which will enable him as a soul to help humanity. At the time of his death he had reached the culmination of his life's work. That is why we are going to say that that soul went out in glory. Try to understand this from an esoteric angle—as a result of his work on earth there will be a great step forward towards the brotherhood of man. Incidents such as this make the world appear to be in a terrible state, but viewed from the spiritual side of life we see only the falling away of that which is now unwanted, and the incoming of a purer spirit in the whole of mankind.

*[\*President John F Kennedy was assassinated on 22<sup>nd</sup> November 1963, 5 days before this teaching was given.]*

We have said before that the great conflict will be the inharmony between different races. At the present time the world is like the Tower of Babel.\* All people are trying to assert their rights. The time must come, as the late president tried to demonstrate in his actions towards the coloured people,\*\* when all men, irrespective of colour and caste, must learn to live together in brotherhood. There are no inferior races, but only races that are young. These

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young souls have to evolve and are looking to their older brothers to help them, even as you look to the Elder Brethren in spirit to help you, and would be very cast down if they failed to do so and said, 'You are beneath us, so we must keep away.' But no, the Elder Brethren enfold you with their love and will never miss an opportunity to help you and to teach you and to raise you to a higher level of life. This is what man must understand. We know that there are many who are apparently sacrificing so much because they have helped their brethren, and now they are going to be deposed. The right spirit is to go to the help of your brethren, to recognise that they too are evolving human souls like you.

*[\*The Tower of Babel as told in Genesis 11:1-9 is a Biblical account of why the world's peoples speak different languages.]*

*[\*\*This is the term that was in use in 1963.]*

This death of the President will bring home this supreme truth: that all men, however low in the [karmic] scale, have the same right to live and to love, the same right to acquire knowledge and to be offered opportunity. No good will ever be done while one nation tries to dominate another by temporal power. There is a far greater power—the power of wisdom and love. These two qualities are rather like a dual soul—love *is* wisdom and wisdom *is* love, and the two of course represent the Father–Mother and they are qualities which must be understood and developed by the human race.

Now, to conclude this talk, let us again rise to the Temple of the Christ Star and there see enthroned in human form this noble, wise and gentle figure of the Son of God, the Christ, the Golden One. And realise that by the will and divine law of God, this Light still descends to the earth, both as the Sun above and as the Son of God which is the perfect human being. Now, to show the humility of this great being, he is born in the body of a simple babe. We want you all to think about this at Christmas time. His qualities are those of love, wisdom, strength, kindness; and so, with the incoming of that Light into your body and your soul, must come similar emotions, a desire to give succour and joy to other people. This is the basis of all Christmas greetings and Christmas gifts, the feeling of gratitude to the great overall Spirit, the power of which you have experienced or seen or felt (in a minute way) through others. So you would say: 'O God, thank you for this revelation of the meaning of the coming to earth of the Christ, the Holy Spirit.'

The story your scriptures tell about the birth of Jesus Christ is both historical and symbolical. The same story has been told throughout the ages, in a similar form, to many races—races now extinct. It is an eternal truth, this wonderful visitation by God to man on earth.

We see now, within this temple of the Christ, how preparation is made for the coming of this holy child. We see Him, the great Golden One, on the throne, and at His feet the tiny crib. We see also the vast hosts of shining spirits, of angelic beings who were once human like you. They assist in the sending forth of this spirit of the Babe down to the earth once again.

This is our message at Christmastide. Feel for yourselves the hush, the holiness of this spiritual baptism, this spiritual visitation. Think on these things, for they are eternal, they are

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true, and are given to you to help you on your journey through life. It may be that yours is a rosy passage; you may be wafted along on wings of love, or the reverse. Whatever your experiences, remember, my children, that you are being gradually guided along an eternal path of progress, ever growing spiritually, ever becoming more aware of the perfection of God's laws. Ear hath not heard nor eyes seen the wonders which are prepared in that heavenly state—to which surely, surely, you are all moving forward. There is no death for man, only a change of state and a vision of spiritual growth and beauty opening up in man's soul. Never look on the dark side. Never regard tragedy as tragedy! Always know that behind the scenes of life is this wise, loving Power bringing good and more good and more good, bringing light out of darkness, bringing knowledge and wisdom out of ignorance.

And so, with the blessing of all the Shining Ones, we leave you—we hope with joy in your hearts. Do not be pulled down by darkness and ignorance. Hope! Faith! Love! These three, but the greatest of all is Love.

### Benediction:

He comes in the human form that you all know ... the Master. He stands before you in pure white robes, offering you the golden disk, the plate, the plaque, containing the broken pieces of bread and the golden cup of wine. 'Eat and know that you are a part of My cosmic body.... Sip the wine, the refreshment for your spirit; feel it coursing all through your body. This is My love for you. Nothing can separate you from Me or from the higher spiritual life. Nothing can separate you, nothing.' And so, the blessing of heaven is poured upon you. Each one is blessed.

Amen.

*The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:*

*Occult, afterlife, nervous system, geometry, symbols, accidents, racism, Xmas*