

Life More Abundant

A193 Sunday Address 6th June 1948 St Mary Abbots Place, London Sunday Service

The text of this address is as issued in the magazine Angelus after it was given, apart from correction of errors

Text: from *Angelus*, July 1948. The asterisk and footnote are from the printed edition.

Context: this is assumed to have been a recent address when published in the July magazine, and to include the June address would have been normal. However, the first half of 1948 is full of conjecture around address dates, so it could be from an earlier month.

A footnote in the *Angelus* text makes it clear that the anthem 'Come unto Him' was sung as a solo before the address. This is almost certainly the second half of the aria, 'He shall feed his flock' from the end of Part I of Handel's *Messiah*. No singer's name is mentioned, so presumably the soloist was drawn from the choir. Part of this address focuses on our throwing ourselves when in need on the figure of Jesus, which might sound very orthodox; quite subtly White Eagle moves us on to realise that this same spirit on which we cast our well-being is in fact eternal consciousness.

General Notes: this address, in seeking to establish a lineage of Masters, is not unconnected to the address 'The Teachers of the Ages' dated very conjecturally to the previous first service of the month, on 2 May. Unusually White Eagle goes straight into a communion with the Divine Presence. The address helps us to understand the relationship between ourselves, the one we call the Master, and Divine Spirit. This address is also a remarkable commentary on the concept of karma as opportunity – one of White Eagle's fullest statements of that concept. The idea of life having unceasing purpose is particularly strong. A defining moment comes when he reminds us that whatever path we are walking, it is no way harder or easier than that of our neighbours: White Eagle then indicates that although so many think they need no mediator between themselves and God, the purpose of life is that the whole of creation should move in harmony towards the goal of perfect Being, and that this mediation is our way of helping one another. This part of the teaching shares eloquently the *happiness* of Jesus and shares how positive it is that we each have a teacher. Ultimately through this we move to the level of perfection.

The address also contains a particularly beautiful account of what work is like in the higher world, and touches on the Christ Circle in the heavens, something he seems to have mentioned many times during this particular period. Once again we add a reminder that when White Eagle uses the word 'Illuminati' he means those truly illumined, perhaps in the world of spirit – not any earthly group.

References: the phrase 'the daily round and common task' is quoted from John Keble's well-known hymn, 'New Every Morning'. 'Love one another, and thus fulfil the law of God which is love' is not strictly a single quote from the Bible. The first phrase is John 13 : 34 and the rest is more general, though there is a hint of Galatians 6 : 2. 'Come unto me, all ye that labour and are heavy-laden' is Matthew 11 : 28, and from the text of the sung solo mentioned above. 'What I do, ye can do also' is a slight misquotation of John 14 : 12.

White Eagle's Address:

Brethren, when listening to the beautiful music* you have been raised above the material plane, your souls caught up in the power of the spirit.

In your midst *now* is the Divine Presence. and although your spiritual eyes may be sealed, nevertheless, you may feel this Presence, and the host of invisible brethren who come to help you spiritually.

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We know that daily life can be both sweet and bitter. The outer life brings pleasures which are fleeting, together with periods when great heaviness and darkness seem to fall upon you, and when you seek in vain for comfort and rest. No matter what happenings your karma brings, we would remind you of its import. People resent the teaching of karma. Often they say to us, 'What have I done to deserve this?' 'Why should this come upon me?' They do not understand that these inflictions may be opportunities in disguise. You may not realise that if certain circumstances had not come into your life you would have lacked an opportunity for spiritual growth, a chance of doing certain work; of touching the souls of people brought into contact with you.

All the difficulties of life serve a great purpose. Life is not only the daily round and common task, my brethren, a listless waiting for something lovely, some imagined happiness to happen. Each hour, day, week, month and year you are living for a purpose. However simple and obscure life may appear, however uninteresting, ever be on the look-out for that which is of interest. Your life is full of opportunity to serve your fellow men. Whatever the task, it is your task, your chance to serve. Only through serenity of spirit found in service does the soul come at last to realise the glory of life, the nature of eternity and find happiness.

The Master comes into our midst with His simple message, breathed into our hearts now – 'Love one another; and thus fulfil the law of God which is Love'. How surprising it is that when the soul rises above petty irritations and touches a level of spiritual light and power which is love – that when the soul feels love – it is at last at rest! 'Come unto me all ye that are weary and heavily laden and I will give you rest.' When you can visualise the presence of the Lord Christ; when you can create the vision for yourself of that gentle figure, radiant with love, full of compassion, understanding and sympathy, boyish almost in His joy of life – if you can visualise him as like yourself, following the pursuits which perhaps you yourself enjoy, walking, exercising, swimming, gardening, teaching, painting, writing, enjoying music, whatever your pursuit – if you can think of him as enjoying life, so that you become filled with his life – then you come very near to a spiritual happiness hitherto unknown.

If your burden is heavy, if you face an ordeal from which you shrink, cease worrying about the future and strive to visualise that figure of love – and you will instantly be comforted and strengthened. At that moment of contact with the supreme Spirit you are touching eternity. You are touching in a flash what is known as the cosmic consciousness. A number of great men and women who have lived, and some who are living day to-day, have experienced such a contact with the Lord of love, have been conscious of a power unsurpassed flowing through their being – which inspires their work, which uplifts and strengthens and brings peace of heart.

As we talk my brethren, remember with us those loved ones who lived with you yesterday, but who now live in the life beyond. There is one great mistake that people make (one of many, but this is important). They feel a sense of separation between the 'here' and the 'there', between their physical life and the spiritual. They know that the one they loved has departed from their midst. They have lost power to communicate with their loved one because his body is no more. They do not understand that their loved one is exactly the same today as he was yesterday, but he lacks a physical vehicle through which to communicate.

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That is all; that is the only difference. He has gained another body built during his physical life and uses that body immediately the old body is laid down.

Do not think of life and death as being separate. Do not think of 'here' and 'there', but endeavour to concentrate upon eternal life. We mean by this, try and realise that life is eternally *now*. When your loved one lays down the body, he or she goes into a life which is an inward, a soul and spiritual state, losing the sense of crushing burden, the heaviness, the weariness of mortality. On the earth many have to work hard merely to earn the necessities of daily life. They cannot always do their best because of economic pressure, which of course is wrong. When they pass to the world of spirit, they are relieved of economic pressure and employed in work which is their joy. Try and imagine what it can be like to work free from all limitation, all fear; to work for the very love of the work. This is how people are employed after death. They live free from the body, in a state very similar to the earthly. They work with all time before them. There is no sense of rush or hurry. Their work is a form of soul-expression. They are working because they love what they are doing. They have found rest, they have found peace, they have found love. This condition comes to the soul after it has learned certain necessary lessons. It can also come to any soul living on earth as soon as that soul has learned the same lessons. We grant you that it is easier to learn these in the next life, but not impossible to learn them here – and when they are learned a man or woman finds tranquillity and happiness.

We have referred to the joy in the life of the Master Jesus. You do not possess a complete record of his earthly life, or of the life of other souls who have attained mastership, so you do not know the spontaneous happiness these Masters have enjoyed. The Master said: 'What I do, ye can do also'. We must not think of the Masters as beings apart from ordinary people like ourselves, but as our elder brethren, as souls who have learnt the required lessons, who have graduated from the school to the university through attaining a high degree of mastery over themselves first and foremost and then over the physical conditions of life. Study the records of these Illuminati, and you will find that they all found the life of joy. Jesus did not speak idly when He said, 'Come unto Me, all ye who are weary and heavy laden'.

Do not think it is easier for other people to be good than for you, or that your circumstances are more difficult than those of your neighbour, or that you cannot so easily rise above those circumstances as your neighbour. Do not think you are any different from those who have through striving attained mastery. You are walking the same path. You are like fledgling birds in a nest at present – maybe. Some may not yet have essayed to fly. Others of you may have taken flight. In the temple of bygone days either the symbol was a bird, or a winged beast – take, for example, the Sphinx. The wings symbolised the power within every soul to rise above its physical nature and material conditions. Every living soul has wings.

Man does not understand why there should be what he calls a mediator between himself and his God. He does not see the necessity for a Master, and thinks to go direct to the Godhead. He accepts the truth of God as an Infinite Being, a Divine Intelligence which orders all things; but he does not associate the Divine Intelligence with any human being, thinking that this limits his conception of the infinite power he worships as God.

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Yet some men and women learn in the course of their experience how much they can be beholden to the teacher in spiritual matters. The more advanced the soul becomes, the more and more it recognises the worth of its teacher. In the East this teacher is called the guru. In the West he is usually recognised as Jesus Christ. Other schools of thought regard this teacher as a spiritual guide. All souls come at length to recognise their need and know that through their teacher they get nearer to the infinite power and the infinite glory of the Supreme.

This is the place Jesus Christ holds in the Christian religion, and the place of other world teachers down the ages. Man feels need for a teacher – one like unto himself – one who sympathises and understands his weakness, his weariness, his ignorance, one who is pouring upon him love.

Through such human and divine love man is lifted up. The only way to attain to this high degree is through a life controlled and mastered by love. Such love contains all the virtues of the Master; love is the path. We all fail, my brothers and sisters, because of a strained nervous system, because of a body which grows sick and weary. Why does it grow sick and weary? Because it is not truly attuned to its Source. When man can attune himself by will, by mastery over his weaker self, he becomes attached to that Source and life-force flows into the body. We see how bodies grow old, but they should not grow old. They age because there is a hold-up in the inflow of this creative power. The body changes every seven years – it is recreated – it should be renewed. It should not grow old, weary and sick; it does so because this weaker self cuts man off from the Source of supply. Of course, there is much more to this. We are unable to go into all the details, but this we do know; and you know also, those of you who have studied the records, that one called a Master does not age; one who has attained mastership and supreme power over the body does not know weariness. He demonstrates the law of love.

This is not easy, but it is your path. You may delay for a few incarnations if you like. You may make a supreme effort in one incarnation and travel very far. So long as you delay, you suffer pain, sorrow and weariness. One thing we would have you know is that the Masters, and particularly the supreme Master, come near to humanity to help all souls to attain freedom, mastery, over the weakness of the flesh. The Christ Circle in the heavens draws very close to the earth.

Let us turn our faces resolutely towards the heavens. From that circle of light and power light comes to the earth to help mankind. Man can respond to that gracious love which is seen manifested in the lives of the Masters and the saints of bygone days and of the present. That Christ Circle in the heavens is waiting to help you. You are no different from any other soul, and you may receive; you may respond to this outpouring. As you respond, not only will you enter into a life of well-being, but you will be helping all others whom you contact. This is the way of life. This is the purpose of life. This is the life which the disembodied ones share, but it is not enough for the soul to await escape from earth to know this perfect life. It must be lived and known by all humanity whilst in the body.

Let us look then towards the Christ Circle. Open wide the heart to love; then the wings begin to beat and man rises from earth to heaven. So may the blessing be yours tonight.

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* *'Come unto Him' sung as a solo.*

The search matches with either words and phrases, which appear in the text, or the following 'key' words and phrases, which are similar in meaning to those in the document:

Cause and effect, path of the soul, initiation, spiritual path, spiritual service, light within, inner light, spiritual contact, masters, guides

